

# RECORD OF CASES TO EVADE JAIL

# NO ONE CAN ALWAYS AVOID CATCHING COLD ON THE STREET CAR



Many people persist in riding on the streetcars, insufficiently protected by clothing. They start out perhaps in the heat of the day and do not feel the need of wraps. The rapid moving of the car cools the body unduly. When they board the car perhaps they are slightly perspiring. When the body is in this condition it is easily chilled. This is especially true when a person is sitting. Beginning a streetcar ride in the middle of the day and ending it in the evening almost invariably requires extra wraps, but people do not observe these precautions, hence they catch cold.

Colds are very frequent in the spring on this account, and as the summer advances they do not decrease. During the spring months, no one should think of riding on the car without being provided with a wrap.

A cold caught in the spring is liable to last through the entire summer. Great caution should be observed at this season against exposure to cold. During the first few pleasant days of spring, the liability of catching cold is great.

No wonder so many people acquire muscular rheumatism and catarrhal diseases during this season.

However, in spite of the greatest precautions, colds will be caught. At the appearance of the first symptom, Peruna should be taken according to directions on the bottle, and continued until every symptom disappears.

Do not put it off. Do not waste time by taking other remedies. Begin at once to take Peruna and continue taking it until you are positive that the cold has entirely disappeared. This may save you a long and perhaps serious illness later on.

**Bad Effects From Cold.**

Mr. M. J. Deutsch, Secretary Building Material Trades Council, 151 Washington St., Chicago, Ill., writes:

"I have found your medicine to be unusually efficacious in getting rid of bad effects from cold, and more especially in driving away all symptoms of catarrh, with which I am frequently troubled."

"The relief Peruna gives in catarrhal troubles alone is well worth the price per bottle. I have used the remedy for several years now."

**Spells of Coughing.**

Mrs. C. E. Long writes from Atwood, Colorado, as follows:

"When I wrote you for advice my little three-year-old girl had a cough that had been troubling her for four months. She took cold easily, and would wheeze and have spells of coughing that would sometimes last for a half hour."

"Now we can never thank you enough for the change you have made in our little one's health. Before she began using your Peruna she suffered everything in the way of cough, colds and croup, but now she has taken not quite a bottle of Peruna, and is well and strong as she has ever been in her life."

**Per-na for Colds.**

Mr. James Morrison, 68 East 16th St., Paterson, N. J., writes:

"I have given Peruna a fair trial, and I find it to be just what you claim it to be. I cannot praise it too highly. I have used two bottles in my family for colds and everything else, and can safely say that your medicine is the best I have ever used."

## REFERENDUM MEASURES TO BE VOTED ON--NO. 10

The tenth in the list of 19 proposed initiative measures provides for the protection of salmon and sturgeon. The form in which the measure will appear on the official ballot is as follows:

Proposed by initiative petition: For an act prohibiting fishing for salmon or sturgeon on Sunday, from January 1 to October 31, also in the Columbia river only from October 1 to December 31, also in the navigable channels of Columbia river at night also at any time in Sandy river and in Columbia river west of west line of range 9 west, near Astoria, and east of west line of range 15 east, near Elsie, and limiting seining anywhere in the state to 150 fathoms long and 4 1/2 fathoms deep, and providing penalties as follows:—No. 10. The bill as prepared for submission to the people is as follows:

A bill to propose by initiative petition a law to protect salmon and sturgeon in the waters of the Columbia river and its tributaries, and in the Sandy river, within the boundaries of the state of Oregon, and in all waters over which the state of Oregon has jurisdiction, and prescribing a penalty for a violation of the law as follows:

Section 1. That from and after September 10, 1908, it shall be unlawful for any person or persons to cast, drift or haul any net, seine or other device to catch, fish for, or pursue salmon or sturgeon in any of the channels used for commercial navigation by licensed vessels in the Columbia river, within the boundaries of the state of Oregon, or in any of the waters of the Columbia river within the boundaries of the state of Oregon, or in any of the waters over which the state of Oregon has jurisdiction, between the first day of October and the thirty-first day of December of each year.

Section 2. That from and after September 10, 1908, it shall be unlawful to take, catch, fish for, or pursue salmon or sturgeon in any of the waters of the Columbia river above the mouth of the Sandy river, or in any other waters over which the state of Oregon has jurisdiction, except that portion of such Columbia river lying between the boundary of the state of Oregon and the boundary of the state of Washington, north, range nine (9) west, of the Willamette meridian, and the west boundary of township two (2) north, range sixteen (16) east, of the Willamette meridian.

That from and after September 10, 1908, it shall be unlawful in the waters of the Columbia river, within the boundaries of the state of Oregon, or in any other waters over which the state of Oregon has jurisdiction, to take, catch, fish for, or pursue salmon or sturgeon, in any of the waters of the Columbia river within the boundaries of the state of Oregon, or in any other waters over which the state of Oregon has jurisdiction, by means of a net or device of greater depth than four and one-sixth (4 1/6) fathoms.

Section 3. That from and after September 10, 1908, it shall be unlawful to take, catch, fish for, or pursue salmon or sturgeon in the Columbia river within the boundaries of the state of Oregon, or in any other waters over which the state of Oregon has jurisdiction, by means of a net or device of greater depth than four and one-sixth (4 1/6) fathoms.

Section 4. That from and after September 10, 1908, it shall be unlawful to take, catch, fish for, or pursue salmon or sturgeon in the Columbia river within the boundaries of the state of Oregon, or in any other waters over which the state of Oregon has jurisdiction, by means of a net or device of greater depth than four and one-sixth (4 1/6) fathoms.

Section 5. That from and after September 10, 1908, it shall be unlawful to take, catch, fish for, or pursue salmon or sturgeon in the Columbia river within the boundaries of the state of Oregon, or in any other waters over which the state of Oregon has jurisdiction, by means of a net or device of greater depth than four and one-sixth (4 1/6) fathoms.

**THEY GROW Good Humor and Cheerfulness From Right Food.**

Cheerfulness is like sunlight. It dispels the clouds from the mind as sunlight chases away the night.

The good humored man can pick up and carry off a load that the man with a frown would not attempt to lift.

Anything that interferes with good health is apt to keep cheerfulness and good humor in the background. A fast me and after each spell it would take me days before I could sit up in a chair.

"Four years ago I was practically given up by my doctor and was expected to live long. My nervous system was in a bad condition.

"But I was young and did not want to die so I began to look about for the cause of my chronic trouble. I used to have nervous spells which would exhaust me and after each spell it would take me days before I could sit up in a chair.

"I became convinced my trouble was caused by coffee. I decided to stop it and bought some Postum.

"The first cup, which I made according to directions, had a soothing effect on my nerves and I liked the taste. For a time I heavily lived on Postum and ate little food besides. I am today a healthy woman.

"My family and relatives wonder if I am the same person I was four years ago when I could do no work on account of nervousness. Now I am doing my own housework, take care of two babies—one 20, the other 2 months old. I am so busy that I hardly get time to write a letter, yet I do it all with the cheerfulness and good humor that comes from enjoying good health.

"I tell my friends it is Postum I owe my life to."

Name given by Postum Co., Battle Creek, Mich. Read and get the full story in "The Food of the World" by Dr. J. C. Eckhardt.

**Pimples and Blotches**

are not the only signs that a blood-cleansing, tonic medicine is needed. Red, languid feelings, loss of appetite and general debility are other signs, and they may be worse signs.

The best blood-cleansing, tonic medicine is Hood's Sarsaparilla, which acts directly and peculiarly on the blood, driving it of all foreign matters and giving it the whole system.

This statement is verified by the experience of thousands radically cured.

Over forty thousand testimonials received in two years, by actual count. Accept no substitute for Hood's Sarsaparilla.

Get it today. Hood's Sarsaparilla. 100 Doses \$1.

# Let Us Suit You

By our easy payment method of selling clothing. It is our specialty. You make a small deposit when you take the Suit, then only

**\$1 a week**

It will soon pay for a suit and you'll never feel it to be a burden on your pay envelope

**You Are Welcome to Credit**

We make it easy for you—we make it pleasant for you to buy your Clothing on our easy payment plan.

## GEWURTZ & SONS

First Street Yamhill Street Second Street

to afford a four to six-hour respite, every 24 hours, in this immediate narrow strip of a wide river. (Section 1.)

Fourth—Lengthen closed seasons on the Columbia river so as to allow more fish to reach hatcheries. (Section 2.)

Fifth—Establish closed Sundays so as to save one seventh of the salmon supply for propagation. (Section 5.)

**Bar Fishing on the Columbia River.**

Common sense would not prompt you to drive cattle through a closed gate. Section 3 of this bill aims to open the gate or at least to leave it somewhat ajar. Bar fishing at the mouth of the river would not be allowed. Some fishermen are drowned each year."

—Charles F. Powell, captain of engineers, 1887.

"A restriction should be placed upon fishing too close to the entrance from the sea. The fish should be allowed to get well inside before attacking them."

—Major Jones' report to war department, 1887.

"It is essential for the welfare of the industry that no fishing be allowed at or near the mouth of the river, and the salmon be given all the opportunity possible of getting into the river before it is lawful to take them."

—Oregon fish commissioner, 1905.

"I am also of the opinion that fishing should be prohibited below Sars Island at all times." Senator Charles W. Fulton, January, 1907.

**Restrict Gear.**

Shorten the lengths of all fishing gear. Marshall McDonald, United States fish commissioner, 1884, says: "It is indeed a matter of surprise that any salmon base has been able to elude the labyrinth of nets which bar their course to the ocean."

**Vinol**

Our delicious Cod Liver preparation without oil. Better than old-fashioned cod liver oil and emulsions to restore health for Old people, delicate children, weak run-down persons, and after sickness, colds, coughs, bronchitis and all throat and lung troubles.

Try it on our guarantee.

Woodard, Clarke & Co., Portland, Or.



**PIMPLES**

"I tried all kinds of blood remedies which failed to do me any good but I have found the right thing at last. My face was full of pimples and blotches. After taking Cascarets they all left. I am continuing the use of them and recommending them to my friends. I feel like a new man in control. Hope to have a chance to recommend Cascarets."

—Fred C. Wilcox, 9 Elm St., Newark, N. J.

**Cascarets**

Best For The Doweels

CANDY CATHARTIC

THEY WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good (never Sicken, Weakens or Grips, 10c, 25c, 50c, Never Old in Bulk. The genuine tablet stamped G. C. C. guaranteed to cure or your money back.

Sterling Remedy Co., Chicago or N.Y.

**ANNUAL SALE, TEN MILLION BOXES**

**TEA**

Four types for four tastes; you may as well try them all.

Your grocer returns your money if you don't like Schilling's Best; we pay him.

The war department now has the matter under investigation. Reasoning that the high cost because navigation is being interfered with and the same

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