

WORKS HARD AND LIVES PLAINLY

John D. Rockefeller Gets Up at 6 a. m., Plays Golf Before Breakfast and Then Gets Down to Business—In Perfect Health.

(United Press Leased Wire.)
New York, Nov. 28.—When John D. Rockefeller returned to active business a few weeks ago he kicked up something of a sensation because his associates believed that a man of 69 years ought to be thinking of other things than financial affairs.

For 14 years Rockefeller remained in retirement, the most of the time being spent in renewing his health. Today he is seemingly in perfect health, with a tremendous capacity for work, brains and a memory that is affected only by cross examination in government suits.

Life in the open air, exercise and plain food have rejuvenated this wonderful old man. Here is what he eats:

Breakfast—Omelet, poached eggs, coffee and rolls or toast.

Midday luncheon at Tarrytown—Soup, roast beef, vegetables, milk.

Lunch when in town—Roast beef, potatoes, milk.

Dinner—Soup, beef stew or roast, potatoes, fruit and milk.

Always Has Lived Frugally.

Speaking of his manner of life, Mr. Rockefeller said:

"I feel younger today and my general health is better than it has been for nearly 15 years. I'm better able to work than I have been for years, and I intend to work as long as my health permits. While my health at one time was not of the best, I was not in as critical a condition as many newspapers stated.

"I have always lived a frugal life, first from necessity, then from choice. My wants have always been comparatively few and within my income. I have never had any desire to change from my simple living. My table today is practically the same as it has always been, and I attribute my present good health to the fact that I have always eaten simple food, plainly cooked. I do not use liquor in any form, and I believe I am better off without it.

"Although I smoke occasionally, I am not a habitual smoker. The habit never got the better of me.

"I have always been fond of outdoor life. I spend as much time as possible in the open air, on the golf links whenever the weather permits. I arise at 6 o'clock in the morning, and when the weather permits I go out on the golf links before breakfast.

"The tendency today, especially among Americans, is to overeat. It is largely a habit, and a habit that is not conducive to good health. A large majority of the present day ailments are caused by over-eating. It is little less than a vice.

"We are living at a rapid rate in America, but I believe that people should live simpler, saner lives. Better health

OREGON FIR TO BE ADVERTISED

Lumber Manufacturers Will Carry on Vigorous Campaign in the East.

The Oregon & Washington Lumber Manufacturers' association at its regular monthly meeting yesterday afternoon took up the matter of extensively advertising Oregon fir in interior markets in the eastern states.

It has been discovered that the beautiful surface of the wood which is so plentiful out here is now attracting attention in the east, but at the same time it is considered advisable to do some missionary work to get it introduced on a large scale.

How to go about it has not yet been decided upon, but the matter has been left with a committee to formulate the most effective system. A unique exhibit will in all probability be sent to the larger eastern centers to be placed on display for a certain length of time in each city. The material will also be brought to the attention of leading architects.

Henry B. Miller, American consul general, Yokohama, made a highly interesting talk to the assembled lumbermen, speaking principally upon the lumber situation and timber resources in Japan, China and Manchuria. He said that China, especially, will always prove a market for Pacific coast lumber, since that country is entirely denuded of anything in the way of forests.

A few months ago Hill bought as a gift for his daughter, Mrs. Michael Gavin, the residence at 12 East Sixty-fifth street, adjoining his home.

JIM HILL PLANS FAMILY COLONY

New York, Nov. 28.—James J. Hill, president of the Great Northern railroad, has been making extensive realty purchases in the "Millionaires' row" section of Fifth avenue, with the probable intention of drawing his family around his mansion. Broker Sherman's offer to sell a large plot with the old Duncan mansion, in East Sixty-fourth street, abutting on the Hill home, for something under \$450,000 has been snapped up by Hill.

This property includes the plot at 7 and 8 East Sixty-fourth street, and it is said Hill intends to build two thirty-foot American basement dwellings for his sons, Louis and James N. Hill, who are now residing outside the city.

A remarkable poem, author unknown, was read by request at the afternoon meeting by Mrs. C. A. Cohen, one of the few supporters of the first anniversary of the association, who had read it at the meeting 37 years ago, entitled "Judge Not" and it was repeated at the evening session, also by request.

Letters of regret at inability to be present, expressing hearty approval of the work of the association, were read from Rev. Benjamin Young and Dan McAllen.

Among the speakers that followed, each of whom was heartily in accord with the campaign slogan, "No taxation without representation," were Dr. Owen Adair, Mrs. Clara B. Colby, Mr. Sarah A. Evans, Rev. W. B. Bishop, Dr. Whitcomb Brougher, Harrison D. Barrett, Miss Myrtle E. Pease, J. D. Stephens, Representative Mahone, and Levi Meyers.

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WOMEN WHO PAY TAXES MAY VOTE

Keynote of the Amendment Upon Which Equal Suffragists Are Working.

At the thirty-seventh annual meeting of the Equal Suffrage association of Oregon held Friday evening, an interesting feature was the address of the president, Mrs. A. B. Scott Dunlaway, dealing with the progress of the suffrage for women movement during the past 70 years.

Mrs. Dunlaway quoted statistics compiled by Miss Alice Stone Blackwell, recording secretary of the National Woman's Suffrage association, whom Mrs. Dunlaway named as unquestionable authority as a chronicler.

"Write before us," said Mrs. Dunlaway, "added to the recent remarkable progress of the movement in the municipalities of Chicago, the adoption of full suffrage in federated Australia, and the activity of leaders of the movement in Washington, California and Oregon, with the enfranchised states of Wyoming, Colorado, Utah, and Idaho laughing in their sleeves at the men of Oregon, whom they accuse of being afraid to trust the women of their households with the ballot, and giving that accusation as a reason for not having voted us down last June. We believe the time has come so to respect the conservation of the voters of our state as to offer them a compromise. We are therefore asking them for a constitutional amendment, providing that no citizen who is a taxpayer shall be denied the elective franchise on account of sex.

"The initiative petitions leading to this amendment found such ready approval before the voters, after our June defeat, many of whom had before opposed the movement in its entirety, that we were able to gather, with the assistance of men, approximately, 10,000 certified signatures in six weeks, although it had previously required as many months to obtain as many names for submitting an amendment large for full suffrage to the voters at large.

"Our pending constitutional amendment was legally launched on its way to victory September 15 of the current year, and is to be voted upon, if not made unnecessary by legislative enactment, in 1909, November 10, 1909."

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BILLIK MOURNS HIS OLD MOTHER

Suffers Collapse and Grows Hysterical—Protests Innocence Steadfastly.

Chicago, Nov. 28.—Herman Billik, condemned to die December 11, lies mourning on his cot tonight in his cell at the county jail. Today he suffers a collapse and fell to the floor weeping hysterically. Dr. McNamara was hastily summoned and after a time Billik was quieted.

"Oh, my poor mother. If I could only go to her funeral," he sobbed tonight, after he had been taken back to his cell. "I knew my fate would kill her. I have lost everything now and I feel sure they will hang me. I won't be able to see my wife or little girl any more until Wednesday."

It is feared today's collapse may have serious results.

AUSPICIOUS EVENT IN FORESTRY ORDER

One of the most auspicious events in the history of Forestry in this city occurred last Tuesday evening when Court Webfoot No. 1, F. of A., celebrated its eighteenth anniversary with an entertainment, dance and banquet. Among the prominent speakers at the festive board were A. B. Daligity, grand secretary; E. B. Peterson, grand trustee; A. Brown, chief waiter of Court Webfoot, and John Ditchburn.

CHOOSES THREE AS INSPECTORS

Instead of one special bridge inspector, the bridge committee of the city executive board has decided to appoint a committee of three to examine the East Twenty-eighth street reinforced concrete bridge which has been closed to traffic from the time it was determined as to the safety of the structure and whether or not it has been built according to specifications.

The men who will compose the committee are W. A. Grondahl and R. L. Donald of Portland and J. W. Moffatt of Oregon City. The first two are reinforced concrete experts and engineers of recognized ability and the third member is the head of the Oregon City Paper mills.

The committee has been authorized to proceed at once with the inspection of the bridge.

Cupid Captures Leading Pastor

Bachelorhood lost one of its most powerful foes last night yesterday, but judging from his enthusiasm on whatever side he may be enlisted, the yesterday afternoon Dr. Clarence True Wilson, pastor of Centenary M. E. church, was married with quiet ceremony to the remaining subject, Benjamin F. Young, assisted by Dr. J. W. McDougall officiated. Only a few immediate friends and relatives witnessed the marriage, which came as a surprise to every one.

Dr. Wilson's name is filled in the minds of many by his bitter antagonism against woman's suffrage, and his more humorous, but just as firm opposition to marriage. On both these subjects he once debated publicly with Dr. Whitcomb Brougher, the champion of women and women's interests, but Dr. Brougher's arguments evidently sank deeper and took more convincing hold than was at that time suspected. Dr. Wilson will straightaway be expected to turn front on the remaining subject.

Dr. Wilson is one of the best known of the Portland clergy. He came here from many years ago, Grace church, the president of the board of trustees of the Methodist church. After three years' pastorate there, in which he succeeded in building up the church markedly, he was called to the Centenary Methodist church on the east side, where he is making his work felt as in any field he enters. He has been prominent in instituting many municipal reforms through the severity of his attacks from the pulpit and his fearlessness of speech at all times.

Mrs. Wilson is a daughter of F. S. Akin, a prominent business man and president of the board of trustees of the Baby Home. She has been prominently identified with church work for many years, and is the center of her activities. Dr. and Mrs. Wilson have gone to Hood River on a 10 days' wedding trip.

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This Man Tells, Free of Cost or Charge, How Men and Women, Kidney, Bladder and Rheumatic Sufferers, May Cure Themselves at Home, FREE

He Sends the Book — The Prescription—and the Remedy to Test—All Free, Prepaid and Sealed — To All Who Write.

- READ HIS GENEROUS OFFER.
- If you suffer with Kidney or Bladder trouble or Rheumatism—if your days are a horror and your nights a despair with any of the symptoms of these strength-consuming, vigor-sapping diseases, such as—
1. Pain in the back.
 2. Too frequent desire to urinate.
 3. Burning or obstruction of urine.
 4. Pain or soreness in the bladder.
 5. Prostatic trouble.
 6. Gas or pain in the stomach.
 7. General debility, weakness, dizziness.
 8. Pain and soreness under right ribs.
 9. Swelling in any part of the body.
 10. Constipation or liver trouble.
 11. Palpitation or pain under the heart.
 12. Pain in the hip joint.
 13. Pain in the neck or head.
 14. Pain or soreness in the kidneys.
 15. Pain or swelling of the joints.
 16. Pain and swelling of the muscles.
 17. Pain and soreness in nerves.
 18. Acute or chronic rheumatism.

Do This —

Send right down without one instant's further waste of precious time and send a letter, short, like this to me: Dear doctor—I notice symptoms number (then put down the numbers). Sign your name and age and send it to me.

By return mail, sealed and secured and prepaid and free of charge, absolutely free of charge, or obligation on your part—I will send you help—a great deal of help, real, honest, practical, faithful, experienced help.

My Fourfold Free Offer

First: I will give you a full and complete professional letter of advice on your case.

Second: I will send you a book—a great big book—the biggest book of its kind ever printed for the general public that tells in plain American language, fully illustrated by medical pictures, all about the cause, treatment and cure of Kidney, Bladder, Urinary and Rheumatic diseases and how modern scientific methods are curing them permanently, to the delight and astonishment of all—especially old school physicians who only a short time ago believed these ailments to be absolutely incurable.

How to Be Cured at Home.

Third: I will show you how you may cure yourself quietly and safely at home and send you a description of the ingredients of a recipe for Kidney, Bladder and Rheumatism that have the praise and recommendation for use in these diseases of not only the great and famous physicians of the world—whether German, French, English, or American—but the heart-felt enthusiastic indorsement of many thousands of people of all ages, all ages, and every nationality who have found new health, strength and joy of life—fuller power of spirit, mind and body—in these simple household remedies.

I Prove You can Be Cured—Free.

Fourth: I will send you some of this harmless, but proved effective, kidney-urinary, pain-soothing, swelling-reducing remedy to prove to you—in your own case—by the speedy and astonishing relief of your own pains and aches and weakness that at last you have found a recipe that will add warmth to your blood, strength to your muscles, vigor to your nerves, keenness to your brain and years of life to your life.

Write Me Today.

Write me today as I showed you—write me without fail—and by return mail, sealed and free—positively secure from observation and absolutely free from all cost or obligation, I will send you prepaid—the letter—the book—the description of the prescription with which you may cure yourself in quiet and privacy of your own home—and last, the medicine itself—carefully packed and all ready to do for you what it did for legions whose addresses I will send you.

Write today if you possibly can, and address your letter



DR. T. FRANK LYNOTT, Specializing in Kidney, Bladder and Rheumatic Diseases.

DR. T. FRANK LYNOTT, 2279 Occidental Building CHICAGO, ILL.

SWEDISH SOCIETY LINNEA CELEBRATES

The Swedish Society Linnea celebrated its twentieth anniversary last night with a literary entertainment and dance at the Arion hall. The affair drew a large audience. A fine program was rendered, consisting of vocal and instrumental music, speeches and recitations. The society is one of the largest in the city, having about 500 members.

CORSET SALE

Special Sale of Warner's and Thomson's Famous Corsets.

Special sale tomorrow and Tuesday of Warner's rust proof and Thomson's glove fitting corsets. All latest shapes including sloping waist and extreme long hip, back and front models. Expert saleswomen to wait on you. See third street window, McAllen & McDonnell.

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