

Clothes and Things. HATEVER may have been the causes it is certain that a definite advance has been made by business women in the matter of dress. Not so long ago it was a common thing to see stenographers going to business in the morning, cashiers, clerks, waitresses, togged out in an imitation of the prevailing styles, done in the cheapest and flimslest of materials, with high heeled ties and openwork stockings,

heeled ties and openwork stockings, even on cold mornings, with draggled feathers and tulle bows.

One has only to give a thought to the matter to realize that these things are now the unusual. For the most part business women are dressed in a style appropriate for their work. Plain shirtweists, ankle length skirts, immaculate collars simply trimmed hats and next and not ever dressy colffures. These things are really essential to the woman who wishes to achieve any measure of success in the business world. The reason is plain enough to see. There is nothing a man of business likes so much to find as good common sense, and women have found out that woman's part in business life is not to raise its ideals and to refine and beautify the daily life of the office; not to bring sunshine into the humdrum life of the business world, but to do a small part of the required work of the world, and to do it well.

Efficiency, not stylishness; level-headed common sense, not refining sweetness; method, not inspiration;

headed common sense, not refining sweetness; method, not inspiration; sense, not intuition, is what business life needs and, what the right sort of a woman brings to her work.

Dress has a certain importance, and is not to be belittled. Whether one dresses on dimes or twenty-dollar pieces, the rule of fitness is the paramount one. Not so very long ago spitiful sight was presented on the Portland streets that caused a smile to filt over the faces of the wayfarers. Perhaps that sounds harsh—let me explain. It was a young girl—not more than 16—dressed on a warm spring day in a red velvet suit. As it chanced, she was employed in a cracker factory. During her noon half hour she had come down to the postoffice and was hurrying back to her work, flushed and warm and so absurdly incongruous.

The funniest and saddest thing about her unfit gown was that it had been let down from the top with a piece of the wrong shade of red cloth—probably she couldn't afford any more red velvet. It was pitiful because it showed such ignerance and such an undeveloped instinct for pretty things, and funny—well, any one could see why it was funny. The money that she had spest for her red velvet would have bought her two neat gowns appropriate for her vocation.

own level, and it is not unusual to see several different levels in the same family, according to each one's taste and desire. So as we have our and desire. So as we have our own place to make it becomes imperative to let our standards be expressed in our manners, speech, bearing and dress. And dress shows most plainly to the

The principal thing to avoid for the girl who has little money to spend is bargain sales. And that strikes hard at the heart of a girl, for we all love bargains. But the trouble is this. By the very nature of the case the thing that is offered at a bargain has something the matter with it, and the girl who has little to spend cannot afford that kind. The shirtwalst bargains are made usually of the cheapest of mate-

made usually of the cheapest of materials with sheddy lace.

Often the sleeves are put in wrongly, the seams are but half sewed, the collar is a misfit and the material when the seams are but haif sewed, the collar is a misfit and the material when washed shows its frall character and its rough edges. The way to have cheap white or colored shirtwaists is to buy the materials at the end of the season, remnants, if the piece is large enough to need no piecing, or at the January sales when the best houses dispose of the remains of the summer goods to make room for the new. And of these buy only such as will launder well and require little trimming.

It is possible to make dainty, pretty waists without a particle of trimming, or with just a little wash braid or substantial edging that will wear well. Don't, oh, don't, if you are intending to wear the waists to business, buy cheap silks. They ravel and twist and if, as so often, they are partly cotton, they will not wash well because the dyes are not set.

If you are going to make it up yourself buy the best patterns, not those that you can buy for 5 cents less and which lead you up to a stump and then leave you there. And if there is any doubt about how much the goods will shrink, shrink the goods before cutting out the waist. This is desirable for linens, and even more than when it is to be used for walsts when skirts are to be made of it. A good way to shrink linen is to lay between the folds of the goods at night wet towels wrung out as much as possible.

This method makes the goods ef uniform dampness and shrinks it allke all through and it can then be ironed with-

This method makes the goods of uniform dampness and shrinks it alike all through and it can then be ironed without stretching. Or let it lie in cold water for 15 minutes and then hang upon the line in the shade without wringing. Let it drip dry, then sprinkle and iron.

Hats are another matter for consideration, but my friends tell me I am

of the University of Chicago was there before him. We have heard this pro phecy before, but the chances are it

### A NORTE DAME LADY'S APPEAL

ANORTE DAME LADY'S APPEAL
To all knowing sufferers of rheumatism whether muscular or of the joints, sciatica, lumbago, backache, pains in the kidneys or neuralgla pains, to write to her for a home treatment which has repeatedly cured all of these tortures.

Neat lace caps for bables are made by using white lace allover, drawing in the fall the feels it her duty to send it to all sufferers FREE. You cure yourself at home as thousands will testify—no change of climate being acceleracy. This simple discovery banishes upic fened joints, purifies the blood and hightens the eyes giving elesticity and home to the whole system. If the above litterants you, for proof address Mrs.

M. Summers, box R. Notre Dame, Ind.

Inch at each end to turn back before the band much stronger and there will be less the but to send it to all servey good and the sixte blue the rain"—a rather cold, light tint. Neptune is very good and the sixte blue is found in some materials. Some of the reds 'are delightful, the summer shades showing the lighter ones such as rapperry, coral and aster. The fallness at the back with ribbon, run through a tiny hem. The edges of the bonnets are trimmed with lace ruffles, while the long strings are made of fine accelerately and higher tones of violet, helitately and in some materials. Some of the reds 'are delightful, the summer shades showing the lighter ones such as rapperry, coral and aster. The follows are trimmed with lace ruffles, bright cerise is much used in millinery, and also in costumes, and next comes the language of the bonnets are trimmed with lace ruffles, bright cerise is much used in millinery, and also in costumes, and next comes the lighter tones of violet, helitate from the blood, loosens the stiff-fened joints, purifies the blood and hight tint.

The house are allover, drawing in the fall the rain"—a rather cold, light tint. Neptune is very good and the state blue the story good and the state blue the rain"—a rather cold, light tint. Neptune is very good and the rain"—a rather cold, light



One of the New Three-Piece Lingerie Suits With Tucked Waist, Slip-on Simple and Attractive Shirtwaist Coat and Five-Gored Skirt.

he holds for the American he has never seen is as pathetic as it is tragic. Gradually our girls are to lose their pale faces; they will discard all the trappings of dress and adornment in these days; perhaps it will come to the point of performing manual labor while their lazy husbands or braves bask in the sunshine. And these braves, as shaw will have it, the patient, plodding fellows who grow old prematurely today to the end their wives and daughters may parade and squander at home and abroad.

parade and squander at home and abroad. Incidentally, Shaw has discovered, or Incidentally, Shaw has discovered, or thinks he has discovered, more beauty in England than in America. He has surveyed the American beauties in London and he finds them less beauteous than their English cousins. Fie, fie! Has Shaw not a word to say for his native Irish? Has he not heard of the squabble because of the Irish profile chosen for our new issue of coins? In any event, who made Shaw a judge of feminine grace and beauty? He has spent half of his life trying to prove in his plays that man is a helpless plaything in the hands of womas; that man looks at woman with his eyes shut, with his mind in a daze, and, in short, totally unable to tell what any woman looks like or one from another. Shaw should not become drunken because of one success. He emerged triumphant from his long tussle with Anthony Comstock and the police. But he will meet more than his match in the incomparable American girl.

## 26 26 26

WE ALL know, says Winifred Black, that economy is one of virtues, but oh, prithee, ye who prate so loud, remember that consistency is a jewel, too. If you love to tell your wife or your

sister or the little niece you're trying to impress with your wisdom how sister or the little niece you're trying to impress with your wisdom how naughty it is to spend too much money for good clothes, the next time you take her to a party do not pick out for your marked and assiduous attentions the most extravagant and the most richly dressed woman in the room.

If you are fond of telling your wife that pink is too young for her anyway, and that the blue dress she wore last season will do just as well this year as a new one, don't stare after the lady in pink the next time you take your wife

through and it can then be ironed without stretchins. Or let it lie in cold water for 15 minutes and then hang upon the lines in the shade without wringing. Let it drip dry, then sprinkle and iron.

Hats are another matter for consideration, but my friends tell me I am rabid on the subject of hats. We may talk of that another time.

A Shaw Prophecy.

C EORGE BERNARD SHAW has been looking upon American women in Lendon, and proclaims that we are drifting to the indian type. It will pain the uncompilmentary Irishman no doubt to learn that a certain professor of the University of Chicago was there

### 90 90 90 In the Sewing Room.

N making bands on children's underwear it is a good idea to allow an inch at each end to turn back before

Suit in Gingham,

bought her two neat gowns appropriate for her vocation.

It is one peculiarity of American life that we so so no lose sight of the particular situation or rank to which we are born. The chances for advance ment for every one, no matter what his parentage, destroys the dividing lines. There is no reason why the son of the day laborer may not become one of the foremost of professional men, and no reason why a girl in a factory, if she has good sense, uses her leisure hours for improvement and refuses to spend her time with people who do not come up to her standards, may not have a place among sensible and worthy people who will respect and admire her. We all make our own place and our own level, and it is not unusual to see

### Fads and Fashions.

which surrounded the crown of curls. It was finished at the side with a butterfly bow, from which two tiny silver tassels drooped over the ears. Paradise plumes are used in these ornamints and a particularly pretty one was made of a cluster of pure white orchids frosted with silver dust, which caught the feathery fronds of the paradise plume. Slippers, the most fascinating ones ever seen are displayed with gowns which they match.

A pair of slippers of tangerine suede were heavily decorated with silver embroidery and rhinestones. The silk hose were of exactly the same color and the gown worn was a white princess which surrounded the crown of curls. It was finished at the side with a but-

hose were of exactly the same color and the gown worn was a white princess lace over an orange chiffon lining. There is a great variety of neckpleces that are worn over evening gowns. Pierrot ruches of malines are the fashionable thing of the moment. Marabout is still very popular and is worn both in the daytime and in the evening. There are boas, pelerines and shoulder wraps of collarettes, that when shown in white of the most delicate tints, are charming for evening wear.

The lace gown is the all-important one this season and is a favorite theatre gown as well as for any dressy evening occasion. The combinations of lace seem to be endless and in one way of thinking it is an economical gown to have made. One may have pieces of rare old lace that can be worked in, and surely when one has finished wearing the dress, there will be much of the lace that can be used for something else.

The foundations are of pale, old rose, heliotrope and yellow and a pure white

The foundations are of pale, old rose, heliotrope and yellow and a pure white lace over pale green is a good choice for early summer. Accompanying these gowns of lace are lace coats which are lined to match the foundation of the gown. These linings are usually removable and one to match each foundation is had, thus making the coats warm enough for a theatre wrap.

Looking at all the different colors of Looking at all the different colors of the season it seems as though every possible shade of one color has been discovered. It is hard to say what is the most popular one, but the Frènch dressmaker would say it is green. The paler shades are much worn, and if the dress, the waist or costume is not made of green there is nearly always a touch of it somewhere. There are many greens of a bluish tone, such as verdigris, drakes neck and a paculiar sea-green. Brown with its many culiar sea-green. Brown with its many shades of biscuit, tan, copper, wood-brown, golden-brown and tobaceo are much seen.

The newest shade is leather and bids

The newest shade is leather and bids fair to be very popular. Sulphur is conspicuous, also the duil yellow and old-gold. Cobalt and a brilliant shade of blue is the thing, then comes the deeper, blue de roi, indigo, the grayish wedgwood and what is known as "blue after the rain"—a rather cold, light tint. Neptune is very good and the slate blue is fbund in some materials. Some of the reds are delightful, the summer shades showing the lighter ones such as raspberry, coral and aster. The bright cerise is much used in millinery, and also in costumes, and next comes the anemonic, a little fainter. The royal purple is not worn much this season but the lighter tones of violet, helitrope and the delicate lavender, are much in evidence.

New spring gowns are showing white lace yokes of whatever depth the gown requires. Foulards and taffetas have lace yoke, cut pointed almost to the waist line. The lingerie blouse is usually made with short sleeves and this sesson the daintiest sleeves are made of two or three frills of lace, one falling over the other.

Laces are very expensive and some new brand is brought out each week right from the lace makers. They are wonderful in designing and in the different weaves. One of the novoltles combines a fine and coarse lace into an exquisite pattern which looks, except to the expert, like a delicate rose point applique on a heavy frishi lace.

point applique on a heavy Irishi lace.

The princess costume is a particular favorite this season and it is a model that can be treated in various ways. There are princess two piece suits that are very attractive with the coat of the smartest cut which slips on over the princess without changing its classic lines. There are many morning frocks made in semi-princess lines, but the evening gowns have the draped skirts. The princess gowns with long panel fronts are seen on street costumes. They are wide and almost invariably embroidered very elaborately in soutache or some such trimming.

Bordered goods were never lovelier than they are at present. The foulards show the most wonderful designs and colorings in their borders. Needless to say these fabrics cannot be bought for less than \$1 a yard and they are usually \$4 and \$5 and upwards. But when one considers that very little trimming is required on them, or perhaps none at all, they do not seem like extravagant gowns. I noted a green foulard the other day with a very deep, rich border of brown, green, black and white most exquisitely designed. All bordered goods are handsome whether they be of silk, volle, muil, chiffon or novelty. It is safe to state that these bordered materials will remain in favor for some time to come and so they will be good investments for those who are selecting their new gowns.

## Tonic Baths.

investments for those ing their new gowns.

66T'IRED, so tired," is the expression one hears these days in early spring. The sudden transition from cold to heat certainly wearies the soul and body and this feeling of lassitude you simply cannot describe. By the care you now give to yourself depends on whether you will have a healthful summer. Eliminate from the system by baths and massage the dregs of any disease you may have had during the winter, particularly those of grip.

The diet plays another important part n this health seeking work. Eat fresh green vegetables. They are blood purifiers; establish the circulation by exercise in the open air; the action of the skin by baths and massage if possible, if not friction. Many people find steaming too debilitating, but there is none, save those afflicted with a heart affection, but can stand a warm bath each day for cleansing purposes, followed by a cold spray and friction with a hair glove or coarse towel. A towel of coarse linen crash is much better for this than a cotton Turkish one. The cost of a linen crash is much better for this than a cotton Turkish one. The cost of a linen Turkish towel is beyond the reach of many. When the physical conditions are such that the plunge bath is not advisable, tone the skin by sponging the body with hot and cold water alternately, finishing with a friction, after the towel or a giove with alcohol or a cologne. Do this quickly, but not hurriedly. In these days that tire you beyond expression a bath with some of his mixture dropped into it until it is miky white is most refreshing and a tonic as well, also a good one to commence the day with: Tincture of benzoln, one half ounce; tincture of camphor, one ounce, cologne, two ounces. If you are of a bilious nature, and naturally nave a torpid liver, take this bath cach day Water, the temperature from each day Water, the temperature from 98 to 100 degrees, and four ounces of Fads and Fashions.

By Florence Fairbanks.

New York, May 2.—The accessories for evening wear are charming indeed, and much attention is being paid to them. The hair ornaments were never lovelier, the arrangements are so original and dainty. One was seen of soft white satin and sliver ribbon plaited together to form a circlet which surrounded the crown of curls. It was finished at the side with a butthis mixture to a generous bath: Thyme,

which put a pint of this emulsion: Imported green soap, twelve ounces; tincture of benzoin, seven ounces; oil of turpentine, seven ounces; oil of pine, seven ounces.

A lavender vinegar that is most restful and pleasant adjunct to the bath in warm weather as it quiets the nerves, is made from these ingredients, none of which are difficult to purchase: Oil of lavender, two ounces; oil of bergamot, one half drachm; tincture of ambergris, one ounce; white wine vinegar, sixteen ounces; alcohol, eight ounces.

### Smile When You Eat.

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The a good rule to stop finding fault with the food, anys the Boston Traveler, to stop having one's little directed in the state of the printed also on this page.

The arm Garden.

The Farm Garden Prizes.

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The Farm Garden.

The Farm T IS a good rule to stop finding fault eler, to stop having one's little dif-erences at the table. If husband and wife must quarrel leave it until some other time, don't mix it with food, it's other time, don't mix it with food, it's worse than a combination of pickles and ice cream. Laugh and be merry at your meals, hard though it may be, and if the waitress happens to spill hot soup down your neck, reward her with a joke. Cheer up at meal time and digestion tablets will become just what they are by nature, "drugs" on the market. Don't pity the doctor if he does lose practice by this method. Somebody else may make it up to him.

TOGUE states that a new movement with silk fichus trimmed with ruchings of the same pinked out, or ruchings of

### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* MAKES the SKIN LIKE YOU WANT IT

Hagan's It's harmless, clean

Magnolia Cannot be detected.

44 S. Fifth St. 

Foster & Kleiser Signs.

taken by the really fashionable folk as they have gone oack to the horse and consequently the costumes for driving are taking the place of those for autoing. These toilettes are of course much smarter and more elaborate than the motoring garments.

There are many coat and skirt suits sometimes braided with soutache and with a fancy vest or such trimming may be omitted. The light wraps are made in empire or mikado styles mostly. Rough Shantung in artistic shades is the popular material used. The hats worn are simple shades in chips, rough straws and wide and they are not trimmed heavily.

New spring gowns are showing white lace yokes of whatever depth the gown requires. Foulards and taffetas have lace yoke, cut pointed almost to the waist line. The lingerie blouse is usually made with short siceves are

### 28 28 20

The New Sweet.

sugar, one cup of syrup, one cup of

sugar, one cup of syrup, one cup of water, one tablespoonful vinegar and one teaspoonful of vanilla. Boll slowly without stirring until a little hardens in cold water. Set aside to cool.

Part 2 requires the white of two eggs, beaten stiff; boil one cup of granulated sugar in half cup of water until it threads. Beat this slowly into the whites of eggs, just as for cooked icing. When part 1 has slightly cooled, quickly turn in the second mixture, and beat rapidly for 20 minutes. Have ready two cups English walnuts or pecans, stir gently into the mixture, without breaking the nuts. N N N

### Two Unfamiliar Roses.

popularity since its introduction, It is of vigorous habit, yielding bountifully buds of large size, long and tapering and of a lovely color-simost a flesh pink. The buds are borne on long erect stems and the flowers are excellent for cutting, This variety is a fa-

lent for cutting. This variety is a favorite for greenhouse culture and does unusually well outfloors.

Gruss an Teplitz is an ideal bedding rose, a vigorous, free blooming crimson of good foliage. It produces medium sized fragrant flowers. Even in the first year its flowers are fine, but after it has attained age this variety shows its full value. It needs protection, hilling up, with earth and straw and covering with evergreen boughs or straw in the winter.

with miniature gold safety pins. These pins are very small—less than an inch long—and made of gold wire. They are sufficiently strong to pin the slippers and stockings together. Do not pin at the back, because it is the sensitive part of the foot and might annoy the baby.

I would not exaggerate even so great a blessing as that of materaity, says. Julia Ward Howe in the May Delineator.

But to young mothers not yet weaned from the vanity of girlhood I would say: If this -reat blessing of maternity shall visit you, do not undervalue it. Do not whine at its fatigues and troubles. Its

whine at its fatigues and troubles. Its reward is worth waiting and working for. A new life will come to you ith that of which you are yourself the giver. The minute study of human progress which now becomes part of the duty will make you wise beyond your own anticipations. If in giving life you have given death, remember always that ingiving death you have given the immortal hope which lies beyond it.

Farm Garden Prizes.

These articles are entered in competition for the prize offered by the semi-weekly. On account of their interest to many suburban subscribers, they will be printed also on this page.

MAKING "divinity" is the fad of al-M most every girl who has heard of it. It has pushed fudge into a remote place from which it may never return to favor with lovers of sweetmeats. "Divinity" needs careful supervision in measurements and cooking, and a strong arm for beating the candy

is most essential to its perfection. Part 1. Take two cups of granulated

FILLARNEY is an Irish rose which has made wonderful progress in

its full value. It needs protection hilling up with earth and straw and covering with evergreen boughs or straw in the winter.

A New Fruit Salad.

OR a fruit salad, line a glass dish the dish half full of ripe bananss run through a ricer and mixed with a half cup of fresh shredded cocoanut. Cover this with whipped cream and blocks of pink gelatine. It will be necessary to congeal the gelatine in a shallow pan so that the cubes may be cut. Pour over all a syrup of pineapple. This is delicious. The remaining pineapple can be used to make pineapple fritters for another meal.

# HINTS FOR HOUSEKEEPERS

Kitchen Talk.

Where a woman has a great deal to do, something has to be slighted, and naturally she slights the thing she has the least interest in, says a practical housekeeper. Believing myself in the value of good food, I rate as the best wife the one who gives her family well cooked and carefully selected meals; for what shall it profit a man if the rung of svery chair in the house is dusted, but the coffee is weak and groundy, and the potatoes and meat naif done or overdone, and there is never a good ple baked in the kitchen?

It is said that mildew stains may be removed from white goods by wetting the spots and rubbing plenty of good aundry soap on the spots and a genrous amount of pewdered "French halk." Place the cioth out of doors on line if it is the state of the vari-colored beads is no liced, while a near view discloses the duality effect produced by the beaden background.

Let "illte and good" be your metto when buying for the house It is far better to start with a little really good aundry soap on the spots and a genrous amount of pewdered "French halk." Place the cioth out of doors on line if it is the control of meals: for what shall it profit a man if the rung of every chair in the house is dusted, but the coffee is weak and groundy, and the potatoes and meat half done or overdone, and there is never a good ple baked in the kitchen?

It is said that mildew stains may be removed from white goods by wetting the spots and rubbing pienty of good laundry goap on the spots and a generous amount of powdered "French chalk." Place the cloth out of doors on a line if in the city, if out of town spread on the grass. As the cloth dries, dampen it again, and if all spots are not removed try another application and all marks will be removed.

In making cookies if the dough is thoroughly chilled it will not only be lighter, but will not stick to the board when rolling. Some housekeepers also chill their doughnuts before frying.

Do not fry when you can bake, boil stew or eat raw. Complexions and tempers will both be better if this rule is observed.

really lies in the fact that you do not really lies in the fact that you do not know how to use your gas store.
You should always be careful not to light a burner until you are ready to use it. Place your pan on the burner, butter it, and then when you are entirely ready to cook, light the burner. Do not cook or heat water in uncovered vessels as in this way it takes them longer to heat or to cook, and you are constantly using up an unnecessary amount of gas.

Mental Growth of Babies.

cane bottom chairs, turn the chair and with hot water and a sponge saturate the cane work thoroughly. If the chair is dirty use soap, Afterward set the chair to dry out of doors, and the seat

### Meals for Small Families, By Cornella C. Bedford.

will be as taut as when new

When catering for a small family he one who purchases must give attention to quantities and plan closely and with care, otherwise one kind of Gas Bill Too High.

If you only knew it, the trouble really lies in the fact that you do not know how to use your gas store.

You should always be careful not to ight a burner until you are ready to ise it. Place your pan on the burner, butter it, and then when you are entirely ready to cook, light the burner. Do not cook or heat water in uncovered vessels as in his way it-takes them longer to heat or to cook, and

butter it, and then when you are entirely ready to cook, light the burner. Do not cook or heat water in uncovered vessels as in this way it, takes them longer to heat or to cook, and you are constantly using up an unnecessary amount of gas.

In using the oven do not make the mistake of baking only one thing at a time. The ovens are generally pretty large, and by utilizing their size for all it is worth, you will save money. Do not waste the gas by using a double burner, as well, nor by putting a small vessel upon a double burner.

Be sure to turn out the gas before dishing up the food and before taking off a vessel. When water has started to boil it is an economy to lower the flame.

Things Old and New.

If you bave no colonial vase these days, perhaps you have a number of prisms of glass on an old fashioned swinging lamp dispatched long years ago to the garret. Then get them out and attach to the top of a pretty vase. The prisms may be strung on platinum or gold wire and made to fit closely around the top of the vase. If you cannot do the work yourself, take the vase and prisms to the jeweler, who will attach them in the most satisfactory manner. They are very stylish just now and the genuine ones are quite expensive indeed.

A good way in which to kill moths in a carpet is to take a coarse crash towal and wring it out of clean, water, spread it smoothly on the carpet and then iron it dry with a good hot fron, repeating the operation on all suspected places and those least used. The process does not injure the pile or the color of the carpet in the least, and it is not neces-

### To Remove Stains.

THE MOTHERS' CORNER

THE MOTHERS' CORNER

THE MOTHERS' CORNER

Mother and Child.

AKE time to be patient with children. Patience and kindness will open a way for good influence over almost any child.

In marble season, when all boys wear out the knees of their stockings, a useful article is a kneecap made from the irrational from the irrati

turpentine.

To remove grease from black materials use warm water and sdap; but should the material be light in color bensine will be better for the purpose applied where there is no fire or artificial light of any kind, as it is so inflammable.

Grease stains from silk may be removed by laying a piece of woolen cloth on a board or table and spreading it smoothly over the part stained with the right side downward. On the saik lay a piece of brown paper and apply a hot iron for eight or 10 seconds. Then rub the stained part with a piece of white-brown paper.

Another reliable method is to make some fuller's earth into a paste with water, and put it on the greasy spots. Rub it off when it is quite dry, and the grease will then be removed without injury to the silk. Mental Growth of Babies.

That the child has instincts that can be trusted to carry forward its physical development few will deny. But that he has any such "light within" to illumine and direct his mental progress would perhaps be doubted. Yet there are few things more certain. Just as the germ of the flower is contained is the tiniest seed and will reveal itself with as absolute certainty as will rootlets and leaves when proper conditions of heat, moisture and light are accorded, so the germ of the mind of a child is present in his little body and will develop and unfold itself with the growth of the latter.

### Dandelion Wine.

unfold itself with the growth of latter.

The only way to stop the growth of a child's mind is to stop his body from growing. Appetite is the mother of the mind, and muscle is its father. At its lowest estimate the body, with its brain, is the tool of the mind, and good work cannot be done without good tools. And while opinions may differ as to whether our systems of education have the greater control over mind or body Dandelion Wine.

This recipe requested by a subscriber was published April 4. It is repeated by request. It is a beverage prized by the older housekeepers on account of its aromatic flavor and tonic qualities. It is supposed to be a blood purifier. To make it, gather two quarts of dandelion blossoms, cut up two oranges, skin and all, two lemons with the skins, add four pounds of granulated sugar and pour four quarts of boiling water cover all. Let stand 24 hours, then strain and squeeze into a jar or jug and leave about four weeks or until thoroughly fermented. Bottle ready for use. the greater control over mind or body in later life, in childhood there is little

# The Sunday Menu.

BREAKFAST.
Cereal with cream.
Kidney saute on toast.
DINNER

Cereal with cream.

Nidney saute on tonst. Coffee.

DINNER.

Egg and lemon soup. Cracked orah.

Veal steak breaded.

Peas. Lettuce. French dressing.
Cocoanut custard. White cake.

Coffee.

Supper.

Sardine and lettuce sandwiches.

Rice cups with sliced bananas.

Saratoga cooler.

Kidney saute—Soak the kidneys in cold saited water over night. Whe dry and cut into small slicas, removing all fat and gristle. Have bacon fat or drippings in hot frying pan, dust the kidneys with flour lightly and fry brown, seasoning with sait and perper. When brown pour boiling water into pan and simmer slowly for 10 minutes. Thicken the gravy and pour over slices of hot toast.

Cracked crab—Be careful to select only perfectly fresh crabs. Remove the inedible parts, and keep the legs and inner meat on ice until served.

Rice cups.—Wash one curful of bear rice and put to cook in one pint holling salted water. Cook until well done and put into cups, casserole or gam pans to cook and harden. Make the center of each mold of rice hollow slice fresh bananas to fill the centers dust with powdered sugar and squase over the fruit the juice of a lemon.

Sarxee with cream.

Sarxee scooler—Half fill, a tumbler with crushed ice, pour in the juice of sugar, then site until the sugar is file-solved. fill up the glass with singur ale and serve with straws.

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