AH, BIR, HIS ESTATE IS

By "Bud" Fisher

KARNAK OF KOSMOS LINE COMPLETES HER **BIG CARGO OF GRAIN**

German Tramp Steamer Will Leave Tonight With 5000 Tons.

Carrying 5000 tons of grain for Euope, the German steamer Karnak of the Kosmos line of steamers, has finished loading and will leave for Seattle and Vancouver tonight. She is the only tramp steamer in the harbor at present and her departure will leave the harbor more bare than it has been for some time.

Simultaneously with the Karnak, the German ship Chile will finish loading and will be ready to leave down the river tomorrow morning. There will then remain only the French ships La Rochejacquelin and Le Pelier and the German ship Terpsichore. Grain ships this year have been

given greater dispatch than ever before in the history of the port, there being little delay here, and with the better facilities for handling there have been no complaints whatever from ship captains. This fact will be of great benefit to the port, for it is talked about wherever the ships may

The Karnak, which leaves tonight, She was the first Kosmos liner to come here for a cargo under her company name, the Memphis, under char-ter to a local firm being the only ship orders received more than doubled the Immigration officers have appre-

sailor found on board the Karnak, and night. ordered him kept on board the ship tried several times to get away, but his wild tales have each time attracted attention to him and he has been sent back. The ship owners are now under bond to take care of him. Francesco both mentally and physically decharge if allowed to remain here, hence his deportation.

SHIP CAPTAIN MADE VICTIM

Warrant Is Issued for Arrest of Man Who "Collected" \$10.

With a John Dce warrant out for his the authorities are today searching for a man who has enriched himself to the extent of \$10 by claiming to be a partner of M. H. Houser, one of the largest shippers of grain operating here. Captain E. Helare of the French ship La Rochejacquelin now at the Linnton ballast dock was the victim.

After introducing himself as Mi Houser's partner, the stranger made a careful examination of the French ship, complimented the captain on her appearance and asked the foreman in charge of the unloading if he could have her ready for leading to the could have the cou a certain time. Upon being assured that she would be ready by that time, he informed Captain Helare that \$10 would be necessary for the rental of the hoisting years he was using. Capthe hoisting years he was using. Captain Helare paid the charge, but later found out his mistake and informed

WHISTLING BUOY IS ADRIFT Recent Storm Carries Coos Bay

Buoy Up the Coast, Reported off Point Granville on Thursday, the Coos Bay whistling buoy has drifted up the Pacific coast at the rate of 25 miles a day, indicating somewhat the strength of the northerly current which exists off this coast in the winter time. Captain "Buck" Balley, on board the British steamer Rothley, reports having seen the buoy 13 miles southeast of Point

The buoy went adrift during the storm January 8. On January 11 she was reported as off the Umpqua ricer, o miles north of the Coos Bay jetty. It is approximately 250 nautical miles between the Umpqua river and Point Granville, just above Grays Harbor. The tender Manzanifa will likely put out after the runaway buoy today.

ALONG THE WATERFRONT

Fear of another storme at sea held the passenger list of the steamer Beaver down to 100 first class passengers

Build Up Your Nerve Vitality

Kellogg's Sanitone Wafers Make Life Worth Living for Run Down, Brain Fagged People.

50-Cent Box Free

To Men and Women

master of yourself; get that theoriulness, poise and power that come from steady nerves in a vitalized body and brain. Kellogg's Sanitone. Wafers dispel that "down and out" feeling—fill you full of ambition and energy—make your "winter of life" seem like spring.



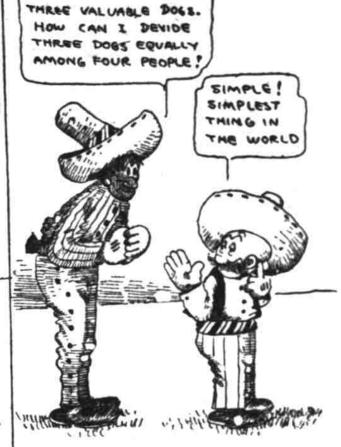
You Want to Feel Good Try Kellogg's Sanitone Wafers.

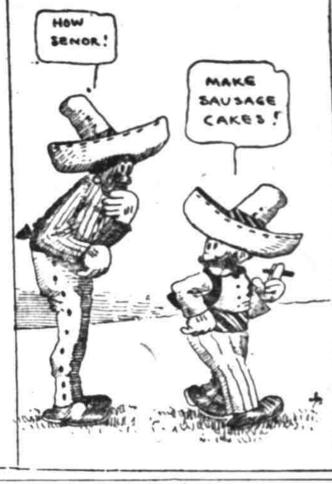
No free boxes from druggista.

Moral: Never Kid a Man in Trouble











came here to carry 2000 tons of grain. yesterday afternoon. The Rose City EUGENE SCHOOLS ARE of that line is due tonight. Captain Malbert, of the French chooner Noeml, and Captain Olsen, of the American schooner Beulah, which of that line here before. Telegraph reached Portland yesterday, report slow, stormy passages up the coast.

amount of her cargo, however, and she | Seventeen and 12 days were required is taking away 5000 tons of wheat and by the two schooners to make the trip. Rio Francesco, a Spanish Inman-Poulsen Lumber company to- Six hundred and five was the total en-

till she is out of American waters. He opening of the steel bridge, the steam schooner Johan Poulsen, in tow of the river steamer Cascades, got out of line fective and would become a public Winslow will leave down tomorrow Mills.

With 500,000 feet of lumber for San Francisco, the Dodge line steamer, San Ramon, Captain Jamieson, cleared from the custom house this morning.

the custom house this morning. Bids were opened by the United States Engineers for the building of a hoisting engine for the Nehalem jetty work. The award will be made early

MARINE NOTES

San Francisco, Jan. 27 .- Arrived at 7 a. m.

San Francisco, Jan. 26.—Sailed at noon—Steamer Bear, for San Pedro; at 3. p. m.—Steamer Baraiso, for Portland. Arrived at 3. p. m.—Steamer Chehalls, from Columbia, river Fusan, Jan. 25.—Arrived—British steame St. Theodore, for Portland.

Tides at Astoria Wednesday. High water—2:29 a. m., 7.5 feet; 1:57 p. m., 8:3 feet, Low water—8:31 a. m., 2.7 feet; 8:55 p. m., 0.0 feet.

MARINE INTELLIGENCE

	Due to Arrive.
	Hose City, from San Francisco Jan
	Q: Helans from San Francisco
	Camino from San Francisco O
	Allience from Lureka
	Name to From San Profictsco
	There does Ran Diago and With
	Yucatan from San Pedro and way Fel
	Breakwater, from Coos Bny Fe
	Breakwater, from Cook Bay
	Beaver, from San Diego and way Fe
	Roanoke, from San Pedro and way Fe
	Glenroy, from Europe and orient Fe
۱	Margnethebice from Europe and offent. Ft
	Dalagatia from Eprone and orient,
	Continuables from Europe and Stient mar
	Redneyshire, from Europe and orient Apr
	Due to Depart.
	Bannan for San Francisco
	Bannan for San Francisco

Kiamath, for San Diego and way Jan. 28
Paraiso, Am. 85. Jan. 28
Navajo, for San Francisco. Jan. 28
Rose City, for San Francisco. Jan. 31
Alliance, for Eureka Jan. 31
Camino, for San Francisco Jan. 31
Yucatan, for San Diego and way. Feb. 4
Bear, for San Diego and way. Feb. 4
Bear, for San Diego and way. Feb. 4
Bear, for San Diego and orient. Feb. 14
Beigravia, for orient and Europe. Feb. 27
Glenroy, for orient and Europe. Match 12
Cardiganshire, for orient and Europe. Match 25
Rodneyshire, for orient and Europe. April 28
From San Francisco.

From San Francisco. From San Francisco.

Steamers Harvard and Yale, alternating, leave San Francisco for San Diezo on Mondays, Wednesdays, Fridays and Saturdays, connecting with steamers from Portland. Northbound, they arrive at San Francisco on Tuesdays, Thursdays, Saturdays and Sundays.

Vessels in Port.

1	Name
d	A transport Arm ship
	Dawlin Am shin
	Faul Divension Am Dir
- 1	Oakland Am ach
1	era bilahalan ken abiri
- ()	Without and more . NOTIN I'M
ł	Marlhopough Hill, Hills, Dk Cinca & W.
1	Chuschill Am. sch
	Victorian Am uch
ú	
۰	John A. Campbell, Am. sch
V.	John A. Campbell, Am. sch Multhomah
ĭ	Debages the Williams Co Lion in
ì	
	Le Peller, Fr. bk
3	Karnak, Ger. ss Montgomery N
	A set of Porting Lining
ļ	
7	
	sányfair, Am. ss
	Daisy Gadsby, Am. ss E. & W.
	Klamath, Am. 88St. He
	Terpsichore, Ger. ship
	Rosnoke, Am. ss
Ĺ	Hornet, Am. 85
ì	Atlas, Am. ss
	En Route to Load Lumber.
	Name— Salled
	Raron Napier. Br. 88
	Moueth Br bk Newcastle.

Baron Napier, Br. 88. Clark
Howth, Br. bk. Newcastle, Eng.
Harfiete, Br. 88. San Francisco
Harpagus, Br. 88. Victoria
Hudson Maru, Jap. 88. Yokohama
Kinross, Br. 85. Victoria
Kons, Am. 8ch. Caliko Don't be gloomy, dull-brained or lazy, or lacking in "backbone" for business. Kellogg's Sanitone Wafers will invigorate you to a richer, more joy-filled life. Don't drift with the tide of wearied, care-worn humanity, when these wafers have saved so many "wrecks." No matter what started your nervous breakdown—loss of steep, overwork or other causes—Kellogg's Sanitone Wafers will revitalize and revive you so you'll get all that's worth having out of life.

Send your name and address today with six cents in standard address today with six cents in standard address today.

CROWDED TO LIMIT

Eugene, Or., Jan. 27. - At the beginning of the second semester at the Eugene High school yesterday, for the To load lumber for the south the first time in the history of the school steam schooner Klamath will move to the enrollment passed the 600 mark. rollment at the end of the day. The Forced to stop through the slow building is so badly crowded that every available foot of space in every room is occupied and some of the this morning and held the bridge open smaller students are compelled to sit some 20 minutes before getting the two on a seat. Sixty-eight new students were enrolled at the school on has been loading at the North Pacific the largest in the history of the city.

Corvallis, Or., Jan. 27 .- The board of education of this city has called for Four hundred tons of general freight an election to be held on February 18

comprised the load of the Arrow line for the purpose of voting bonds steamer Navajo, which cleared from amounting to \$78,000 to build the first unit of a new high school building. Water Gauge Board Goes. Corvallis, Or., Jan. 27 .- The water gauge board on the draw pier of the bridge across the Willametts river at this city was carried down the river last night. It is believed a log or

> tore it loose. Daily River Readings.

STATIONS.	Flood stage.	Height in feet	Change in last 24 hours	Rainfall in
Lewiston	24	4.1	*0.4	.0
Umatilla	200	3.6	*3.6	- 9
Eugene	10	8.8	-0.5	. 0
Albany	20	17.2	-0.4	. 7
Selem	20	15.8	-0.1	. 2
Wilsonville	87	23.7	•0.2	. 4
Portland	1 15	12.8	*0.2	. 4

HOW TO CURE RHEUMATISM

A Home Treatment Made Up of the Most Simple Remedies. RELIEVES MOST CASES IN 48

HOURS. Some of the most serious diseases are being cured nowadays by the most simple everyday articles used in the household, and the use of which a few years ago would have been ridiculed. Poisons are growing into disuse as being worse than the disease which they aim to cure. they aim to cure.

Most people now know that cream of

tartar is a preventive of smallpox, or that hemorrhage can be stopped with salt. So rheumatism, lumbago, gout, sciatica, pain in the back, have been cured, in the real meaning of the word, by a little stillingia, iodide of potas-

The four simple remedies mentioned above, together with other simple ingredients to make them palatable and easily assimilated into the blood, put up in the most effective, pleasing and tempting form (tablet form), and are called "Smith's Potassium Compound." If you suffer from any form of uric acid in the blood and have rheumatism, gout, lumbago, sciatica, this is the way to drive it out of your system in quick time. It is guaranteed to be free from morphine or anteed to be free from morphine or other narcotics and your money will be refunded if a dollar bottle falls to relieve you in 48 hours.
Sold in Portland by Owl Drug Co.

COMB SAGE TEA IN LIFELESS, GRAY HAIR

Look young! Common garden Sage and Sulphur darkens so naturally nobody can tell.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulsimple mixture can be depended upon to restore natural color and beauty to

to restore natural color and beauty to the hair and is spiendid for dandruff, dry, itchy scalp and falling hair.

A well known downtown druggist says eyerybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a combor or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to 7ts natural color and looks glossy, soft and abundant.—Adv.

President wilson caused a temporary pause in official business at the White House when he greeted two little children of Mr. and Mrs. D. G. Brockhurst, of Jersey City.

Senator Chamberlain of Oregon is preparing his bill designed to open Alaska. The measure will provide for an Alaska commission, opening up of coal lands and railroad development.

Former Senator Cullom was restless and nervous yesterday afternoon and could not sleep, though the use of narcotics was resorted to. His physicians said that he has lost his appetite for the first time since his ill-coveries and additional evidence. (Ade.) logg's Sanitone Wafers will revitalize and revive you so you'll get all that's worth having out of life.

Send your name and address today with six centr in stamps to help pay postage and packing for a free 50c trial box of Kellogg's Sanitone Wafers, to F. J. Kellogg Co. 2457 Hoffmaster block, Battle Creek, Michigan.

The regular \$1.00 size of Kellogg's Sanitone Wafers Sanitone Wafers is for sale in Portland by Owl Drug Co., 335 Washington street.

No free boxes from druggists.

Sanitone Wafers is for sale in Portland by Control of the cont

MONDAY'S DELAYED NEWS BRIEFLY TOLD Resume of World Happenings Received From 8 o'Clock Yesterday Afternoon Until 8 o'Clock This Morning.

Arbitration has been agreed on as I means of settling the strike of mill owners and workers in the hosiery factory at Philadelphia. The strikers, most of whom are women and girls, are expected to return to work today. There were 3500 out on strike.

Testifying against Federal Judge Speer, in the congressional investiga-Bound for Eton, Peru, the schooner the first day of the new semester. The tion at Savannah, Ga., Attorney Lawtotal enrollment in the five grade rence said that in his opinion the judge morning in tow of the Ocklahama. She buildings and the high school is 2180, never had selected a jury according to law. The lawyer had been fined \$100 for contempt. of court at a trial in which the judge was officiating.

> The Brooklyn, which was Rear Admiral Schley's flagship at the battle of Santiago, has been put into commission after an idleness of 10 years. The historic vessel will carry 550 men, and will relieve one of the boats in Chinese waters. The Brooklyn has been thoroughly overhauled.

> Henry Blossom, actor and play-wright, while dancing the tango, slipped and fell, breaking his leg, at New York. Charles Darnton, theatrical critic, broke his writing arm while dancing he tango. A New York society woman

of State William J. Bryan said that President Wilson's policy toward the trusts and business interests in general and increase the international trade for a state law providing that all bev- will stand erect in delivering their erages containing more than 2 per message. cent alcohol shall be labeled with skull Two-th and cross bones and a warning as follows: "This preparation contains al- entailing a loss of \$250,000. cohol which is a habit forming irritant, narcotle poison."

The Western Federation of Miners has opened its fight in the courts at Houghton, Mich., in behalf of its president, Charles H. Moyer, and 80 other officials and members of the union, under indictment on charges of conspiring to interfere with the employ-

of the slide and destroying four houses Reports from along the New Englang coast indicate that the storm which has been sweeping northern New England and Nova Scotia coasts cost four lives, separated more than a score of men from their ships, and in some in a leap to the ground. Her shrieks aroused the neighbors, and Moore was overpowered.

An appalling wreck of the Jersey Central flyer from Philadelphia and New York was narrowly averted a mile from Wilkesbarre, Pa. when a track Miss Celia Kleinman, 61 Columbia St., walker discovered a yawning mine April 26, 1913. cavein in the roadbed and flagged the turning excursion. train.

eration of Miners in a speech to the to aid the Calumet strikers.

Executive.

Ex-Senator Lyman R. Casey of Jamestown, N. D., died at his home in Washington, D. C., of heart failure. The house passed the Kenyon bill, designed to eliminate the "red light" district at Washington, D. C., by injunction. The bill had been passed by the senate.

Independent oil refineries of the dis-Commerce Commission that they virif the general 5 per cent freight rate this case:-Whenever her hair fell out or took on increase demanded by the railroads was granted. H. B. Perham, president of the Order of Railroad Telegraphers, told the

house committee on commerce that 40 phur Hair Remedy." you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This President Wilson caused a temporary pause in official business at the White

ness and that only frequent resort to

oxygen is keeping him alive

Pacific Coast. The fourth annual show of the Panhandle Poultry association has opened at Moscow, Idaho, and 150 fowls are on exhibition. Other entries are to be

T. P. Gose, for the past five years a member of the board of education of Walla Walla, Wash., has resigned on account of ill health. J. L. Sharpstein was named to fill his place.

Apple Day" by Governor Haines of of Oregon and Washington in boosting the apple.

The government has introduced a harles F. Munday and Archie W. Shields conspired to defraud the gov- nish any information regarding it. ernment by means of dummy entries which were used in locating claims for the Alaska Development company. Funds for the irrigation plants near Sunnyside are available, according to information which has been given United States Senator Jones by the secretary of the interior. Commissioner Mc-

Foreign

English suffragettes who declare that they will present their demands would lower the cost of living at home before the king of England in person. say that they will not prostrate them-A bill is being framed in New York selves before the ruler, but instead, Two-thirds of the exposition build-

ing at Manila were destroyed by fire. The new tariff will make for an economic division between eastern and western Canada, according to the pre-

RESINOL CURED

New York.-"The skin on my hand got red and rough. It itched and I sium, poke root, and guaiac resin.
These remedies any one, even a young child, can take in any reasonable amount, with perfect safety, and the results have been found to be astonishing. It has been proven that this combination makes up the best them. combination makes up the best rheu-matism remedy in existence, and an absolute killer of uric acid in the in a lean to the ground. Her shrieks used them one night. In the morning, to my surprise, my hand was all well and the trouble has never returned. This is the absolute truth."-(Signed)

> Nothing we can say of Resinol on-speeding express a few minutes equals what others, such as Miss later. Following the flyer was a re- Kleinman, say of it. It does its work quickly, easily and at little cost. Sampel Gompers, president of the you are suffering from itching, burn-American Federation of Labor, was in- ing skin troubles, pimples, blackheads, vited by the United Mine Workers' con- dandruff, ulcers, boils, or piles, why vention to come to Indianapolis and re-ply to the charges made by President and \$1), and Resinol Soap (25c)? For Charles H. Moyer of the Western Fed- trial size, free, write to Dept. 46-R. Resinol, Baltimore, Md. Sold by all to aid the Calumet strikers.
>
> "imitations" of Resinol. (Adv.)

> > May Help You If Lungs Are Affected

Proper diet, fresh air and temperate habits are beneficial to persons suffering from Long Trouble; but in a great many instances reports show that the addition of a medicine for this affection has materially helped in trict east of the Mississippi river and bringing about recovery. For more than fifnorth of the Ohio told the Interstate teen years Eckman's Alterative, a medicine for Throat and Lung Troubles, has accomtually would be driven out of business plished good results. Read what it did in Madison Lake, Minn.

> "Gentlemen: In December, 1908, March, 1909, and September, 1909, I was taken with hemorrhages of the lungs which confined me several weeks, each time to my bed. My doctor advised me to go west. In November started for Denver, Col. After my arrival met Michael Brody, who, upon learning of my condition, urged me to take Eckman's

Four men were killed and others in-

fured when a bottle of condensed gas, son, demanding an accounting in a real loon were joking with Kubisch. being used in a brazing process in the estate deal, alleges that he received butcher was witness to the affair, and the property in question from Mrs. Johnson without condition, and time the case was postponed. Liverpool.

volving 200,000 men. More than 50 600 coal porters and building trades unionists are now out.

Will Observe Feast Day. The Ladies' Auxiliary of the Ancient

feast day of St. Brigid, the Mary of Erin, in a fitting manner next Sunday, in the Umpqua is not exceptionally February 1. In the mornig all mem-high, being only 12 feet above normal. February 5 has been designated as bers will attend mass at St. Patrick's It is probable that another will be daho. The state is following the lead will be served in the Multnomah hotel. church in a body. At 6 p. m. a banquet to which all members of the A. O. H. and friends are invited. Mrs. W. Eivers, Miss Marie Chambers and Mrs. mass of evidence tending to prove that James Foley are in charge of the ar- nicipal court this morning on a charge rangements and will cheerfully fur- of putting red pepper in the handker- and surely relieves all such troubles, nish any information regarding it. chief of Richard Von Kubisch. The Crosone is the most wonderful rest

Answers Suit for Accounting. J. H. McKenzie, in answer to a suit filed recently by Mrs. Florence John-

Fish Ladders Washed Out.

retania, blew up, in the harbor at that he owes her nothing. Mrs. Johnson alleges that she deeded With detachments of police guarding the property to McKenzie to sell for London buildings in process of her and that he was to pay her all construction, the city was yesterday over a mortgage and expenses but that threatened with a general strike in- he has paid her nothing.

Roseburg, Or., Jan. 27 .- High water ladder recently built at the dam in the Order of Hibernians will observe the was constructed under the supervision South Umpous river here. The ladder Deputy Warden Clanton. The water

> built in the spring. Put Pepper in Handkerchief. John Victor, bartender at Third and Everett streets, was before the mu-

Health and Beauty Answers

Darling: Yes, it is true that fat always destroys the beautiful lines of
the figure, but if you do as I have
before advised in these columns, you
can get rid of the fat and your form
will be plump and beautifully propertioned. In one and one-half pints hot
water dissolve four ounces parnotis.
Let this cool, then take one tablespoonful before each meal. This treatment
cream jelly thickly and massage thor.

The you auffer with pains in your
wrinkles which can be cheaply made
at home. I mix one ounce almosois
with one-half pint rold water and two
teaspoonfuls of glycerine. Stir and
let stand for one day. To remove or
ful before each meal. This treatment
cream jelly thickly and massage thor.

To you suffer with pains in your
wrinkles which can be cheaply made
at home. I mix one ounce almosois
with one-half pint rold water and two
teaspoonfuls of glycerine. Stir and
let stand for one day. To remove or
or bothered with unnary disorders.
Croxone will quickly relieve you of

you decided that face powder clogs the pores, even though much is blown off the skin and leaves a spotted effect You can avoid this approvance and enjoy a softer, healthier, finer complexion if you apply a spurmax lotion. This inexpensive and is prepared best is quite inexpensive and is prepared by dissolving four ounces spurmax in one-half pint witch hazel or hot water. to which is added two teaspoonfuls glycerine. The spurmax lotion is in-visible when on and requires no further attention. You will find it especially nice to banish summer's freckles and tan and the sallow, unbealthy cast of powder smothered skin and to give cupful sugar and hot water to make a

State Labor Commissioner McLaughlin of California, in his report
John C. Clark Jr., aged 13, shot and
killed his father when the latter threatened to kill the nine members of the
family, at Natchitochos, La. The boy
was not arrested.
In an address before the American
Asiatic society at New York, Secretary
of State William J. Bryan said that

State Labor Commissioner McLaughlin of California, in his report
to Guinivere: Yes, you can overcome a large sum to a hair specialist. Just
the results of the careless treatment make up and use the quinzon hair
of your hair which has commenced to
destroy its natural beauty and cause
it to grow dull, "stringy," brittle and
fall out. I would just shampoo occasionally by using a teaspoonful of
canthrox dissolved in a cup hot water
This greatly invigorates the scalp tissues and hair roots and produces a
healthy condition in both, insuring a
healthy condition in his report
it acts on the principle of elemning
the results of the careless treatment of your hair which has commenced to
destroy its natural beauty put the scalp in a healthy condition
to grow hair which has commenced to
destroy its natural beauty and cause
it to grow dull, "stringy."

State Labor Commissioner Mc
Laughlin of California, in his report
the results of the careless treatment make up and use the quinzon hair
tonle I frequently advise and it will
to grow dull, "stringy."

State Labor Commissioner

It acts on the principle of elemning
to your hair which has commenced to
destroy its natural beauty and cause
put the scalp in a large sum to a hair specialist.

To grow hair which has commenced to
destroy its natural beauty and cause
it to grow dull, "stringy."

It soaks right in through the walls,
one-half plat alcohol pour one outpend on the principle of elemning
to your hair which has commenced to destroy its natural beauty and cause
it of your hair whi

sues and hair roots and produces a healthy condition in both, insuring a beautiful growth of even colored, lustring, fluffy hair. I have found canthrox shampoo is extremely soothing to tender, itchy scalps and sllows the hair to dry very quickly.

A. L. The delatone treatment for hairy growths is quite harmless and rarely is more than one application required. Mix a little powdered delatone with water and apply to the objectionable hairs, then after two or three minutes rub it off, and the hairs come with it. Washing the skin leaves it firm and free from blemish.

Darling: Yes, it is true that fat al-

Let this cool, then take one tableapoonful before each meal. This treatment
produces no present or future ill effects and gradually dissolves the unnecessary fatty tissues. Try this parnotis treatment and you will never
have any reason to feel embarrassed
because of your shape.

cream jelly thickly and massage thor
oughly. At night leave the face coverel with the cream. You will find
nothing to equal almoson jelly cream
to remove wrinkles and keep them
away, and it contains no oil or fat
which might promote hair growth. You
will also notice by its use not only Pearl: You girls were right when your wrinkles disappearing, but the much smaller and the skin very soft and velvety

Dora For your pimples and tired-ness I am giving the formula for the best blood cleanser I know. It is the best because it acts on the liver and kidneys and if, as you say, you are troubled with severe and constant headaches, it is an indication that your kidneys and blood need attention. To powder smothered skin and to give cupful sugar and hot water to make a delightful freshness and youth tint full quart. A table spoonful before to your skin.

Johanna: Yes, you have a good reason to feel alarmed about your hair.
But you can remove the dandruff and overcome that dryness without paying \$5.

Idli quart. A table spoonful before meals is the dose. This kardene tonic gently expels poisonous waste from the body and tones up the internal organs so they can do their work well.

Read Mrs. Martyn's book, "Beauty."

Baturday evening. Victor denies the charge, saying that others in the sa-

WORST BACKACHE

Monday washed out the new fish Makes Kidney Troubles, Bladder Disorders and Rheumatic Pains Vanish.

> It is no longer necessary for any ne to suffer with backaching, kidney trouble, have disagreegble bladder and crimary disorders to contend with, or be tortured with rheumatism, stiff joints, and its heart-wrenching pains, edy yet devised for ridding the system

> of urle sold and driving out all the polsonous impurities which cause such all other remedies. It'le not like any-

oughly. At night leave the face cov-ered with the cream. You will find nothing to equal almosom jelly cream cost from any first class drugglet. All druggists are authorized to personally return the purchase price if it falls in a single case - (Adv.)



Women's Confidence in

the efficacy of this thoroughly tried home remedy is never misplaced. In every way-in health, strength, spirits and in looks-women find themselves better after timely use of

BEECHAM'S





Lost—a Lame Back Millions of backaches are



lost annually, and who wouldn't lose one? It's a simple matter, too. All that's needed is an Allcock's Porous Plaster placed on the spot that hurts. You can go right ahead with your work and soon you'll forget you ever had a pain.

Allcock's PLASTER

gets at the seat of the trouble as nothing else can. For over sixty years they have been the standard remedy for all kinds of aches and pains, soreness, stiffness, etc. Like most meritorious articles, they have been extensively imitated—therefore to derive all the benefits that a porous plaster should give

Always Insist on Having the Genuine.