

# Topics of Interest in the Realm Feminine

## Fads and Fashions

New York May.—All the fashionable shops display fine arrays of summer blouses, either imported or made after imported models. Most of them are handsome and particularly striking by their studied and highly effective simplicity. All kinds of embroidery are used on them. Eyalet is returning to favor; boat embroidery is undeniably well installed in the decorative ranks. Colored embroidered lingerie blouses are very popular. The collarless blouse seems to be a favorite, and the three-quarter sleeve promises comfort during the hot season. Hemstitching, drawwork and a touch of lace give simple decorations which any woman can copy.

White lawn is the material from which a very pretty blouse is made. The round top is outlined by a two-inch band of lace insertion, over which falls a fringe of the material, hemstitched at the lower edge. Hand-run tucks give fullness at the front and over each shoulder. The short sleeves are edged with lace and a hemstitched fringe. This model is charming in color—pale pink or blue trimmed with cream lace.

A very simple arrangement of tucks and lace is shown in another blouse. The work is hand-run vertically on each side of a row of crocheted buttons and over the shoulders. A band of embroidery that has been worked over in color outlines the square top.

Cotton voile is the material from which a neat costume is made. Two shades of blue are used; one a dark shade for the dots, and the lighter natter blue for the featherstitching. This girlish blouse is chic when worn with the blue serge or linen suit. There is a long shoulder-line, emphasized by an extended tab of embroidery; and the short sleeves are edged with a double row of spots and a fringe of lace. The round neck is also edged with a fringe. The hemstitching is alternated with rows of coin spots.

The display of negligee novelties in the fashionable shops is unusually attractive just now. Many of the new negligees show practically the same characteristics as the dresses themselves; the more elaborate being in empire and straight line effects, with peasant sleeves and draperies.

Transparent tunics are hung from the shortened waist line, especially in the beautiful new tawny, and are edged with findings of rich embroidery and silk ball fringe. Again, the drapery may be composed entirely of black or white chintilly lace, or worked in hand embroidery. The chiffon and marquisette tunics hang from the shoulders and are not attached, but are made as one three-quarter coat effect, and are worn as a more dressy touch over a plain tawny. These semi-fitted coats, extending to knee depth, with deep sashes over the hips, short sleeves and fastenings arranged in the center of the left side, are each also in voile, net and allover embroidery, and are lined with China silk.

Most of the lingerie models are white, but colored designs are sometimes seen in the fabric, and hand embroidery in colored floss also gives a step in color. Ribbons to match are used through wide finished in rosettes and bows. The loose wrapper is absolutely out of style.

Petticoats are still used, but they are subdued and unassertive. With many frocks the very modish woman discards the petticoat altogether, substituting mullions; but it is noticeable that fashionable tailors this spring are using more drop skirts than they did in the winter, or where drop skirts are not desired often they line a plain skirt with soft silk, and choose a silk jersey model with flounce of very soft silk, or if wearing qualities are not the chief consideration, of silk muslin or chiffon cloth.

Large flat hats are lined with colored cotton crepe, sometimes stenciled in pale blue and pink.

Blouses of striped material are very popular. These are of wash silk made on tailored lines or of exquisite mousseline de soie, sometimes iridescent over allover lace slips. Tiny buttons of colored enamel, metal, jet or steel are much used on the new blouses.

Plumes in two colors are much used. The all white hat of fine straw, trimmed with white wings and faced with blue or black velvet, is the new offering for dressy afternoon wear.

**FLORENCE FAIRBANKS**  
**Rules to Keep Out Flies.**  
 From the Kansas City Star.  
 The following rules, taken from a bulletin of the Kansas state board of health, have been indorsed by the Anti-Flie Crusade association of Detroit, Mich.

Screen all windows and doors, especially the kitchen and dining room.  
 Keep the flies away from the sick, especially those ill with contagious diseases. Kill every fly that strays into the sickroom. His body is covered with disease germs.  
 Do not allow decaying material of any sort to accumulate on or near your premises.  
 Screen all food.  
 Keep all receptacles for garbage carefully covered to the cans cleaned or sprinkled with oil or lime.  
 Cover food after a meal; burn or bury all table refuse.  
 Screen all food exposed for sale.  
 If there is no dirt and filth there will be no flies.  
 If there is a nuisance in the neighborhood write at once to the health department.

**Another Kind of Mug.**  
 From the Cleveland Plain Dealer.  
 E. V. Jewell told us this one recently: "I have a very dear old house-keeper—she is aged, but she has been like a mother to me. A little while ago I noticed that my silver shaving mug was slightly tarnished, and I asked the old lady to polish it for me. The next morning I found it shining like the sun. I completed my toilet and then went into the kitchen to thank her for her kindness.  
 "Mrs. Gorman," I said, "my mug looks a lot nicer this morning."  
 "It surely does," Mrs. Jewell, she replied, glancing up at me. "You always look a lot better with a clean shave."



Three prominent American youngsters photographed on board ship on their way to the coronation. From left to right, Katherine Morris and Andrea and Hugette Clarke, daughters of United States Senator William A. Clarke. Mrs. Clarke, who has been ill for some time, is on her way to her Paris home and incidentally will see the coronation. Only important business prevented her husband from leaving New York at this time, but he will join his family in July.

## FOR SWEET CHARITY'S SAKE

**By Darra Moore.**  
 WEEK ago, seven or eight hundred earnest men and women of Hebrew extraction were gathered together in the name of charity. One of the principal speakers was Rabbi Stephen S. Wise of New York, formerly of Portland. Dr. Wise spoke a few truths that many of the so-called philanthropists and charity workers of today will hardly care to hear. His words were charged with truth, the antithesis of all falsity, and sometimes, the truth sears like a red hot iron.

More charity, better charity, more intelligent charity, and above all, more justice. That was the keynote of the discourse. It is the duty of intelligent charity to find red homes for the orphan, instead of putting them in the hopeless cold storage of a public institution. Every child is entitled to the atmosphere of an individual home, to the care of an individual, living mother. The orphan asylum should be a receiving and a distributing station, never a permanent abode. Scathing terms were employed in speaking of those charity workers who boast of a thousand orphans and half the arrival of each new orphan as a distinct treasure and a source of pride and joy to the institution. To find a home for the homeless child, to keep the widowed mother and her children together, that is intelligent charity, said Rabbi Wise.

The speaker took up the cudgels against those who encourage charity and charitable organizations, not for the sake of the poor, but as a defense of the rich. He bitterly denounced the shameless rich man who gives with a cunning desire to take the edge off the resentment of the poor and the unhappy, the scoundrel disguised in charity's cloak, willing to kill a man in a sweatshop, mill or mine, and then throw a bone or a crust to his children labeled "charity," and thus protect himself from the effects of his crime.

But, there were other vital points bared to the world at that gathering of Hebrew men and women. It was shown that one group of Jews in one single city collects annually among themselves more than \$365,000—and this without solicitation, personal begging, charitable fairs, tricks or devices of any kind. All such methods of drumming up charity is forbidden. Each man is expected to give regularly every year according to his means, and this each man does. Besides the annual collections of more than \$1000 a day, this group of Hebrew citizens spend for charity \$5,000 more, derived from interest on funds invested in charity. They find homes for orphans, give widows pensions that they may keep their children at home, they maintain homes and shelters for girls, educational societies for young men, and support magnificent hospitals in which the sick and poor are received and treated with greatest skill regardless of race or color or religion. And all this is accomplished without realizing petty personal ambitions under those honey-combed and misleading words, "for sweet charity's sake."

Is it not desirable that some so-called Christians should be inspired by the method of the Hebrew in the manifestation of real charity?

**A Budget of Sandwiches.**  
 The sandwich is always acceptable, no matter what the character of entertainment, and here are some new ones that may be readily prepared. Raisin sandwiches are a delicious morsel to serve with lemonade or any kind of fruit juice beverage. Cut large table raisins in two with a sharp knife, take out the seeds, dip in brandy or sherry, but do not let them remain a moment in the liquor. Then cut white bread in rings with the top of a baking powder can, spread with good butter and put an even layer of raisins between.

Caviar sandwiches are made by taking the Russian caviar, placing it in a dish and beating to a smooth paste with lemon juice and olive oil. Spread on unbuttered bread and grate the yolks of hard boiled eggs over the top.

Nasturtiums are the very acme of attractiveness, and above all, they are small, tender leaves, covered with mayonnaise dressing. They must be served soon after preparing, as the leaves soon lose their spicy freshness. Just before sending to the table lay a few blossoms on each plate. These sandwiches are especially nice served with meats and game.

Delicious walnut sandwiches are made from one cup of walnut meats, chop them fine with chicken livers, mix with mayonnaise, spread on thin slices of whole wheat bread.

For olive sandwiches, chop them fine and mix with enough cottage cheese or Neufchatel to make a paste, add salt and paprika to taste.

Any kind of meat sandwich is greatly improved by laying very thin slices of cucumber on just before serving. Radishes cut very thin may be used in the same way.

Radish and watercress sandwiches are delicious "appetizers," dip the slices of radish in French dressing, put in two or three bits of watercress and serve. They are the proper thing to serve with the "fish" course.

Banana sandwiches are a favorite with children; slice the fruit lengthwise, dip in sugar and spread jelly over the bread.

## Questions and Answers

**Dear Miss More:** Will you kindly tell me what constitutes a lady? Does making one's living deprive a person of the distinction?  
**MARY H.**  
 No. A lady is always a lady no matter where fate has cast her lines. The day has long since past when a lady is confined to royal blood or a wealth of this world's goods. Working for a living makes social distinctions. The woman who works has a useful and interesting life quite apart from that of women who live for pleasure only. The social distinctions are of different paths, not of high or low degree.

**Dear Miss More:** Can you suggest an inexpensive remedy for excessive perspiration? I get the largest shields, yet ruin my gowns.  
**MISS M.**  
 It is not a good plan to check the perspiration, but the odor may be removed. Buy a nickel's worth of formaldehyde. Place one teaspoonful in a pint of water and keep in a well corked bottle. Rub the mixture under the arms often, allowing it to dry. It will remove all odor. You can make shields and have them any size you wish.

**Dear Miss More:** I am a widow with one child and have a proposition of marriage from my employer. I am very fond of him, in fact, think life would be unlivable without him. He is a fine man but has the drink habit. That is, he drinks two or three times a year and remains drunk a week or more each time. My parents object very seriously for this reason, saying that the habit will grow and that a sharp knife will never drink again after we wed, but I am afraid to trust him. Can you help me?  
**WIDOW.**  
 You would be taking a desperate chance to marry him now. Your fondness for each other might prove a frail life preserver in case of continued stress. Better ask him to prove his abstinence for a year before the knot is tied.

**A Budget of Sandwiches.**  
 The sandwich is always acceptable, no matter what the character of entertainment, and here are some new ones that may be readily prepared. Raisin sandwiches are a delicious morsel to serve with lemonade or any kind of fruit juice beverage. Cut large table raisins in two with a sharp knife, take out the seeds, dip in brandy or sherry, but do not let them remain a moment in the liquor. Then cut white bread in rings with the top of a baking powder can, spread with good butter and put an even layer of raisins between.

**Large Sleeves Coming.**  
 Boned sleeves again. It's only a whispered rumor, to be sure, but boning means bouffancy, and, if it should return, back might come crinoline and when that failed to satisfy we might again feel the famous fibre chambray that held balloon sleeves out in such a satisfactory manner a generation ago that an average woman had to go sideways through an ordinary door. But women are well trained in such resources now by the big hats.

**Vegetable Time Table.**  
 For boiling potatoes 30 minutes, unless small; cabbage and cauliflower, 25 minutes; peas and asparagus, 20 to 25 minutes; carrots and turnips, 45 minutes when young, one hour in winter; onions, medium size, one hour; beets, one hour in summer, one and a half or two hours (if large) in winter; French beans, if slit or sliced, slantwise and thin, 25 minutes; if only snapped across, 40 minutes; old, 40 to 45 minutes. All vegetables should be put into fast boiling water and quickly brought to the boiling point again, not let to steep in hot water before boiling, which toughens them and destroys color and flavor. This time table will be found useful if copied and fastened on to the kitchen wall.

## Fashion Dotes Upon

Long lines, whether in the street suit, the evening gown or the auto coat, and to obtain this effect she has raised the waist line, lowered the fastening to the coats and has, with her usual artifice, resorted to all sorts of measures to obtain her will.

I saw in one of the most exclusive evening shops which had great individuality. It was of yellow cloth, and the collar, which was one of the rolling, droopy affairs, was draped with black chiffon over lace and satin. The striking feature was that it had bands of trimming wrought in the German crewel work, inter-twisted with gold thread—these bands extending in an odd fashion from the shoulders to below the waist line. The yellow of the worsted emphasized the color of the garment and lent that chic air which always proclaims the Parisian designer.

Very smart are the antique fillet laces, resembling old altar draperies. The fichu of net and finest mousseline trim satin or cashmere gowns.

A new Greek hand head-dress of cut steel is made with plaques over the forehead, and the hair is pinned. Small coral beads with white embroidery are most youthful looking and smart.

Marquisette, so much worn last winter, continues to hold its popularity this spring.

Embroidery done with beads trims many ends and loops of the lovely sashes.

Particularly refined and desirable is a bag of black moire lined with white leather.

The sash will be one of the features this spring. Some are placed very high at the back.

Buttons of black silk or satin are effective little ways of trimming a dress of linen.

Net alouvers in patterns of solid dots resembling porcelain beads will enjoy decided vogue.

**Hamburg Steak Creole.**  
 A sensible dish for a hungry household is called Hamburg steak creole. This creole distinction is due to the method of making:  
 First purchase one and one half pounds of lean beef, one onion, one egg, bread crumbs, one teaspoon of salt, one half teaspoon of pepper, one cup of stock and one half cup of tomatoes.  
 To prepare chop the meat fine and add the onion, salt, pepper and milk. Soak the bread crumbs in hot water for five minutes, then drain off the water. Add the crumbs to the meat mixture. Form into small flat cakes and fry lightly. Place some drippings in a frying pan and when they are hot place the meat cakes in the pan. Brown on one side and turn and brown on the other. Add the tomatoes and stock or hot water. Reduce the heat and cover. Cook slowly until the meat is well done and the liquid reduced one half. Place a mound of mashed potatoes in the center of a hot platter. Arrange the steaks around the mound, pour the liquid on the steaks and serve.

**Boned Sleeves Coming.**  
 Boned sleeves again. It's only a whispered rumor, to be sure, but boning means bouffancy, and, if it should return, back might come crinoline and when that failed to satisfy we might again feel the famous fibre chambray that held balloon sleeves out in such a satisfactory manner a generation ago that an average woman had to go sideways through an ordinary door. But women are well trained in such resources now by the big hats.

Go let the sleeves come, but everybody is going to grieve over the departure of the kimono sleeve, which, with all its failings, is the friend of most people.

Sewed-in-sleeves "they" say are the only ones seen in lingerie was in "Paris" but the kimono liners here in the finest blouses, it will take all the days of the coming summer and some of the fall to put the kimono sleeve to rout.

**The Jersey Top Petticoat.**  
 It pays to buy a good quality of jersey, for it wears admirably in such quality, and the flounce can be changed as needed. Indeed, it is an excellent idea to have adjustable flounces for such a top and even the finest of lingerie and lace flounces are often attached to a clinging skirt of white silk jersey.

Accordion-pleated slippers of striped chiffon cloth or mousseline de soie in two-inch stripes are applied to one ton silk jersey tops and are so platted that the stripe matching the top is on the outside of each plait and a contrasting color forms the under side of the plait, showing with the movements of the wearer.

**She—Is my hat on straight?**  
 He—I don't see that it makes a particular difference whether it is or not. You are a woman of 40, and as long as the theater is crowded with pretty girls, I don't imagine anybody is going to notice whether your hat is on straight or not.

## The Problem of Diet

When Bishop Fallows said: "You can influence a man a great deal according to the way you feed him," he was not denying the importance of the condition of the heart, but emphasizing the importance of the state of the stomach.

It is worth while emphasizing also the statement of Dr. Alexander Haig, an eminent English authority in the diet, that the stomach is the key to health and happiness. "Food and Diet."

"Diet, as at present used, is the product of a vast amount of ignorance. It is the cause of a hideous waste of time and money. It produces mental and moral obliquities. It destroys health and shortens life. The building of the vital cells lies at the root of all the problems of life."

It is unquestionably true that simplicity in diet, within the minimum of variety giving all the elements of nutrition, far surpasses the customary mixed and carelessly chosen dietary.

Hostess—So good of you to come, Mr. Brown.  
 Guest—Yes, I rather think it was. I don't care for your food at all, you know. I always pay for one of your dinners with indignation next day. Besides, you never seem to be able to get right people together. The idea of putting me next that little 18-year-old cooer at dinner, a man of my years and intelligence.  
 Hostess—That was my niece, Mr. Brown, and I am hoping to make a good match for her. Of course, you wouldn't be one in point of years or family, but you have a great deal of money, and a bank account is of far better account than a pedigree these days.

**A Faint Heart.**  
 From the Pilegades Blatter.  
 "But, my dear, if I buy you this gown, it will put me \$50 in debt."  
 "Only \$50! If you are going in debt, why not go in like a gentleman, and make it a hundred?"

When light oak trays have been badly marked, well wash and rub with warm beer until the stains have disappeared. Polish in the usual way.

**Vote 100 X Yes**  
**The Greater South Portland Bridge**  
**City Election June 5**  
 Location: Meade Street-Woodward Avenue (Ellsworth Street)

**BECAUSE** Portland's rapid growth in population—the last decade demands better facilities for traffic and transportation. The same number of bridges are in existence now, with a three-fold increase of population.

**BECAUSE** The construction of the bridge would relieve the congestion of the existing overworked bridges.

**BECAUSE** Rapid transit is essential to the growth of any city.

**BECAUSE** Travel from the Fifth, Sixth and Seventh wards would be facilitated and 60,000 inhabitants would be able to get to their business interests and work without the delays now encountered.

**BECAUSE** Safety of life and property in the southwest and southeast sides demand it; the concentration of the fire apparatus of the Fifth, Sixth and Seventh wards would make it possible.

**BECAUSE** Of the protection of the harbor would not be endangered, it is the consensus of opinion that no more bridges can be built between the existing bridges and the now contemplated one. The proposed high bridge draw will seldom be opened. (Paid Adv.)

**Strong Healthy Women**  
 If a woman is strong and healthy in a womanly way, motherhood means to her but little suffering. The trouble lies in the fact that the many women suffer from weakness and disease of the distinctly feminine organism and are unfitted for motherhood. This can be remedied.

**Dr. Pierce's Favorite Prescription**  
 Cures the weaknesses and disorders of women. It acts directly on the delicate and important organs concerned in motherhood, making them healthy, strong, vigorous, virile and elastic.

"Favorite Prescription" banishes the indispositions of the period of expectancy and makes baby's advent easy and almost painless. It quickens and vitalizes the feminine organs, and insures a healthy and robust baby. Thousands of women have testified to its marvelous merits.

It Makes Weak Women Strong. It Makes Sick Women Well. Honest druggists do not offer substitutes, and urge them upon you as "just as good." Accept no secret nostrum in place of this sea-serpent remedy. It contains not a drop of alcohol and not a grain of habit-forming or injurious drug. Is a pure glyceric extract of healing, native American roots.

## The Fashion Page

The fashion page attracts the eyes of all the ladies fair. Who knows whaturing fancies rise at what is pictured there? The lady who is skin and bone. The lady who is fat—Each thinks about herself alone. And smiles: "I'll look like that."

The rhythmics wait, the fashions show. Appeals to her who's plump. The gangly one thinks they can drag her till she's less a frump. Long, lean; short, stout—all think the same.

And in their mental chat Each lets her fancy flash to flame. With: "I will look like that!"

Ally well, good brother, you and I. Look at the fashions, too. You may be more than six feet high. And slender to the view. I may be short and round, but we observe the tailor's plan. And say: "That style will do for me. 'Twill make me look like that."

I sometimes wonder if on earth There is a living one Of such perfect shape and girth— But when girl's said and done It stammers down to this same thing. Of shoes and clothes and hat. Each of us gives his fancy wing With: "I will look like that!"

—W. D. Nesbit in Chicago Post.

### PERSONAL MENTION

G. P. Putnam, a magazine writer, and son of a prominent book publisher of Philadelphia, who has been residing at Bend, Or., for the past two years, is in the city, a guest at the Seward.

Louis Olson, G. Olson, Leaf Holte and E. B. Olson, four prominent capitalists of Seattle, who recently purchased a large tract of land in the Irvington district, are in the city for a few days. They are registered at the Seward.

J. H. Wheat, of Washington, D. C., is a guest at the Seward. Mr. Wheat is connected with the U. S. Geological Survey.

L. M. Newman, a former merchant of Seattle, recently retired, is in the city for the purpose of securing a location and he will probably open a mercantile establishment here. He is a guest at the Seward.

Leonard Ruddy, a prominent merchant of Marshfield, is a business visitor in the city, a guest at the Imperial.

R. E. Clanton, state fish warden of Salem, is a business visitor in the city. He is registered at the Imperial.

C. C. Clark, a merchant of Arlington, Or., is a business visitor in the city. He is registered at the Imperial.

F. E. Zingheim, a mining man of Kennerly, Cal., is a business visitor in the city. He is a guest at the Imperial.

J. P. Robinson, a merchant of Madras, is a business visitor in the city for a few days. He is registered at the Imperial.

C. K. Cranston of Pendleton, an employe of the government is a business visitor in the city. He is a guest at the Imperial.

H. W. Thissen, a prominent merchant of Hubbard, Or., is a business visitor in the city. He is a guest at the Imperial.

J. C. Moreland, clerk of the supreme court, is up from Salem on a brief business visit. He is a guest at the Cornelia.

Arthur McCreery, a prominent orchardist of Hood River, is a business visitor in the city. He is a guest at the Cornelia.

Mrs. F. W. Kaaser, wife of one of the prominent merchants of Walla Walla, Wash., is a visitor in the city. She is a guest at the Perkins.

Dr. A. D. McIntyre of Newport is a business visitor in the city. He is registered at the Perkins.

C. A. Taylor, president of the Taylor Lumber company of Kelso, is a business visitor in the city, a guest at the Perkins.

B. C. Lamont, a merchant of Medford, accompanied by Mrs. Lamont, is a business visitor in the city. They are guests at the Perkins.

F. Davenport, president of the Bull Run Lumber company, is a business visitor in the city for a few days. He is a guest at the Perkins.

**Meant to Be Kind.**  
 From the London Opinion.  
 Fair Critic—Oh, Mr. Smeat, those caricatures cover there are simply perfect. You should never paint anything else but birds.  
 Artist (sadly)—Those are not caricatures, madam. They are angels.

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There's no need of ruining your stomach by dopping it with drugs, trying to overcome pain, some chronic ailment. No need of doctor and drug bills, for here is a remedy that cures without drugs. Most of the ailments of mankind are due to the failure or breaking down of the stomach, kidneys, liver, bowels or digestive organs. When one of these organs fails to work properly, something happens; pain, disease or nervous ailments result.

The reason any organ breaks down or fails to work properly is because it lacks motive power—electricity. Now to cure pain or disease you must find the cause and remove it. If it is caused by a lack of electric energy, restore that energy, and the pain and disease will disappear. That's our method. That's Nature's method. Electricity builds up strength, nourishment, to the body. Drugs destroy, tear down, because they contain poison instead of nourishment. Of course, they can cause an organ to act, but that organ is weaker after the effect of the drug has passed off. Drugs stop pain temporarily by stupefying the nerves, but the pain comes back and you have to take the drug again. Every dose weakens the nerves.

Electra-Vita is an electric body battery, applied while you sleep. It builds up electric life into every nerve and tissue of the body, building up vitality and strength and removing the cause of disease. Electra-Vita does no harm. The only sensation is a soothing glow. Electra-Vita never needs charging. It makes its own power continuously. Electra-Vita has proven a great success. It is curing people all over the world whom drugs failed to bene-

Mrs. M. Stowell, Eagle Point, Or., says: "Having suffered for a long time from the effects of malaria and nervousness, I decided after trying many other remedies, to purchase one of your appliances. The result of my use thereof has been most satisfactory. After a few days' application I could see that it would do more for me than all the medicine I had taken, and so it has. The malaria poison is leaving my system, my nerves are stronger, and I feel much brighter and better in every way. I shall be glad to recommend Electra-Vita."

Cut out this coupon and mail it to us. We'll give you a beautiful 30-page book which tells all about our treatment. This book is illustrated with pictures of fully developed men and women, showing how Electra-Vita is applied and explains many things you want to know. We'll send the book, closely sealed and prepaid, free, if you will mail us this coupon.

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