

A Talk on Hats, HEN we were speaking of the business woman's dress, and of the mistaken little factory girl in her red cotton velvet, the subject of hats was pro-posed for discussion. This means, of course, hats for the working girl, not for Miss Fiora McFlimsey, who may have as many bats as she has gowns

and who may suit her own fancy in buying whatever appeals to her.

The business girl has quite another problem to consider, that of how few hats she can get along with and be suitably dressed.

The chief things to be avoided in buying hats are an extreme fashion

The chief things to be avoided in buying hats are an extreme fashion which will go out as quickly as it came in, gaudy colors which do not harmonize with the few gowns that the business girl must wear most of the time, cheap materials which fade or grow dingy looking in a little while, and too delicate coloring which quickly becomes soiled and untidy looking.

The chief things to be desired are these; a shape which is becoming to the face but which is inconspicuous, colors which harmonize with her street dress, and hats so made that wind and weather will not have the effect of putting the hat entirely out of commission in a few weeks.

And another thing which the working girl cannot afford to be entirely ignorant of is the refurbishing of materials, so that she may make her hats look neat after they begin to show wear. Any girl can learn, though she may not have a natural gift for trimming hats, to press ribbons and tie them in neat bows, to curl feathers, to clean and renew velvet, to make rosettes and frills of lace or net. All of these things are simple and easy to do, and a little time given to keeping materials in shape will prolong the life of many a hat.

If the business girl must wear her blue suit through all the cooler days of the summer, and depend upon white waists and a linen shirt for the hot days, she would be very foolish to buy an elaborate hat trimmed with pink roses or red geraniums, and fuffy ruffes of face or veiling. She would be equally foolish to trust entirely to the pretty appearance of a light Copenhagen blue straw trimmed with bluettes, for both of these will fade to a dull gray in a few weeks' sunshine and leave her with a bedraggied looking hat when she wants to look spick and span. A dark blue sailor trimmed with wide ribbon of a good quality and a quill, or a natural colored straw with foliage or net will be suitable and will look as well by the end of July as in the middle of May.

How many hats may she have? Well,

How many hats may she have? Well, it depends upon her income, or, more properly speaking, her outgo. We may suppose that she can spend \$6 for her summer and fall millinery, and \$6 for her winter hat. Both of these best hats should be able to do duty for two seasons, with retrimming. For her summer hats she would do well to get a cheap rough straw trimmed with ribbon for everyday wear—not a readymade, perhaps, but a shape picked up here, and ribbon bought at the sale at the ribbon counter, and put on by her own clever fingers. For her best hat she then has about \$4, with which she can have a light straw, veiling or square meshed het, now so much worn, and a few good silk flowers or foliage. If she looks carefully at the hats in the milliners' windows she should be able to trim this herself. If that is How many hats may she have? Well,

and a few good silk flowers or foliage.

If she looks carefully at the hats in the milliners' windows she should be able to trim this herself. If that is too much out of her line, she may be able to do some little turn for another girl who can do it for her. And if neither of these alternatives is found available she must pay a milliner for doiny it for her. This is not to disparage the millinery business at all—only it for her. This is not to disparage the millinery business at all—only it is rather a luxury for the working girl, and if she can do things for herself she may almost dispense with it.

The girl who can do her own refurbishing knows the value of the standard makes of dyes, and does not scorn shoe blacking or white enamel paint for giving her straw the color and finish she desires. She is not afraid to puther last year's straw into the washowl and scrub it with soap and water, and press it into shape. She steams the velvet, after brushing it well; she washes and irons her ribbons, cleans welling in gasoline, washes feathers in soap and water and recuris them, and brings back to the pink rosebuds their pristine shushes. And the same girl does not insist upon having a "Merry, Widow" just because other neonie and acquire nervous prostration from only in the pristine shushes. And the same girl does not insist upon having a "Merry, Widow" just because other neonie and acquire nervous prostration from only in the paint of the standard pristine shushes. And the same girl does not insist upon having a "Merry, Widow" just because other neonie and forms. The girl who is content to be this washes and irons her ribones, clears welling in gasoline, washes feathers in soap and water and recuris them, and even gets out her water color paints and brightness to the pink rosebuds their professional to the pink rosebuds their gets out her water color paints and brightness to the pink rosebuds their gets out her water color paints and brightness to the pink rosebuds their gets out her water color paints and brightness to the pink rosebuds their gets out her water color paints and brightness to the pink rosebuds their gets beyond the coveted fifteen a week rand of the pink rosebuds their gets beyond the coveted fifteen a week rand brightness to the pink rosebuds their gets beyond the coveted fifteen as well and brightness to the pink rosebuds their gets beyond the coveted fifteen as well and brightness to the pink rosebuds their gets beyond the coveted fifteen as well and brightness to the pink rosebuds their gets beyond the coveted fifteen as well and rose and and rose and acquire nervous prostration from sentinement, sedentary work and moon or come and moon or come and the offices of a large corporation. He was a perfectly like the crown into the hat pink thought the portion. He was the conditions and by keeping ribons well dusted and pressed, she always manages to look dainty and sensible and trim.

After Commencement What?

TWENTY years ago the high school graduate faced two open pathwas and the pink rose of the pink r

DOES IT IN A MOMENT A liquid preparation for Face, Neck, Arms and Hands.

It is neither sticky nor greasy. Hagan's It's harmless, clean and refreshing.

Magnolia Cannot be detected. Two colors, Pink and

R N R

adornment.

Have You an Oudji?

MYSTERIOUS emblems are dear to the maiden's heart, and the wise jeweler likes to design odd charms for bracelet, brooch and purse

Hanging from a Tuscan gold chain, Alice Harriman wears a square of

gold. It is a love charm dear to the

Egyptians and called the oudjl. Beiles

who flourished before Joseph was sold

Balm

Two colors, Pink and
White.

Use it morning, noon
and night, Summer,
Winter, Spring, Fall.

SAMPLE FREE.

Lyon Manufacturing Co.,

Lyon Manufacturing Co.,

Brooklyn, N.Y.

Brooklyn, N.Y.

Who flourished before Joseph was sold into bondage wore the oudji. The gold square bears an eye on the right side and a river flows from the center.

The eye is that of Horus, and the significance is that the river of time flows ever and the eye of flows ever and the eye of flows ever and the eye of flows a fair-sized diamond, while the river is represented artistically by chip smeralds. The oudji, the old Expitians held, insured constancy, and it is an ideal gift for sweethearts to exchange. Miss Harriman's example is finding many imitators.

Fads and Fashions EW YORK, May 16 .- There is

great variety of parasols for summer use, but just now the handles rather than the coverings are the parts thought of most. The handles are truly wonderful, some being finely carved and set with precious or semi-precious stones. Ivory and jade are chosen as the favorites from a dozen other styles. There is nothing elaborate in the shapes, they are very simple with ball tops, slim pear shapes, long, slender, crooked and twisted or chased ones. The workmanship on them is to be admired, which shows flowers, fruits, the heads of birds, beasts and fish carved in the finest manner. Some of these works of art are iris, with flowers and leaves in slender groups, and chrysanthemums are especially lovely. Dogs carved from natural wood are often painted in natural colors, and clusters of fruit surrounded by leaves are shown in perfect colorings. Copper, one of the novelties of the season, is beaten and treated with acids and is made into the most artistic forms. Jade, the valuable oriental stone which has been so popular in lewelry, is now extremely fashionable for parasol handles. Its beauty lies in its shading and translucency and its simple, graceful shape. Some are set with the tiniest of diamonds, with gold tips to finish the frame ribs. Handles cut from casmellan show exquisite shading and can be matched to silk coverings of solid colors. Jewels or enamel are the only decorations used, but sometimes a touch of contrasting metal is seen. There is a great variety of handles for those who are in mourning. Black wood with the French poodle carved on it is popular. Gunmetal is found in many shapes, sometimes studded with pearls, and plain jet and onyx in slender sticks are quite suitable for young girls.

Season after season the separate shirtwalst holds its own though inven-The handles are truly wonder ful, some being finely carved and set

able for young girls.

Season after season the separate shirtwaist holds its own, though jumper frocks with guimpes, princess dresses and three-piece costumes may be the latest cry. It is decidedly convenient and one cannot have too many shirtwaists in a wardrobe. Just now the lingerie blouse takes the lead of the silk one and the semi-tailored one is smarter than the fancy lingerie waist of a year ago. The semi-tailored models open up the front and are sometimes fastened with a row of small buttons from belt to collar. There are not usually any collars that come with them, so a separate embroidered one and a tie must be selected. If the blouse is of a sheer material the frill down the front and bow at the throat is the usual finish. These accessories are lace-edged and if the waist is a fine striped batiste or lawn the narrow hem of the frill, the collar and cuff match the color of the stripe. The plain tailored waists button up the front through a box plait and are made with one plait on each side, which hides the armhole seam. The only trimming seen is embroidery of a contrasting color on the cuffs, collar and tie.

Simple Two-Piece Lingerie Gown
Trimmed With German Valenciennes.

Simple Two-Piece Lingerie Gown
Trimmed With German Valenciennes.

pine woods of New England to the redwoods of the Pacific coast. When in doubt—be a stenographer. Why?

Let us take account of your stock before you decide to be a stenographer.

Are you a good speller? Is punctua
Are you a good speller? Is punctua
Are you a good speller? Is punctua
Color on the curts, collar and tle.

So much has been said about the long, clinging lines, that are so fashionable, that we whether it is a style that will stay any length of time and be absolutely the only correct model for all gowns. Needless to say, these lines are only becoming to the slender, graceful woman, and then it has a charming effect. But it will be noticed that failures have made it a most hideous fashion. The very latest gowns of the slim order are being heavily trimmed and many of the skirts show the tunic effect. When this effect is given the material is When this effect is given the material is when this effect is given the material is draped long on the sides and much shorter in the front and back. The seams are cut to give as much length as possible. The expert dressmaker can arrange wide, flat embroidery, folds or flounces on a skirt without interfering with the long lines. Narrow soutache braid is the most popular trimming of the moment. ming of the moment.

One-piece frocks of thin material will be much worn during the summer months and there are many attractive months and there are many attractive models cut from the daintiest muslins, organdies and silk batistes. Such dresses require a lining of some delicate plain color and should be fitted perfectly. Although the blouse and skirt are made separately they are jointed together as invisibly as possible by insertion, lace, beading or even a narrow band of the material. If the fabric is too sheer for a slip, a deep girdle perhaps 10 to 12 inches is fitted and boned very carefully, and is caught and boned very carefully, and is caught to the frock. This girdle is often fin-ished with Valenciennes edging top and bottom, that it may not show any hard lines. The blouse and skirt fail pret-

It is difficult to say which flowers or counting of



Attractive Model in the New Bordered Goods With Draped Blouse Extended Over the Shoulders.

For a Hardwood Kitchen Floor

whether or not you can afford this or that recreation. What the fund contains is for pleasure only, so there need be no question of can or can't. Try it. You'll get very large returns in the way of bodily and spiritual health."

Jam-Making Nobility. NE more name—that of the Vis-

been chronicled from time to time.

own words, "are running races!" Walter's Hall, the fine old family

Lady Molesworth has just estab-lished a jam-making business which

the "demend and supply," to quote her

adapted to women.

"Just now we are making marmalade and orange jelly as fast as ever we can for orders are coming in by every post; but our work will go on all the year round, as the fruit sesson varies.

"Next winter we shall turn our attention to sauces and chutneys, for my chef helds many original recipes."

The Freight, Knicker-What is the prospect for the

summer?
Bocker—That the railroads' principal business will be swinging candidates around the circle.

A Bold Step.

To overcome the well-grounded and reasonable objections of the more intel-

ligent to the use of secret, medicinal com-pounds, Dr. R. V. Pierce, of Buffalo, N. Y., some time ago, decided to make a bold departure from the usual course pursued

adapted to women.

feathers are the most popular in this season's millinery, for everything that is manufactured is used abundantly, and it remains only for the individual to choose the most becoming, if not the and it remains only for the individual to choose the most becoming, if not the most fashionable, trimming. Feathers with distressingly high prices are osprey, gourah, bird of paradise and ostrich plumes, but every one knows that they are good investments because they can be used so many soasons. Wings are more expensive than ever before, as they are so much larger than usual, but let me add that the exaggerated wings are not considered elegant taste any more than is the exaggerated sallor. Quills, both stiff and soft, are used on morning hats and can be found in every color. The flowers used are too numerous to mention. They are all the most perfect imitation of nature that were ever made. Much foliage is combined with the flowers this year, which is far prettier than having only a few leaves. FLORENCE FAIRBANKS. BR BR BR

A Pleasure Fund. HILEN HUNTINGTON in the Circle tells of a couple who started in the first years of their married life to save money. They were surprised when a relative visiting them assured them that they were saving far less than they imagined, since they were paying for denying themselves reasonable rest and pleasure. The plan of having a pleasure fund che describes as follows:

"Frank and I threshed it all over thoroughly. We made two or three hard-and-fast resolutions, among them a rule to put away 5 per cent of our income for a 'pleasure fund,' which was not the skirts show the tunic effect, then this effect is given the material is aped long on the sides and much orter in the front and back. The ams are cut to give as much length possible. The expert dressmaker in arrange wide, flat embroidery folds flounces on a skirt without interferge with the long lines. Narrow souther braid is the most popular triming of the moment.

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M 36 36

Care of Infants. THE national lecturer to the Realth society of Great Britain tells mothers that babies should never be held sitting up straight until they sit up of their own accord and can hold their heads erect without "waggling." That children should never be

In the larders of the well to do there go during the changing seasons of the

In the larders of the well to do there go during the changing seasons of the year, for preparation for the tables, a

HINTS FOR HOUSEKEEPERS

why should cooking not rank as an art?
In the larders of the well to do there
go during the changing seasons of the
rear for preparation for she tables, a
rear properly studied by the cook. And to
avoid a repetition of dishes there must
be a variation in their preparation
can affinities of the articles compounded, and not only in the instance of a
simple dish, but as one dish is related to
another, that they may happily blead in
the gourmet's stomach. The cook must
whem mushrooms are poissonous, when
game is too gamy, when cheese is too
ripe, when milk is just turning, when
fruit is too far gone to be cooked or
served, when vegetabless are showing
group. This is the ideal; that should
be striven for, and I can think of no
field of practical study, education and
development that would contribute more
to the comfort of man than this much
neglected art of cooking.

"Let something be done for women
besides the higher education, nursing
and technical schools: let something
be done freel as for those who labor on
the outside of the farmhouse. Women
should be staught to make the kitchen
sweet with the incase of perfect culture. Let wages more remunerative
than those of mere unskilled labor bebrought within reach of city girls, too,
who may, by learning the art of good
spirls or factory hands, and at the same
time far better fit themselves for the
man who has a wife that can prepare
lia food in a palatable manner is much
more likely to desire to want magestille
and unattractive by wretched and careless cooking. Good cooking means
to cooking. Good cooking means
time far better fit themselves for the
man who has a wife that can prepare
lia food in a palatable manner is much
more likely to desire to want magestile
and unattractive by wretched and careless cooking. Good cooking means
to free and many that waste is reduced to a minimum, that everything is
consumed.

For a Hardwood Kitchen Floor—

For a Hardwood Kitchen Floor—

This is many the proper with many thouses and cover with mayonnaise.

flour, ½ teaspoon sait, mixed thoroughly together. Put saucepan on stove and add 2 cups boiling water, stirring as you slowly pour it in. Cook till smooth and thick. Take from stove and add a small piece of butter and stir in. Let cool slightly, then stir in juice of 2 lemons and grated rind of one, and yolks of 2 eggs. Lastly stir in whites beaten to a stiff froth. Bake with a good, rich crust in a moderate oven. This makes one large deep pie or two small ones, and cuts like custard.

Salmon salad—Cook one large round of fresh salmon in boiling salted water. Drain and cool. Remove skin and bone and chop fine. Add minced olives or mustard pickle. Lay in crisp lettuce leaves and cover with mayonnaise.

O countries Molesworth—has now to be added to the already long lost (United Press Leased Wire.) of titled Englishwomen whose incur-Washington, May 16. - The coming sions into the world of business have week will be a week of conventions that will include political, religious, educational and industrial gatherings of national and industrial gatherings of na-tional interest and importance. The po-litical conventions will make the fore-most bid for public attention. These will be confined to the Democratic state conventions, as the last of the Repub-lican conventions to select delegates to Chicago has now been held. Democrats will meet in state conven-tion in Michigan, South Carolina, Mis-souri, Pennsylvania, California and Washington. Alabama will hold a state primary to select delegates to the nahas already proved so successful that

waiter's Hall, the fine old family mansion where this interesting experiment is being carried out, is a picturesque place standing in wonderfully fertile grounds of about four acres. Peaches and nectarines grow out of doors here with no especial care, but the place had been allowed to run wild for two years when Lord and Lady Molesworth took it, and much attention has had to be bestowed on the eatae, "We have always made it a rule to eat only home-made jam," said Lady Molesworth. "My children do not know what bought jam is; and at our old home at Westgate we used to make a large quantity."

Peaches and nectarines grow out of doors here with no especial care, but the place had been allowed to run wild for two years when Lord and Lady Molesworth took it, and much attention has had to be bestowed on the estate. "We have always made it a rule to eat only home-made jam," said Lady Molesworth. "My children do not know what bought jam is; and at our old home at Westgate we used to make a large quantity.

"But Lord Molesworth's army duties have hitherto kept us on the move so much that the opportunity for taking tup jam-making on a definite business basis nas only recently become possible.

"This house has lent itself admirably" Johnson talk in Alabama recently, but this state also is placed in the Bryan

"This house has lent itself admirably to my purpose. The old brew-house which adjoins the hall we have had reand expert advice assures me that we shall be able to turn out quite haif a ton of jam daily.

"I have engaged a staff of women to work under my personal supervision.

"I had so difficulty in obtaining feminine help; the work is light and agreeable, and in every way admirably adapted to women.

Prohibitionists will meet in Indiana. New Jersey and several other states during the week. The gatherings of the week that will attract public attention, saide from the lady's Pictorial. Each nation has its own particular three prohibitionists will meet in Indiana. New Jersey and several other states during the week. The gatherings of the week that will attract public attention, saide from the lady's Pictorial. Each nation has its own particular three prohibitionists will meet in Indiana. New Jersey and several other states during the week. The gatherings of the week that will attract public attention, saide from the lady's Pictorial. Each nation has its own particular three prohibitionists will meet in Indiana. New Jersey and several other states during the week. The gatherings of the week that will attract public attention, saide from the lady's Pictorial. Each nation has its own particular three prohibitionists will meet in Indiana. New Jersey and several other states during the week. The gatherings of the week that will attract public attention, aside from the lady's Pictorial. Each nation has its own particular three prohibitionists will meet in Indiana.



Women should understand that melancholia, commonly called "the blues," is in nine times out of ten a sure symptom of some serious female organic derangement and should

have immediate attention.

Women whose spirits are depressed, and who are ailing and miserable, should rely upon LYDIA E. PINKHAM'S

VEGETABLE COMPOUND as is evidenced by following letters.

Mrs. F. Ellsworth, of Mayville, N. Y., writes to Mrs. Pinkham: "For three years I was in an awful despondent and nervous condition caused by female troubles. I was not contented anywhere, and was in such constant fear that something terrible was going to happen that it seemed as though I should lose my mind. Lydia E. Pinkham's Vegetable Compound has restored my health, and I cannot say

mough for it."
Mrs. Mary J. Williams, of Bridge port, Ill., writes to Mrs. Pinkham:
"I have been suffering from a female
trouble, backache and headaches, and was so blue that I was simply in despair. I feel it my duty as well as my pleasure to tell you that Lydia E. Pinkham's Vegetable Compound cured me. The change in my appearance is wonderful. and I wish every suffering woman would try it."

FACTS FOR SICK WOMEN.
For thirty years Lydia E. Pink-ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, irregularities, periodic pains, backsche. Why don't you try it?

meeting of the Interstate Cotton Seed Crushers' association in Louisville, the American Cotton Manufacturers' association in Richmond, the fourteenth annual session of the Lake Mohonk conference on international arbitration, the third educational convention of the Methodist Episcopal church south in Atlanta, the Baptist anniversaries at Oklahoma City, the supreme council meeting of the Royal Arcanum at Chicago, the Presbyterian general assembly at Kansas City and the southern Presbyterian general assembly at Greensbyterian general asse meeting of the Interstate Cotton Seed. Crushers' association in Louisville, the

The Face and Fashion.

LIBRARY VOTING CONTEST

A \$500 library given away absolutely free. An elegant library of 300 volumes and handsome golden cak cases will be given to the lodge, school, church, club or society in Portland securing the largest number of votes. Votes will be issued with paid-in-advance subscriptions to The Journal as follows: One year, \$7.50, 750 votes, six months, \$3.75, 200 votes; three months, \$1.95, 125 votes; one month, \$5 cents, 40 votes, and every merchant listed below will give with each 10-cent purchase one vote. At the close of the contest the lodge, school, church, club or scolety receiving the largest number of vote will be awarded the library complete, with cases. Current accounts when promptly paid are entitled to votes. The library is on exhibition in the Fifth street window of The Journal office, corner Fifth and Tambili streets. Ballot baxes are located at Holsman's jewelry store, 145 Third street; White Front drug store, 135 Grand avenue; Watts-Matthieu drug store, \$75 Russell street, where all votes should be deposited. Trade with the following merchants and get busy with the votes:

W. E. MARKELL & CO., dry goods, clothing and shoes, 380 to 384 East Mor-

2. HOLSMAN, joweler, 149 Third street. Main 8184.

O. M. HOPSTRATER photographer, 1854 Third street. Pacific 1720.

**EXDDERLY TRANSFAR & STORAGE OO., office and Warshouse 111-112.

North Sixth street. Main 1885, A-1885.

**THE S. M. BRAINARD OO., sporting goods, 123 Grand avenue. Bast \$35.

LYMPHOTY COAL & EGE CO., office LIBERTY OCAL & ION CO., office 313 Pine street. Home A-8136, Main TULCAN COAL CO., office \$29 Burnside street. Main 3776, A-2776.

BUSINE & OSTER, merchant tailore,
325 Stark street. Pacific 200. OREGON NEWS CO., cigars and news.

W. B. HAIFP, plumbing and gas fit-ting, 507 Williams avenue. East 4376. R. A. WILSON'S WHITE PROST DEUG STORE, 123 Grand ave. E. 8558. A. E. WILLETT, grocer, 128 Grand avenue. B-1261, East 288. THE MODEL BARRED SHOP, finest shop in the city, 91 Sixth street.

MASONIO THEPLE GROCHEY, 280 Yamhill, corner Park. Main 5521, A-3737. OMICAGO MARKET, menta, 187 Third street. Main 418. MORRISON ELECTRICAL CO., 291 East Morrison street. East \$128, B-1625, East Morrison street East \$128, B-1628,
WATTS-MATTRIBU CO., druggists,
T5 Russell street. East 662,
DR. B. E. WRIGHT, dentist, \$431/2
Washington, corner Seventh. Main \$115,
ALIGH RIMES, fine millinery, 652
Washington street.
SHARKS & PARKE, wood dealers,
pard East Eighth and Main streets. East
\$15.

SUTTRE-WUT ERRAD CO., corner Becond and Columbia streets; retail 148 Third street. EROS., east side news dealers and confectionery, Williams avenue and Russell street. East 4702.

E. A. McADAME, bicycles and sporting goods, Williams avenue and knott street. East 2482. WILLIAM AVE. UMBRILLA PAC-TORY, umbrelins and leather goods \$44 Williams ave. C-1804.

Calef Bros 60 Mg EAST MO

TAYLOR & STARTON, plumbing and gas fitting, 208 Pine street CHRYMAL MARKET, meats and fish.
180 Grand avenue. B-1256, East 412.
7. A. DOLME, wallpaper, painter and decorator, 104 Union ave. East 1035.
KORSBEL & FRET, meats and fish.
640 First st. Mean 1979. CRUMCHLEY RECS. Wood dealers Marshall and 13th sts. Both phones. GOLDSTAUR'S GROCERY, 271 Rus-sell st. Fast 550. JOHN B. MALLEY, SPOCETION 422 Washington st. Main 1167, A-2167, P. H. DAVIS, burber, 242 Williams

paints, 405 Morrison st. Main 1872.

MAN M. SMITH, florist, 150 Fifth st.
opp. Meier & Frank. Main 7218. QUEEN CITY DYNING & CLIE WORKS, 188 Grand ave. East 1581.
SUMEYSIDE PURE CO.—Long or short wood. B-1581; East 1681. Office and yard Thirty-sixt and Hawthorns C. L. OKLOW, Themire, 188 Grand avenue. Fist 5001.

Sistant. Main 1874. 111 6th st. Sistant. Main 1874. 111 6th st.

ROBTEWEST GUE CO. Sporting goods. 113 2d st. Main 1996.

COLEMAN MARDWARE CO. Sporting ware, mechanics tools and cullery. 108 3d st. Main 5137.

EURIEA CARRIAGE WORKS, Michard repairers of carriages and warons and repairers of carriages and warons 1318 Burnside Pacific 1947.

WOODLAWE LAURDER CO. Rossan Dry and Finished Work. Woodlaws 1288. 437 Dekum Ave.

JOHN SCHMUDZA Cleans dyeing; quick work 55% 6th COZUMNIA FIRM CO. poultry, butter, and A

THE MOTHERS' CORNER

Chlorosis.

From Youth's Companion.

HIS is a peculiar form of anemia which occurs in young women, generally between the ages of 15 and 20. If it is found after the age of 25 it is a relapse from a former attack. It is characterized by a yellowish green tint of the skin, and from this it receives its name. In any case of anemia where there is a doubt of the diagnosis, an examination of the blood itself will soon

there is a doubt of the diagnosis, an examination of the blood itself will soon cettle the question.

The blood of the chlorotic patient will invariably be deficient in hemoglobin, which is the coloring matter of the red corpuscles and the carrier of oxygen to the system. While in other forms of anemia the red corpuscles may be found greatly decreased in quantity, in chlorosis they will be found in sufficient number, but poor in quality.

As it is the hemoglobin in the blood which enables one to breathe, it follows as a matter of course that any deficiency in it will affect the breathing power, and therefore the supply of necessary oxygen which comes to the system. The chlorotic patient therefore lives in continual bad air wherever she is, and her whole system suffers accordingly.

The whole muscular system of course suffers, because muscular force is in direct ratio to the amount of oxygen taken in. The heart muscle will be a sense of breathlessness and probably papitation following any exertion. As the entire system of muscles is affected, there will naturally be a sense of fatigue and lassitude, with pain at the base of the neck and in the small of the back.

The peculiar color is absent in certain cases, although it may declare itself on

departure from the usual course pursued by the makers of put-up medicines for domestic user and so has published broadcast and openity to the whole world, a full and complete list of all the ingredients entering into the composition of his widely celebrated medicines. Thus he has taken his numerous patrons and patients into his full confidence. Thus too he has removed his medicines from among secret mostrane of doubtful merits, and made them fremedics of Known Composition. iron in some form or another may be said to be a specific, but must, of course, be regulated by the physician in charge, both as to the form of iron to be taken and the quantity.

There should be careful attention to general hygiene. Plenty of time should be spent in the open air, but fatiguing exercise should not be attempted until the muscles have regained their tone, and common sense should be exercised as to hours of study, diet and sleep. moved his hedicires from among secret mostrams of doubtful merits, and made them stemedics of Known Composition. By this bold sten Dr. Pierce has shown that his formulas are of such excellence that he is not alread to subject them to the fullest scrutiny.

Not only does the wrapper of every bottle of Dr. Pierce's Golden Medical Discovery, the famous medicine for weak stomach, torpid liver or billiousness and all catarrhal diseases wherever located, have printed upon it, in plain English, a full and complete list of all the ingredients composing it, but a small book has been compiled from numerous standard medical works, of all the different schools of practice, containing very numerous extracts from the writings of leading practitioners of medicine, endorsing in the strongest possible terms, each and every ingredient contained in Dr. Pierce's medicines. One of these little books will be mailed free to any one sending address on postal card or by letter, to Dr. R. V. Pierce, Buffalo, N. Y. and requesting the same. From this little book it will be learned that Dr. Pierce's medicinal roots of great value; also that some of the most valuable in a loots, are made from native, medicinal roots of great value; also that some of the most valuable medicinal plants entering into the composition of Dr. Pierce's Favorite Prescription was known to the Indians as Squaw-Weed. Our knowledge of the uses of not a few of our most valuable medicinal plants entering into the composition of Dr. Pierce's Favorite Prescription was known to the Indians as Squaw-Weed. Our knowledge of the uses of not a few of our most valuable native, medicinal plants was gained from the Indians as Squaw-Weed. Our knowledge of the uses of not a few of our most valuable native, medicinal plants and bringing about a perfect state of health. Suld by all dealers in readicines.

That children should never be "taught" to walk. They will walk quickly enough of their own accord without teaching when their leg bones are strong enough. To try and make them walk before then is almost certain to cause them to become bow-legged.

That noise and excitement are very bad for bables.

That taiking very much to infants and inducing them to "take notice" continually is very bad for the proper development of their brains.

That bables cannot be out of doors too much during fine weather. They may safely sleep out of doors in the daytime if warmly wrapped up and sheltered from sun and wind. Fresh air tranoullizes baby's nerves better than anything else.

That weaning from the breast should be done very gradually. To change

determined the series of fatigue and lassitude, with pain at the base of the neck and in the small of the back.

The peculiar color is absent in certain cases, although it may declare itself on the backs of the hands and on the ears or the chest, when it is not noticeable on the face except as an ordinary pailor.

Another symptom that will usually be found in the sufferer from chlorosis is puffiness of the face and swelling of the ankies. There may also be a persistent dry cough, worse at night, or coming on after long talking.

That weaning from the breast should be done very gradually. To change suddenly from breast-milk to bottle-feeding may be productive of much mischiet.

That soft soap should never be used in washing babies' clothes, nor blue in the washing of diapers, as soda and blue used in washing the garments worn next the skin of an infant are very liable to cause chafing.

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That soft soap should never be used in washing to diapers, as soda and blue used in washing to fair the washing of diapers, as soda and on the face and swelling of may be gradually. To change suddenly from breast-milk to bottle-feeding may be productive of much mischiet.

That soft soap should never be used in washing to diapers, as soda and on the skin of an infant are very liable to cause chafing.

That when a child shows any sudden outburst of specially bad temper or naughtimess the fact should not be forgotted in the skin of an infant are very liable to cause chafing.