

# EDITORIAL PAGE OF THE JOURNAL



# THE JOURNAL

AN INDEPENDENT NEWSPAPER.

shed every evening (except Sunday) and ry Sunday morning at The Journal Build-Fifth and Yambill streets, Portland, Or.

THEPHONES Main 7177; HOME, A-8651.
All departments reached by these numbers.
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damin & Kaptner Co., Brunswick Hullding, 25 Fifth arenus, New York; 1907-98 Boyce utlding, Chicago. The Journal is on file in London, England, at the office of The Journal's English representatives; E. & J. Hardy & Co., 30 Flort street, where subscriptions and advertisaments will be received.

Subscription "erins by mail or to any address in the United States, Canada or Mexico; DAILT

#5.00 / One month. BUNDAY. DAILY AND SUNDAY.

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Sincerity is like traveling in a plain, beaten road, which commonly brings a man sooner to his journey's end than byways in which men often lose themselves .- Til-

#### WHEN THE PRESIDENT COMES

and it is high time for those who are to be buglers, cupthe various cities to brush up the plug hat and press the creases into the best pair of trousers. An admiring world is soon to behold those who stand by the presidential side, and each fugle man should be prepared to be at his best in that glad hour. It is a great big thing to revolve about the mighty and help radiate the halo of greatness. To determine who should do this in the various cities has caused a lot of heart burnings and no end of anxiety among local statesmen every part of the country.

We had a touch of it in Portland, but it was a mere ripple compared to the social and political convulsions in some of the other cities. In Chicago, it is apparently to result in the temporary banishment of the city's mayor. A local publication there relates that when the president approaches Chicago, Mayor Busse will take to the tall timber. It is charged that his personal and administrative acts have been such that, in the minds of the committee extraordinary, he is entirely unfit to be one of the presidential fuglemen. So, it has been arranged that he will leave a note of regret at his inability to be present on this auspleious occasion, and go to hunt the ductive tack rabbit in the tall he will be turned over to the Hamillatter hour the Bankers' committee

than 2,000,000 that he feels the lure or both. of the jack rabbit or the alligator,

#### MR. WILSON'S SUGGESTION

pearing irrigation appears to reclaim down. waste lands, and make them enorworld's progress, that there is great Portland. need for it to be vigorously encourand one in which it can immensely continue the agitation. further the material, social and economic condition of the people.

It is indeed, better for government to farmers without a profit, while

### THE PUBLIC'S ESTIMATE OF LIFE VALUES

HERE OUGHT to be as much be measured in dollars that interest public concern in the life of a us in giving our boys and girls good child as in the life of a calf. health.

ment at the postoffice at Perfland, Or., for mission through the mulls as second-class There is not much excuse for a civilized people that can show not more than one sound man in 100. Darwin insisted that we ought to beetles and bugs so our fruits may working in cooperation. grow, other money in saving po- In the main, disease that lowers sanitary milk.

And then there are ties that cannot from swine cholera?

of the Oregon situation. It is prob- ple of the northwest. able that the Oregon delegation will be alert, and that all the members packing plants, two programmed thereof will insist upon development now, but doubtless with others to of Oregon reclamation to the limit be added. They are the enginery of the funds created by the law of an industry that never decreases, through land sales.

grass of North Dakota, or chase the morning, and for a half hour in the of wealth. gurgling alligator in the swamps of evening. Such a program is urged labor, in distributing money, in ena Florida. According to the arrange- in resolutions recently adopted by couraging industry, in building up ment, the president will be met at the council and joined in by County farms, in enriching the soil and wood preserve them? the Lake Shore station by the re- Judge Webster and the Port of Port- those who work it, and in all the the Lake Shore station by the re- Judge Webster and the Port of Port- those who work it, and in all the contribution of the Lake Shore station by the re- Judge Webster and the Port of Port- those who work it, and in all the contribution of the Lake Shore station by the re- Judge Webster and the Port of Port- those who work it, and in all the contribution of the co charge of him until 3:15 p. m., when and from 7:15 to 7:45 are the morn- to earth's aggregate of wealth, the ing intervals, and half an hour be- activities on the Portland Peninton club until 11 p. m., and at the tween 5 and 6 is the time in the sula are assets unapproached. evening during which it is proposed will stand in his presence until mid- that the bridge traffic shall have most modern and complete of any right of way. It suggests that, out in the country. The scale and lines Should the program be carried of the 24 hours in the day, the on which they have been built are out, and the mayor yield to this stream of humanity that surges to evidence of what their future is to sudden call of the wild at the presi- and fro over the bridges, hurrying be. Behind them and the packing dential approach, the spectacle will to and from employment or places houses is vast capital, and in making be one of the strangest the country of business may be given opportunity expenditures so heavy, capital makes has ever seen. For his friends to to pass the bridges without having no blunders. If there is anything convince the mayor of a city of more to wait for draws to open or close, in gathering omens, Portland is to

and must be run out of the city be- of a million, and half its people are most eminent railroad men in the fore the president enters will be a on one side, and half on the other northwest that it is to be the metropmilestone in the history of this burn- of the river. The traffic that passes olis of the Pacific coast. ing question of who are to be fugle- over the bridges during the day is men and buglemen when the presi- an enormous volume. It is almost an incredible proposition that this vast caravan of moving people should not be considered in the operation of the draws, and that the HE EFFICACY of irrigation has whole overhead movement should been proven. It is a new be stopped and made to stand still agency that is to powerfully whenever a tiny boat with a small ncts from the soil. At the moment the bridges almost as well at one

The importance of a facilitated mously productive. It is a new in- harbor traffic is perfectly underspiration in going to the soil for stood, and its conservation earnestly wealth. Its efficacy for productiv- desired. But, at least an atom of ity on lands otherwise barren is recognition is due that great stream a valuable lesson to agriculturists on of people flowing constantly over the every variety of land. It is so im- bridges, whose daily efforts in indusportant a phase in agricultural en- try and commerce, not only make the ports-helped himself. He said, in deavor at just this stage of the harbor traffic possible, but make

aged. The leadership of the gov- ton is now considering the council derstand that, ernment in its behalf is one of the resolutions, and in the light of the broadest and best activities in which facts it seems impossible that any any government ever engaged. It other than a favorable decision will Cook had no right to go pole huntis a leadership that ought to be per- be reached. Mayor Simon's vigor in ing anyway. The pole had become sisted in, for it is a function within pushing the matter is to be comthe proper endeavor of government, mended, and it is hoped that he will

to promote irrigation than for private capital to do it, because the one is based on giving the reclaimed areas to farmers without a profit, while the other levies a toll on agricul- yards yesterday was more than a sentment? Yet Cook seems rather his appropriate yards yesterday was more than a sentment? Yet Cook seems rather his appropriate yards yesterday was more than a tural endeaver, when, as the drift of population from the farm shows, agriculture should be released from the Deschutes canyon recently was story of finding the earth-end, was ton's defeat was due to his failure to all possible tolls, to the end that not a mere happening. The break- awful, terrible, catastrophic, catamen may find profit enough on the ing of ground for the construction clysmic; it was an occurrence more land to induce them to remain on of the North Bank road was not a tragic and destructive than all cymere accident. Each was alike a clones, tornadoss, fires, shipwrecks In point, is an article by A. King capital move in a capital design. and earthquakes combined and con-

Wilson, elsewhere on this page. It The North Bank road meant a centrated into one colossal debacle.

It is universally agreed that there are to be wrenching times ahead in the world. The New York Indetake as much pains in the breeding pendent says the "problem" just and care of our children as in our ahead is which nation has the most domestic animals. The department virile men and women with the of agriculture spends \$7,000,000 an- cleanest bill of health." Rather than nually to promote plant and animal spend so many millions for warships, health, but the conditions of disease it is a better provision for defense that unnecessarily destroy 3,000,000 to grasp a national physical ideal in infants every five years are left un- which more than one man in 100 disturbed. Thousands upon thou- shall be physically sound. We should sands of dollars are annually spent rather seek a means of reaching an for prevention of hog cholera, but ideal physical condition with an parents, cities and states permit the ideal capacity for pluck and work. needless sacrifice of innocent chil- We should seek to be a people of a as dren to go merrily on. We spend the purest blood, best digestion and unlimited money in fighting the largest lungs with the manliest ideas

tato plants from blight, but the our physical standard is not natural purse strings shut tight when money or unavoidable, but the result of is asked with which to fight for human neglect. Physical degeneration is the direct result of false con-If we are to measure life by the ditions that a mere modicum of efsordid test, a child is worth more fort can set aside. We have gerto the world than a calf or a pig. jously determined to increase the For selfish reasons we ought to be stature as well as the morals of our as ready to save a child from disease oriental subjects. Might we not with as a potato plant from blight or an equal appropriateness undertake to apple tree from the scale. At ma- protect the physical well being of turity the child, according to sta- ourselves and our children? Is it tisticians, is worth an average of not as well worth while to save a \$4000 and more a year to the nation. child from impure milk as a pig

terior in behalf of irrigation. It lines of eastern Washington to this presents the important point that city. The Deschutes line is a new the state's full portion of the fund route for a coming empire to the created by sale of public lands is Portland gateway. The stockyards far from being expended, and that is the pivotal point around which future sales during the current 10 the future livestock industry of the year period will largely increase the northwest is to revolve. It is to be state's unexpended balance. Mr. the clearing house for the food ani-Wilson's presentment of the facts mals for the vast territory west of suggests the expectation as sales the Rockies and north of San Franproceed and the Oregon fund in- cisco. It is to be the depot, headcreases the department should make quarters and market place for an arrangements to expend Oregon's industry that in 20 years will reach legal portion in approved projects a proportion vastly greater than the of reclamation in this state. The most optimistic Portlander dreams railroad development now in prog- of, and that will contribute enorress makes it extremely important mously to the enrichment, and disfor the department not to lose sight tribution of wealth among the peo-

Beside the stockyards lie the but always grows. Mines work out and ore bodies are consumed. But THE MAYOR AND THE BRIDGES nature goes on forever producing food animals, adding more and more AYOR SIMON is insistent in as demand increases to its volume behalf of the plan for closing of production. It is a mine that Nobody will ask for a loan. the bridges to harbor traffic never fails, but goes on as the soil for an hour in the early grows richer, adding to its output

The yards are described as the be the Chicago of the Far West. It Portland is a city of a quarter is the known belief of one of the

> THE TRAGEDY OF POLE HUNT-ING

DART OF a reported record that may be verified runs as follows: "This house belongs to Dr. Frederick A. Cook, but Dr. Cook is long ago dead and there is ald men in deriving food prod- tow of logs that could pass under no use to search after him. Therefore, I, Commander Robert E. Peary, tillable acreage still wild is disap- time as at another, may pass up or install my boatswain in this deserted house."

The "house" mentioned was at Annatook, north of .Etah-st the mary law was adopted, and all very land's end of inhabited country in the far north. There Cook had left large supplies, for his return that he was ever nominated by a convenjourney. Peary, passing that way a year later-according to present reexplanation, that Cook was dead. Being dead, Cook didn't need the The war department at Washing- stuff. Even an Eskimo could un-

> Besides, Commander Peary thought, and in effect says, that Peary's, as against all the world. "Mine," he said, when he got there -if he did.

But Cook meanly disappointed Peary. He obstinately refused to die. He came back, and was change are on the horizon. The wasn't there. Was it not enough to opening of the Portland stock- arouse bitter indignation and re- but Mr. Fulton, despite the fact that

and honor to both explorers, and will even forgive Peary for the loot of Cook's cache, if it occurred, and Cook for saying that Peary stole his stuff, if it did not occur. A man who has been to the north pole or thereabouts must be excused for being a little excited on his return to



"I don't want to brag," began the Sa-lem liar before anyery. I remember once when my partner and I were prospecting on the desert in August, and my partner, Joe, alek with a

tiok sick with a terrible fever. There was not a man living within 100 miles. Joe was about to die. Ice, I knew, was the enly thing that would save him. Suddenly a bright idea came to me. They always do if I wait for 'em. So I wandered out over the desert until I was lost. Then I became rightened. Night came on and I became more and more frightened. The fright grew upon me until a cold sweat broke out all over my body. Then I rushed back to the tent, wrapped a blanket around myself and left it until it was frozen stiff. Then I placed it around Joe. In 20 minutes he was as well as ever, except that he got one of his ears nipped by frost."

SOME HAUGHTY FOLKS.

I often wonder what there is in the general makeup of certain people to cause them to be so haughty. Yesterday I asked a man for a match, and the haughty glare he gave, me caused me to bite my Adam's apple, and it nearly choked me to death. I wish people wouldn't act that way. If they only knew it they could have a whole lot more fun with me by treating me for the time being as an equal.

But it is that way wherever I go. I go to a hotel and timidly ask for a room and the clerk will sing out: "Boy, show this mutt up to the garret," while the fat traveling salesman will order the clerk around the same as he would his wife, and gets a suite of rooms on the first floor for less money than I pay for the garret. I go into the restaurant and beg the waiter to bring me a prune and a napkin and he waits a couple of hours, then comes back and wants me to repeat the order. Another man will come in and bluster around and the proprietor waits on him and first the cook if the man sake him to man will come in and bluster around and the proprietor waits on him and fires the cook if the man asks him to do so.

I get so discouraged sometimes that I sob nearly three columns before I can

EXPLAINING WHY. The rhymster, I find, has scarcely friend.

He's shunned like a case of the plague.

The people all sigh whene'er he comes

nigh And wish for a large, sickly egg: He may write about Roosevelt, pickles of spring, Or a once happy maiden forlorn; Whatever the subject, results are the

He'll get naught but looks full of scorn And that is the reason I write so much And that is the junk funk for make people grumble and groan—
For without any friends to meet here

Sawdust is capable of producing al-ohol at the nominal sum of 7 cents a according to dispatches Therefore, if sawdust will produce al-cohol and alcohol is a preservative, why all this trouble about the preservation of our forests. Won't alcohol in the

Cook and Peary, erstwhile chums, explored the frozen north,
But something's wrong somewhere somehow, et cetera and so forth.

#### Letters From the People

The People Choose Wisely. Salem, Or., Aug. 31 .- To the Editor of The Journal-I want to record my dissent from the Oregonian's statement that in our state we get "cheap critters" for public officers when our nominations are made by voters direct instead of by the convention method. undertake to say that so far our officers, as a rule, compare favorably with those nominated under the convention system. Looking over our statehouse here, I find every elected officer a Republican-Governor and Secretary Benson, Treasurer Steel, Attorney General Crawford, School Superintendent Ackerman, State Printer Duniway, and Supreme Judges Moore, Eakin and Mc-Bride. All of these officers had long been in politics before our direct pribeen nominated for office under the convention system, I believe, unless it was the state printer. I do not recall tion; but as I noticed in the Oregonian some time ago a statement about econo mies he had brought about, I think taxpayers would like to have more of his of office holder. And there is nothing so far as I know, to show that tioned are not easily the equals of men These officials are responsible directly to the people and must expect examination of their official records if they factory to the people, not to the boss, in order to get renominated.

As to United States senator (and this

is what seems to "pluch"), I may say that had Senator Fulton's career met the approval of even 40 per cent of his party, he would have been renominated. voted against him, but because Republi-cann failed to vote for him. His vote was about 16 or 37 per cent of the Re

command 40 per cent of his party vote. Thus the primary enabled the Republican party to pass upon Mr. Fulton as it will enable the party to pass upon other candidates for reslection. Hence it follows that Republican voters get representative government through the

## COMMENT AND NEWS IN BRIEF

#### SMALL CHANGE

"R" hello, brother Oyster. Yet, to tell

Anna Held wants to take a long ride in an airship. Many a man would be lelighted to fly with her.

Peary is likely to prove that he didn't of there, if he keeps on—for he says abody else could. Is Peary a god?

A Toledo paper says there are 7,000,000 tramps in this country. The author of this article talks as if he had been Polehunting.

Some of the night joy-riders deserve a more or less protracted term of isola-tion in a Salem institution for a healthy, sobering change. It is about time to make an example.

OREGON SIDELIGHTS

Myrtie Creek Mail: Some of the best land in southern Oregon is on the mountains. One acre often produces three or four times as much as an acre of the best valley land.

Echo Register: A little water, lots of sand, just spread them out upon the land; some of the sand kept in your craw; just stir things up and there you are. Fruit, alfalfa, garden sans, bank account, livestock amass; auto shining in the sun; monument when life is done.

Albany Democrat: All Oregon should combine to finish the Cellio canal and also open the Willamette to free traffic through the locks at Oregon City. The credit of the state might as well be used by the state for the people as by corporations for the holders of watered watered stock.

Albany Democrat—Mayor Simon is being rough on the little trusts in Portland. He is very cute, and the machine has to go carefully around the bends to reach a state "assembly." If it does not call down some of the grafters a little bit the wheels may slide over the grade.

Gold Beach Globe: Two experts, with a complete assaying outfit are said to be at the McKinley copper mines near Gold Beach, and will give those vast deposits a thorough investigation. If the property suits them it will mean much for Gold Beach. This ore can be easily transported to the mouth of Rogue river on a down grade for the chirc distance—probably five miles.

### FAMOUS GEMS OF PROSE

#### At a Child's Grave - By Robert G. Ingersoll

My Friends: I know how vain it is to future filled with pain and tears.
uild a grief with words, and yet I wish May be that death gives all there guild a grief with words, and yet I wish Why should we fear that which will the ones who love us here, come to all that is? We cannot tell, we do not know, which is the greater blessing—life or death. We cannot say fear. The larger and the nobler faith

from every grave its fear. Here of worth to life. If those we press and in this world, where life and death are strain without our arms could never equal kings all should be brave enough die, perhaps that love would wither to meet what all the dead have met. from the earth. May be this common The future has been filled with fear, fate treads from out the paths between stained and polluted by the heartless our hearts the weeds of selfishness and past. From the wondrous tree of life hate. And I had rather live and love the buds and blossoms fall with ripened where death is king than have eternal fruit, and in the common bed of earth life where love is not. Another life is patriarchs and babes sleep side by side. nought, unless we know and love again

that death is not a good. We do not in all that is, and is to be, tells us that know whether the grave is the end of death, even at its worst, is only perfect this life or the door of another, or rest. We know that through the com-whether the night here is not somewhere mon wants of life—the needs and duties journeys all the length of life's uneven road, painfully taking the last slow steps with staff and crutch.

Every cradle asks us "Whence?" and every coffin "Whither?" No man, standing where the horizon of life has touched a grave, has any right to prophesy a load of the same fate awaits us all. We, too, have our religion, and it is this: Help for the living—hope for the dead.

Every wanted him. Now duchy are living to swim.

Solve again their lives will be to grave almost the swim as they learn to the wise parents would do well to see that their girls are taught to swim when they are little before fear has good as ours. We have no fear. We are sill children of the same mother, and the same fate awaits us all. We, too, have our religion, and it is this: Help for the living—hope for the dead.

That they are little before fear has time to lay such hold upon them. One great swimming master says that children should be taught to swim when they are 8 years old.

Every work. else a dawn. Neither can we tell which of each hour—their grief will lessen day milian is the more fortunate—the child dying by day, until at last this grave will be to swim.

tive antagonism. And I do not under-value conservatism; it is often good and necessary; but if any system is found to be bad, then conservatism must yield to progress. In vain our political bosses was passed; it was held unconstitutional and knocked out. Then another was against the first one, and it stands because it is proved good. Next there was the fight over the Australian ballot law; bosses and interests fought it; but it has triumphed, and no one longer fights it, because it is useless to try and prevent the masses of people from hav-

ing what they want. So now the would-be bosses and interests, all the way from New York to Oregon, are against the direct primary, as they are against laws which enlarge the powers of the people in their gov-ernment. But the direct primary is winning in New York, California, Washington, and elsewhere, because the masses of the people want it and will have it. And why? Simply because they intend to exercise the right of Letters to The Journal should be written on one side of the paper only and should be accompanied by the name and address of the writer. The name will not be used if the writer asks that it be withheld. The Journal is not to be understood as incorsing the views or statements of correspondents. I citers should be made as brief as possible. Those who wish their letters returned when not used should inclose postage.

Correspondents are notified that letters exceeding 300 words in length, may, at the discretion of the editor, be cut down to that limit, be old these wholesome ideas and laws. hold these wholesome ideas and laws.
ALONZO GESNER.

Reclamation in Oregon. Portland, Or., Sept. 15.—To the Editor of The Journal—I beg to make a few observations as to Oregon's interest in the reclamation fund. The secof the interior is required to expend the major portion of the reclamation fund arising from the states and territories for the benefit of the arid or semi-arid lands within each state or territory. The division of the fund is conditioned on practicability and feasibility. This is in accordance with section 9 of the national irrigation law approved June 17, 1992. Up to the thirtieth day of June, 1909, the receipts from the sales of government land in Oregon amounted to \$8.174.692.33. One half of this, or \$4.087.345.16, should be expended in Oregon. The actual amount of money expended in Oregon is as follows: expend the major portion of the recla-

Klamath project .....\$2,109,000.00 Umatilla project .....\$1,186,000.00 this fund. While the building of the railroads into eastern Oregon is selling railroads into eastern Oregon is selling government land very rapidly, the amount of the fund will be very greatly enlarged before 1912. Some of the people who live in Oregon, think it would be out of place for the government to spend \$8,000,000 in this state in irrigation projects. They think that there are plenty of projects that are practicable and feasible in Oregon. The resuers of this paper can draw their own conclusions as to the position that Oregon is in in relation to this fund. Oregon is in in relation to this fund.

A. KING WILSON.

Opposed to Prohibition. St. Helens, Columbia County, Or., Sept. 4 .- To the Editor of The Journal-We farmers of Columbia county appeal to your paper for protection against the Prohibition party, which is getting up a petition for a special election to be \$5000 or more to us taxpayers and we original method of applying it. appeal to your valuable paper for pro-The Prohibitionists do not want any drinks sold in this county. Stop

A DEMOCRAT FOR 70 YEARS.

1828-Samuel L. Southard of New Jer sey became secretary of the navy. 1830-Geroge B. Prescott, who introof old objected to a registry law; one duced the quadruplex telegraph into was passed; it was held unconstitution—America, born in New Hampshire. Died

1833-Boundary line dispute between New York and New Jersey settled. 1864-A McClellan meeting in the Lin-

vas inundated. 1893-Cherokee strip, 6,072,754 acres, opened for public settlement. 1901-Henry B. Whipple, Presbyterian

Episcopal bishop of Minnesota, died at

Trials Here and in England. From Collier's Weekly.

Fairbault? Minn.

We spend years of time, infinity of attention, thousands of the people's money, turning the trial of a wealthy murderer into a complicated game, England last year settled /a somewhat similar case in just one day. This year she took a small part of a single day on the trial and sentencing of Madar Lal Dhinagri; she did it three weeks after the murder; a few weeks more saw the Hindu pass from earth, and nobody pretends the result would or should have been different if England had tied herself up with as many fool technicalities as afflict criminal law in the United States. It is a sad thing for the state to kill any human being; it is sadder to kill one whose act seems virtuous to himself; but as long as such necessity exists in an imperfect universe, it should be met with certainty, gravity and promptness. The courts should deal se-Mr. Taft has led the public to expect some reform of the barbaric procedure which United States courts and lawyers have constructed, and we look forward to the day when our judges and juries shall, like the English, deal only with the fundamental law and with the evi-

Seeing Around a Barrier.

enable a gunner to observe an enemy while himself completely hidden, such apparatus is not unknown abroad. You're rising day by day, all the world Prisms have been used to cause two is full of wights, who will help you on changes in the path taken by rays of your way. They will cheer you on with light, so that the image of a distant loy, as you strive toward the sky, calllight, so that the image object can be thrown into a man's eyes ing you believe to the thrown into a man's eyes ing you will throw you large even when there is a substantial barrier eye. They will throw you large even when there is a substantial barrier eye. They will throw you large even when there is a substantial barrier eye. They will load you down with bays, the prisms must be will load you down with bays. the leases of a field glass. It is not your triumphs they will sing, and their unlikely that the Massachusetts inventor who is said to have been working at petition for a special election to be the problem has utilized the same printif you're logging down the slope, at a cld November 1, 1909. It will cost ciple, and he may have improved on the pace that beats the band, do not jour-

> Tax Wall Street Gambling. From the New York World.

Wall street gambling is pernicious its effect on industry. It should Duke of Saxe-Altenburg's Birthday.

Duke Ernst, of Saxe-Altenburg, the oldest sovereign in Europe, was born september 16, 1838, the son of Duke George of Saxe-Altenburg and Princess Marie of Mecklenburg-Schwerin. He succeeded to the throne at the death of the possibly 3 per cent of legitimate investment in stock sales the tax is a big further in 1851. In the same year Wilson, elsewhere on this page. It presents figures showing that Orepresents figures showing that Oregowals entitled to further expendition and the final link in a new transcontinental So it looks to Peary, but the rest of the Oreginian regards Mr. Cake as succeeded to the throng at the death of vestment in stock sales the tax is a "weak man," and Mr. Pulton should his father in 1852. In the same year triffe. On mairbed sales and gambling have been able to get 40 per cent of the labill pull from the ramifying rail sang, will finally give due credence vote of the party against a "cheap man," Anhalt-Dessan, who died in 1891. The paid, a wholesome check.

# The REALM. FEMININE

Can You Swim? HIS season has brought a marked popularity of swimming among the women of London. the last few weeks, the member ship of the Bath club, a fashion

its membership, and a new club, the City of London Ladies' Amateur Swim-

ming club, has recently been formed for the accommodation of business women the accommodation of business women who live in the city.

Miss Lillian Smith, the champion long Miss Lillian Smith, the champion long distance woman swimmer, is said to be responsible for this increased popularity in a much neglected and much needed accomplishment for women. At any rate, Miss Smith says that swimming is the best exercise for women—stout and thin. It evidently works either way, according to the need, for she declares that "The woman with too much flesh can reduce her weight, and the thin girlican develop muscles which she never dreamed of before."

As to costume, Miss Smith says, "the best swimming costume is the tight-fitting university dress. Skirts look well on land, but they are not satisfactory in the water."

Our English cousins have set as example in the matter of swimming which might be followed advantageously by the women of every city in our own country, that is, where it is possible.

Swimming is not only a good exercise, but it is one of the most delightful of all exercises. It gives such a joyous sense of freedom and such a feeling of lightness and buoyancy as one might expect to experience if flying were possible.

sible.

But above the benefits and delights of swimming as an exercise comes the importance of swimming as an absolute means of self preservation and life saving. Each year the water claims its toll means of self preservation and life saving. Each year the water claims its toll
of victims, and it would probably be astounding to learn how many needless
deaths were occasioned through ignorance of swimming. This is particularly true of women, most of whom
seem to have an instinctive fear of
water.

Almost every woman would like to know how to swim if she were not afraid to learn. The very best thing that such women can do is to go straightway to some good natatorium and overcome that fear by growing familiar with the water and learning to swim.

had the Republicans wanted him. Now I am opposed to the assembly scheme to give Mr. Fulton the nomination for governor as a "compromise candidate," (see recent political article in the Oregonian) and much prefer to let Republican voters name someone by direct vote rathen than use the assembly plan to put up a proven "minority candidate."

The opposition being shown in some quarters to our direct primary law recalls the fights that used to be made against registration laws and the Australian ballot law. All the progress we make is made in the face of conservative antagonism. And I do not undervalue conservatism; it is often good and necessary; but if any system is found.

Every woman who goes out in small boats, such as cances, rowboats and duchy over which Duke Ernest rules has an area of about 500 square miles and a population of 200,000. There was alloats, without knowing how to swim, virtually takes her life in her hands, for accidents do happen with the best of skill in handling such crafts.

There have been many sad object less of sare alterwards incorporated with Saxe-Gotha. The present duchy of Saxe-Altenburg dates from dates from dates from dates from dates for accidents do happen with the best of skill in handling such crafts.

There have been many sad object less of swimming. One of the latest was the output of Saxe-Altenburg dates from dates from discovery dates from dates for accidents do happen with the best of skill in handling such crafts.

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ome young boys. Such tragedles should sound an imperative note of warning to eyery woman, and if she can not swim she should not place herself in danger. In a place such as Portland, with the ocean a few miles away and the river ght at hand, women are continually taking foolhardy risks on and in the water, and it is really a wonder that 1864—A McClellan meeting in the Lindell hotel, St. Louis, was broken up by a party of Union soldiers.

1875—Galveston, Texas, visited by a fearful storm of wind and rain; the city was involved in the city was involved in

when women come to realize the importance of knowing how to swim and pay proper attention to its practice, there will be more humor and less sense in the old fabled saying of the mother. who gave her daughter permission to go swimming, but told her to hang her clothes on a hickory limb, and not go

New From Old.

W HEN cut bread is left over from the table, put it in a tin can of the table, put it in a tin can of a some kind and save it until you have sufficient to make up for one loaf of bread. Soak this bread in milk or water, and let stand for half an hour. Then add salt, one egg, and sufficient flour to make a batter. After it is well mixed put on a hot griddle and bake. If rye bread is used, one half cake of compressed yeast should be put into the mixture and the batter sllowed to stand over night.

M 16 36 Chocolate Cream Layer Cake, TIX 8 tablespoonsful of sweet chococlate, 3 tablespoonsful of sugar, and ½ cup of cold water. Boil, cool and add the following: 1½ cupsful of brown sugar, ½ cupful of butter, stir well and add 3 eggs, one at a time. Beat well between each egg: 1 cupful of flour, 2 teaspoonsful of baking powder in flour and mix well. Add 2 cupsful of flour and ½ cupful of cold water and 1 teaspoonful of vanills.

36 36 36 Approaching Styles, THE following interesting hint on stage dress for the coming season comes from one of our well

known stars in the east:
"The most of the fall stage gowns are draped effects in long lines but decidedly overskirts. The hats are mostly turbans, some of large Turkish effect, some of soft velvet folds. The hair is dressed soft, winding around the head like a net and parted either in the middle or on one side." dle or on one side."

### The Helping Hand

From the New York Tribune.

Whether or not an instrument has a regular feature of this country which will Journal.)

(Contributed to The Journal by Walt Mason, the famous Kansas poet. His prose-poems are regular feature of this column in The Daily Journal.)

If you're climbing to the heights, if singing will not stop; you'll be treated like a king, as you clamber to the top. pace that beats the band, so not jour-ney without hope—there is still the Helping Hand. Folks will help you going down, as they'd help you if you rose; they will drag you by your gown, they will push you with thair toes; they will guide you to the steep where the human wrecks are put; they will cheer you till you sleep with the bow-wown at the foot. Cho path you'll tread! Paths descending. paths that rise, to the abyes of the dead, to the parden of the skies—all are lined with joyous bands, reaching forth to grasp your gown, holding out willing hands, giad to help you, up down?

Chorright 1908 by Oath Marons