# Latest Fashions Toung

Livil-green in natural tones and in shades hordering on gold and bronze is one of the lovellest and me natural representation of the lovellest and soon. There is a fascinating shade known as copper citive that harmonizes benutifully with some of the dark, rich turs now in vogue as trimmings.

Stylish and serviceable for general ear is the dress sketched herewith of ft, woollen ratine in this new color d offset with bands of fitch or skunk, is warm, simply made, and youthful

The right blouse front lass pretty well over the left and describes a short, signifing like from the neck to the top of the straight closing, which is embellished with "punchinello" buttons of ur. Long sleeves are set smoothly into tropped armholes and given band cuffs of rur with wrist ruffles of lace. A small jabot of the same lace is set in bove the cutout line of the blouse easing.

e tunic is quite long, reaching mid-between knee and instep, and is n rectly straight one all round, ounted to the waist line with some ant gathering. It is taken in a triffs a corded seam to an eight inch band self material around the bottom, and is in turn is bordered with fur. The foundation and is narrow and un-d but slit for a very few inches up

green is croshed about the waist d has a broad sash end hung from er it in back that extends to the edge

For those who are young and slender lough the same model may be at-actively reproduced in brighter colors. actively reproduced in brighter colors, the tr., though they run more to the serise and of the geranium, coral, and poppy and magenta shadings, rather than the scarlet and vermilion.



wool ratine.

in a rough surfaced fabric like ratine, with dark fur trimmings, some striking results can be attained. All shades of red are decidedly median for the win-

By Anna Steese Richardson

Home Companion.)
5—Weaning the Baby.

e and gradually baby will grow m her toward the sterner things of

m, too, when the baby has thrived Then, too, when the baby has thrived in breast milk, there is always more ress fear of substituting artificial od for that which nature has so encously and safely supplied. For its reason weaning should be a gradal process, not abrupt, unless emergicles demand sudden weaning. Such emergencies include acute illess on the part of the mother, fever, thereulosis, serious kidney affections, nervous breakdown, anemia or processive loss of weight in the mother, such cases the baby must be weaned once. Again there are instances

once. Again there are instances here the mother seems well, but the lay at six months or more suddenly sgins to lose weight and to develop emptoms of retarded physical develop ment. These symptoms are: L. Excessive vomiting, with loss of light or no increase of weight for

to weeks or more. 2. A persistent diarrhea, with loss

we weeks or more.

If there is a progressive gain in seight, however, loose bowels are not danger signal.

I Strady loss of weight extending wer a period of three weeks or more, a spite of the fact that otherwise the hild seems normal.

From this it will be seen that the aby should be weighed regularly. In act, a pair of scales has taken the lack of the soothing syrup or paragoric settle in the modern nursery. They are the indicator of baby's condition from these variations in weight, causes if illness are traced. The illness is not drugged nor the small protesting soice of the sick baby silenced by narrotics.

When any such emergency arises, the process of weaning must be short and quick. Generally a trained nurse or a firm, intelligent and patient member of the family must take the baby away from the sick mother. If, as I suggested in the third article of this series, the baby has learned to take an occasional buttle of modified milk, the task of weaning will be lightened. If he has not been trained to do this, then the process of weaning is trying to both mother and nurse.

The cylindrical bottle described in an

#### Conspicuous Nose Pores How to reduce them

Wring a cloth from very hot water, ather it with Woodbury's Facial Soap, then hold it to your face. When the heat has expanded the porce, rub in werry gently a fresh lather of Woodbury's. Repeat this hot water and lather application averal times, stoping at once when lower mass feels semiliater. Then finish by rubbing the nose

Woodbury's Facial Soap



A fur trimmed frock of light olive

### LITTLE TALKS ON BABYOLOGY

Director of the Better Babies Bureau of the Woman's Home

(Copyright, 1913, by the Woman's earlier talk should be filled with modified milk and then set in a pan of hot water until the milk reaches what is EANING her first baby is a known as body temperature. This is tested by dropping a little on the fore-However short or long a period she has nursed him she is loath to deny herself the of feeling her child draw on arm, never by putting the nipple to the adult's mouth and tasting the milk. As the baby drinks slowly, the bottle may be encased in a woolen bag or knitted cover to hold the heat. The Realkfast—Julce of a sweet orange, nourishment and strength, the hole in the nipple should be large enough for the milk to run out easily. When a baby under eight months is weaned, it is safest to start him on s baby is weaned she knows that will feel this joy to a lesser demodified milk—that is, milk diluted with water and sugar.

At 10 months, both breast fed and bottle fed bables should be prepared gradually for weaning. A baby nine months old in good physical condition may be taught to drink from a cup. At first only modified milk is served to him this way and in small portions. Next comes milk combined with thin oatneal or barley gruel. Then soft cereals may be fed with a spoon, and finally stale bread softened in warm milk. These soft foods, however, should not be served in quantity, just occa-sionally as an alternate with the breast

milk or modified bottle milk. They are the gradual, gentle preparation for the final weaning at 12 months. It is not good for either mother or child to nurse the baby exclusively after the twelfth month. In fact, it should be or prune pulp. II. Well cooked careal

weaned completely at about this time, or the mother becomes anemic and the baby no longer gains in weight, while its muscles become flabby.

The weaning of a bottle fed baby is no less serious than that of the breast fed baby. At 14 months, the bottle fed baby should be having three bottles a day and two meals of soft food. At its meanths, the dist shifts to three

The diet of orange fuice should be Fuzzytail down from the Old Pasture to continued to bottle fed babies after the dear old briar-patch. He felt that weaning and should be started for it was his business to see to it that no

leave him safely sieeping or playing in another room. If it seems necessary, however, to have him at the family table, then see that he eats only such food as he can digest and assimilate. As soon as he can handle assimilate. As soon as he can handle framefather. Now, Danny Meadow Mouse is fond of assimilate. As soon as he can handle framefather from any begiven a little porringer of bread pap, the safest table dish for a baby one year old. This is well toasted bread boiled in milk, well toasted bread boiled in milk. Next comes faring cooked in half milk he couldn't get Grandfather frog to go back to the Smiling Pool, he made up half water.

eminent dietitians. This folder will be sent to mothers on receipt of a stamped and self-addressed envelope sent to me, care this paper.
Here are the diet tables:

Breakfast—Juice of a sweet orange, strained, or pulp of six stewed prunes, eight ounces of milk (half pint) with either zwieback or toasted biscuits or toasted stale bread. Fruit should be given an hour before or half an hour after the milk, Second meal during forenoon—Milk alone or swieback.
Noon meal—I. Six ounces of soup made

from chicken, beef or mutton or three ounces of beef juice. II. Stale bread or milk toast or bread pap. Fourth meal, mid-afternoon-oasted bread or swieback. Evening meal-I. Four ounces thick ruel mixed with four ounces of top

half milk (the top is 16 ounces, or a pint, from a quart bottle) with zwe-back. The gruel may be made of oat-meal, farina, barley, hominy, wheatina meal, farina, barley, hominy, wheating or rice. II. Apple sauce or prune jelly. Diet for Child From Bighteenth to Twenty-fourth Month.

# Little Stories for Bedtime

By Thornton W. Burgess. (Copyright, 1913, by J. G. Lloyd.) a day and two meals of soft food. At a day and two meals of soft food and a bottle daily meals of soft food and a bottle at 10 o'clock. At 18, the bottle is laid aside, there are no night feedings, and baby is weaned.

The breast fed baby that gains steadily needs nothing but breast milk up to the time the scheduled weaning begins, but the bottle fed baby should have from two to eight teaspoonfuls of strained orange juice daily, from six months upward. This is because in the mother's milk there is a certain acid quality not found in cow's milk, which the baby's system requires. The diet of orange juice should be (Copyright, 1913, by J. G. Lloyd.)

Responsible to a great his word. But it is just as big in its meaning as if is in its looks, and that is the way words should be, I think, don't you? Anyway, re-spon-sible is the way Danny Meadow Mouse felt when he found Grandfather From out on the Green Meadows so far from the Smiling Pool and so stubborn that he would keep on to see the Great World, instead of going back to his big green lily-pad in the Smiling Pool, where he could fake care of himself. You remember Peter Rabbit felt responsible when he brought little Miss Fuzzytail down from the Old Pasture to

weaning and should be started for breast fed bables with weaning.

Just as soon as the baby can sit up in a high chair, he is welcomed at the average family table. Often this is father's or big brother's only chance to make the acquaintance of the newcomer in the family circle. Also his afforts to share the repast of grown-ups are amusing. Doctors and mothers I have met at contests tell me that many a child's stomach aliments started at the family supper table. Either the child frets for what he sees and it is easier to comply with his demands than to discipline him or some one thinks it is "cute", to see

some one thinks it is "cute" to see he wouldn't get very far in the Great him to jump and where also he wouldn't get very far in the Great him to jump and where also he wouldn't get very far in the Great him to jump and where also he would world. It might be the right thing to he right out in plain sight of all who only to adults, and so the mischief is wrought.

The follows thing to the child too. enemies, but it was just the wrong thing to do on the Green Meadows or in the Green Forest. Danny had learned when a very time fellow that there the only safe thing to do when danger was pear was to sit perfectly still and hardly breaths. The fairest thing to the child too young for solid food is to feed him before the family meal is served and leave him safely sleeping or playing a very tiny fellow that there the only the control of the child too.

For the benefit of mothers who have asked me at contests for a diet table, suitable to children of various ages, I am giving the following tatles taken from the folder "Hints to Mothers" compiled for the Better Babies Bureau by piled for the Better Babies Bureau by a sealing the statem of the st ting sharply for signs of danger, and cut. But Danny felt more worried than Grandfather Freg puffing along behind, ever. He wouldn't leave Gmandfather bound to see the Great World which his cousin, Old Mr. Toad, said was a better sible for him, and at the same time he place to live in than the Smiling Pool. was terribly afraid, for he felt sure

Now Danny has a great many private that some of their enemies would see little paths under the grass all over the them. He wanted to go back, but he Green Meadows and along these he can kept right on, and that shows just what scamper ever so fast without once showing himself to those who may be looking him. Of course he started to take Grandfather Frog along one of these little paths. But Grandfather Frog Strange Ride."

served with top milk slightly sweet-ened or seasoned with butter and salt. sauce), or rice, or stewed fruit, with III. Glass of milk and stale bread and Forencen-Fruit, except benana.

Dinner-I. Broth thickened with peas, farina, sago or rice; or beef juice with stale bread broken into it; or clear vegetable soup with yolk of egg in it. II.
Soft cooked egg, boiled, coddled, shirred or poached. III. Baked potatoes, peas, spinach, carrots. IV. Dessert: apple steak or chop out fine. III. Mashed or sauce, baked apple, prune pulp, stale lady fingers, graham or arrowroot crackers, rice, bread, tapioca or blancmangs pudding, baked custard invoker. mange pudding, baked custard, junket or graham crackers or stale bread, but-or rice with hot milk and a little sugar, tered. V. Dessert: apple sauce, baked Supper-Milk (warm or cold), cas- apple, rice, junket or custard, also the



is the Lone Little Path. It is danger-

ous, very dangerous, but I guess you "Chugarum!" replied Grandfather Frog. "I'm not afraid. You show me the Lone Little Path and then go about your business, Danny Meadow Mouse."

a brave little fellow Danny Meadow Mouse was.

Diet for Child Two or Three Years Old Breakfast-Fruit, cereal, soft boiled

or poached egg with stale bread or toast and a glass of milk. Dinner-Soup as described in para

# Women's Clubs

The Portis Entertained. The Portis Entertained.

The Portis club, an organization of women, which holds aftersoon meetings regularly and evening meetings occasionally, entertaining the men at these latter, was happily entertained last evening by Mr. and Mrs. E. E. Coovert at their home on Johnson street. Instead of the regulation cards, the evening was passed in informal conversation, interspersed with delightful musical selections and a most interesting travel

Chorge Z. Evyeth Mars and Mrs. H. Adams, Mr. and Mrs. G. B. Cellars, Mr. and Mrs. J. C. Veasié, Mr. and Mrs. John Mahming, Mr. and Mrs. H. H. Haney, Mrs. R. B. Fisher, Mr. and Mrs. H. B. Senbrook, Mr. and Mrs. W. Y. Masters, Mr. and Mrs. Oglesby Young, Mr. and Mrs. G. W. Caldwell, Mrs. R. F. Graham, Mr. and Mrs. John F. Logan, Mr. and Mrs. F. S. Grant, Mr. and Mrs. B. S. Huntington, Mr. and Mrs. M. A. Dibbis, Mr. and Mrs. W. H. Powell, Mr. and Mrs. E. E. Coovert.

Teachers are Received.

The fountain grill of the Oregon hotel was last evening the scene of a large and altogether delightful reception given by the Portland Parent-Teacher association in honer of the teachers in the public schools of the city. Officers, members of the school beard, presidents of the local circles, parents and patrons of the school were present in large numbers, probably 600 being received during the evening.

Superintendent L. R. Alderman, Mrs. Alderman, Judge M. G. Munly, R. L. Sabin, Dr. Somer, members of the school board; Mrs. F. S. Myers, president of the association; Mrs. Tate, president of the association; Mrs. Tate, president of the association; Mrs. Trate, president of the association; Mrs. Trate, president of the Oregon congress, and Mrs. Martin Wagner, vice president of the District of the coveral congress, cand mrs. Mrs. Chrittenden served punch, assisted by several of the ladies. Music was rendered during the evening by an orchestra. The grill room was handsomely decorated in autumn leaves.

The Portis Entertained.

The Portis Contents of the School of the Portian cube. The president of the Congress and Mrs. Martin Wagner, vice president of the School of th



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