

Invalid Dishes

By Elizabeth Lee.

Fruit With Custard.

Custard served with sliced prunes or a sliced apple is a nourishing and refreshing dish.

If the apple is preferred, it should be cored and then baked with a little sugar and water.

Prunes should be stewed with water and sugar until tender, and then be pressed through a strainer.

Irish Moss Lemonade.

This is an excellent drink for those suffering from cold or sore throat.

When a raw egg is distasteful to a patient, but coffee is very much relished and also allowed, the two can be served together by heating together one egg with one tablespoonful of sugar.

Delicious Stimulant.

Beat the yolk of one egg until thick. Then beat in thoroughly one tablespoonful each of powdered sugar and brandy.

Egg Gruel.

Egg gruel makes a nourishing supper dish for an invalid.

Put one cupful of milk on the fire to get very hot, but do not bring to the boiling point.

Beat the yolk and white of an egg separately, and stir into the former one teaspoonful of sugar, the hot milk, the beaten white, and the flavoring which may be to taste.

Ice Chocolate.

This is a preparation for an invalid unknown until now, but it is so tempting I feel the dish should be more generally known.

Place a lump of ice in a glass pitcher and pour the liquid over. Any kind of jelly will answer if the grape is not at hand.

Grape Cup.

Pour half a cupful of boiling water over four tablespoonfuls of grape jelly and stir until dissolved.

Place a lump of ice in a glass pitcher and pour the liquid over. Any kind of jelly will answer if the grape is not at hand.

Out of Babes' Mouths

"My goodness, how times does fly!" exclaimed small Edith on her birthday.

"Thomas," said the teacher, "can you tell me how many teeth a normal man has?"

"Yes, ma'am," replied the youngster. "He has a mouthful."

"What are they going to do with it?" asked Nina.

"I guess they must be going to arrange for the Sunday school," replied Willie.

"Must have been crazy," the reality of Cedar Grove, N. J., are getting restless.

"How long?" says I.

"Twenty years," says I.

"Come inside," says he.

Semi-Annual Clearance

A lot of SILK DRESSES regular \$22.50 to \$30.00

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The Bartholomew Company

Washington, at Tenth

A TIP

Phone M. 1225, A-1225, before you buy another load of

Coal, Fir or Block Wood

WILLAMETTE FUEL & SUPPLY CO.

LADIES WORK AND LOTS OF IT

Carrie Jacobs Bond Most Industrious



Mrs. Carrie Jacobs Bond, celebrated song writer, now a Portland visitor.

"Ain't it funny that some folks you can't miss, and some folks you just miss a bit?"

"The busiest sort of business woman, as well as artist, is Mrs. Bond. I found her almost barricaded with music, books, paper and still more music."

"I was in Shanghai I went up to my room in the hotel late one evening, and throwing open the window before I retired, the first sound to touch my ear was the familiar notes of my 'I Love You Truly'—away off there in Shanghai, it seemed so strange."

"I was walking by the asylum one day," exclaimed a resident of Cedar Grove, "and one of them lunatics was standing there."

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Let Your Children Alone

By Dr. Frank Crane. Let your children alone.

Do not neglect them. There is a difference between a wise letting alone and a foolish neglect.

There have been probably as many children spoiled by over management as by negligence.

Don't forget that the prime right of a child is the right to his own personality. In fact, his chief business in life is to develop properly the expression of that personality.

A child learns by three means—by experience, by example and by atmosphere.

It is doubtful if didactic teaching and preaching ever did much good to anybody, child or grown-up.

Let him run as free as you care. One lesson he learns from his own experience is worth a dozen he gets from you.

Glasgow Women

Secretary Visits the Local Association

One could not bid farewell to Scotland without paying tribute to its oldest city, its largest city, and the best organized municipality in the world.

Until the discovery of America Glasgow was a village. Then it became the western port of the old world, and the shipbuilding industries began with a vengeance that affected every side of the city's life.

These industries, the blood of the city's heart, are carefully guarded, as I found when I went to visit the shipbuilders. The officials there made me give good evidence that I did not intend to steal any trade secrets, or to take notes on process, or sketch any new mechanism for the benefit of American builders.

This civic pride is the secret of the well ordered government. There is no such thing as graft. All householders of a certain rental, men and women, are voters. They are taxpayers with a personal interest in government.

It has municipal lodging houses for women and men; a family home, where widows can live with their children, paying 26 cents a week for each child; public markets and slaughter houses, public baths, a penny a bath; wash houses where for 2 cents an hour the use of all modern appliances for washing clothes, day nurseries for working children—about every scheme for social betterment known in modern life.

The place women take in all this work is an interesting illustration of the natural evolution of woman's field of labor from her own home to the homes of others.

"I was visiting a few years ago at the home of a friend in Salt Lake. She had a darling little girl, who was much interested in me, and was greatly affected by my songs and stories."

"That evening as I read the criticism of the recital I said to my hostess, 'Isn't it strange that no writer ever notices the really remarkable thing about my work, they never see that I don't once look at the piano, and at once the little daughter piped up with: 'Well, maybe, Auntie Bond, their eyes are so full of tears they can't see.'"

TUESDAY AFTERNOON CLUB IS ENTERTAINED

The Tuesday afternoon club was entertained yesterday at the residence of Mrs. Robert Smith, 999 East Tenth street north.

During the social hour which followed the program the hostess served refreshments. The meeting was largely attended by members and there were also the following guests: Mrs. W. A. Alkinson of Seattle; Mrs. Mary Scott Myers, Mrs. G. C. Eshelman, Mrs. William Vincent, Mrs. Charles Clinkinbeard and Miss Hazel Kosterman.

Rome Museum Falls; Nine Killed. (United Press Special Wire.) Rome, Jan. 8.—Nine persons were killed today and 11 injured in the collision of a motor car and a street car here.

PRAISE FOR PORTLAND Y. W. C. A.

Secretary Visits the Local Association

Miss Mabel Cratty, general secretary of the national board of the Young Women's Christian Association, with headquarters in New York city, was a visitor at the local association Monday.

Miss Cratty is making a tour of the country in the interests of association work, holding conferences with the various general secretaries and acquainting herself with the new movements among associations.

In speaking of the work of the general association, Miss Cratty said: "Besides our great general office in New York city we have 10 territorial offices or branches from which the work in those districts is regulated."

"On this trip I have already visited Cincinnati, Chicago, Minneapolis and Seattle, and from here I shall go to San Francisco. I find all of the associations very active in the old lines and many of them are branching out into new work according to the demands of their locality."

"I was in Shanghai I went up to my room in the hotel late one evening, and throwing open the window before I retired, the first sound to touch my ear was the familiar notes of my 'I Love You Truly'—away off there in Shanghai, it seemed so strange."

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Positively the Biggest Money's Worth Ever Offered

\$69.85 \$9.85 Down \$6 a Month

Including over 60 Selections—Superb Record Album—Beautiful Stand, Etc.

Never before has any offer met with such hearty response. A delayed shipment of superb Grafonolas, the very latest models, which were ordered for our holiday trade, were placed on sale Monday. Over 42 snapped up the first two days.

This particular Grafonola model is one of the finest and most desirable. In tone quality, finish, workmanship, etc., its equivalent has not been obtainable heretofore for less than two hundred dollars.

The instrument is built of beautiful mahogany or quarter-sawn oak, and finished like the most costly piano.

Summing up this great special offer means that you are now able to secure a genuine Grafonola, the equal of which in tone quality, etc., has not been obtainable for less than \$300, and an assortment of selections which heretofore have cost over \$50.00—\$250 of real value now for only \$49.85 cash, or \$9.85 down and \$6.00 a month.

We almost failed to mention in addition to the above you also secure a beautiful specially built stand to match as shown in illustration. The records embrace such famous operas as "Flora-dora," "Aida," "Robin Hood," "Rigoletto," "Merry Widow," etc., as well as

member that this Grafonola is equipped with tone control shutters—the very latest improvement.

"Meanest Man"

By Edna K. Woolly.

The "meanest man" has been found again, according to the earnest opinion of the young man who claims that he discovered him.

A crowded suburban car was nearing the city limits one evening when a young woman was taken violently ill with her sickness.

"Get some water," suggested an elderly woman who took charge of the girl.

"What is water?" came through the whistlers.

"There's a young lady sick in that car," explained the young man. "We need some water for her. Will you please let me fill this pail?"

"I guess not," exclaimed the bewhiskered one. "We gotta buy our water here." And he slammed the door in the young man's face.

"It struck me as one of the meanest, low down things I'd ever heard of," said the man with the pail, when he told the story. "It was so mad I'd have assaulted the old guy if he hadn't barred the door. As it was, I left a kick on the door that made me limp for a few minutes. I'll bet he was some backwoods fellow who's always had a well, and when he moved close to the city and had to pay for city water, he had such a grudge he couldn't stand it."

Oh, yes— They got water for the girl at the next house. In fact, the man there was so obliging that he accompanied the water messenger back to the car and proffered the contents of a brown flask in addition to the needed water.

ever been held in this country, and the United States will be allowed to have 44 delegates. At least 17 nations will be represented and the gathering will be one of the notable events of the year.

Princess George of Bavaria, who married Emperor Franz Josef's Bavarian nephew last February and left him three days later, has filed a suit for divorce—grounds, incompatibility.

Reliable estimates place Kaiser William's personal fortune at \$5,000,000 in funds and \$20,000,000 in real estate.

Breaks a Cold in a Day And Cures Any Cough That Is Curable. Noted Doctors' Formula.

"From your drugget get two ounces of Glycerine and half an ounce of Globe Pine Compound (Concentrated Pine). Take these two ingredients home and put them into a half pint of good whiskey. Take one to two teaspoonfuls after each meal and at bedtime. Smaller doses to children according to age."