

IN THE REALM FEMININE

bear to these laws? How can women help enforce them? What about the much talked of law of suggestion? What about the flaming billboards with their lessons of murder and evil associations? What efforts are being put forth to have only that which is beautiful and pure go through the eyes of the city of Child Soul? Pause, and think.

The oft repeated sociological phrase, "the survival of the fittest," is a back number. Now we say, "Go work, that all society shall be made fit."

Remember that society is a growth and not a creation. Emerson has said: "The truest sign of civilization is not the census, nor the school cities, nor the crops, but the kind of men the country turns out."

It is not man full grown, but the man in the making, that is of primal importance.

The mothers and teachers of the Holman school held a very interesting meeting this week. Mrs. Frazell spoke "What Have You on Your Book Shelves?" This question was of great influence on the mind of the young is the book, and warned mothers to have a care for the reading matter placed within reach of the child.

The original source of the Big Sisterhood this week was devoted to the discussion of the abolishing of the public dance hall and what should take the place of same. The People's Institute this week was held at the home of Mrs. Lola Baldwin gave some very helpful suggestions that may be carried out in the future.

This matter of taking away, forcibly, another's amusement and happiness of life, with nothing to replace or give in its stead is a serious thing, and is being considered by the mayor of the city. To tear down without the power to build up, to take away without the power to restore, is a very serious responsibility.

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Pretty House Dress

Simpler Home Frocks Are Preferred; Helpful Hints for Those Who Feel the Cold.

Written for The Journal by Elizabeth Lee. It is the aim of almost every woman to have a few pretty, simple frocks, and especially in this time of middle-aged and elderly women.

Younger people are apt to be in and out of doors all day long. Consequently the house gown is of less importance, but the elderly matron often makes her house toilet in the morning and does not change it until the evening, perhaps.

The more simple models will always be the most successful ones when it comes to house frocks. Given good lines suiting the proportions of the wearer and little or no trimming will be necessary, because any desired decoration can be carried out by the addition of accessories.

For morning wear the skirt should touch all the way around and have a little dip in the back or not, as the wearer desires. If it is quite short the dip will be an improvement.

The high neck will probably be favored, but this does not mean that the finish at the top should not be pretty. There are many who find the transparent neck too cold, but if a small yoke or chemise is backed with chiffon and lined with a piece of fine albatross one may be fashionable without any discomfort.

The snow pudding is one of the very lightest and daintiest desserts. You know that we are all apt to have too much rich living at this season of the year, especially school girls and boys. It is a good idea to have a little something to eat that is light and dainty.

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to form committees to arrange for an observance of child welfare in each city and town. The Philadelphia committee should be appointed in each place where meetings are to be held, with sub-committees to attend to every detail of preparation, existing wide effective cooperation.

Committees on program, membership, finance, and press and publicity, with such others as may seem advisable should be appointed. The celebration might take the form of a series of meetings with inspiring addresses on child welfare in home, school and community.

The luncheon and teas, with the informal, delightful atmosphere of sociability with kindred spirits might be advantageously used at a welcoming reception for the new members secured during the campaign. At all these gatherings reports should be given concerning new members gained, gifts received, and other welfare work.

All local committees should look for the national committee to report to the national campaign. Campaign watchwords for mothers' circles.

Every mothers' circle and parent-teacher association organized for campaign work should have a worker. More members secured for circles already formed. New circles and associations organized.

Offering secured from every one interested in the welfare of the child. Cooperation of fathers, mothers, government officials, educators, the pulpit, press, and all organizations and individuals working for the betterment of child life.

Church carries social message, declares bishop. (Continued from preceding page.) The bishop and the social message of the church and the world will be a condition of society which would make enormous demands upon the integrity and sincerity of personal character.

Grace Church prospers. The annual meeting of Grace Baptist church, Montevilla, was held the latter part of the month. The church reported a very successful year.

Chorus to rehearse. Rehearsals of the great chorus which is to be gathered for the coming musical festival will begin within a few days.

Revival Meetings. A two weeks of union revival meetings will be held by the two Norwegian and Danish Methodist churches.

CITIZENS OF NYSSA PAY \$10,000 ON STEEL SPAN. Nyssa, Or., Jan. 13.—The citizens of Nyssa have raised the \$10,000 pledged to the county court last year when plans were made for the construction of a bridge across Snake river.

Children Go to Mrs. McManigal. Chicago (United Press Leased Wire).—The Illinois supreme court today ordered the custody of their two children.

About Renting a Piano. Where is the best place to rent a piano? At Eilers Music House. Every one who rents a piano should know this. Cheaper grades of used pianos \$1.50 to \$3.00 monthly, best quality \$3.00 to \$4.00 monthly.

MENU FOR DINNER TO YOUNG GIRLS

North American Cooking Expert Also Answers Several Other Queries by Correspondents.

By Mrs. Anna B. Scott. CORRESPONDENT who signs herself "Wheat" Philadelphia writes: "I am a school teacher" has asked me to suggest a menu suitable for a dinner to a class of 10 girls, whose ages range from 10 to 13 years.

CELERY CHICKEN BOULLION OLIVES Sweet Potatoes. Chicken Cutlet with Green Peas. Celery and Potato Salad. Puffs. Cracker and Neufchatel Cheese in Fancy Shapes. Snow Pudding. Cream Mints. Salted Nuts.

Your chicken can be prepared the day before and breaded in the morning. Of course, the boullion is the stock in which the chicken is boiled. A four pound chicken will be enough; two cans of peas, one small bottle olives, two stalks celery, cut into short lengths and split and put into cold water three or four hours and it will curl; a quarter peck of sweet potatoes will be enough for one dozen puffs; a dozen oranges, at 20 cents a dozen, will give a liberal helping.

No. 1. I do not purchase a cent's worth, but if I do use a teaspoon of baking powder, it only costs a cent. There are 10 rounded teaspoons in a quarter pound box, at 10 cents. That is the best. Some kinds can be bought cheaply.

As for "H. H." eating a three-and-a-half pound chicken herself, I can only say this: She will not live long if she eats like that all the time. Perhaps if she cooks the chicken and eats it without bread, potatoes, turnips or other food, she might do away with it; but remember we had a good soup, and with the three-and-a-half pound chicken we had a quart of potatoes, a liberal amount of fruit and gravy, mashed or creamed turnips, cabbage, or a can of tomatoes, and other vegetable can be purchased at the price I gave. We also had a good head lettuce, and if we did not like the pudding, there was the water loaf.

Chocolate Cake. 1 cup cocoa. 2 cups sugar. 1/2 cup butter. 1 cup cold water. 2 teaspoons baking powder. 1/2 teaspoon vanilla. 1/2 teaspoon salt. Put the cocoa and sugar into a bowl and add the water; mix well; then add the butter, beating well, and the salt in the flour and baking powder and

DENIES CLAIM THAT MATTER IS NOT REAL. To the Editor of The Journal—God is love, John 1:8. The church has always laid down this statement of St. John as a basic truth of religion.

New Episcopal Hall. Episcopal Church authorities in New York have just decided to erect, at a cost of \$200,000, a new and commodious building for their headquarters.

Church Finances Good. Current finances at the Emmanuel Baptist church, Second and Broadway streets, are in excellent condition, but the mortgage on the church building is giving considerable trouble.

A NOTRE DAME LADY'S APPEAL. To all knowing sufferers of rheumatism, whether muscular or of the joints, sciatica, lumbago, backache, pains in the kidneys or neuralgia, write to me for a home treatment which has repeatedly cured all of these tortures.

Methodists Increasing. The largest Methodist body, that of the North, is increasing at the rate of 100,000 a year, or a little less than one per cent. Of the number 2,934 were probationers.

THIS WILL INTEREST MOTHERS. Mother Gray's Sweet Powder for Children. A Case related by Mrs. W. H. B. of St. Louis, Mo. My child was born with the Bowel and Stomach Troubles. They were not cured by any medicine. Used by Mother Gray's Sweet Powder for Children. It cured the child in 24 hours. They are so pleased to have the child well that they will send you a free trial. Write to Mother Gray's Sweet Powder for Children, 251 N. 1st St., St. Louis, Mo.

CHILD WELFARE DEPARTMENT. Edited by Frances Marion Hawkes. People's Institute, Mrs. Valentine Frisland, Director—Fourth and Burnside streets, Portland. Phone Main 4-1881.

Boy Scouts vs. World Scouts. In the January number of the American Magazine is an article on the "World Scouts" that should be read by all those who are asking about the scout movement, what it is, and for what purpose, etc., and what is the difference between the boy scouts and the world scouts.

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Bobbs' Hawkes. No one should miss hearing the judge when he comes. The date is January 30.

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SYRUP OF FIGS AND ELIXIR OF SENNA. Cleanses the System effectually; Dispels colds and Headaches, due to constipation. Best for men, women and children: young and old. To get its Beneficial effects, always note the name of the Company, CALIFORNIA FIG SYRUP CO. plainly printed on the front of every package of the Genuine.