THE Child Welfare Exhibit and bufarence, like the first baby. has been the absorbing topic of totarest and it is most gratifying to hear the words of commendadisposts on the road to the new With the magazines full of partine. With the magnalnes full of pletures and work of the authbit to 20 layers of clothing. The auth must breathe as well as the lungs. A complete set of patterns may be had by addressing Mrs. Gale. We wish mbile press giving so much space to ie, it is rather shocking to have in otherwise intelligent man or woman ocently ask, "What is a child welfare It is, verily, a mad world, We are money mad. No time to read. No time to meditate. No for conversation, in fact the art of conversation seems to be a lost art. take our education, much as we do our food-bolt it. However, the child welfare exhibit has left its impress on every one of the many thousands who

Mrs. Walker, the chalrman of literature, is receiving many requests for the booklets and pamphiets in hundred There have also been many requests for the complete report of sthe

The readiness with which every one their time, money or goods went for toward making the exhibit a W. J. Hawkins and Robert Tate came lu for "special mention" in the vote of thanks for the very unselfish and untiring services rendered the Gongress of Mothers in this, their first envention and exhibit.

The resolution adopted by the concention in regard to teaching sex hygiene, was as follows:

Whereas, The matter of adopting as a part of our educational system the teaching of sex hygiene has been brought to our attention through the of the daily press and otherwise, and destring as we do to cooperate in all matters affecting the welfare

and success of our children, and "Whereas, The Y. W. C. A. has in-lorsed the movement calling together mrents of school children to receive instruction from such competent in-structors as will enable them to give giene in proper form to their children, such information in regard to sex hy-

Resolved. That the Oregon Congress of Mothers in convention assembled, shall and does recommend that such teaching of sex hygiene be adopted."

It was very gratifying to the small group of women who had the Child Welfare Exhibit and convention in charge, to hear, from one who has atevery large convention held in Portland for some time, that this was one of the best managed, smoothly run conventions ever held in this city.

really worth while. All our effort in bringing about the cooperation between school and home, and we feel encouraged when one of the best principals in the city confirms the opinion of the school in many ways, some of which "First-Better understanding of pur

poses and plans of the school on the part of parents and broader sympathy and interest on part of teachers in the children's home occupations. "Second-Cooperation on the part of

parents in the discipline of pupils. "Third-Punctuality and unexcused "Fourth-Appreciation of work done by school board in way of sanitation

and equipment for our boys and girls.
Fifth-Opportunity of educating the parents on many current educational topics and social movements such as child welfare,' 'sex education,' etc. "Sixth-Closer relationship between home and school.

Comfort Stations.

We are spending thousands and thousands of dollars for "rose shows," "fetes" and kirmesses, and yet we do not provide the common decencies and comforts for our citizens or visitors. Portland should have at least three comfort stations. Seattle had to have the necessity for a station demonstrated by a private citizen, but now she is keenly rlive. Who of our 250,000 citisens will take this matter in hand and before 1912 dawns write into the beautiful booklets we are sending out to all the world that Portland actually has "comfort station?"

A Complete Layette.

One of the most interesting booths at the Child Weifare Exhibit was that furnished by the Montavilla circle Mrs. Fred Burdick, 2002 East Taylor street, And so I have to stay at home.— Fred Burdick, 2002 East Taylor street, is president of the circle, with Miss Nellie Beckett, 2009 East Couch, sec-This Parent-Teacher asociation is noted for its "quick action" when it is called upon. When the chairman of the general exhibit committee asked the Montavilla circle to furnish a com-

Sarsaparilla

we give the following:

And I conts for himsing.
Finance ables:

- yards of finance at the edging interior able.

White able!

- yards laws at the 2;

- yards laws at the 55; adging, lections and thread, for.

dto dress yards mult at 26c, \$8c; ds inserting at 7c, lic; ds lace edge at 8c, lic. antiros. tards outing flamme; at 124c, tage for thes, laws for fec-

ing, sin. Em., conting the conting parties at the part outing finance at the part outing finance at the short of cotton, be; buttone, edging, thread, 12c.

Thus the entire outfit would cost ot \$2.37, and is as perfect an outfit as it is possible to make. The disper pantics are used instead of the stork parties, as the rubber is not good for the baby Being a non-absorbent, the inlature to taken futo the budy's ayeem, thus causing arasic actd polace. With lighter weight flammel for th. pinning blanket and heavier weight for the night dress the haby will be more counfurtable than Where both are of the heavy weight. Haby must have freedom as well as comfort. do not have this in mind when they smother taky with all the way from 10

to add that all these little garments are Pang from the shoulders, with the exception of the dress, which fastens behind, a la mamma's dress.

A complete set of patterns for this outfit may be had by addressing Mrs. N. P. Gale, 2003 East Main street. The Portland Council, which consists

of all the officers of the various cir-cles within the city limits of Portland. of Mrs. W. J. Hawkins, 571 Myrtle street, (Portland Heights car) at 1:30 p. m. sharp, so that all work before the council may be "finished business" and give mother ample time to get home and have dinner ready for "dad-

McClure's Magazina becomes a naces alty on the library table of the preacheditor, reformer and every that it to to contain Jane Addams' series of articles on "A New Conscience nurse. and an Ancient Evil," the first number of which appears in the November is-Of course, the ancient evil is the "social evil" and the "new conscience" is the product of the scientific study of all the facts involved.

By the light of modern studies we se

that lust is but a small element in this social evtl. Greed of money and greed of political power, the power to control rotes before election and to profit by the office after election are the more obstinate and aggressive elements in

Questions and Answers

Dear Miss More: Am anxious to make some money. This is my plan. Do you think it is a good one?

Would like to go out and care for children while mothers go shopping or go out evenings. How much should I charge and how can I go about it?

A READER.

Your plan is a very laudable one. There is need always for reliable persons with whom mothers can leave children and feel that they will be well cared for during their absence. Twen- on tant charge. Let your friends know that you desire work, insert a want advertisement in the papers and place an application for work with the Y. W. C. That organization receives many apothers in the following: "The mothers plications for such help and supplies and teachers associations have assisted the need. Information as the need. Information as to the usual pay for the service can be obtained

> Dear Miss More: Will you kindly publish the names of places where ladies' second hand suits are bought, remodeled and sold again? I know there are such places, but I am unable to find them. I mean a store where second hand suits are a specialty.

I know of no such place.

Dear Miss More-Do you advise buying a cheap raincoat? I mean those for \$3 and \$5. It is not economical to buy a chear

one. A good raincoat will wear several years, and will fit well. The better the quality, the better the fit.

The Inevitable Trouble.

I cannot run the old cars
I ran long years ago;
For they are so old-fashioned now.
And they're so awful slow.
I can't keep up to this year's pace,
They wouldn't stand the strain;
cannot run the old cars,

cannot run the old cars They will not do today.

They will not do today.

cannot run the old cars, It makes me awful blue;
cannot run the old cars,
And can't afford the new.
—Carolyn Wells, lu Harper's
How Do You Do?

"How can you, fflend?" the Swedish say, The Dutch, "How do you fare?" "How do you have yourself today?"

the Montavilla circle to furnish a comilete infant's "layette," Mrs. I. S. Howitt was asked to take charge and it is
ilargely due to her untiring efforts that
two "layettes' were made ready for the
opening day of the child welfare,
The instructions to the committee in
preparing the outfit were "simplicity,
economy and comfort." These qualiffications seem to have reached perfection in the work of Mrs. N. P. Gale of
2039 East Main street, and for the
benefit of the numerous inquirers as to

The Dutch, "How do you fare?"

How do you have yourself today?"

How do you stand?"

Will greet you every hour;

In Turkey when one takes your hand.

"Be under God's great power!"

How do you carry you?" is heard
When Frenchmen so inquire:

While Egypt's friendly greeting word

Is "How do you parson?"

Turkey when one takes your hand.

"Be under God's great power!"

The wo do you perspire?"

The under God's great power!"

The wo do you carry you?" is heard
When Frenchmen so inquire:

The Persian's wish is true:

The Outch, "How do you have yourself today?"

The Jurkey when one takes your hand.

"Be under God's great power!"

The wo do you carry you?" is heard

When Frenchmen so inquire:

The Dutch, "How do you have yourself today?"

To Jurkey when one takes your hand.

"Be under God's great power!"

The puston developed to developed to developed to develop

Ask "Have you eaten rice?"

Woman's World.

Breakfast Tray Outfit.

The continued habit of taking a break Sarsaparilla

Eradicates scrofula and all other humors, cures all their effects, makes the blood rich and abundant, strengthens all the vital organs. Take it.

Get it today in usual liquid form or chocolated tablets called Sarsatabs.

The continued habit of taking a break fast of coffee and rolls in bed is to a large extent taking the place of the weighted with great favor by the mostess, as it does away with the usual setting of the breakfast table and also of has been all for sometimes several hours, as part of the guests will want their breakfast at an early hour with extensive to the guest's room at a certain hour does away with all these perplexing questions. A small ename tray with a complete breakfast issued be given by the mostess.

Light of taking a break fast of coffee and rolls in bed is to a large extent taking the place of the weighted weighted wharf as the place of the weighted with great favor by the mostess, as it does away with the usual setting ashore. The property has a complete property and the great favor by the mostess, as it does away with the usual setting ashore. The property has a complete property and the great favor by the mostess, as it does away with the usual setting ashore. The property has a complete property and the great favor by the mostess, as it does away with the usual setting ashore. The property has a set of the guests will be late risers. A dainty little tray sent to the guest's room at a certain hour does away with all these perplexing questions. A small people to the guest's room at a certain hour does away with all these perplexing questions. A small people to the guest's room at a certain hour does away with all these perplexing questions. A small people to the guest's room at a certain hour does away with all the people to the guest's room at a certain hour does away with and the guest's room at a certain hour does away with and the guest's room at a certain hour does away with a complete breakfast at an early hour with a certain hour does away with a complete brea



"Laddie" Johnson, a typical Child Welfare Baby. "Laddie" has been reared by the process of prevention.

How the Visiting Nurse Association Carries Sunshine Into Dark Places

life is revealed.

any tenement district.

"In Portland we do not have the tene

rible as you will find in the heart of

among this class. There are many peo-

ple who are only temporarily 'hard up.'

They become ill and need help. Some of

them are proud and at first refuse to

accept our aid. We have to persuade

them, and convince them we are doing

nothing more for them than they would

"Our work does not need to be all

charity as our association accepts whatever fees those we help are able and willing to pay. It may be but a

few cents, but it gives the patient the

feeling that he is doing all he can to

for years. They seem to have some sort

of sickness among them most of the time. Only today we had the case of a new baby, which is the third one we

Four Visiting Murses,

quarters in the Medical building. The

general work is supported by contribu-

tions from several hundred men and

women who are interested in the good

work being done. The special work among tubercular patients is supported

by the sale of Red Cross Christmas

seals. Needy patients who are victims

of the white plague are given treatment

in open air sanitariums or are provided with comforts in the home.

In connection with the work the as-

It is expected that these

"But many

sociation has a loan closet, from which they supply patients with bed linen and

times they are not," said the nurse,

because it wouldn't do to take the only

other needs. It is expected articles will be returned.

bed sheet in the house."

have waited upon in this family."

"Some families have been on our list

do for us if conditions were reversed.

"But of course all our work is not

Carrying the warmth of good cheer of family quarrels. We visit homes maker," says Unity, for the next few and brightness of a happy smile into the months, if for no other reason than abiding places of the poor and afflicted is the worthy mission of the visiting It is the humble and lowly places she seeks, where there is need of the work her deft and trained fingers can do, where there is need of the advice she can give, where there is need of cool feverish brow and make the bed of suffering as easy as possible.

Poverty, it would seem, ought to be tribulation enough for any family, but usually hand in hand with its stalk the germs of disease. And when such a family is stricken in Portland it is one of the nurses of the Visiting Nurse association who responds to the call of the needy for humanity's sake. Just what this means is not easily

realized by those who have not entere into the low places of the city, where poverty and suffering are enough to stagger one. It was only last that one of the nurses found her way into a hovel that was called home by girl and her grandmother. Both were victims of tuberculosis, the grandmother in advanced stages of the disease. They were living in one squalid The nurse ministered unto them yesterday, when they were sent "over the hill to the poorhouse.

Some of the most pitiful cases reached by the nurses is where disease lays the mother of small children flat cared for during their absence. Twen- on her back. Her suffering is intensi-ty-five cents an hour is not an exerbi- fied by the sight of her babies going tion in this city, which has its headneglected and unkempt. Who can measure the blessings contained in a visit

of a nurse to such a home? Many Mothers Ignorant. "We have many cases of sick babies

whose mothers do not know how to take care of them," said one of the nurses. Sometimes their ignorance is appall-We have to teach them how to do, and then we have difficulty in keeping them from feeding the baby improper food between times. This is especially true of babies fed on the bottle. As soon as the little things begin to look the least bright again some mothers think they are ready to eat anything. Then we have a hard time to impress upon them the necessity of keeping the babies' bottles clean.

"Our work takes us into homes the like of which a majority of the people in Portland do not dream exist in this fair city of roses. We see the effects

little cost as \$5 or even less. Daintier and handsomer ones bring higher prices. A very attractive coffee pot design especially for use on a breakfast tray is made in three compartments. The lower one is for the coffee and contains one cupful; the middle section is a cream jug which fits over and forms the cover for the coffee pot, and over this is a sugar bowl. This contrivance is an excellent one for economizing the much needed space on the tray.

Saving Silk Stockings.

First, buy them large, maybe a full size larger than you may wear in a cot-ton or lisle stocking; next, darn loosely heel and toe and places for garter catches-all before wearing the stock-This prevents holes from appearing in heel and tone and the knee from having "runners/"

Rinse out in cold water after each wearing, and the stockings will last two or three times longer than when these precautions are not taken.

PLAN PENSIONS FOR WIDOWED MOTHERS

(United Press Leased Wire.) .
San Francisco, Nov. 11.—Delegates to the convention of women's clubs which has just closed its session have worked out a plan to pension widowed mothers dependent children. Dr. Jessica Peixotto, of the University of California, proposes the "abolition of orphans," suggested that the widow be given the money that would be turned over to an asylum by the state for the care of the child, \$800 to \$1000 a year being allowed for the average family, which is usually the mother and three children.

Let His Sweetheart Drown.

(United Press Leased Wire.)
Danzig, Germany, Nov. 11.—Determined to die together M. Miclonz and his sweetheart tied themselves together, weighted with stone, jumped from the wharf at Westerplatte. The rope broke, Mielons came to the surface, changed his mind about wanting to die and swam ashore. The woman went to the bot-tom and was drowned. Mielons is under

Live in One-Room Flats. Berlin, Nov. 11.—More than 600,000 people five in 100,000 "one room" flats in Berlin, according to figures just sed by the city statistician, Dr. Kne

I'M LONELY

Writion for The Journal by Fears Minti.

In 1997 many strin write to me. The is that the promp giff and the promp giffs who have come to the sity from the country or from generalizing open to the temperatives of their city or from poun ather state. They are their from poun ather that their pount in the houges for compatible of their first state or their from state. They are their from state. They are their from state. And there are their from and they are they are their from and they are they are they are they are their from the areas are few of an one areas pica. They want is know how they can seed give and topy of their from within for the seemed of a two age—and mean them on a fronting that will lead to the right port of them.

beings of them write that they don't care to mix their business with their social affairs—for, all of these prung paopie are employed. And, there is common the first hand that berkened paopie are employed. And, there is common the first hand that berkened and shocial associations antipairy separate. On thing is certain, it is best to form relationships in which 'ghop' lake here relationships in the same trape for the boy in the high city that his here father knows mathing of. How then is the boy in evade them? There are trape for the girl that would sterr an army of mothers with the

churches and the church sociaties friendly to our hopes, and some of us don't. And after we have agent a day on the part of the girl. In the cases of wasting told, asy they, "we must have diversion, recreation. Our gyetame demand it." Right you are. I believe in normal and healthful diversion. I believe in asse recreation. "Dut, we can find no kindred spirita," say they. "We do not know how. Can you halp us?" This is what they write in me, these girls and boys from afer, and I give it to you. Can you halp then? There are many social clube and the T. M. C. A. and X. W. C. A. and any number of others, say you, designed to meet this very need. Then, what is wrong? Why these letters? I confess I don't know what is the matter. Do you?

QUAKER PASTOR CAN NOT STAND CUT IN PAY

(Dutted Press Leased Wire.) Marshalltown, 'Iowa, Nov. 11.—The Priends church of this city is without a haster today because the mem-bers of the congregation voted to re-duce the salary of Rev. E. Howard duce the salary of Rev. E. Howard Brown from \$1000 to \$800. As Mr. Brown has a wife and six children, he

Believe Woman Took Poison. (United From Leased Wire.) Chicago, Nov. 11.—Dissatisfied with

where children are shamefully neglected, where drunken husbands abuse the slow recovery of Mrs. Louis Vertheir wives, where erring girls are commilys, in the nospital ward at the counpelled to pay the penalty of their sins, and where all sorts of the bitterness of tail here on a charge of having poisoned Policeman Arthur Bisonette, and suspected of poisoning 10 other persons during the past six years, the ment districts like some we find in the are today, investigating her larger eastern cities, but in the north dition to determine whether she herself end and Lower Albina districts there are individual living conditions as ter-

"Then, what are we to do?" say they, see for town to the middle of the dark. There are some of us who find the out night, if once mothers sould be churches and the church societies made to comprehend them. The trape

RECALL OF HIGH SCHOOL

local high school attempted to use the recall on Presecutor Ginn of the student organization this week. Ginn was accused of being perniciously active in his afforts to wipe out a fraternity said to exist in the school. The action was taken before the arrival of the principal, L. L. Baker, who had not been notified of the proposed meeting, and the students voted 41 for and 19 against the recall.

sult, however. He ruled the entire pro-ceeding out of order and instructed ciety to conform to the beard's rulings

Baking Powder

ABSOLUTELY PURE

from Royal Grape Cream of Tartar

The only Baking Powder made

Times in

the troubles from which so many women suffer can

be relieved quickly in a perfectly safe and natural

way. The headaches and backaches, the lassitude,

the extreme nervousness and worry, the sense of

misery women have, at times, show the need for

A Woman Only Needs

the same sort of help so many thousands of other

women have needed-help they have found in

Beecham's Pills. The human body is a wonderful

piece of machinery-all its organs sympathize with

one another; if one is wrong, others will be wrong

also. On the other hand, if your digestive organs

are right, your liver and bowels active, all the rest

of the system will work properly and all functions be

performed naturally. It's no trouble to find out the

good for you in the harmless, effective remedy

proper help. But at such times

making delicious home-baked foods

Royal has no substitute for

PROSECUTOR WINS, LOSES

Mr. Baker's arrival changed the re-At Fountains & Elsewhere

We want every one troubled with in-digustion and dyspepsia to come to our store and obtain a box of Rexall Dys-pepsia Tableta. They contain Bismuth-Subnitrate and Pepsia prepared by a process which develops their greatest power to overcome digestive disturb-ance. ance. Rexall Dyspepsis Tablets are very pleasant to take. They soothe the trritable, weak stomach; strengthen and invigorate the diportive organs, relieved to the diseastion, promote nutri-

Ginn to retain his office. Members of the organization which was held by the student jury to be a secret society met with the board of education and agreed to change the constitution of the so-

money if you are not satisfied with the result. Three class 24 cents, 50 cents and \$1.00. Sold only by The Owl Drug Co. stores in Portland, Seattle, Spokane, Francisco, Oukland, Los Angeles and Sacramento.

nauses and indigestion, promote nutri-tion and bring about a feeling of com-

If you give Recall Dyspensia Tablet a reasonable trial we will return you

Cleanses the System effectually; Dispels colds and Headaches

due to constipation. Best for men, women

and children: young

and old. To get its Beneficial

effects, always note the

name of the Company

CALIFORNIA FIG SYRUP (O.

plainly printed on the

front of every package

of the Genuine

For Dyspepsia

You Risk Nothing by Trying

This Remedy.

The Original and Conuine MALTED MILK

Ask for

The Food-drink for All Ages. At restaurants, hotels, and fountains.
Delicious, invigorating and sustaining.
Keep it on your sideboard at home.
Don't travel without it.

A quick lunch prepared in a minute. Take no imitation. Just say "HORLICK'S." Not in Any Milk Trust



3-TRAINS DAILY-3

KALAMA, KELSO, CASTLE ROCK, WINLOCK, CHEHALIS, CENTRALIA, TACOMA, SEAT-TLE, EVERETT, BELLINGHAM, NEW WESTMINSTER AND VAN-COUVER, B. C.

-PORTLAND- Arrive 10 a. m. International Limited 10 p. m. 5:00 p. m. The Owl.... 6:00 a. m. 12:15 Midnight Shore Line 4.45 p. m.

Fast trains and best of equipment. Parlor, sleeping and dining cars.

ALL TRAINS FROM NORTH BANK STATION, ELEVENTH AND HOYT STS.

Tickets, sleeping and parlor car reservations at City Ticket Office, 122 Third St., and at Depot. H. DICKSON, C. P. & T. A.

Telephones-Marshall 3071, A-2286

HOTEL

Geary Street, above Union Square
European Plan \$1.50 a day up
American Plan \$3.00 a day up
New steel and brick structure. Every
modern convenience. Moderate rates.
Center of theatre and retail district. On
car lines transferring all over city. Electric omnibus meets trains and steamers.

Pure Beautiful Jade Jewelry



Directions of special value to somen come with every box.