

Osteopathy: Its Aim and Scope

By Dr. H. P. Bloxham.

It would be impossible to express in a single word the full meaning of any one science, and various misconceptions invariably arise in the public mind because of this limitation.

When Dr. A. T. Still first gave the world his discovery that disease, in the majority of cases, is caused primarily by some faulty adjustment of body structure, the various theories of the blood and nerve supply, he realized that the word "osteopathy" could not adequately define this broad system of healing.

However, as the theories of the body are built upon the bony framework, and largely depend upon this structure for support, the word was, perhaps, the best one that could be used.

Scope of Osteopathy. There are yet some people who think that osteopathy deals only with diseases of the bone, and the various ailments that this method of healing is applicable only to dislocations, sprains and similar conditions.

Parents but realized how rapidly and completely the condition of the osteopathic treatment and how often some slight maladjustment of the spinal and pelvic bones is the underlying cause of the various ailments that are treated.

Profundity In Disappearing. This generation are not so bound by prejudice as were their forefathers, and instead of blindly accepting formal statements and beliefs, they now weigh these questions in the balance of reason and govern their conduct accordingly.

A generation ago medical doctors would have been shocked at the thought of attending a case of typhoid fever, for instance, and not administering the various drugs used at that time. Indeed, at the beginning of the nineteenth century typhoid fever was treated with the most severe and violent forms of so-called remedies.

Now Dr. E. V. Vachon of Portland, is spending a few weeks with his patients, Mr. and Mrs. H. S. Turner. Several Seattle people attended the wedding of Miss Lenette Ferguson to Mr. Portland, at the home of Mrs. A. C. Ferguson, at 11:00.

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Dr. A. T. Still was the benefactor who finally proved to the world the fallacy of taking drugs to overcome illness. He pointed out the fact that the body itself contains the great mechanisms for overcoming disease, and proved beyond doubt that if these elaborate devices of nature were in perfect condition, and free from irritation, the causes of disease would be destroyed as a matter of course.

His great discovery, however, was that in a great majority of cases there was an interference with the blood and nerve supply, caused by some faulty mechanical adjustment of the body structure, which so lowered the vitality of resistance of the region affected that it fell easy prey to disease in its various forms.

During the next few weeks articles will appear in this paper discussing diseases in its many phases, and presenting osteopathic principles in relation to the subject.

SOCIETY NOTES (Continued From Page 4, This Section) Visiting her sister, Mrs. Richard D. Scarlett.

Seattle club women are making arrangements to attend the council of the K. G. P. at Portland, Oregon, on Saturday, April 24.

SHIRTS TAILORED TO MEASURE FROM \$2.50 UPWARD. K. S. ERVIN & CO., LTD. GENERAL ENGLISH TAILORS.

DEGREE TEAM TO DRILL IN SAN FRANCISCO



Back row, left to right—T. E. Knudson, G. Walters, corporal; R. S. Miller, J. Van Homisen, J. Woodman. Fourth row—C. Stegeman, A. P. Alpana, W. H. McDaniel, L. E. Cullins. Third row—W. O. Hildebrand, L. D. Johnson, L. A. Jones, corporal; F. W. Keller, corporal; A. R. Rasmussen.

Second row—T. Esser, L. W. Lewis, L. Sinnott, J. Groves, H. Paulsen. Front row—W. Chapin, sergeant; C. H. Knowles, first lieutenant; P. B. MacHale, captain; G. L. Hurd, second lieutenant; J. C. Laird, corporal; L. Lewis, mascot.

Among the contestants at the Panama-Pacific International exposition for prizes with all comers from the Pacific jurisdiction, Woodmen of the World, will be uniform degree team. This team won first prize at the general federation of women's work which convened at Portland June 1.

Club women of Washington will now weigh their chances in the balance of reason and govern their conduct accordingly. A generation ago medical doctors would have been shocked at the thought of attending a case of typhoid fever, for instance, and not administering the various drugs used at that time.

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What a Dime a Day Will Do. The Scots—who know something about the value of money—have a saying: "Many little macks a muckle."

In American phrase, take care of the cents and the dollars will take care of you. How much, think you, would you have in 20 years if you save a dime a day and allow 5 per cent interest to accumulate it?

Over \$1200! The little dime, the smallest of all our coins, can work wonders if tucked away in some safe place.

A dime a day will insure a lad of 15 for \$2100, a youth of 21 for \$1860, and a man of 35 for \$1300, a life insurance annuity computed for me yesterday.

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By B. C. Forbes.

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To illustrate vividly how "money makes money" it will be shown how a dime a day saved is worth presenting: HOW A DIME A DAY SAVED AND INVESTED GROWS.

Table with 3 columns: End of year, Amount, Interest at 5%. Rows show growth from year 1 to year 20, starting with 10 cents and reaching \$1200.

A dime a day would buy a serviceable library. A dime a day would pay for a week's vacation in summer.

A dime a day would pay your fare, second class, to Europe and back in three years. A dime a day would start you on the road to adding a house through a savings and loan association.

A dime a day would buy you in three years a share of Pennsylvania railroad stock paying 6 per cent a year, or a share of United States Steel preferred stock paying 7 per cent a year.

A dime a day would buy you in 21 years a United States savings dime a day of \$2,600,000,000 in one life time.

Why not start to do your share? Save a dime a day to keep the wolf away.

Edison Not Afraid of a Dye Shortage. Inventor Predicts That United States Will Soon Be Making Its Own Supply of Coloring Matter.

West Orange, N. J., April 17.—Thomas A. Edison predicts that the United States will soon be manufacturing its own dyes, and that the so-called famine of the indigo dye of the West Indies, which has been the cause of a shortage of the dye, will be a thing of the past.

Since the outbreak of the war he said, "I have been making carbolic acid, aniline oil, benzol, etc. The last year I sold at 25 cents a gallon before the war. Today manufacturers are paying 75 cents. Aniline oil was selling at 11 cents a gallon before the war. Now it is up to 70 cents. I am not making very much money in this line, but I thought I would at least make a profit on the sale of some of these things."

The Germans controlled the trade in such a degree that no one else gave the indigo dye, but now the indigo men in this country need not be worried. We can make for them all the primary colors they wish, and more, too.

A new solder is in paste form, packed in tubes, and requires no acid to form a flux.

MODERN WOODMEN OFFICIALS COMING



(1) Major J. B. Henderson, Oregon Fir camp; (2) Sol Richardson, Rose City camp; (3) E. R. Corbett, St. Johns; (4) G. A. Slater, Alberta camp; (5) George Dearlove, Oak camp, University Park, members of local reception committee.

The Modern Woodmen of America of this city have appointed a committee of the consist of the different local camps to have charge of the entertainment of the three head camp officers who will be in Portland Saturday, Sunday and Monday, April 24, 25 and 26.

The head camp guests of the local committee is to look after Mr. Dr. J. A. Rutledge, medical director; F. C. Van Gilder, editor of the Modern Woodman Magazine, and R. S. Taber, member of the head camp board of directors.

Will Attend Veterans Night. Grand Secretary E. E. Sharon and other grand lodge officers will attend the special veterans night at Independence next Wednesday, when 11 members of the Odd Fellows will receive jeweled badges signifying their having completed a quarter of a century of continuous membership.

Officers of Portland Lodge. The following are the officers of Portland lodge, No. 1, Sons and Daughters of the Ark: L. Isakson, sovereign commander; M. Jones, enlightened commander; G. Stauffer, senior commander; Gertrude Shaw, lieutenant commander; A. S. Hogg, master of ceremonies; R. J. Conroy, herald; A. A. Rasch, secretary; A. M. Lee, treasurer; H. F. Hood, secretary; William C. Hoffman, treasurer; L. E. Isakson, receiver; Dr. E. Isdele, Dr. W. E. Smith and Oliver M. Mickey, trustees.

Rebekah Lodge at Tigard. A Rebekah degree lodge (I. O. O. F.) will be instituted at Tigard next Saturday night. Mrs. Hattie Blasing will be instituting officer and deputy grand master.

Woman May Get Place. Los Angeles, Cal., April 17.—(P. N. S.)—For the first time in the history of Los Angeles county a woman took the civil service examination for deputy sheriff today.

Living More Cheaply. Woodlawn, Wash., April 17.—The high cost of living is being felt less and less as the warm weather approaches, as early garden stuff is now ready for use, and the fishing in this vicinity was never better than at present.

Political Note. Representative Samuel W. McCall of Massachusetts says there is too much bigotry in politics.



SOME THING FOR NOTHING. PRICELESS NEMO HYGIENIC FEATURES FREE.

DEAR MADAM:—Last week we asked you to decide this question for yourself: When you buy a Nemo that you know is a big value simply as a corset, and receive hygienic features worth at least as much more without a penny of added cost—are you not getting SOMETHING, of great value to you, for NOTHING?

We are sure your answer will be "yes," though probably the idea never occurred to you before. Now that we've mentioned it, don't you think that all "wise women" should seek a good store where Nemo Corsets are handled intelligently, and solve their corset-problems by the Nemo method?

The value of Nemo hygienic features cannot be expressed in dollars or in words; nor are they of equal value to all women. To some they only mean better style and increased comfort; to others they mean freedom from pain and illness—in some cases the preservation of life itself.

A Favorite for Over Ten Years. Nemo Self-Reducing Corset, No. 403, was introduced in 1904. Always a favorite, it sells faster today than ever.

Don't think of Nemos as "Just Corsets". They are in a class alone, secure from competition. They do things for you that no other corsets can do.

