DES MOINES AS A MODEL

Iowa City's Former Mayor Tells of System of Commission Government by Which Capital Has Expanded on Broad Lines.

Des Moines, Iowa, has a system of expert commission government, conducted by five councilmen, one of whom is the mayor. The city is going ahead along lines of business and improvement, and is growing in population and wealth. John MacVickar, formerly a mayor of Des Moines, is a guest of Portland, and yesterday afternoon he spoke at the Commercial club, giving facts of interest about Des Moines' government.

Years ago Des Moines was one of the most slovenly towns in the middle west. Although the capital of Iowa, one of the greatest states in the Union, the town had but 30,000 inhabitants in 1885, and was the traction center of a mule car line operated by Dr. Turner, these cars belonging in a class among other comic opera jokes.

Not until about 1890 did the city get a first-class hotel. Then with electric cars, some street paving of modern type, and a few boomers to open new additions, inspire the newspapers and agitate better city government, Des Moines began growing and improving. It has kept up a fairly steady rate of growth since that time.

Some years ago the non-partisan movement struck Des Moines and its city government began to improve. The city has never let go its advantage in this respect, and although a strong Republican city it has kept the bugaboo of non-partisan city government before the eyes of the politicians. Ultimately the voters forced the adoption of the initiative and referendum, and the recall, and have now completely remodeled the city government.

"The Des Moines method of city government is a combination of several systems," Mr. McVickar said. "It embraces some parts of the plan of government by board of control, by which all Iowa state institutions are successfully managed. There are also some features of the Galveston commission included. The initiative, referendum and recall are embodied in the plan.

"There are five men in the city council, and the mayor is one of them. They select all officials, and civil service rules are in effect. The five councilmen, with the mayor, devote their entire time to managing the city government.

"There are five departments, and one of the councilmen is at the head of each department. The mayor is superintendent of the department of public welfare. A councilman heads each of the following departments: Accounting and finance; police, fire and health department; department of parks and public property; department of streets and public improvements.

"All of these heads of departments, or councilmen, are supposed to be experts in the lines of work they represent. They are nominated for their fitness to handle their departments. They appoint and direct their subordinates, and are responsible for the results obtained in their various departments."

DR. N. J. FULTON
NATUROPATH.

DO YOU KNOW THAT

It is That Impure Blood of Yours That Makes You Sick

And keeps you suffering? Did you ever stop swallowing medicine long enough to find out that

DRUGS MAKE YOUR BLOOD BAD?

Of course you haven't, or you would taboo the pills and baths and narcotics and barks and roots and adulterations of a thousand things, and

TAKE NATUROPATHIC TREATMENT AND BE CURED.

Hundreds have taken my advice and I have healed them of every affliction, and have never given any one a gill of drugs, a powder or a pill. Here is Mrs. Hathaway, of Milwaukie, just south of Portland's city limits, as fine an example of the failure of drugs as one could find. Here is what she wrote me after I had cured her.

A LONG SIEGE OF SUFFERING.

"For 25 years I suffered from inflammation and those delicate troubles usual to my sex, and several times during the last 12 years was unable, for months, to be on my feet, and was in bed the greater part of the time for 18 months before I went to Dr. Fulton. At that time I had come to the conclusion that my kidneys were affected. When I began treatment with the doctor last May I was bloated, had throbbing pains in my head, and at times a severe pain in the region of my heart. I also was exceedingly nervous and my lower limbs seemed heavy and lifeless and very much swollen. After the first few Naturopathic treatments I was less nervous than I had been for years, and AT THE END OF FIVE WEEKS WAS A NEW WOMAN. Now I can do all kinds of work, and lately WALKED FIVE MILES IN ONE DAY.

"MRS. SARAH HATHAWAY."

RHEUMATISM, NEURALGIA, STOMACH TROUBLES.

Stiff joints, poison in the blood, that worst of all diseases, blood and skin diseases, kidney and bladder troubles, backaches, earaches, headaches, or any other human affliction quickly yields to Nature's remedy.

Write me a request for testimonials.

DR. N. J. FULTON

116 Twelfth St., two blocks south of Jefferson car, one block from either 11th or 13th-street car.

Office Hours, 9 to 12, 1 to 4.
Home Phone A 2122.

SALE OF PURE BREEDS AT SHOW

Country Club to Hold Auction During Livestock Exhibition.

Because there was a strong demand for it on the part of the livestock men and breeders of the state, the Country Club and Livestock association has decided to hold a special combination sale during the races and livestock show here the week of September 21-26. It will be a select sale and only a small number of horses and cattle will be placed under the hammer, probably not more than 50 head of each. In the entries will be included both race horses and pure bred livestock not only from the northwest but there has already been entered considerable eastern stuff which will appear here in the Pacific National show.

The sale will be arranged for and conducted on just as elaborate a sale as if it were to include all classes and divisions of livestock whether pure-bred or not, and one of the best auctioneers of the east is being negotiated with to "knock down" the stock.

About half the number of pure-bred cattle that will be accepted have already been offered although the entries do not close until September 5, and what will be of chief interest to the farmers of this territory is the fact that a fine string of Clydesdale and Percheron brood mares will go under the hammer. There is an extra strong demand for high-bred draft horses here in Oregon at present and the arrival from the eastern stables of a good string of such horses for sale here is a step forward in the livestock industry of the state.

Only such animals as are catalogued will be placed on sale and they must be pure-bred. Every head of cattle or horses offered will first be on exhibition during the meet and will be judged in the show ring before being placed on the block.

The sales will be held two days, Thursday and Friday, September 24-25.

It is figured that this combination sale will be not only of value to the livestock men and breeders of the northwest, but it will be a big accommodation to the exhibitors of stock in the show, who would prefer to dispose of some of their stuff and save the expense of taking it back across the country with them after the show season is over.

KELLAHER'S CHAIR OBJECT OF ENVY

Retiring Councilman Will Probably Name His Own Successor.

Another disappointment has come to the leaders of the badly disorganized majority party of the city council since Councilman Driscoll went over to join the minority forces, in that the 10 members who banded themselves together when the council was elected last year will not be able to elect a successor to Councilman Kellaher, who will resign in December to take up his duties as state senator. Furthermore, Kellaher has been placed in such a position by the revolution that he will be fairly well placed to name his own successor.

This turn of affairs, coming as it does after the majority party, while it was still intact, had practically decided upon ex-Councilman W. Y. Masters to succeed Kellaher, makes the blow all the more keen.

The changes of organizations in the council, or rather the destruction of the two factions, leaves the council at the present time with one party composed of Kellaher and Driscoll, as the leaders, and with Rushlight, Vaughn, Cottel, Concannon and Dunning as members. Councilman Baker is also counted in with the new party, as is Councilman Belding. The rest of the members do not know where they stand with the exception of Cellars, who has abjured all party organizations in the council and will stand alone.

Thus with practically a solid voting majority of eight Kellaher is placed in a position where he will be enabled to influence largely the appointment of his successor, if he cannot actually name the man.

It is believed by some of the city hall politicians that if it were not for Kellaher's fight against the bitulithic pavement he would resign in a short time in order to take advantage of the present state of affairs and name his successor. Kellaher's well known enmity for bitulithic paving, however, is expected to keep him in the council so long as he has an opportunity to oust the bitulithic company from doing business in Portland.

That Kellaher will be unsuccessful in his efforts in the paving war is believed, because if the council votes to oust the company, Mayor Lane will veto the ordinance. If this is done it is practically certain that Kellaher will lose, because it is believed that he will not be able to land the necessary 10 votes to override the veto.

Just who will succeed Kellaher is now uncertain. Since the appointment of Masters has been relegated to the background there has been no further action taken in naming a successor and the matter will in all probability be held in abeyance for several weeks before another effort is made.

DR. BROUGHER SPEAKS ON CIVIC PROBLEMS

Services of unusual interest have been arranged for the White Temple tomorrow. It will be Dr. Brougher's last Sunday before going on his summer vacation. At 10:30 a. m. he will preach a special sermon on "The Religion for Old Folks," and while the service will be of interest to young people it is specially planned to have the older members of the church and congregation present. At night he will speak on "The Sins of the City and Our City Officials." Dr. Brougher has been interviewing some of the members of the city council and other well known city officials in regard to moral conditions as related to the ordinance excluding women from saloons. He proposes to tell Sunday night what he has found out. Fred Butler will render solos at both the morning and evening service. The one entitled "The Way to Heaven" is considered as great a production as "The Holy City."

CONCERT ON KNOTT STREET TONIGHT

Sig De Caprio's band will play at Knott street and Rodney avenue this evening the following program to begin at 8 o'clock:

March—"The Demon" ..... Vandermahden
Overture—"Frost on the Pumpkin" .....
"The Flag Dance" ..... Tilzer
"Alliance Musical" ..... Tobam
Selection—"The Burgomaster" ..... Strauss
Fantasia—"At the Old Gristmill" ..... Luders
Intermezzo—"Ivan" ..... Muller
Gavotte—"Viola" ..... Judson
Selection—"La Traviata" ..... Hill
March—"Chinese War" ..... Verdi
A. De Caprio, director. ..... Michaelis

INSTITUTE IS GREAT SUCCESS

Much Satisfaction Expressed by Catholic Teachers Over Work Accomplished.

With the benediction at St. Mary's cathedral yesterday afternoon the second annual institute of the Catholic Educational association of Oregon was brought to a close. Officers of the institute express themselves as entirely satisfied with the work accomplished by the institute, which brought together most of the teachers in the Catholic institutions of the state and gave them the opportunity of hearing some particularly able educators in department work.

The most noticeable and characteristic feature of the institute was its practical nature. There were no generalities, but the special needs of the teachers present were sought out and administered to. The institute was particularly complete this year, all departments being of a high quality, and such new ones as the commercial department having been added to the list. Not only the finer arts were included in the curriculum, but the more practical studies also.

At the opening yesterday afternoon musical selections were given by Miss Suza Jones, Madame Dauria and Miss Anne Ditchburn. Charles Friedel spoke, commending the work of the institute and its officers and Father Gallagher, president of Columbia university, spoke to the teachers on their work.

Archbishop Christie made the closing address of the institute. He spoke of the necessity for schools and the fact that they must be used to teach religion as religion should be taught when the mind is most receptive. He said that the work of teaching is one of the noblest of all professions. He encouraged the work of the institute and the association in gathering new methods of teaching, bringing the teachers together for an exchange of ideas, and in systematizing and unifying the work. Speaking of the liturgy, he said that the teaching of religion apart from its spiritual side had a great educational value as a subject of beauty and interest.

At the benediction Father Gallagher presided, assisted by Fathers O'Hara and Cantwell, with Archbishop Christie present. The benediction was sung to Gregorian music.

YOUTH'S SPIRIT GOOD EXAMPLE

Handicapped, but Harry Crain Will Fight Well for Journal Scholarship.

Always on the lookout for something profitable and worth while to occupy his spare time during the vacation period, Harry N. Crain of 463 East Eleventh street, North, became interested in the opportunities offered by The Journal's Educational Contest, and decided to enter and try for the Portland Academy scholarship. Harry is the son of N. J. Crain, the well-known and prominent druggist formerly with Woodard-Clarke but now connected with the Thomas Pharmacy in the Perkins hotel. He was born at Elgin, Or., 15 years ago and has lived in Portland for eight years and is a member of the church of the Holy Rosary, corner of East Third and Clackamas. He attended the Irvington school last year where he was in the Ninth A grade.

Harry is not able to cover the ground and canvas as easily as other contestants, owing to the fact that a serious illness when five years of age, left his lower limbs completely paralyzed. He is fast regaining the use of his limbs and although his canvass must be made on crutches he is not at all discouraged. The work is agreeable outdoor work and this young man is at work bright and early every morning.

Will Cover City.

At present he is canvassing his own neighborhood, but expects soon to finish and he will then make excursions to different parts of the city in his campaign for subscriptions.

Being a very bright and intelligent lad, he is determined to stand high in the score list at the finish so that his wish for the Portland Academy scholarship will be attained. No doubt we shall hear from him often and the many friends of the Crain family will come forward with loyal support.

Surely if this bright lad, not the physical equal of other boys and girls, has the courage and determination to obtain a free scholarship, many others could easily do the same and obtain a valuable scholarship and expense money at the same time. It is never too late to learn. Any one between the ages of 10 and 30 can compete in The Journal's contest. Many young men and young women, who are employed during the day at meager wages, could with determination secure enough subscriptions to The Journal to win a scholarship and a cash award which would pay their way while attending school and college. It would pay them better to acquire a better education which would fit them for better positions, and which would command higher wages or salaries.

Value of an Education.

A good education is invaluable, and the possessor never finds it difficult to secure a good position. Of course good character and integrity must accompany it, otherwise a well-educated man or woman will be no better for their accomplishments. If boys and girls would stop long enough to consider the value of an education, and the value of a scholarship, many more would be competing in this great educational contest. Those who are putting all their efforts into this work are showing their wisdom and those who are not competing and who could, are not showing a disposition to succeed. Think it over and make up your mind to get in the game today by calling on the contest manager for instructions and receipts.

THE STURDIEST peoples of the earth drink beer—drink it from childhood to age. And those are the peoples who suffer least from nervousness and from dyspepsia.

When one needs more vitality, the Doctor says "drink beer."

The barley is food; the hops are a tonic. The trifle of alcohol is an aid to digestion.

The proper drinking of beer—but not the abuse of it—is good for the weak and the well. And not the least of the good comes through flushing the system; in getting rid of the waste.

But a beer to be healthful needs to be pure. And it must be well aged, else the after-result is biliousness.

That is why we are so careful with Schlitz. We double the necessary cost of our brewing to insure absolute purity. And we age the beer for months before marketing.

It gives you the good without the harm.

Schlitz

Ask for the Brewery Bottling.
Common beer is sometimes substituted for Schlitz.
To avoid being imposed upon, see that the cork or crown is branded Schlitz.

Phone Main 2779
Sherwood & Sherwood
8 Front St., S. E. cor. Ankeny St.
Portland

The Beer That Made Milwaukee Famous

3

DRIFTING TOWARDS BRIGHT'S DISEASE

Many people who are neglecting symptoms of kidney trouble, hoping "it will wear away," are drifting towards Bright's Disease, which is kidney trouble in one of its worst forms.

FOLEY'S KIDNEY CURE

stops irregularities, strengthens the urinary organs and builds up the worn-out tissues of the kidneys so they will perform their functions properly. Healthy kidneys strain out the impurities from the blood as it passes through them. Diseased kidneys do not, and the poisonous waste matter is carried by the circulation to every part of the body, causing dizziness, backache, stomach trouble, sluggish liver, irregular heart action, etc.

If you have any signs of Kidney or Bladder Trouble commence taking FOLEY'S KIDNEY CURE at once, as it will cure a slight disorder in a few days and prevent a fatal malady. It is pleasant to take and benefits the whole system.

How to Find Out.

You can easily determine if your kidneys are out of order by setting aside for 24 hours a bottle of the urine passed upon arising. If upon examination it is cloudy or milky or has a brick-dust sediment or small particles float about in it, your kidneys are diseased, and FOLEY'S KIDNEY CURE should be taken at once.

G. B. Burhans Testifies After Four Years.

G. B. Burhans of Carlisle Center, N. Y., writes:

"About four years ago I wrote you stating that I had been entirely cured of a severe kidney trouble by taking less than two bottles of Foley's Kidney Cure. It entirely stopped the brick-dust sediment and pain and symptoms of kidney disease disappeared. I am glad to say that I have never had a return of any of those symptoms during the four years that have elapsed, and I am evidently cured to stay cured, and heartily recommend Foley's Kidney Cure to any one suffering from kidney or bladder trouble."

Two Sizes, 50 Cents and $1.00.

SOLD AND RECOMMENDED BY ALL DRUGGISTS

Notaries Commissioned.

(Salem Bureau of The Journal.)

Salem, Or., July 25.—Commissions as notaries have been issued to A. Wurzweiler, Joseph; David E. Baxter, Spray, and T. J. Geisler, William W. Banks and R. B. May, Portland.

Eve's Daughter

should be fair to look upon. No unsightly blemishes should mar the natural beauty of her face and her cheeks should have a healthy, delicate tinge of color.

Hagan's
Magnolia Balm

imparts the bloom of youth to faded cheeks and does it instantly. No dosing with medicine, no long course of treatment, only a moment required to apply this peerless beautifier.

Made in two colors—PINK and WHITE.

Price 75 cents for large bottle at your druggist. Sample free.

LYON MANUFACTURING CO., 44 South Fifth St., BROOKLYN, N.Y.

TEETH WITH OR WITHOUT PLATES

OUT OF TOWN PEOPLE

We can do your entire Crown, Bridge and Plate Work in a day if necessary. Positively Painless Extracting Free when plates or bridges are ordered. Sensitive teeth and roots removed without the least pain. Ten chairs. Only the most scientific and careful work.

20 YEARS IN PORTLAND.

W. A. WISE AND ASSOCIATES Painless Dentists.

Failing Bldg., Third and Washington 8 a. m. to 8 p. m.; Sundays 9 to 12. Painless Extraction, 50c; Plates, $5.00. Both Phones, A and Main 1023.

HELP YOUR FAVORITE

Many worthy boys and girls and young men and young women are now competing in The Journal's Third Annual Contest to win a scholarship. Perhaps you know some of these ambitious students and would like to lend a helping hand. You can assist them by your subscriptions to The Oregon Journal by filling in the attached coupon and instructing The Journal to credit your favorite with the number of votes your subscription entitles you to cast for him or her. Cash, of course, must accompany the order in order to have the votes credited:

THE OREGON JOURNAL, PORTLAND, OREGON:

I desire to aid ..... to win a scholarship by subscribing to the ..... Journal for the period of ..... months beginning ..... 1908.

Please credit $ ..... to my account and deliver the paper to the following address:

.....

.....

(Signed) .....

Indicate here whether new or old subscription.	
No. of votes due	