

barnd that it created more than a number of Bluezathan a seven days wouldr, then from My Herodon's own photoregage to the world's history-Penry's Hell the North Pele was first
linewerry of the North Pele was first

11.66 so the public, that a negro was housen by the commander to make the Prisoness Troubstakery, known to Americal dash with him while the while loss readers as Americal Rives, startled men of the party were left in camp. The world of fiction readers some years Peary's achievements being more or ago with her wild passionals novel.

The Quick and the Dead. Since that

Peary, and "A Tenderfoot With Peary," acception.

The story of the hidden house deals burks.—This is certainly as odd a colline situation, the agontaing suspense of with a dual personality, but it lacks the lection of poems as one could ever come artistic finish of either of the two upon. They make one feel as if they mayorismee ut skilled workers, and the great stories, founded upon this recognized to the two upon. They make one feel as if they had taken an ancient scrap book out of

panied him on every Arctic expedition he ever made, except the first, in 1886. oughly tried in the testing pet, so it is

ward way that carries conviction and excites the sympathy and admiration of he reader at every furn,

Much of it he gives direct from the journal he kept but this he did not el-ways have with him and the interims he has filled undoubtedly from mem-ory and from the records of other memtold, but he held a unique placa of necessity be of peculiar interest.

the international prize of nearly four controls is a distinct credit and feather dwell together in peace in the heart of weatherform in the cap of his race." Booker T. one man. Washington in an introduction to the "Matthew Henson, next to book says: Commander Peary, held and still holds the place of honor in the history of the dition that finally located the Pole, cause he was the best man for the place. During 23 years of faithful serv-ice he had made himself indispensable. on the position of a servant he rose to that of companion and assistant in ne of the most dangerous and difficult tasks that was ever undertaken by men. in extremity, when both the danger and difficulty were greatest the commander wanted by his side the man upon whose skill and loyalty he could put the most absolute dependence and when that man turned out to be black instead of white, the commander was not only willing to accept the service but was at the same time generous enough to acknowl-

While the story of the discovery of the North Pole will no doubt become an oft told tale if one is interested and wants to know the truth and not the romance which in time will gather around it, they should get it from such books as this, written by people who took an active, vital part in the expediwhose experiences were too real, too dazzling to need embellishments.

**PIMPLES** 



### Soap and Ointment

Do so much for pimples, blackheads, red, rough hands, and dry, thin and falling hair, and cost so little that it is almost criminal not to use them.

NORTH POLE, by Matthew represent or partie facts.

Honore-It will be resemble for the a number of Hustrabarns that it created sours tions, many of them being reproduc
It is first, has an all the the

"Hidden House," by Amelia Rives. The over Dr. Cook's excepade, and the time a few hooks have come from her unfortunate temper that Compete, but she never reached the strength re unfortunate temper that Com-pen, but she never reached the strength and force in any of them, that she at-sed different constructions to be put in the fact that no white man, but in the fact that no white man, but ify, was allowed to souch the goal, sende of these were anything but enose of upon most features of complimentary to the victor, Commander Peary undoubtedly laid himself open to much of this severe criticism, by not calmly biding his time, but be this as it may, the present took will explain many reasons why Matthew limnon was the chosen one.

After reading "The North Pole" by

some problems, and a friend sends him as he says, "in the capacity of assist-ant, a term that covers a multitude of duties, abilities and responsibilities." He was the only one of the party that had served this length of time; he had grown to be almost a part of Persy. to this place which is occupied by an begins like this: nerved this length of time; he had —a most ill assorted household it seems wen to be almost a part of Peary from the start. Of course the writer self and no one had been so there falls in love with Melma, whose turn it y tried in the testing pot, so it is happens to be to stay with the grand-wonder that all race, color and father. Moins is a sweet sad being, our condition of servitude were but the suffer falls to show any reason revious condition of servitude were but the author falls to show any reason for the case of the desperate love that develops in the visitor, except the picture the girl was to be chosen.

Matthew Henson has not written his story of that wonderful voyage with subolarly style or flourish of pen, but the case of the comes onto the scene Robina. The ordinary reader would say she was simples of the collection—they might way that case of the collection—they might want to be chosen. ply craxy; she certainly prances and titivates upon the carpet in a way that would require the genius and imagination of an Amelie Hives to make the here fall in love with her; but he does -and then the climax which ends in

One cannot read the book with any demen of the party. He does not add gree of sympathy, for one feels rather a much that is new to what has already repugnance for a here who could hold repugnance for a here who could hold in his heart two such weird crastures. in the party and his account of it must and years after mourn "that they set The commander, who is now a retired face of life has looked gaunt and eldrear admirst, has written a foreword ritch to me ever since." Indeed the for the book in which he says "Henson proved his fitness by long and therough apprenticeship and his participation in the final victory which planted the stars and stripes at the North Pole and won for this country the international prize of nearly for the love of the author's the international prize of nearly for the love of the love for the love of the love for the love fo

J. B. Lippincott company. Price \$1.20. "Mary Midtherne," by George Barr

McCutcheon.-There is no doubt Mr. McCutcheon had material for a good story in this book, and that he handled which Mrs. Wiggin was one of the mo that material to the best advantage in and falls short in others, is places. clearly evident throughout the entire Dickens when she was a slip of a girl Why he called the book after one of the least important characters is a matter of speculation, and the reader must surmise that it is because Mary was a very pretty girl, and her face looks well on the outside cover, for no other reason presents itself. The hero of the book is Mary's brother, and he occupies the center of the stage and leaves the other characters rather in the background, even when he is not speaking his lines. He accidentally commits the deed which every one of his cruel relatives have been predicting since his baby days; only one person is a witness to the accident, and this person, for reasons of his own, forces the boy to keep the event a secret, and thereby hangs the tale. There are some good descriptions in the way of character sketches, and the plot is good, but lengthened out of all proportion to the artistic demands, and the interest of the reader. Why the author did not finish up the plot and bring out the climax when his figures were grouped, ready for the scene, is a surprise and ronder, as well as a disappointment to the reader who has been looking forward to this end with real anticipation. Just how the news is going to be broken by the nephew, how the uncle and aunt are going to take the confession, how the characters looked is really what one has been waiting and watching for from the first chapter, and when the point is passed, and no climax comes, there is a shock of surprise and wen-That Mr. McCutcheon could have made this mistake thoughtlessly or through inability is not to be considered for a moment by his admirers who have enjoyed his earlier books, and so this leaves another guessing point about "Mary Midthorne," it could not be that, having reached this crists, the author was just a little tired of his creations and wanted to have as little fireworks and display as possible? Then, too, the transformation of the uncle and aunt was so strange that of course there is a desire to know how it was done, and the point is not well or strongly brought out, not even for the close reader. The first chapters promise so much of deep plot and lateresting fiction, but when the end begins to close in and no climax, no surprise greets the eager anticipation, one is api to feel that the author has not satisfied their expectations in narrating only the commonplace and leaving the

"The Boy With the U. S. Census," by Frances Rolf-Wheeler,—A masterplece in juvenile fiction is rare, almost unique and even in so extraordinary a work as "The Boy, With the U. S. Census," as The Boy. With the U. S. Census," there is hesitation in making the pronouncement. Yet judged by the standards which distinguish between books that are good and books that are great, this stiring recital of modern American conditions is of the latter class. It seems incredible that any one should have dared to take the most profound issues of the day, the most complex social problems and write them in such wise that a boy can enjoy reading them, but it is still more incredible that this

things to the imagination. Dodd-Mead

Co. Price \$1.25.

notomate art that the hoyles thrill is never absent from the pages It is first, last and all the time a hear mock and its appeal is to that finer side of boyhood that is mayor all outgroves and it is on hazardous prophear to essert that every copy will be read by every member of the family to which it has made its way. In its frank presentation of the swiz in he com-tated, the book will undoubtedly make a

deep impromion. To speak of one thing only, this look rings the knell of child labor, for no boy can read this work without it no boy can read this work without it influencing his whole thought thereafter. Simple in its construction, stamped with the hallmarks of truth, strong in its restraint and tumultaous in the vigor of its style, "The Boy With the U. S. Census" if not the greatest, is among the greatest of the books that have yet been written for the American boy.

It is beautifully illustrated from photographs taken in the government Lathron, Lee & Shepard. Price \$1.56.

importance of skilled workers, and the great stories, founded upon this recognized in the scales had taken an ancient scrap been out of interesting the creating parts and confidence, and then the scales had taken an ancient scrap been out of the cedar chest, or were reading parts of poor interesting parts of Poor Richard's Almanas, set to Mr. Hyde'—the former supposedly being the property of the room of the modern was all this, and more, in those perilose was ever made.

This story is told by the here himpulsion fastors to the commander.

This story is told by the here himpulsion school surely, for no pupil of to-day could stand such cold little pebbles of the service of Peary and accommendate and a friend sends thin the control of the service of Peary and accommendate. flutter of patriotism from a poem that The name of America stands for lib-

Impartial justice, opportunity for all-innd of hope, refuge, moral inspira-For all people whom despotism does enthrall."

Or grow sentimental over a poem (†) stitled "Indian Children," which starts off like this: -

be taken as a burlesque, or joke at least, but the effort forbids the thought, and if there is any valid excuse for the book's being we fall to discover it. Richard O. Hadger,

The approaching visit of the noted erwian teacher, Abdul Baha, for the urpose of lecturing throughout the Inited States on the religion of the rotherhood, and peace, has started such discussion in cultured circles of have come so much to love. this new international movement which will have a strong influence on civiliza-Fortunately an inexpensive handbook on Bahalam, by Francis H. Skrine will shortly be issued by the Longmans. This little book traces the origin of trait and imprimatur of the Abbas Ef-

Douglas Wiggin. This delightful con-tribution to the literature of the Dickens Centenary was brought out by the dinner recently given in New York, at applauded speakers. In her inimitable way she told of a meeting with Charles just about as old as her own "Rebecca." Heartsick at not having been taken to hear Dickens read at Portland, she found herself the next day on the same train with this man who had written the books that were part of her very exist-More wonderful still, she soon found herself in the same seat with the great author, and then ensued the never to be forgotten conversation which is set down at length in this book.

### NATIONAL STYLE SHOW

(By the International News Service.) Washington, April 6 .-- A national style show, of gowns of every period of American history, is planned by the national back to Puritan days.

To have the "togs" of every presidential administration represented, clothes are being donated to the museum to form a collection similar to that in the Louvre at Paris.

Mrs. Taft has donated the white satin gown, trimmed in allver, which she wore when her husband was inaugurated, to the collection.

The wife of the first president is represented in the exhibit by a dainty gown of white satin, now yellow with age. Mrs. Roosevelt has given the slippers she wore to her husband's inaugural

ball A gown of Mrs. Andrew Jackson has been given President Jackson's greatgreat-grandniece, Miss Mary Wilcox of Washington, Mrs. Alexander Sharp, widow of Captain Sharp, U. S. N., who was the niece of Mrs. U. S. Grant, has con-fributed a dress once worn by Mrs.

Mrs. Julian James of Washington is enlisting support from women to con-tribute historic exhibits to the collection, which will be displayed in glass cases in the national museum.

### ARMED AUTOMATON IS AGED HERMIT'S GUARD

New York, April 6 .- Edward J. Gaytifying today before a sheriff's jury in proceedings called to determine the sanity of Samuel E. Haslett, the old Brooklyn recluse, said that Haslett was in constant fear of burglars, and that to protect himself, he had created on the stairway in his home an automaton, in whose mailed hand there was a sharp

"With strings and devices he meant to lower the sword if an intruder came up the stairs, said the witness. "He had a string attached to the affair and ran this string up two flights of stairs to his hedroum."



### CHARLES DICKENS CELEBRATED ENGLISH NOVELIST.

N account of the quite recent con-tensey of Charles Dickens (Feb-mays a writer on Dickens 'he must tenary of Charles Dickens (February 7, 1913), and the great amount of material published about the most popular of all English novelists, the reader is more or less familiar with all the important details of Dickans' life; how he studied shorthand, in order to advance himself in sterioal work which he had chosen early in life as a vocation, and which in a fashion he described in "David Copperficient in that art, and went to court of the race sentiments which pervade reporting. This eventually led to news all classes, and which no culture can paper reporting on the "Morning Chron-ever cradicata.

The fun of Dickens may be too botsthat the pickname "Hos" became at-tached to him. He gave it to himself.

Dickens began diligently writing for pertodicals, when he once entered joursilem, and an article submitted by him to the "Monthly Magazine" was acto the cepted in December, 1833, when he was 21 years of age. Nine others followed The one printed in the August number, 1816, first bore the signature 'Bos.' This was the pet harne of his younger brother, Augustus, called Moses, after the boy in "The Vicar of Wakefield," which was corrupted into Boses and the boy in

These attractive articles or sketches were collected and published in two volumes in February of 1836, under the title "Sketches by Boa," with illus-trations by George Cruickshank. They were at once so popular that the first edition was exhausted in a few months. In these "Bor" sketches Dickens already illustrated his ability in presenting the humorous side of a character, and the inexhaustible fertility in inventing ludicrous incidents, which had only to be displayed on a large scale to place him at once on a pinnacle of fame.

The chief charm of Dickens works lie in the fact that his characters, most every one of them, were not imaginary, but were persons of his own acquaint-ance—persons whom he had the chance of studying at close range, and even his own individuality is incorporated into several of the characters which we

Dickens' father was more or less represented by "Micawber," He was some-what of a careless character. He was at length arrested and carried to the Marshalses which was long afterwards described in "Little Dorritt." The house ganized creeds culminating in the where the family lodged in Camder dealism of Bahalsm, and has the por- Town, was conducted by Mrs. Roylance, an old lady in reduced circumstances who was later the original of Mrs. Pipe-Houghton Mifflin Co. announce the other lodging was found for Charles with a family which is represented by Douglas Wiggin. This delightful conthem from Bayham street, became the Marchioness of the "Old Curtosity

The elder Dickens later took the benefit of the Insolvent Debtors' Act, and moved first to Mrs. Roylance's house and then to a house in Somers Town. Dickens' amazing faculty of observation is proved by the use made in his novels of all that he now saw, enpecially in the prison scenes of "Pick-wick," and in the earlier part of "Divid Copperfield."

That the talented young man suffered bitterly is shown in his own nar-rative printed by Forster. If Dickens' later works surpassed "Pickwick," of his carliest, in some ways, "Pick-wick" shows, in the high development of character the qualities in which he most surpassed other writers. "Sam PLANNED AT CAPITAL Weller's" peculiar trick of speech has been traced with probability to Samuel Vale, a popular comic actor, whom Dickens knew and greatly admired.

"Little Nell," one of the sweetest of all of Dickens' female characters, was other than the young sister of his museum. Prominent society women are wife, whom he had adopted into his cooperating to secure "exhibits" dating own family, but who only lived a year after her adoption. "Picksniff" and "Mrs. Camp" are characters representing American types which Dickens framed after his visit to this country in 1842. "Bleak House" contained sketches of Landor as "Lawrence Boy-thorn" and of Leigh Hunt as "Harold Skimpole." Dickens defended himself for the very unpleasant carlcatures of Hunt in "All the Year Round" after Hunt's death, While Hunt was still living, Dickens had tried to console him by explaining away the likeness as confined to the flattering part, but it is impossible to deny that he gave serious ground for offense "If literary fame could be measured

claim the highest position among Engon authority, that 4,729,000 volumes of his works had been sold in England in the 13 years after his death. Dickelos novals will, no doubt, live longer than those of his talented contemporary Thackeray, because they take hold of the permanent and universal sentiments

terous for the refined tastes of his own time, or, for the matter of that, of posterity; his pathos may appear mand-lin, but they carried everything before them when they first burst upon our literature, because, however much exaggerated, they were exaggerations of what the English race felt in its inner heart.

The "London Quarterly Review," com menting upon Dickens, writings when the author was only 15 years of age, "In less than six months from the appearance of the first number of Pickwick Papers' the whole reading public were talking about them—the names of Winkle, Wardell, Waller, Snod-grass, Dedgon and Fogg had become as familiar to our mouths as household terms. Pickwick' chintaes figured in them of grasses, who was a familiar to the state of the stat familiar to our mouths as household terms. Flokwick chintses figured in lines drapers' windows and 'Weller' cordurous in breeches makers' advertisement. Boy cabs might be seen rolling through the streets, and the portrait of the author of Felham' and Crichton' was scraped down or posted over to make room for that of the new popular favorite in the damilbuses.

"Box" was the ninkneme applied to Dickens by himself when he began to give to the world his first literary street to the continuous to the many other chances be gave his friends and the public to call him by some other.

Wagou Is Gift to Sanitorium, [Salem Bureau of The Journal)

Salem, Or. April & Governor West received a letter yesterday from the Studebaker Bros. company of Portland, announcing that the company was shipping a new low wisel wagon to the ping a new low with my treatment to make the ping and wall it sand called it was Chotton. Mrow, it was chotwing and called it was Chotton. Mrow, it was proving that I was strout. But I was STOUT, but I know. It was niskenen was the ping to was proving weight, you misst do a new low with the war proving was high a low of the analysis of the new with the ping a nice that yo

Studebaker Bros. company of Portland, announcing that the company was shipping a new low wheel wagon to the state tuberculosis sanatorium, as a gift. The tuberculosis sanatorium at Salem; we understand, is in need of a wagon. and instead of endeavoring to sell them one, we want to present them with a Studebaker with our compliments," says mted by Mannger S. F. Weaver.

### DANGERS-OF FAT HOW PAT AFFECTS THE MEAN'T



ation of the heart may well be a bugbear to all fat people. An excess of fat around the heart not only impedes its movements, but gradually changes the substance of the organ. The

pulse becomes weaker; excitemen extra exertion causes throbbing in throat and temples; the breath is short and gaspy. When these symptoms come to the man or woman who is too fat, steps should
be taken to remove the excess fat,
not only from the sufficated heart,
but from other parts of the body,
where it makes its unwelcome appearance. Many so-called fat reducers are dangerous to the fatty
heart, placing upon it an added burden by stimulating its action. There
is but one sure, harmless fat reducer known, the now famous Marmola Prescription of a Detroit physician, and its more convenient
form, Marmola Prescription Tablets. By means of these harmless
little tablets, thousands of overfat
people have surely and safety reduced their weight at the rate of
10 to 16 oz, a day without exercise
or dieting.

Marmola Prescription Tablets are symptoms come to the man or wo-

Marmola crescription Tablets are sold by all druggists, or the Mar-mola company, 666 Farmer bldg., Detroit, Mich., at 75c for a large

# "Al." writes: "I should like a good reliable treatment for the hair and scalp. Something that will cure dand-ruff and step falling hair, also cure an itching scalp." Answer: The most reliable treatment for the scalp is sold in 4 oz jars at any drug store and is called plain yellow minyol. It is superior to anything known for the scalp. It gives new vigor and helps the hair to keep its natural color. This will positively cure your dandruff and stop the itching of the scalp.

### CONGRESS TO ADJOU

(By the latest theat store derties ) Washington, April & Democrati the house have practically fixed June 15 for palementation of the house, if he sgreement can be reached with the sen Majority Lunder Cheer Paderwood cays the business of the house can all be concluded by June 15 without doubt and congress our adjours if the square

will "get bing."

Saveral of the larger appropriation
bella and important tartif measuring
have already gone to the sensia, including the atent, chambral and sugar bills.

Raylaing of "schedule K"—the wool tariff—was the fast important satisf legis. It len't the good time a woman has lation in the house. Undergroud is not that counts with her; it's the talting disposed to preceed further with tariff of it.

Fine 12 fails on Sakurday, preceding the national Republican Disvention is Chicago June 15 and leaders of bot parties in both houses hallow the ad journment plans will go through:

### AGED PASTOR DIES WHILE VISITING FELLOW PASTOR

Souttle, Wash, April & -- While only on Rev. J. L. Garrin at the latter's atuain the First Cartellan shurth, yesterday Rav. B. B. Miller, 76 years atd, oste-plained of feeling faint. Dr. Quevin called a doctor, but before life arrival

### FAT VANISHES

ONE POUND A DAY

BY NEW DRUGLESS TREATMENT GET MY FREE BOOK. COMMENCE REDUCING AT ONCE

of Thousands of Grateful Patrons Proclaim This Wondrous

Drugless Fat Treatment the Climax of Efficiency. 85000.00 IN GOLD IF I FAIL



and so Fut as an Ox Before I Reduced Weight With My Great Brugists Om-

"Mrs. A. C." writes: "My little daughter has a very bad cold and cough which we do not seem able to even relieve. What shall I do?"

Answer: Purchase a 216 oz. bottle of essence interho-laxene and make a syrup according to directions given and your daughter will be cured within a few days. This is very pleasant to take and will drive the cold out of the system.

W. L. Behmits, Montreideo, Minn., hat thirty pounds in thirty days. Mambe McNelly, Desioge, Mo., lost sixty-free pounds. Mrs. Dalay Smith, Los Angeles, lost 164 pounds safely, and I can refer to thousands of satisfied customers everywhere.

All I had to do was to remove the cause, and I swear under each that by my stample treatment, without drags, medicine, nere-wrecking exercises, or starvation diet, it reduced my enormous weight permanently, quickly and positively without thram to myself while taking treatment or afterwards, and I guarantee that Sou can reduce y as little or as much fat as you desire, with my treatment just as I did.

THUE SUCCISES AT LAST.

With my safe, sensible and astural treatment quick and natural treatment quick and natural treatment quick and permanent results are pleasantly obtained without etraps, beits, cups, if I fall to prove my great drugless to the color, making it positively the greatest treatment the world has ever known, If you are G. R. Bidg., Denver, Oals.

The questions answared below are general in character, the symptoms or diseases are given and the answers will apply to any case of similar nature. Those wishing further advice free, may address Dr. Lewis Baker, College Bidg., College-Elwood Sts., Dayton, O., enclosing seif-addressed stamped onvelope for reply. Full name and address must be given but only initials or fictitious name will be used in my answers. The prescriptions can be filled at any well stocked drug store. Any druggist can order of wholesnics.

orders and if your food digests your whole system will be in a better condition. Get at any up-to-date drug store tablets triopeptine. These are packed in sealed cartons with full directions. They are pink, white and blue tablets to be taken morning, noon and night.

"Sarah" writes: "Will you please repeat the formula for the tonic which you gave to "Heiam" some time ago? I am nervous, sleepless, and have no eppetite whatever."

Answer: I shall very gladly report the tonic and I am sure that it will her you, as it has many other girls wh suffer as you do. Get at any up-to-dai drug store the following ingredients Syrup of hypo-phosphites comp. 5 ozs tincture cadomene comp. 1 oz. (not cardamon). Mix and shake wall before using. This should be taken regularly and in a few weeks you will have a good appetite and be well and strong.

"Myrtle" writes: "I have a serve stand.

"Myrtle" writes: "I have never tried anything to reduce my weight but if I could find a safe, harmless remedy I would try it. I am so fat that I am uncomfortable."

Answer: To avoid substitution purchase separately these two medicines. Aromatic clixir 5 ozs., and glycol arbolene 1 oz. Mix by shaking thoroughly and take a teaspoonful after meals for the first three days and thereafter double the dose. Continue this treatment for several weeks or until you properly reduce your weight.

"Poor Ann" writes: "Every winter I am troubled with slight attacks of rheumatism. I have tried many things but with no avail." "Guendaline" writes: "Kindly tell me what to do. I suffer with liver, kidney and stomach trouble. Am constipated and have slight attacks of biliousness." Answer: The best thing for rheumatism is made by mixing the following ingredients and taking a teaspoonful at meal times and again at bedtime: Iodide of potassium, 2 drams; sodium salicylate, 4 drams; wine of colchicum, 4 cunce; comp. essence cardiol, 1 oz.; comp. fiold balinwort, 1 oz. and syrup sarasparilla comp. 5 ozs.

Answer; For your stemach, liver and kidneys take three grain sulpherb takilets (not sulphur). These little tablets are packed in sealed tubes and contain full directions for using. They will purify the blood and act directly on the liver and kidneys and if taken regularly will gradually effect a cure. I have found these to be the most reliable for all allments that arise from chronic constipation.

"Wife"—Incontinence or bedwetting in children is usually cured by using the following in 10 to 15 drop doses in water one hour before meals: Tineture cubebs 1 dram; tineture rhus aromatic 2 drams; comp. fluid balmwort 1 oz.

your daughter will be cured within a few days. This is very pleasant to take and will drive the cold out of the system.

"Jane M." writes: "Kindly publish a remedy for dyspepsia. I feel irritable and cross and cannot sleep which I am sure is due to the stomach trouble. Please advise."

Answer: The following simple medicine will cure all your stomach disconnected and a constant and comfort racking disconnected and a constant and constant and

## "Harry M." writes: "I am quite tall and do not weight enough for my height. Am very nervous, and my skin is very pale." Answer: You can readily increase your weight by taking three grains hypo-nuclane tablets regularly for several months. These tablets will also overcome nervousness, help digestion and assimilation and thus improve the color of the skin. Many report gaining 10 to 30 pounds with improved health in every way after a thorough course of treatment. The tablets are packed in sealed cartons with directions and are widely prescribed for your ailment.

gish liver and constipated bowels. They catch cold easily, become cross, list-less, irritable, feverish, restless, tongue coated, don't eat or sleep well and need a gentle, though thorough, physic—but don't try to force a nauseating dose of oil into the little one's already sick stomach—it is cruel, needless and

New York, April 6.—Edward 5. Cast of the slightest uneasiness—though cleanses the little one's system, sweet-tifying today before a sheriff's jury in the stomach and puts the liver and bowels in a pure, healthy condition.

Full directions for children and grown-ups



# CROSS, SICK, FEVERISH CHILDREN NEED GENTLE, THOROUGH CASCARETS,

Most of the ills of childhood are caused by a sour, disordered stomach, slugold fashioned.

Any child will gladly take Cascarets, which act gently-never gripe or pro