Health and Efficien

CONDUCTED FOR THE JOURNAL

leasons for it, and still more for a diet youthout enthusiasts go in for be taken and fanatically held.

is wrong to take life. As a corollary warning and abandon strict vegetar-follows that meat-eaters are accessianism want of spirituality.

But it cannot be wrong to kill, when particular, in this country, at dietary.

For if milk, butter, cheese or eggs

This relation of vegetarians to the tarian. slaughtering industry is not to be dein prices that dairy products would be Killing animals is

he will see that his only claim to su- this nature does. periority must lie in the proof that mest as a food is harmful to man. He only clear himself of complicity in the slaughter of animals by eschewing all forms of animal food, and this few are likely to do. He is hereby offered the consolation of the poet:

"We of our age are part, and every thrill that wakes."

The tremulous air of life its motion in us makes." We cannot escape, sharing the life of the age we live in, however, we may

Next, let us see if spirituality of the highest order is incompatible with the moderate or sparing use of meat. Among the names carried on the cover of the Vegetarian Magazine, with the implication that they are names of great men who were vegetarian, are, Swedenborg, Franklin and Wesley. Two of these were unquestionably men of wonderful spiritual power, but they were not vegetarians. According to Swedenborg's biographers he "seldom touched flesh Wesley tried vegetarianism for time when he was young, but abandoned it and for many years-most of his life, in fact-he was a meat eater. Franklin, greatest of Americans. did the same, his vegetarian practice being comparatively brief.

Another man of the finest and serenest type, called "ethereal" by his contemporaries, was Ralph Waldo Emerson. He once tried vegetarianism for a short time, "but soon gave it up. finding it of no particular advantage Yet there was nothing in the least gross about Emerson. Had he been more ethereal than he was he would have been ready for immediate fransla-The good arguments for vegetarian-

ism, or for something approaching it, are: the argument of the garden and orchard, against the cow stable and hencoop; work among fruit and flowers, against work in filth and stenches; certainty of pure vegetable food, against the ever-present danger of dis eased animal feed - which at its best lacks the purity of fruit and vegetable.

These points can be enlarged upon with increasing advantage to the side of vegetarianism. The question viewed on the esthetic side is wholly in favor on the esthetic side is wholly in favor of vegetarianism — at least until we come to the beauty and power of man himself, and then there is something to be said on both sides. We may be of the earth. he found agreeable and satisfying. He would never think of catching a fel- as an investment. low creature and tearing it limb from ing of meat. The natural food of man rental from the property. without doubt the best food for was strong and healthy nourished cooked only.

But that was a long time ago. Several things have happened in the in-terval. Instead of life in the open, man has come to live a large part of his life shut into houses. Instead of living a life of bodily activity chiefly, that kept him strong and his digestion vig- first and East Madison streets. orous, he has come to live largely mental activity while his body lies idle and languishes. Where once his skin was bathed with the pure air of heaven, it is now buthed day and night in the mainly. a plant growing in a dark cellar.

mais is typical of the dependence of fast to their nickels, dimes and quar- would wave been spared that fruitless Tact Brings Tips. animals for their food supply.

vegetarianism is ever to win with Possibly there are individuals able to do and only when necessary, and also prothe practical commonsense folk of so. I have never seen one. I have viding he does not devote himself enthe world, it will have to do it in seen it tried, but always with evidence trely to slaughtering.

Splite of the damaging arguments of nervous failure when long continfor it advanced by the present vegetarian leaders. There are so many good not show for a long time, and many sive it requires the reapproximately vegetarian, that it is a fruitarian diet and appear to thrive be taken and fanatically held. trition is deficient, vitality and animal The leading argument offered is, that spirits fail and they are wise who take

ory to the crime, and we are told that Many vegetarians, carried away by they get their reward in grossness and enthusiasm for an ideal, suffer in want of spirituality.

health. The humane vegetarians in least man holds his place on this earth by show the effects of an unsuitable diet. it is even now possible. virtue of killing. If life is sacred at I have met the prominent as well as The cutting down of meat would be man's hands, as vegetarians aver, then the obscure and have marked their want a great benefit. The reduction of regwolves, wildcats, mosquitees, po- of vigor. One conspicuous case is that ular slaughterers would be another tato bugs, apple pests and all other of a couple who are of good constitu- The time will come when dairy foods tate bugs, apple pests and all tune tion, British born, vegetarians from will lead and meat will be used merely then be only a question of time before early youth, and with a family of mid- as a by-product. This is desirable and the human race will be killed off. But dle aged daughters. The parents are attainable within a few generations. If man has the right to take life when aged, but for many years I know they his own welfare demands it, then the have had indifferent health and their and undesirable and would certainly set question of killing fish, fowl, sheep and daughters are all markedly deficient in back the clock of progress for cen-

For if milk, butter, cheese or eggs are required for food—and most vege- also from England, shows decided failterians consume one or more of them— ure of vigor in the successive generations. There will always be those to whom quire the cheese tarians consume one or more of them— ure of vigor in the successive generations, ment is repulsive, and they can get oring Cheddar of them the killing of fowls and bovines tions. Of this entire group of several along very well if they make use of excellent thing. Another family of three generations, take life, dent that the vegetarian who cats the good physique. Complexions were bad, those of delicate or fine nervous ordairy foods is accessory to the slaugh- figures were wretched and nerve power ganizations need little if any meat; ter of the superfluous animals which at a low ebb. It will be observed that they are frequently over-stimulated and it is necessary to breed in the production of such foods. Indeed, any contant wanting in force—if not in one persons, on the other hand, who are of milk or eggs ought to be generation, certainly in two or three. grateful to the meat eater who is will- Proof of this can be found all over this more readily on a moderate allowance grateful to the meat eater who is will-proof of this can be regetarians congre- of meat than without it.

ing to consume the dairy by-product of country wherever vegetarians congre- of meat than without it.

As an accompanished to meat, or any theat and make it possible for vege-tarians to have their eggs and milk herself for many years a vegetarian, animal foods for that matter, there and for half a life time a near-vege- should be a liberal supply of vegetables,

The crand mistake is in going to plain. affimals slive, and if they a diet of humming birds' tongues, and eration is the sliken string were killed and wasted, the loss to the they are available, the practical man through the pearl chain of all virtues." farmer would necessitate such a rise will have humming birds' tongues. not necessarily out of reach. Milk and eggs simply cruel. Leaving them to die a natural could not be produced on such terms, death, preyed upon by other animals, This ought to take the wind out of or starving to death from weakness and the salls of the "humane vegetarian." If inability to get food, as they do in

the moral quality of a man to kill ani- laid upon the unoffending cow. mais, providing he does it humanely

The trouble with meat eating today is that it is excessive. he raised upon the farms where cattle item befitting the season and common-are properly cared for, slaughtered by sense, the farmer and marketed by him after slaughter. This is not saying that this could be done in the present disproportion of farming population to city population, which is away off the true balance. But something approximating

Absolute vegetarianism is impracticable

in a rundown condition will pick up

either in the form of salads or served A generous tomato and cucumnied, but they are slow to grasp the extremes; is in allowing false senti- ber saind dressed with oil and lemon fact. Otherwise they would cease as- ment to run away with one and becom- juice will complete a meal of fish, flesh suming virtuous airs over the carnivor- ing fanatical. Man and his welfare are or fowl, and nothing else is needed. ous on the ground that vegetarians do the first consideration and should gov- But meat is not needed at every meal, not take life, while meat eaters do. ern in this as in all other questions, nor even at every dinner. The practical For, if milk and eggs were the products It is the business of the individual dictitician will learn to steer carefully which cows and hens were kept, to keep himself healthy and efficient between the Charybdis of the negative, then the superfluous cocks and calves up to the full measure of his ability, meatless and milkless dietary and the would be by-products. The dairy in. He must be willing to let go of fine Scylla of excessive carnivorism. The dastry would soon be swamped if it spun theories when they are found un- one will deplete and the other will were endeavored to keep these use serviceable. If his health depends on poison. As an old writer puts it, "Mod-

NE fruitful cause of infant mortality, much overlooked, is the failure of mothers to nurse their his brains are in good working order their wild state, is far more cruel, and the latter is delicate, with a sensitive the various institutions for aiding the Neither is it necessarily degrading to liable to disagree. Then the blame is given in exchange when a token is pre-There are many causes of failure ride.

of the natural food of the infant. One prominent cause is the careless senseless, cating of the mothers. Graham bread instead of white bread should be used exclusively by nursing mothers; cakes, canned foods, vingear salted meats, salt and sugar should be used not at all or only in smallest quantity. Coffee, tea, cocoa and beer should be avoided. If young mothers and prospective mothers would go in for per-

ing the babies would be solved.

An example of marketing was the following order from a young house-Being exces- wife overheard the other day, when the sive it requires the raising and ship- mercury was in the nineties; a loaf of ping of animals under conditions where bread (white, of course), a can of sour bread (white, of course), a can of sour much suffering is unavoidable. All kraut, a quart of vinegar, some dried the meat the world really needs could beans and a pound of coffee. Not an All kraut, a quart of vinegar, some dried

T IS regrettable that butter and

cheese makers have accustomed tho public to colored products. However harmless the butter color may be said to be, it is not a food substance, but an adulterant; and since good practice to keep out of the stomach everything but food and drink. there is no doubt we should all be better off without dye-stuff in our food Even some of the cottage cheese purveyors have taken to making their product yellow. Surprised at the apparent richness of the cheese that was shown me the other day, I asked if it question of killing fish, fowl, sheep and daughters are all markedly deficient in back the clock of progress for cen-were colored. It did not render the ox turns upon whether he needs them, vitality, none of them married nor have turns upon whether he needs them, vitality, none of them married nor have turns, if it did not destroy the human dish more appetizing, as I thought upon the products of any of them in his they had the beauty and vitality to the products of any of them, in his they had the beauty and vitality to race—as it would inevitably do if it the eating of sourced egg. The state etary.

went to the extreme of refusing to chemist promised to put a stop to this, If he had the power to re-There will always be those to whom quire the cheese factories to cesse coloring Cheddar cheese, it would be an

Guarding a Half Billion.

From an Exchange congress passed the Aldrich-Vreeland currency bill in 1908 providing that the comptroller of the currency should have printed and cause to be kept on hand at all times, 50 per cent of the total capital stock of the national banks of the country, few had cause to realize what the passage of the bill meant more than the comptroller himself. Briefly, it meant the printing and storing of half a billion dollars of printed currency, aggregating the designated 50 per cent of the total resources of the 7000 national banks of

the United States. The new vaults have recently been completed and the negotiable currency contained therein amounts to slightly over \$510,000,000 at this writing, this amount having been said to be the largest amount of money ever kept in a single vault in the United States

Blind People Ride Free in Glasgow. From Exchange.

An Early Summer Morning. Blind people are now permitted to ride Business having called me into that free on the streetcars of Glawgow, Scotbabies. No milk of beast is adapted land. The local town council has disto the young infant. And where tributed a supply of brass tokens among the healthiest cow's milk is blind, and an ordinary car ticket is sented by a blind person desiring a free

Cityand Country Ketcher WRITTEN FOR THE JOURNAL BY A. BATCH. sonal health culture, the problem of saving the babies would be solved.

OME young readers of The Sunday
the atmospheric delight and landscape of my hand." Journal might be interested in a country boy of 13 and his animal He lives out toward the mountains on a small, cleared farm, with woods or only partly cleared land on three sides of it. Near the house is an orchard, on ground slopwardly thrilling song of praise—thank- gray squirrel, at a penetrating call, fulness and praise for life, health, vis- appeared and went through the same ing nearly to the evergreen forest, and adjoining the lower edge of this orion, capacity for appreciation of the maneuver. chard the boy has a little enclosed place where he visits and is visited heavenly beauty of a summer morn-

> dumb to this boy, who seems to understand all they say; at least, he tells what he imagines they say, and they seem to understand much that he says to them. They are not penned up or caged in this enclosure, except a member of the family briefly, till he becomes acquainted; they come and go at will, but a call by him will bring several of them at almost any time. The boy's name is Howard Ritchie. and he has been a cripple since he was Many Pet Birds. two years' old, but can get around pretty quickly with the aid of a crutch.

and tillage.

by his animal playmates-dumb crea-

tures, some call them, but they are not

He was fortunate in having an old maid

ance they love and trust him

as the boy interpreted it.

As we went toward Howard's little

aunt, a teacher for many years, as a member of the family, and he is a bet-"Good morning, Betsy; come get your breakfast." He exon and get your breakfast." ter scholar than most boys of his age. plained that her leg had been broken and has read many books, but stories plained that her his had bound .Howard, "but one pair will come back several years before, and the reafter this fall and stay here all winter, and about animals is what he likes best. He loves all animals and on short acquaint-Howard, though deprived of mingling her kind and become one of his proteges. in the more active sports of other boys. In the enclosure were several forest trees in which were many birds' nests, is no "sissy," but though slender, is strong and full of life and lives mostly now abandoned, but birds were numerous and responded merrily to his carout of doors. One of his family of There were also dovecotes on pets is a red squirrel, which he saved ta'l from being shot by a neighbor boy older and larger tran himself. This posts, and the doves would light on the boy's arms and shoulders if invited, boy had his gun pointed at the chattering squirrel in a tree when Harold. approaching, called to him not to shoot. mother and her well grown brood, came crippled boy can literally do that. The boy waited until Howard came up with whirring wings from the adjacent

There were a pair of rabbits, a young copse and settled in the yard, peeping owl, even a gopher, in this happy fambut sneered at him and said he would shoot and raised his gun again, when Howard, usually mild tempered, swung his crutch and struck the other boy's arm so that he had to drop the gun, "Maisic, come and tell us subservient to him, which Howard selzed and kept until boy said: about it." The mother quail walked to the little animal was out of danger him, hopped upon his knee, and began angry. I was told, are on the occasions peeping vigorously, looking up at his of animals being abused. When he is Afterwards he coaxed the squirrel into acquaintance and friendship, and when I visited his family the animal, in voluble chatter, told all about his rescue per; she only knows what.

I found her mother dead one evening which vocation he has a yearning, and five little qualis trying to get "I wonder why it is," he said to me, I found her mother dead one even and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get "I wonder why it is," he said to me, and five little quals trying to get a said to me, and the said trying tryi Business having called me into that under her total boy, but all died but 60 or 70 years old, a horse or a cow I staved at the Ritchie home over night this one; I raised her and she became only lives a few years, or why a hen and in the evening Howard's pets were as tame as a kitten, for me. The next is old at four or five years, like Betsy, discussed and I asked him to take me spring she went away and found a while Ned may live to be 109?" to see them very early in the morn-inate, and raised a broad in the edge to tell him that I did not know. There ing. He wakened me before the sun of the woods, but frequently came are many things a beau wants. was up and we went out into the delic- home, and later brought her brood, so that no old man can tell him, lous, fragrant, tonicy morning air. The that they became half tame too. I can

"zoo," a large her with a timp looked up at him with a chuckle, and he re-

beauty of that morning, as the last dim Then a shrill chattering was heard, shades of night faded and the sun and Bob, the red squirrel, came racing flooded the woods and slopes and then along the fence and sprang upon the the lower lands with brilliant day, were boy's shoulder, obeying his command to enough to impel a mental prayer of jump down and stand on his hind feet thankfulness and an inaudible but in- and catch a hazelnut. Soon after a

ing in a region of intermingled forest Parrot and Crow.

Then several other birds put in an It is then that the chantecler crows appearance and last of them a crow most lustily, that the birds sing most cautiously lit on a tail post and eyed exuberantly, that colors are the richme suspiciously. I stood apart from est, that the manifold garments of the boy, but he finally at the boy's Mother Earth are the cleanest, that the assurance. "Come on down, Nig. you life-renewing ozone is purest, that all won't be harmed," hopped down and growing things are freshest, that evil picked up the grains of corn thrown to is farthest removed from the mind, and him. "When no one else is here he God, and Beauty, and Love, and Duty, will come to me and mimic words I all harmonious, seem to fill earth and say, though not as well as the parrot," all thereon, the sky and all thereunder, which had been so far a silent and dig-

nifted observer of the proceedings. "What are you so glum about this bright morning, Ned?" asked the boy. "Black crow no good," rasped Ned: "Black crow no good," rasped "can't talk worth a cent," cont continuing with a rapid fire of criticism of the and ending by demanding his others breakfast.

some other migrating birds too, sometimes have other animal pets for a while, and then quit encouraging them to come back, and some become so mischievous that they have to be killed. But I always have some, especially birds, and I can always get new ones if I want to."

Some one, in writing of the late Senbut would fly away at a word of com-mand. On his uttering a peculiar whistle a flock of quall, evidently a of the irees." And it seems that this

There were a pair of rabbits, a young cagerly. There were boxes with differily. As to domestic animals, they are ent foods in them, and a bench to sit all his pets and if he makes any effort and seating himself on this the to have them so are almost completely

The only times when Howard becomes peeping vigorously, looking up at the face. "She's telling about my finding grown up he may make a valuable her and saving her life," he said, member of the Society for the Pre"though she was too young to remem"though she was too young to remember; she only knows what I told her, he becomes a tamer of wild beasts, for

came are many things a boy wants to know

MODEST FORTUNES ACCUMULATED FROM PALTRY

Portland Bellboys Gather Property and Gain Independence by Frugally Saving and Carefully Investing the Silver Pieces Given Them by Travelers for Faithful Attention to Their Wants. White Boys Are Usually Most Successful Help at Better Class of Hotels.



Simpson.

gant, doesn't it?

Primitive man had no would buy a city block. A number of manager of the Hotel Imperial. "But He would naturally eat the seeds these frugal, industrious lads own their what are we to do about it? The paand fruits and leaves and roots which homes; some are the mainstay of their trons stand for it—yes, they encourage parents; others are buying real estate it. If it were possible I would prefer stairs afoot. Carrying a suit case up

limb, devouring the dripping carcass. Imperial, owns a 14 room house with bills," he added Starvation and the use of fire were lot. The house is fully furnished and probably the causes that led to the cat- the owner is deriving a good monthly The house is fully furnished and He is also fry. buying three lots in Klamath Falls, rules, however, there are exceptions. primitive man. Like the lower animals Willie Gibson, who has been in the Not infrequently these tyros become business two years, owns a lot on managers and sometimes owners of houpon vegetable food that was sun- Gregory Heights, and is saving money tels, each month from his carnings. Bench tather remain in the role of servant Captain Ferdinand Rodby is buying and take the miner's chance of making land. bank account. Joe McGuffen has a say- then than to assume the more responings account. Jim Smith owns five sible and dignified position behind the acres of land and has a lot in Canada, counter, where they would have to bide Another has a five room house at Fifty- their time walting for promotion.

Tips Main Source of Profits

carbonic acid gas which it exhales and estly. The salary of the average bettwhich is retained by the garments in boy in Portland is \$25 a month. The
which he is muffled. Where once his income from tips varies according to
the may be anywhere from 16 to 30. skin was brown with exposure to the the service the uniformed, beardless Nature appears to have designed him life-giving sun, it is now pallid, like youths give the guests and the energy for this special purpose. Without replant growing in a dark cellar. they display in making themselves gen-all these and many other changes erally useful to the hostelry's patrons. belihop always seems to be have taken place in the environment Month by month, an active, ambitious Natty uniforms, clean shaven faces, and constitution of man. His young beliboy earns as much real coin as the bright eyes and quick steps well the instruction of their natural average experienced bank clerk. How roads of Father Time. nourishment by maternal feebleness, so much he saves is another matter. That the milk nature meant depends on the boy. Portland's small for calf or kid the human infant would army of youths who jump like a sprint. die And this dependence of the infant or at the crack of the gun when the He never seems to grow appreciably of the present age upon the life of hotel clerk gives the martial command, older and he is always 'on the job.' If the healthier and stronger lower ani- "Front," have the reputation of holding Ponce de Leon had been a bellhop he

We Neatness, politeness, alertness, these are degenerate, weak, lacking vitality, are the three cardinal virtues of the room clerk at the Imperial.

We gain a certain amount of vitality successful bellhoy. With the exercise by mere contact with the lower ani- of these principles the lad's duty to- succeed—that is to hold his job and moderately wealthy quenching the three verse are ready to detect the lad's duty to- succeed—that is to hold his job and moderately wealthy quenching the three verse and keen ears are ready to detect unquestionably gain further from the of perquisites is his business. He keeps the prizefighter, he must always spring to earn the tip," he said. "The experi- gained the manager, with the aid of their dangers that manager the said of the said of the said of the said of the said. "The manager does to the center of the "ring" at the call enced traveler knows the difference betheir dangers, they may be repulsive not concern himself about the earnings of time.

a bellhop landlord; a bellhop that a few "tightwads" might derive ever be there, "Johnny on the spot," It landed proprietor.

It is no place for a largard. This sounds a bit extrava- majority of the traveling public are ant, doesn't it?

to be said on both sides. We may be It is true, nevertheless. The aggre- "Personally, I would like to see the sure, also, that man in his pristine gate wealth of 28 representative bell- whole aboutingly system of tipping purity on earth lived upon the fruits hops in the leading hotels of Portland abolished." declared Phil M-tschan Jr., worth living. In early days, when the A. J. Martineau, head bellman at the tack the difference onto the guests' performance.

Once a beliboy, always a beliboy, is a popular theory among the hotel gen-In the main this is true. Like all The boys in many cases would Joe Martineau has a substantial a "strike" in the way of tips now and

Bellhops a Type.

How did they get it? From tips hop is not always a boy in his teens, multiplication table by heart counting clustion that every person you see put able to understand what is said to him mainly. At any rate they got it hon- The term "belihop" is oftentimes a missorting to the art of "making up"

> "I have been in the hotel game many years and the wonder of my life has been what becomes of the bell boy. voyage in search of the fountain of per-petual youth," said Harry Hamilton,

to the fastidious but they impart a of his boys any more than do the boys jumps at the tap of the gong has nothto note any conscious attempt at subwitality which vegetable foods do not, inquire into the financial status of the ing on the belliop whose every action servicing. Don't be a boot licker. That bell boys are preferable to Japanese.

The face generally is today unfit to botel that employs them.

The face generally is today unfit to botel that employs them.

The face generally is today unfit to botel that employs them.

The face generally is today unfit to botel that employs them. The race generally is today unfit to hotel that employed them.

must be benefitting to the appellation is my advice to the beginner. Be at "I have always employed white boys subsist entirely upon vegetable foods. The employers do not as a rule openly that is given him. Under the constant tentive without being offensive. Don't and can say that I have invariably found

Written for The Journal by Claude L. indorse tipping. On the contrary, they watchful eye of the clerks and the man- intrude. Be patient. Never engage the them trustworthy, and entirely satis-BELLHOP with a bank account; to the habit and despite the pleasure and the guests on the other-by must

Elevator Lightens Work.

worth living. In early days, when elevators were few and far between, it was necessary for tife boy to lug baggage up to pay the boys a higher salary, and five flights of stairs was a frequent to see that the baby does not get lost

"I recall in one hotel where I worked that the rule of the house was that the first, but remember that usually at the bellhop had to beat the elevator to the end of the thorny path there is a shinfloor of the guest's room," said Al. ing coin awaiting you. Martineau, head beliman at the Imperial. "In those primitive days there was a Much Labor of Love. general unwritten law that the boys should not ride in the elevators. In this particular hostelry the elevator was as Rocky mountains. Therefore it may be foot work fail to meet with financial readily understood that the bellhop with results in the end. Be a good loser.

I believe to this day I can recall just cenary eye and an itching palm don't Apropos it may be said that the bell- four flights of stairs. I learned the blur your mental vision with the hallufrom Montana, skip about every second weeks I ran errands for an old maid. step on the trip up. Coming down, pro- buttoned a fat man's shoes and supviding there were no fat men or bables, plied a dyspeptic school teacher with a rule the Japanese don't understand in the way, I could by holding my iced tea without getting a sou in real anything unless he first sees a tip. "And the breath and sliding down the hanister, coin. The twenty-third day the fat and he must have it in his fist before is there?" thanks to the present day methods all. or most of this foot work and diving in the Y. M. C. A., and the pedagogue Climbing the Ladder of Success. hazard, has been done away with. Bell- gave me a standing invitation to come elevators.

'How do I get my tips? Well, there

terrupted another of the "hoppers." "Make friends with the kids," and do it quick, if you would get a stand-in with the parents," he said. "When a family the parents," he said. "When a family comes into the hotel lobby don't forget in the crowd. It may be hard going to warm up to everybody's youngster at

"But don't feel bad about it if all your 'good morning, sirs,' 'how's the little slow as an emigrant team scaling the lady, Mams,' and all your patience and a good pair of legs could, by putting on Don't carry all your brains in your a little steam, mount the stairs and beat heels. Use a little common horse sense the cage with its guest, to the 'summit.' in ministering to the wants and cater-That was a memorable experience. Ing to the whims of the guests. A mer-

viding I was not loaded down with more because the this were not at first com-, angle. It has been my experience and than two suit cases full of sample ore ing fast enough to suit me. For three observation that the Japanese bell boy It in about five seconds. But gentleman slipped me a five spot, the he will get busy." old maid handed me a membership fee hops are now privileged to ride in the out to her father's farm where I could get all the real thick cream I could eat and plonty of hunting and fishing." Playing Detective, Too.

In the role of amateur sleuth the clerk. is no royal road to success in this bell boy performs valuable service for game," said another lad who has grown the management, frequently. His sharp mals; witness the gain in vitality from ward his house is done, figuratively keep the tips ceming his way—he must of patrons with icewater and gin fizzes, many an irreguarity on the part of handling and caring for horses. We speaking. What he receives in the way be Solomon-wise and Job-patient. Like "The first thing for a belinop to do is guests. Through information thus

dressed by him, or unless it is necessary Mr. Metschan. "The statement has to ask a question. Most guests expect been made that the white youths are to ask a question. Most guests expect to pay for service but they rebel if they think that you are folsting your attention on them for the sole object of getting a pittance in return."

"Yes, and don't forget the bables," interrupted another of the "hoppers," by Make friends with the "kids," and do it "fidence in them and will trust them" in the warse of the warse pioneers, and believe that it is the warse of the warse pioneers, and believe that it is the warse of the warse pioneers, and believe that it is the warse of the warse pioneers, and believe that it is the warse of the warse pioneers, and believe that it is the warse of the warse pioneers, and the warse of the warse pioneers, and the warse of the warse pioneers. In the was a dream, a vision fair to the warse pioneers, and the warse of the warse pioneers, and the warse of the warse pioneers, and the warse of the warse pioneers. In the large of seventy years, is one of the forests of the warse pioneers, and the warse pioneers pioneers, and the warse pioneers, and the warse pioneers pioneers, and the warse pioneers pioneers, and the warse pioneers pioneers, and the warse pioneers, and

Sticking to the Job. "One of our boys has been with us

four years. Another has been with us three years, and others have been in our service one to three years. After we have broken the boys in, and thy understand what is expected of them. we have no difficulty in keeping them. It is better for the boy and better for the hotel, and more satisfactory to guests, to have boys of the steady class, have my doubts if the professional who Jumps from job to job is as reliable as the one who is a fixture. It is not my practice to employ the migratory boy. Our guests have no difficulty in making a white boy understand what they want. the other hand the Japanese will often. when he is displeased because he has not received a tip, pretend not to be Joe Martineau, employed at the Im-I wore out doing this stunt day after suit of clothes plastered over with two-perial, who has been a bell boy for 11 day only the books of the hotel will bit pieces.

Show. Finally I got so I could, pro
"I nearly threw up a good job once ness to study the business from every dear?"

Those at the Imperial

schan, auditor. Not all of the Portland hotels are employing white boys. The Portland, Cerhelius, and Bowers have Japaneses The Seward has negro bell boys. Oregon, Perkins, Ramapo, Imperial and Lenox have white boys.

is more independent in his treatment of guests than is the white boy.

Among the enterprising hotel employes who formerly "hopped" are: Harry Hamilton, room clerk; Otto W. Metschan, cashier, Clarence W. Cook. mail clerk; Leonard N. Rodby, front. reached their present positions behind as you." the counter without having the experience of a bell boy, are; Charles H. Rowley, Clarence L. Taylor, Joe Domaine, and Fred W. Herman, Tony Met-

The Land Where Dreams Come True By John H. Cradlebaugh.

By John H. Cradlebaugh.

They came of brave and hardy stock,
Those Oregon pioneers.
Their sires had braved the wilderness.
The van of the wild frontiers
From where the fierce Atlantic waves
Lashed the wooded coast of Maine,
To where Missouri's veilow flood
Poured out of an unknown plain.
Crusaders they, of the modern days,
Who came with the axe and plow—
Their flass, the wagon's canvas tops
And to win," their only vow.
Dreamers and "seers," who dreaming
saw

And seeing they dared to do— Turning their faces toward the West And the land where dreams come

Dreamers they were those pioneers Of the "fortics," three and four; Who braved the unknown of the plains
In search of an untried shore.
Brave of soul were the women folk,
And the bearded men vere strong.
They counted not the trail was rough,
Nor cared that the way was long.
Week after week, month after month
Steadily, surely but slow.
They pressed on 'till they reached the
stream
Where the waters westward for Who braved the unknown

Where the waters westward flow, And they could see the mountains where Night drew her curtain of hine Beyond which lav the land they sought.

The land where the dreams come true.

fidence in them and will trust them. The busy mart the whirring wheels quicker than they will the Japanese. And the things that man has made: Churches and schools and pleasant

homes:
The efft of the "Un-sfraid"—
Gift of the women strong of soul
Of the men who dared to do—
Who dreaming saw—and showed the way To the land where dreams come true.

Burmah's Famous Bridge.

From Exchange. Distant from Mandalay, Burmah, 83

miles, stands one of the most remarkable railway bridges in the world. is 2260 feet in length and at the fourteenth treatle has a height of \$20 feet. It was built by an American firm in 18 months, nearly 5000 tons of steel being employed in its construction. Not only for its extreme height is it remarkable, but also for its daring curve, two distinct sharp bends being taken by the rails as they cross the valley.

A Noble Spirit. From Ideas. Husband-"You are quite comfortable,

Wife-"Yes love." "The cushions are easy and soft?" "Yes, darling."

"You don't feel any jolts?"

"No sweetest." "And there is no draft on my lamb.

"No my ownest own," "Then change seats with me."

From Lippincott's Magazine? "Patty," said Grandma, "I think it about time you stopped playing with Little girls ought not to care to who play with boys, when they're as large

Prodigious.

"Oh, that's all right, Grandma: Why, Charles H. the bigger we get, the better we like

Pretty Quick.

From Harper's Bazar.
"But couldn't you learn to love

e, Anna?"
She—"I don't think I could, Harry,"
He (reaching for his hat)—"It leads
feared—you are too old to learn me, A