News of Women's Clubs wiveler


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4 reasons for serving $\mathrm{H}-\mathrm{O}$ to your family
1 The steam-cooked flavor-By cooking the oats before they are rolled into flakes and doing it in sealed cookers, the
flavor of the best obtainable oats is etained.
2 Its quick preparation-Being the only atmeal steam-cooked at the mill, H-O is the only oatmeal
3 Its easy digestibility-H-O after 20 minutes on your stove is always easily digestible, due to the two hours of steam4 Its at the mill 4 Its low cost-To cook H-O OATMEAL requires one-seventh the fuel that
other oatmeal, or rolled oats, requires.

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