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Peace is the evening star of the soul, as virtue is its sun, and the two are never far apart.—Colton.

GROVER CLEVELAND.

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FOR BETTER HEALTH.

THE national Republican platform contains the following plank: "We indorse the movement designed to secure the organization of all existing national public health agencies into a single national health department, and favor such legislation as will effect this purpose."

SUNDAY INCIDENTS.

SUNDAY, especially in the summer season, is always a day of many accidents, chief among them being railroad collisions. This is due to the fact that Sunday is peculiarly the day of pleasure excursions, when too large numbers of people travel in crowds, and order and ordinary caution are in the case of many of them relaxed.

and boats carrying these great numbers of passengers, a large proportion of whom are careless and thoughtless, ought to be always on watch and guard against all forms of catastrophe that can be avoided.

MISS TARBELL AND "MAN."

MISS IDA TARBELL, who attended the Chicago convention of that city, and is reported to have said: "I have never been in a trade, but I have toiled for more years than I would like to tell."

NEW ORDER OF THINGS.

A NEW obligation is on the farmers of the northwest. The Swift packing house, with its heavy investment of eastern capital, makes it. To obligation, it also adds important opportunity.

She chose her career, and has succeeded in it, and though in withering splendor, such success may taste like dead sea apples, she is not just to blame the whole male sex for that.

DIRECT ELECTION OF SENATORS.

IT is regrettable that the Chicago convention rejected direct election of senator. Insomuch, the platform fails to voice the sentiment of the masses of the Republican party.

Oregon Sidelights.

Albany may have a sweet pea show next month. Willamette university now has an endowment of \$135,000. The fruit crop is generally good, says the Medford Mail.

Letters from the People.

Regarding Sixteenth Street. To the Editor of The Journal—I am looking for a little information regarding North Sixteenth street, and incidentally a few other streets.

Representative Senator.

From the Philadelphia North American. The sneers and the contemptuous indifference are not for Knox. They are for Pennsylvania.

Briefs.

It is good policy to leave a few things unsaid. Every trade and profession requires its own language.

This Date in History.

1741—Coronation of Maria Theresa as queen of Hungary. 1821—Union college founded at Schenectady, N. Y.

Small Change.

"Old Bill" got there, and Taft was tickled. It is supposed that Senator Platt is for Taft. Perhaps Bryan is engaged in the good job of balling it down.

Must Elect Chamberlain.

From the Sacramento Bee. There is no question of expediency in the position taken by United States Senator Fulton and other Republicans in Oregon.

Oregon Progress.

From the Everett, Wash. Tribune. Oregon voters took a few more steps in the direction of elimination of party lines by adopting a number of amendments submitted at the recent election.

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From the San Francisco Chronicle. Apparently an overwhelming Republican majority in Oregon must elect a Democratic United States senator or openly repudiate their written pledges.

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The Seattle Times alludes to "Colonel" Scott of the Oregonian as "the brains of Oregon." The "colonel" is expected to reciprocate with a like compliment to the Oregonian.

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THE REALM OF THE FEMINE.

Feeding the Baby. OF THE greatest interest during the warm weather is the food given to the infant. Baby doctors order nearly all the baby food, and some mistake in feeding, and the helpless baby is at every one's mercy in this regard.

Do not think that babies do not feel the heat. They are usually too warm-dressed. The best way to keep them cool is to dress them in light, airy, next to the skin, they are given milk, and after times without a drink of water to cool the mouth and tongue, and they are continued to give them water.

First week—2 1/2 ounces top milk, 7 1/2 ounces boiled water, 2 ounces lime water, 1 ounce lime water, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Second week—3 ounces of top milk, 13 ounces boiled water, 1 ounce lime water, 1 tablespoon milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Third week—4 ounces top milk, 13 ounces boiled water, 2 ounces lime water, 1 tablespoon milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Fourth week—Seven ounces top milk, 14 ounces boiled water, 3 ounces lime water, 1 tablespoon milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Fifth week—Seven ounces top milk, 14 ounces boiled water, 3 ounces lime water, 1 tablespoon milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Sixth week—Eight ounces top milk, 16 ounces boiled water, 3 ounces lime water, 1 1/2 tablespoons milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Seventh week—Ten ounces top milk, 18 ounces boiled water, 3 ounces lime water, 2 tablespoons milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Eighth week—Twelve ounces top milk, 20 ounces boiled water, 3 ounces lime water, 2 1/2 tablespoons milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Ninth week—Fourteen ounces top milk, 22 ounces boiled water, 3 ounces lime water, 3 tablespoons milk sugar, 10 feedings in 24 hours, 10, commencing at 4 a. m. and ending at 4 p. m. Feed one ounce of water, both before and after, don't bundle him too closely in flannel blankets and long skirts, don't handle him too much and don't let his clothes bind or restrict him.

Tenth week—All milk (ordinary milk). Feed 3 1/2 ounces every 3 1/2 hours, 8 feedings in 24 hours. Twelfth month—Twenty-six ounces top milk, 16 ounces boiled water, 3 ounces lime water, omit sugar, Feed 5 ounces every 3 1/2 hours, 8 feedings in 24 hours.