



Left to right-Mrs. G. I. Stahl, recently elected president of the Tuesday Afternoon club; Mrs. Will F. Powell, who gave a dramatic reading at the meeting of the Order of the Eastern Star last week.

ful one in point of public gatherings, however, with characteristic milk shall be combined. To her great
unselfishness, the earnest, thoughtful women who make up the clubs and parent-teacher associations of the city
ful one in point of public gatherings, however, with characteristic milk shall be combined. To her great
delight, the vomiting and diorrhea may case, and the child in every way may seem to improve wonderfully. The mother congratulates herself on her the social service committee, spoke of workers. Orders for plain garments

rent-teacher associations of the city
did not confine their work of preparathe for the forting and uneventwhich its manufacturers advise no circles worked heroically—practically tenday that she is obliged to turn
giving up all Thanksgiving preparathoughtful to serve worked heroically—practically tenday that she is obliged to turn
giving up all Thanksgiving preparathoughtful to serve way may supplies distributed to the children in need. Mrs. W. I. Swank, chairman of the social service committee, spoke of workers. Orders for plain garments less fortunate families of the city. The parent-teachers did a splendidly organized work in the distribution of food and clothing to individual families and "Speaking generally, there is little willing to share with the state institupublic institutions, many of the with other families

Infant Foods Discussed.

"Infant Foods, Their Use and Abuse," in part:

tificial feeding will not be necessary, sion, it must be acknowledged that inbut, her baby failing to gain in weight fant foods, when properly selected, may and strength as it should, she orders prove of temporary service to the phyon her own initiative a package of some sician in the handling of critical cases. proprietary infant food she has seen advertised so frequently. The food is prepared exactly as per printed directions and given to her baby in definite quantities at regular intervals. Cow's milk she probably has already tried,

.................... OSTEOPATHIC PHYSICIANS Members Portland Osteopathic Ass'n.

Baker, Dr. Lillian, 920 Corbett bldg. Browne, Dr. Agnes M., 831 Pittoch blk Phones Bway 3609, Main 2566 Doring, Dr. Mabel Jane, 527 Morgan bldg. Marshall 1809, East 6717. Farrior, Dr. Jessie B., 820 Selling bldg.

Phones Main 4386, A-5516,

Phones Broadway 328, M. 6011. Plack, Dr. William O., 917 Broadway bldg. Main 8891, Main 9453. Gates, Dr. Gertrude L., 922 Corbett bldg. Main 1833, A-4706. Phones M. 6066, A-1966.

Main 2213, A-2229. Phones Main 544, A-3444. Phones Marshall 1888, Tabor 4278. Phones M. 709, A-1709.

Leweaux, Dr. Virginia V., 612 Morgan bldg. Phones M. 1497, Mar. 4033. Myers, Dr. Katherine S., 805-807 Jour-nal bldg. Phone Mar. 1275, A-3031. Selling bldg. Main 6101, A-2466. From M. 849, E. 1028.

Parker, Dr. E. Tracy, 923 Corbett bldg. Main 1833, A-4706. Pengra, Dr. C. A., 709-710 Selling bldg. Phones M. 3440, M. 3445. Shepherd, Dr. B. P., 608-609 Morgan bldg. Phones M. 6566, E. 248, A-1966.

Styles, Dr. John E. Jr., 550 Pittock block; Broadway 1673, Res. Tabor 5345. Walker, Dr. Eva S., 124 E, 24th St. N. East 5332.

By Vella Winner.

and, as it has disagreed with her child, various schools until Tuesday morn- of Mr. Seigle, for \$15 per month, are the mother, blaming the milk itself, and ing, therefore donations did not reach being used by the women. Miss Rose the schools until Wednesday, and the Goodman, who is assisting very materpast week a quiet and unevent- ing it, probably buys a cereal food with women of the local Parent-Teacher lally in managing the room, said yestion for the festive day to their own good judgment in selecting the best families, but extended the good cheer baby food manufactured, and even adof their households to the hundreds of vertises its virtues far and wide among gard to donations. More than half the

smaller organizations did equally good foods. Those which are to be used as work in a smaller way, and hundreds adjuncts to fresh cow's milk in many of families shared their good things instances do no harm. Those containing desiccated cow's milk; those lacking in animal proteids and fats, and the Washington High to the Babys' those containing a great excess of sugar, if used continuously for any length Holman school to the Children's home, of time without milk or beef juice or was the subject of the lecture given at other food accessories, are liable to re- need within their districts have exthe Parents' Educational bureau yester- sult in sectous, possibly irreparable, pressed the desire to assist school childay by Dr. William F. Amos. He said damage to the child. Besides, these dren in districts that are less forfoods are an unnecessary drain upon tunate, feeling that the destitute child The proper feeding of her infant the family purse. With a knowledge of in its own so-called home is in greater president of the Vernon Parent-Teachshould be the mother's first concern. the difference between human and need of food and rescue than the child er's association; Mr. William Parker, If the mother is healthy and can nurse cow's milk in the percentage of pro- in an institution whose real needs are principal of the Vernon school; Judge her infant, she should do so. If, how- telds, fats, sugars and minerals; with already supplied by the state and other ever, nature has been unkind to her, the our ready and simple methods of ap- subscribed revenues. The pitiful plead- board; J. V. Beach, member of the inexperienced mother may be faced at proximating cow's milk to that of wom- ing letters that have come to the social school board; Dr. A. W. Smith, memthe very beginning with a most serious an, and varying these elements from service committee of the Parent-problem. The first thought, of course, time to time, as the exigencies of the Teacher association from ailing, help-wood, member of the board; Alva Lee would be to secure a wet nurse, but the individual case demand, the average less mothers of destitute, half-naked Stephens, president city great expense of a wet nurse and other baby, under competent supervision, can children, whose fathers cannot find School association; R. H. Thomas. considerations that need not be men- be carried through infancy without any work, or who have deserted their famtioned are usually prohibitive. Not serious dietetic difficulties. Nor do we lies, would be sufficient argument in perintendent; A. P. Armstrong, county much time is permitted the mother to have to depend on milk alone when it favor of first aid to the destitute chillecide on some course of action, for the becomes desirable to increase the dren in the home, if such arguments baby, if normal, is not slow in making amount of food. To augment and vary were needed. its needs known. The natural thing for the diet, we have at our command eggs, her to do would be to consult her phy- beef juice, oatmeal, oranges, etc., food sician, who should be able to advise substances which are moderate in cost her how to modify cow's milk to adapt as compared with proprietary infant it to the needs of her infant. Often, foods, the injudicious use of which so though the mother does not at first frequently eventuates in serious illness realize her incapacity to nurse her and often permanent damages to the She hopes against hope that ar- child, even death. And yet, in conclu-

Concord School Bazaar.

December 4 is the date set for the annual bazaar of the Concord Parent- and helpful suggestions given and re-Teacher association, to be held at the ceived in order that best results may school house Saturday afternoon and be obtained in the work undertaken by evening.

At two o'clock there will be a program by the children. There will also be a program in the evening. Light refreshments will be served during the afternoon and evening. The chairmen of the committees who are working hard to make the bazaar a success are: Barrett, Dr. H. Lester, 419 Morgan Mrs. Arnold, Mrs. Atherton, Mrs. Deny, bldg. Phone Main 429, Pittock | weather, Bailey and Lee. Miss Lee has charge of the program.

It is not so much the intention of the club to raise money as it is to promote the sociability of its members. Already the members of the needlework booth have planned to meet every week or two during the year and sew for the bazaar next year. The older girls of the school wishing to learn to sew will be asked to join this club.

Each member of the club has been asked to make one article for the bazaar, these, together with the numerous aprons and fancy work articles, art trava etc., which have been made by the needlework club members will be on sale. There will also be a candy booth, punch and grab bag. Cakes, sandwiches and coffee can also be had.

Social Service Work of Parent-Teachers.

The social service department of the Parent-Teacher association kept more than 200 volunteer workers busy during the two days before Thanksgiving supplying the bitter need of families with children in the public schoolsmany of whom were hungry and desti-

On November 20 the Parent-Teacher association received a letter stating Balm from your druggist now. Apply that the board of education had decided Thanksgiving to the social service de- penetrates through every air passage partment of the Parent-Teacher association for local distribution. word was not sent out by the board comes instantly.

"Speaking generally, there is little willing to share with the state institu-occasion for the use of patent infant tions designated, i.e., the Boys' and Girls' aid, Children's home and Baby the Vernon school house, at 8 o'clock, home. The Jefferson High and the the Alberta Woman's Improvement Kerns school were asked by the social service chairman to give their entire donations to the Boys' and Girls' aid; home and the Lincoln High and the

Certain schools which have no real

Parent-Teacher Council to Meet, The Council of Parent-Teacher associations will meet in room A, Central library, Friday, December 3 at 1:30 when all standing committee reports will be heard and discussed. Business meeting will be called to order promptly at 3:30 p. m.

All presidents and other members of circles, as well as all council committee chairmen, are urged to meet promptly at 1:30 so that a complete understanding of the work of the various committees may be had the council.

The social service committee will also meet promptly at 10:30 a.m. in street. room H, Central library, to report on and discuss social service problems. Central library, for the purpose of dis-

cussing matters of interest. Members of these committees are planning to lunch together in the colspeeches and no set price.

Sewing Room Is Busy.

The sewing room which the Junior League is operating for the needy women of the city is running to its full capacity. Twenty sewing machines furnished by the White Sewing Machine agency, through the courtesy

HEAD STUFFED FROM CATARRH OR A COLD

......................

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief-no waiting. Your clossed nostrils open right up; the air possages of your head clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness No struggling for breath at night: your cold or catarrh disappears. Get a small bottle of Ely's Cream

to send all donations for healing cream in your nostrils. It

Ralling. Dr. Effic E. 551 Pittock to the principals until Monday, and an- It's just fine. Don't stay stuffed- Eleanor McCarty, Kenton. won would soon after the block. Broadway 1863, Main 3384, nouncements could not be made at the up with a cold or nasty catarrh. (Adv.) Part 2.—Legends of the Northwest: a peace prove a lost war.

household linen will be gladly received by the manager of the room in the Worcester building.

A Community Jubilation.

Tuesday evening club, invites the Vernon Parent-Teacher association to join with the club in a neighborhood assembly, to celebrate the opening of the school for community gatherings. Three minute speehes will be given. Below is a list of those invited to take places on the program: Call to order by the president, Mrs.

Josephine R. Sharp. Mrs. E. H. Hicks, M. G. Munly, president of the school wood, member of the board; Alva Lee school clerk; L. R. Alderman, city susuperintendent; piano solo, Mrs. Hallie Milsap; Jay W. Stevens, fire marshal, H. R. Albee; George L. Baker, city commissioner; C. A. Bigelow, city commissioner; Will Daly, city commissioner; R. G. Dieck, city commissioner; L. M. Lepper, the "Great East Side Booster;" Dr. C. H. Chapman, lecturer and editor; Senator Gus C. Moser, who engineered the legislative act; violin and plane duet, Mesdames Wolf and McDonald

* * * Circle "L" to Be Host,

Circle "L" of the Womens' associa-

The object for which the circles are organized is to bind the women of each the work of the church.

Circle "L" includes the entire district south and east of Hawthorne avenue in room F of Central library. lege room at the Hazelwood at 12:15 and East Twenty-fifth street, and all p. m., after their committee meetings. ladies in this community who may be members of the church or not, are invited with their husbands or other es-Wednesday evening. -Rev. John H. Boyd, with Mr. and

Mrs. Richard E. Randall, will be the guests of honor. Similar receptions in other districts will follow in rapid succession.

Woman's Press Club to Meet. State Woman's Press club will be held of songs. on Wednesday evening, December 1, at

8:00 o'clock in room A, Central Library. The subject of the evening, "Magazines," will be discussed by Mrs. Bes-Francisco Chronicle, who not long since gates to the state convention will be edited a magazine in Portland. A given. paper on some of the women editors of New York, by Miss Helen Sayr Gray will be read. The musical part of Declares Peace Talk the program will be contributed by Miss Lets Dee, her number being the "Wayside Chapel and Selections from 'Il Trovatore." Mrs. Minnie R. Dee will be chairman of the evening.

Story Hour Club to Meet. The Story Hour club will meet in library Hall, Thursday, December 2.

"How the Bear Lost Its Tail," Miss Olive Dawson, Lents. "How Clay Dishes Were First Made," Elizabeth Ball, pupil of Mrs. Patriquin, Arleta. Bridge of the Gods," Miss Jessie Mo-Laughlin, Shattuck.

To Present "Dames of Cranford." Under the auspices of the Portland Woman's club the delightful play, "Dames of Cranford," is to be given in January at the Lincoln High school auditorium for the benefit of scholarship loan fund day. Mrs. Adeline M. Alvord, well known in educational circles, will stage and coach the play. The dramatization by Mrs. Alvord is from Gaskell's story, "Cranford Dames." The stage settings will be true to the period and the costumes quaint and beautiful. Preliminary rehearsals began Friday morning at 516

Eilers building. The cast, comprising some of Portland's best talent, will be as follows: Miss Mattie, Mrs. M. C. Robins; Mary Smith, Miss Charlotte Banfield; Jessie Brown, Miss Laura Shay; Miss Barker, Mrs. Robert Berger; Mrs. Forester, Mrs. Cora Puffer; Mrs. Jamison, Mrs. M. Baruh; Martha, Mrs. J. G. Frankel; Jennie, Marjorie Leet.

Toast to the Y. W. C. A. The following was one of the many clever toasts given at the Y. W. C. A. Thanksgiving dinner:

"Here's to our Y. W. C. A. The place to frolic and laugh and play. Here for vim we swim and gym Cakes we make and hats we trim; And just because we're a little bad, Bible study may be had; Because our living we wish to make In room F the typewriters shake. If for work we really sob On the fifth floor may be a job. Mr. Flynn says, "sometimes eat," Y. W. food is hard to beat;

For tramps in the open, rain or shine, and parties indoors the fun is prime. Here are papers and books and beds, And answers to questions that bother our heads. One lone man takes us for rides, And though we chatter, he never

chides.

And who presides in this friendly hall,
Our general secretary guides us all.
So here's to a place where we're glad to stay For round the world this Thanksgiving Are girls who are loving and happy and gay at the Y double U. C. A.

Lebanon Association Organized. A flourishing Parent-Teacher association was organized last week at Lebanon with the following officers: President, Mrs. P. M. Scroggin; vice president, Mrs. H. G. Everett; secre-Mrs. Byron Millsap. Thursday after-noon, December 2, Mrs. George W. McMath will speak on the value of Parent-Teacher co-operation.

Ladies of Social Turn Verein Party. Invitations for the second stepping party to be given December ninth by the Ladies and Active Members of the CLUB—Second and fourth Tuesdays at 8 p.
Portland Social Turn Verein at the m. at the bomes of members, President, Deutsche Haus, Thirteenth near Main street, will be out soon. The hall will

ASSOCIATED TOWNAM'S IMPROVEMENT FORTLAND WOMAN'S CLUB—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and Fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Fridays at 2 o'clock. Women of Woodness Club—Second and fourth Tuesdays at 8 p. fourth Friday street, will be out soon. The hall will be elaborately decorated for the occasion and the event is looked forward to with much pleasure.

ASSOCIATION COLLEGIATE ALUMNAE—First Saturday at 2:80, at the homes of members. President. Miss Emma Griebel, 732 Overton street. Main 6052. with much pleasure.

Club and Association Notes. The Tuesday Afternoon club will meet next Tuesday at 1 o'clock at the home of Mrs. W. A. Dickson, 493 East Thirty-sixth street. Take Richmond

car to Thirty-sixth street. The Catholic Woman's league will give a card party Tuesday afternoon at its rooms, 129 Fourth street. The committee in charge of the afternoon

These articles are made by needy women and all proceeds go to them, 5816. there being no charge made for selling the articles.

o'clock December 5. All chairmen are requested to be present to give full reports of the last month's work. All others interested in the work of this East Twenty-fourth street. North. department are cordially invited to attend this meeting. At Central Union W. C. T. U quar-

terly social meeting, held last Wednesday, Mrs. C. A. Ponnay presented the union with a large silk American flag Mrs. Linnie Karl, national secretary of Y. P. B., gave an interesting travel talk on experiences in different states, Mrs. C. C. Taylor and Mrs. Miles Doyle were in charge of the social hour. * * *

A soldiers' and sailors' meeting will be held at Central Union W. C. on Wednesday at 2 p. m. at headquarters, 171 1/2 Eleventh street. Mrs. Elizabeth Dagelish, state superintendent of soldiers' and sailors' work, will be in charge. The time will be devoted to making comfort bags for the soldiers President Mrs. W. S. Macrum, Rex Arms and sailors. The women are invited to apartments. East 6411. bring their thimbles and come early.

The Woodlawn Parent-Teacher as sociation will meet Wednesday at 3 which Mrs. Fred Hiram Strong is the of the work of the pure literature comwhich Mrs. Fred Hiram Strong is the of the work of the pure literature comsecond street. Tabor 8816. which Mrs. Fred Hiram Strong is the of the work of the pure literature comchairman, will give the first of a series mittee of the council, and will give lists of receptions which are planned by the of books suitable for Christmas presdifferent circles, Wednesday evening of ents for children. The association has this week, at the home of Mrs. Flor- a question box, and every one so desirence West, 360 East Twenty-eighth ing may put questions in the box, all to be answered at the next meeting.

The east side division of the Port-The program committee will also district closer together in the common land Shakespeare club will meet Monhold a meeting at 11 a.m. in room G, interests of the community in mutual day at 2 p.m. with Mrs. T. F. Townacquaintance and helpfulness and in send, 53 Floral avenue. Take Montavilla car. The dramatic department of the club will meet Tuesday at 2 p. m. * * *

The current literature department of This will be very informal - no interested in such a circle, whether the Portland Woman's club will be entertained Thursday at the home of Mrs. P. J. Mann, 441 Third street, cort to be present at this reception on with Mrs. J. C. Hare and Mrs. Cora Puffer joint hostesses. Luncheon will be served at 1 o'clock. Mrs. M. A. Ogden will read "Poole's Harbor." * * * Mrs. I. D. Bo Dine will be hostess to

> business meeting and initiation Miss The regular monthly meeting of the Katherine Davis will render a group The Concord Parent-Teacher association will meet Friday afternoon, Decamber 3. This will be an important sie Guineau Rousseau, late of the San business meeting, and reports of dele-

day evening, December 3, at her home,

To Be Real Menace

Berlin, Nov. 27 .- (L. N. S.) -Count

Reventlow, the military expert, sees a menace in peace talk to both England and Germany, and warns the Germans penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh. (Adv.)

The program will be as follows:

the end. "Victory not pushed to a logical conclusion," he says, "is no victory, and a war interrupted by the conclusion of peace before it is completely won would soon after the conclusion of the Northwest: a peace prove a lost war.

The program will be as follows:

Part 1.—Dramatization of First cal conclusion," he says, "is no victory, and a war interrupted by the conclusion of the end. "Victory not pushed to a logical conclusion," he says, "is no victory, and a war interrupted by the conclusion of peace before it is completely won would soon after the conclusion of the Northwest: a peace prove a lost war.

The program will be as follows:

Part 1.—Dramatization of First cal conclusion," he says, "is no victory, and a war interrupted by the conclusion of peace before it is completely won would soon after the conclusion of the north. Woodlawn 3647.

The program will be as follows:

Part 1.—Dramatization of First cal conclusion," he says, "is no victory, and a war interrupted by the conclusion of peace before it is completely won would soon after the conclusion of the north war.

Part 2.—Legends of the Northwest: a peace prove a lost war.

The program will be as follows:

Part 1.—Dramatization of First cal conclusion," he says, "is no victory, and wast side divisions neet on siterate Mondady and west that the war must be fought out to

ACTIVE IN TURN VEREIN



tary, Mrs. A. W. Blackburn; treasurer, Miss Irene Wiley, member of the committee arranging a party to be given this week by the Ladies' Auxiliary of the Portland Social

DIRECTORY OF WOMEN'S CLUBS

BASE LINE IMPROVEMENT CLUB-Last

Wednesday at 2 p. m. President, Mrs. Nosh Perry, Prune avenue near Base Line. Tabor BAY VIEW STUDY CLUB—Every second Thursday at 3:30, at the homes of members. President, Mrs. E. E. Redd, 604 Belmont street, East 1899. BROOKLYN MOTHERS' AND TEACHERS' CLUB—First Thursday at 2.30 at Brooklyn school bouse. President, Mrs. M. Klapper,

school bouse. Pr. 507 Beacon street. 507 Beacon street.

CAMPFIRE GUARDIANS ASSOCIATION—
Second and fourth Thursdays, 3:30. Central library. President, Miss Helen Gillespie, 121 is
East Sixteenth street. East 2288. consists of Mrs. W. E. Coman, Mrs. James Laidlaw, Mrs. J. F. Clarkson, Mrs. Joseph Hughes and Mrs. Dan President, Miss Bertha Moores, 404 Madison Maher. The league is planning a sale street. Main 2006.

CORRIENTE CLUB—First and third Tuesdays at 1 o'clock at the homes of members. P. W. C. SHAKESPEARE—First and third Tuesdays at 2 p. st., committee room Women of Woodcraft hall. Leader, Mrs. Julia C. La Barre. Chairman, Mrs. Anton Giebisch, 672 Halsey street. East 333.

COUNCIL JEWISH WOMEN—First Wednesday at 2:30 at B'nai B'rith bail, Thirteenth street, near Market. President, Mrs. Isaac Swett, 456 East Twenty-fourth street. East 5816 DAUGHTERS OF CONFEDERACY-Third Thursday at 2:30 at the homes of members President, Mrs. T. Joplin, East Nineteenth and Clackamas streets. East 141.

The social service department of the Parent-Teacher association will meet in room H, Central library, at 10:30 o'clock December 5, All chairmen are D. A. R. WILLAMETTE CHAPTER—Second Wednesday at 2:30 at the homes of members. Regent, Mrs. John H. Bagley, 452 DOMESTIC COTERIE—Every Wednesday at 8 p. m. at the homes of members. President, Mrs. O. G. Sharpe, 1073 East Washington street. B-3583.

DOMESTIC SCIENCE CLUB-First and last Wednesday at 2:30 at the homes of members. President, Mrs. J. B. Evans, Oak Grove. EMERSON CLUB—Every Tuesday at 8 p. m. at the Metaphysical library, corner Main and Broadway. President, Miss Florence Sullenberg, 8354, Main street. Main 5709. EUGENICS CLUB-Second Thursday at ock at the homes of members. Presider Churles L. O'Neal, 1154 Liebe street. FORTNIGHTLY CLUB-First and third

ndays at 2 o'clock at the homes of mem s. President. Mrs. E. A. Leer, 665 Weldler et. East 3932. FORESTRY ASSOCIATION-First Monday at 1:30 at the homes of members. President, Mrs. A. H. Breyman, 582 Myrtle street. Main HALF HOUR STUDY CLUB-Alternate

MOUNT SCOTT MENTAL CULTURE CLUB -First and third Friday at 2:30 at the homes of members. President, Mrs. John J. Handsaker, 6835 Forty-fifth avenue. Tabor 951. LAVENDER CLUB-Alternate Thursdays at LAVENDER CLUB. BRANCH 1—Alternate Fridays at East Side Library at 2:30. Presi-dent, Mrs. Maude Burley, 160 East Thirty-LAURELHURST STUDY CDUB-Meets secand and fourth Monday of each month; leader Miss Nina Greathouse; president, Mrs. C. W Hayhurst. Tabor 1225,

MACDOWELL CLUB-Second and fourth Tuesdays at 2:30 at Hotel Benson. President. Mrs. Thomas Carrick Burke, 1014 Thurman street. Marshall 5339. MONDAY MUSICAL CLUB-First Monday. at 1:30, business meeting of board of directors; 2 p. m., council meeting for entire clusters and third Mondays, at 2:30 p. m., co

cert programs. Second and fourth federation study meetings. All meeting the Hotel Multnomah. President, Mrs. Lewis, 360 East Forty-seventh street C-2985. OVERLOOK IMPROVEMENT CLUB-First and third Fridays at 2:30 at the homes of members. President, Mrs. Robert Berger, 798 Oregon State Graduate Nurses Association ast Wednesday, President, Miss W. J. La Last Wednesday, President, Miss W. J. I. land, 802% Park street, Marshall 3991.

P. E. O. CHAPTER A .- Second and fourth Mondays at 2:80 at the homes of members. President, Mrs. Wilfred P. Jones, 235 East Thirteenth street. East 5003. members of Chapter C, P. E. O., Fri-F. E. O. CHAPTER C.—First and third Fridays at 2 p. m. at the homes of members. President, Mrs. John F. Beaumont, 704 Hoyt street. Marshall 2019. 1048 Rodney avenue. After the usual P. E. O. CHAPTER E.—First and third Thursday at 2 p. m. at the homes of mem-bers. President. Miss Beatrice Kirkup. 767 Hawthorne avenue. B-3339. P. E. O. CHAPTER F.—Second and fourth Thursdays at 2 p. m. at the homes of mem-bers. President, Mrs. G. E. Willard, 361

PORTLAND GRADE TEACHERS ASSOCIA-TION-First Wednesday at 4:30 Lincoln high school auditorium. President, Miss Viola Ort-schild, 385 Vancouver avenue. East 2404. PORTLAND PROGRESS CLUB-Every Mon day at 2:30 at the homes of members, dent, Mrs. Lawrence C. Phillips, 456 Fourt enth street, North. East 6527. PORTLAND RESEARCH CLUB-First Fri

day at 1:30 at Central library. President. Mrs. Charles V. Ross, 655 East Forty-eighth street, North. C-1537. PORTLAND RAILWAY WOMAN'S CLUB Last Monday of each month at 2 o'clock at Central library. President, Mrs. Sadie Young. 715 Wayne street. Marshall 3152.

F. W. C. ART—First and third Fridays at 2 p. m., Women of Woodcraft hall. Lecturer, Dr. George Rebec. Chairman, Mrs. J. A. Pettit, 91 East Thirty-fourth street, North. Tabor 69.

P. W. C. CURRENT LITERATURE—Thursdays following regular club meetings at 1 p. m. at homes of members. Chairman, Mrs. Nathaniel P. Palmer. 1821 East Thirty-first street, South, Sellwood 2467. P. W. C. LITERATURE—First and third Fridays at 8 o'clock, Women of Woodcraft hall. Lecturer, Dr. C. H. Chapman, Chair-man, Mrs. J. D. Spencer, 582 East Twenty-first street, North. East 4448.

PORTLAND STUDY CLUB Second and are a few of the many letters con-Mrs. John Fellerman, 507

East Forty-fifth street. PRESENT DAY CLUB-Second and fourth President, Mrs. A. L. Lucas, 104 East Four-leenth street, north. East 1781.

PRESIDENT'S CLUB—Second Wednesday at o'clock at the Y. W. C. A. President, Mrs. H. Breyman, 582 Myrtle street, Main PSYCHOLOGY CLUB—Second and fourth Thursday at 2 p. m., Central library. Presi-dent, Mrs. Alva Lee Stephens, 693 Wasco street. East 8417.

SELF CULTURE CLUB-Second and fourth ridays at 8 p. m. at the homes of mem-pers. President, Mrs. R. B. Rohr, 606 East Main street. East 2757. STATE COUNCIL OF WOMEN VOTERS— Second Saturday at 2:80 at Central library. President, Dr. Viola May Coe, 841 Lovejoy street, Main 5090.

STATE WOMAN'S PRESS CLUB-First Wednesday at Central library at 8 p. m. Presi dent. Mrs. Martha Pullman French, 1510 Eas STORY HOUR CLUB - First Tuesdays of school month at 8 o'clock at Library hall. President, Mrs. Maude K. Darnali, Main and Kenneth streets, Lents. Tabor 2813. Third Street, New York, Deak 4

THE COTERIE—First and third Wednesdays at 11 a. m. at Hotel Benson. President, Mrs. Robert Berger, 798 Melrose Drive. Woodlawn TUESDAY AFTERNOON CLUB-Every fuesday at 2 p. m. at the homes of members. President, Mrs. Robert Smith, 999 East Tenth

resident, Mrs. Books. reset. Woodlawn 1093. WOMAN'S AUXILIARY RATIONAL ASSO-CIATION OF LETTER CARRIERS—First Tuesday of each month at 8 p. m. at Ma-sonic Temple. President, Mrs. Alexander Young, 414 Klickitat street. C-2442. Young, 414 Kilckitat street. C-2442.

WOMAN'S AUXILIARY NORTH FORTLAND COMMERCIAL CLUB—Second and
fourth Tuesdays at S p. m. at the North
branch library. President, Mrs. Marshall N.
Duna. 1249 Albina avenue. Woodlawn 3104.

WOMAN'S AUXILIARY TO THE RAILROAD CLERKS' ASSOCIATION—Last Thursday of each month at 2 o'clock at the homes
of members. President, Mrs. A. J. Stimpson,
789 East Yambiil street. East 2946. WOMAN'S CIVIC IMPROVEMENT CLUB-Every Thursday at 2:30 at Central library. President, Mrs. Josephine B. Sharp, 1033 East Twenty-fourth street, North. C-2683. WOMAN'S DEPARTMENT ROSE CITY PARK CLUB-First Monday at 3 o'clock at -First Monday at 3 o'clock at club house. President, Mrs. O. ose City Park club house. Hughson, 598 East Fifty second street, rth. Tabor 1965. WOMAN'S NEW THOUGHT OLUB-First

and third Wednesday at 2 o'clock at the bounes of members. President, Mrs. D. Peterson, 70 Cornell Road. Main 4562. WOMAN'S POLITICAL SCIENCE CLUB-Every Tuesday at 2 p. m. at Central library President, Mrs. Mary L. Stevens, 974 Milwankle street. Sellwood 2387.

A Well-Known Actress Tells How She Darkened Her Gray Hair and Promoted Its Growth With a Simple Home-Made Mixture.

actress, who darkened her gray hair with a simple preparation which she with sick headache or dizzy, nervous mixed at home, in a recent interview spells, acid stomach, or you have at Chicago, Ill., made the following an darken their gray hair and make ful in a glass of water before breakit soft and glossy with this simple fast for a few days and your kidneys recipe, which they can mix at home. To a half pint of water add 1 on of bay rum, a small box of Barbo Com- has been used for generations to flush pound, and 14 oz. of glycerine. These ingredients can be bought at any drug store at very little cost. Apply to the hair twice a week until it becomes the required shade. This will make a gray naired person look 20 years younger It is also fine to promote the growth of hair, relieves itching and scalp hu-

It May Be True But Few Believe Tale

Pssadena, Cal., Nov 27.—(P. N. S.)— After-dinner habits of a Tulare county mule are the subject of a story current here which bids fair to put Charles R. Green, former business manager of the Pasadena News, in the front row of the Ananlas class. Green, who is now managing a big orange and lemon ranch at Lindsay, Tulare county, asserts a mule on the ranch, every evening when its fodder is eaten, reclines on its haunches in the crotch of a big free. Green says the mule has a fondness for him, and that in time he will teach it to cross its legs and smoke. Pasadenans, who have visited the ranch, assert that the former newspaper man is in excellent health and that his mind is clear,

Even Cross, Sick Children Love Syrup of Figs

Look at tongue! If feverish, bilious, constipated, take no chances.

'California Syrup of Figs" can't harm tender stomach, liver, bowels.

Don't scold your fretful, peevish child. See if tongue is coated; this is a sure sign its little stomach, liver and owels are clogged with sour waste, When listless, pule, feverish, full of cold, breath bad, throat sore, doesn't cat, sleep or act naturally, has stomchache, indigestion, diarrhea, give a teaspoonful of 'California Syrup of Figs," and in a few nours all the foul waste, the sour bile and fermenting feed passes out of the bowels and you have a well and playful child again. Children love this harmless "fruit laxative," and mothers can rest easy after giving it, because it never fails to make their little "insides" clean and

Keep it handy, Mother! A little given today saves a sick child tomorrow, but get the genuine. Ask your druggist for a 50-cent bottle of "Callfornia Syrup of Figs," which has directions for bables children of all ages and for grown-ups plainly on the bot-Remember there are counterfelts sold here, so surely look and see that yours is made by the "California Fig Syrup Company," Hand back with contempt any other fig syrup. (Adv.)

GET RID that FAT



Pay-When-Reduced

stantly received by me:

MRS. C. PRIMEAW writes: "When I started your treatment I weighed 268 pounds and now I weigh 168. Bust was 48. now 40, waist 38, now 29. Hips 58, now 49. No. I did not diet or exercise at all while taking your treatment." MR. S. SANTER says: "I have lost seventy pounds as a result of taking your treat-ment. I feel better in every way. I can now

take long walks without becoming tired or short of breath. I thank you very much for what you have done for me." MISS O. WHITLOW writes: 'I have lost 76 pounds as a result of your treatment and have never felt so well in my life as I de

What it has done for these and hundreds of others it can do for you. There is no dieting or exercising. It is an absolutely safe and guaranteed method. Let me send you a trial treatment at my expense. DR. R. NEWMAN, Licensed Physician, State of New York, 36 East

BIG EATERS GET KIDNEY TROUBLE SAYS AUTHORITY

Take a teaspoonful of Salts to flush Kidneys if Back hurts.

Omit all meat from diet if you feel Rheumatic or Bladder bothers.

The American men and women must guard constantly against-kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminstive tissues clog and the result is kidney trouble, bladder weakness and

a general decline in health. When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonwill then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithin, and and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus

ending bladder disorders. Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.