4-EOUR "EABIT" ALL IMPORTANT.

is positively so stopped up as to be hardly able to think clearly. To get the "habit" every 24 hours regularly works wonders. By the "habit" I don't mean the cathartic habit, but I mean that "natural, easy move" that every one ought to have without having to make a rush for the pillbox every night.

MUST QUIT PILL HABIT.

"You young and midde-aged men and

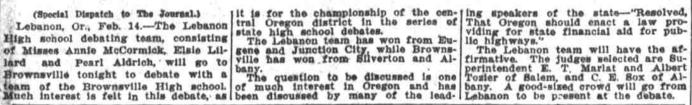
"It is one of the simplest things in the world to cure even the worst case of chronic constipation, and yet nearly every other man and woman you meet.

DEBATERS GO FORTH TO FINAL BATTLE



Elsie Lillard.







Annie McCormick.

firmative. The judges selected are Superintendent E. T. Marlat and Albert Togier of Salem, and C. E. Sox of Albany. A good-sized crowd will go from Lebanon to be present at the debate.



MUSEMENTS

The attraction at the Heilig theatre, Fourteenth and Washington streets, to-night and tomorrow night will be the charming actress, Miss Grace George, and her excellent company, including H. Reeves Smith, in Sardou's brilliant company, "Divorcons" This exceptionally plever star and interesting play made the Lawyer and th elever star and interesting play made one of the greatest hits ever made in a Portland theatre last night. Seats are selling at the theatre.

Special Price Matinee Tomorrow. Tomorrow (Saturday) afternoon, at he Heilig theatre, a special-price mat-nee will be given at 2:15 o'clock. Dharming Grace George in "Divorcons" will be the bill. Seat sale at theatre.

"Charley's Aunt" Tonight.

Have you seen "Charley's Aunt"? very one who could crowd into the aker theatre this week has, and those ho have not been able to, have simply ilssed a rare treat in laughter. One right, clever scene after another follows in such rapid and natural succession that the sudlence is not over one sion that the audience is not over one burst of laughter when another comes. Tomorrow matines.

"In the Bishop's Carriage,"

Bunday afternoon next Izetta Jewel will begin a limited engagement as leading woman of the Baker stock company in Channing Pollock's dramatization of "In the Bishop's Carriage." It is a story of a girl thief, who is captured in the rooms of a gentleman, who instead of arresting her, takes an interest in her, and induces her to lead a different life.

Who Gets the Teddy Bear? At the Empire matinee of "As Told in the Hills" tomorrow afternoon another of those great big Teddy bears will be given to the child under 12 who guesses nearest to the correct number of persons in the audience. The bears so far have been won by the boys every time, and we sincerely hope some little girl will be clever and lucky enough to win this one.

"Dora Thorne" Coming.

All the women especially are inter-sted in the production of Bertha M. Jay's "Dora Thorne," which will open at the Empire Sunday matinee and con-tinue all next week. It is one of the most popular plays of the last century nd is as much a favorite with theatre

"Kerry Gow" Matinee.

Under no circumstance miss seeing "Kerry Gow" at the Marquam. The engagement is fast drawing to a close and the last performance will be tomorrow might. There will be a matinee tomorrow. "Kerry Gow" is considered the last of all the Irish romantic comedies and in the leading role of the blacksmith Joseph Murphy has a worthy successor in Bernard Daly. "Parsifal."

Sunday afternoon "Parsifal" comes to the Marquam. This is the dramatic version of the famous opera. There will be Wagnerian incidental music and the play is complete to the smallest details. "Parsifal" was the masterpiece of Wagner and in its dramatic form makes a play of marvelous, dignified interest. There is a semi-religious atmosphere and the story is unfolded in an artisalle manner.

"The Nancy Hanks" Coming. Next week commencing Monday sight the Allen stock company will appear in the funny farce comedy success "The Nancy Hanks," a plece that has made a nation laugh. The parts are such that the members of the Allen company will find themselves strictly at home, and should make a great cer-

THE "PERFECT"

truss, closing both

"The Lawyer and the Lady."

There will be only a few more performances of Franklin Fyles' new play "The Lawyer and the Lady," the latest thing in the shape of rural comedy drama that has been seen on the American stage. It was written for a leading Broadway comedian, but its New York performance was postponed until spring. The Lyric secured the rights to it, and has been making good in the new piece. Matiness tomorrow and Sunday.

"King of the Cowboys."

Seat Sale Opens Tomorrow.

Beginning tomorrow, Saturday morning, at 10 o'clock the advance seat sale will open for George M. Cohan's play, "Forty-Five Minutes From Broadway," at the Helli- theatre, Fourteenth and Washington streets. This musical play will be presented by Klaw & Erlanger at the above theatre next Tuesday and Wednesday nights, February 18 and 19.

'Chinatown Charley" Tomorrow. "Chinatown Charley" Tomorrow.

"Chinatown Charley" will continue at the Star theatre until tomorrow night, with the regular Saturday matines tomorrow afternoon. There have been few plays this season in the local theatres that have met with more liberal patronage on the part of the public than "Chinatown Charley." This is because the play is new and treats of a little known section of New York city.

Expose Tonight.

This is the night that Albini, the ma-gician, will make his heralded expose at the Grand of Anna Eva Fay, Mrs. Pepper and others who perform seeming miracles. That all of the mental telep-athy tricks of these people, as well as other supposed supernatural feats are nothing but clever trickery, will be shown by Albini. This is an entertainment which every one is interested in as it will uncover the quacks. The performances will begin half an hour earlier.

BUSINESS MEN SEEK TO ENLIST FARMERS

Action Taken at Meeting of Cottage Grove Commercial Club, Held With Unique Motive.

(Special Dispatch to The Journal.) Cottage Grove, Or., Feb. 14 .- The peoole of this city hope that as the result of action taken by the Cottage Grove Commercial club at a meeting Wednesday night a better feeling toward the business community here on the part of surrounding rural dwellers will be established. It had become apparent that the people in the rural districts death overtook him. felt a degree of animosity toward the business men here and it was felt that this should be shown to be unjustified. The club, seeking to eliminate this feel-ing, appointed three members to hold a series of lectures among the granges series of lectures among the granges and other organizations in southern Lane county. Levi Geer, H. C. Thompson and George Comer were delegated for this duty. The object will be not only to dispel any existing feeling but to arrive at a cooperative plan whereby the rural districts will be greatly benefited. They will urge the raising of products in such quantities as will justify the establishment of a cannery here and will promise the entire support of the Cottage Grove people. The club also appropriated a fund to be used in conjunction with contributions in work or money by the Loraine farmers to complete a first-class wagon road, graveled, between Loraine and this place, a distance of 12 miles.

Portland Business Men to Be

Welcomed to the Best

Next Tuesday.

(Special Dispetch to The Journal.)

Salem, Or., Feb. 14. — Arrangements have been completed for the banquet and reception to be tendered Portland business men Tuesday. The Oregon

"You young and midde-aged men and women who eat and drink everything you like, and you old men and women who are addicted to pill-eating to keep your over-due bowels going, you don't realise that there would not be one one-hundredth part of the disease on earth today if your bowels were absolutely regular.

"You can shake your fist at almost any old disease known, if you've got the bowels that do business every 24 hours. This is plain talk, but every doctor will tell you the same thing, only he may be more particular in his language, but it won't have the impression on your mind.

"Now, you can't cure constipation with cathartics and one of the reasons why there is much constipation today

KLAMATH CONSIDERS

(Special Dispatch to The Journal.) citizens of Riamath Falls are considered sidering a municipal water and light system. The proposition arose from the decision of a system of city irristion, and is to more that the canal itself could not be leased to the city or any corporation, but the power reented by the canal can be disposed of to individuals or a corporation for a period not to exceed 10 years. This is to prevent monoply. It will be necessary, therefore, to enter into contract with the government for city irrigation, and it will be possible at the same time to enter into a contract for power. The contract with the government for city irrigation, and it will be possible at the same time to enter into a contract for power. The contract with the government for city irrigation, independent water and light systems and city sewers age will come up. Klamath Falls now has water and light systems, but it has long been felt that the rates were high compared with rates at other places.

PHONICIP DECOR.

PIONEER DROPS DEAD AT SALEM

(Special Dispatch to The Journal.)
Salem, Or., Feb. 14.—George Wait,
75 years of age and an Oregon ploneer,
dropped dead here yesterday while on
his way from his home to the railroad station. He had started for the train, but noticed that he did not have his watch and started to return, when Wait was for many years a resident of Polk county, where he was well known. He came to Salem five years ago, and had made this city his home.

SEATTLE COUNCIL RUSHES FRANCHISES

(United Press Leased Wire.)

Beattle, Wash., Feb. 14.—A special meeting of the city council was held last night to give a second reading to the Union Pacific franchises, so that they can be advertised and finally passed prior to the vote on the charter amendment requiring the submission of all franchise ordinances to the people for ratification. By passing the second reading last night they will get their final reading at the regular council meeting of March 2, one day before the city election.

doctor an affable gentleman and conver-sationally inclined, the writer asked the question, "how do you find business and how do you like Portland?" The doc-tor replied in part, "while business is good and rapidly increasing, the firm has found during its short stay in your city that a prevalent feeling is abroad of suspicion concerning what is known as an advertising dentist, and through the people met and the canvass made of con-ditions in this community the cause of public prejudice, which is certainly jus-tified in a measure by the recurrence of Only One "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

and reception to be tendered Portland business men Tuesday. The Oregon Electric company has arranged for two cars to bring the visitors here in the afternoon. Those who come by the Southern Pacific may if they wish to do so after the reception retire to a sleeper, which has been especially engaged and which will be attached to the regular overland train Wednesday morning.

The evening will begth with a reception at the Illihe clubhouse, at which speeches will be made by various prominent men. The guests will then adjourn to the Elks' hall and enjoy a lunch and "smoker," which will occupy the guests until well toward midnight.

"Now, you can't cure constipation with cathartics and one of the reasons why there is much constipation today is because there are so many drugs, liquids and unnatural bowel movers guzzled and swallowed by so many thousands of people.

"It is true these cathartics sluice out that bowel-moving juice or secretion which Nature has put in every good bowel to make it work easy and right. When this natural "juice" in the bowel is cleaned out your bowels become mere dead-pipes. Then you get a bad case of constipation and pills are swallowed to do the moving. This goes on, over and over again.

"Take it for granted now that you have got to quit taking pills and drugs, actor will exercise and one of the reasons why there is much constipation today with cathartics and one of the reasons why there is much constipation today is because there are so many drugs, liquids and unnatural bowel movers guzzled and swallowed by so many thousands of people.

"It is true these cathartics sluice out that bowel-moving juice or secretion which Nature has put in every good bowel to make it work easy and right.

and over again. "Take it for granted now that you have got to quit taking pills and drugs, castor oil, cascara, jalap, gamboge and all other cathartics before you can ever hope to cure your constipation. CITY OWNERSHIP NOW YOU CAN STOP CONSTIPATION POREVER.

"If you will do as I say you can get Klamath Falls, Or., Feb. 14.—The citizens of Klamath Falls are consid-sidering a municipal water and light how pleasing and delightful it is to have

Poor tea is the older

leaves, not the young ones.

There's too much of it. Your grocer returns your money if you

don't like Schilling's best; we pay him.

Western Idea of Dentistry. In search of items, the writer called in

at the offices of the Eastern Dentists a few days ago and drew the chief operator into conversation regarding his

ideas of western dentistry. Finding the doctor an affable gentleman and conver-

"Our advertisement neither expresses

mere is the greatest opportunity to be cured of chronic constipation that you have ever had come to your notice.

Thos. Needham, 1528 S. 44th Ave., Chicago, says: "I suffered from chronic constipation for 10 years. I tried every cathartic in the market in vain. Doctors could do nothing, and death seemed to your notice.

Thos. Needham, 1528 S. 44th Ave., Chicago, says: "I suffered from chronic constipation for 10 years. I tried every cathartic in the market in vain. Doctors could do nothing, and death seemed to your notice.

Results in Curing Constipation Without Medicine. For the benefit of our readers we publish a timely and interesting talk by Prof. T. H. Midgley on a point which is most vital to every man, woman and child in this country—the way to stop the spreading danger of chronic constipation. All he says is true as evidences of it are so many and varied, as seen in hundreds of letters from those who have done as he advocates, that we think it will be a public benefit to make them known. We recommend Prof. Midgley most earnestly to our readers: Tou will be amazed to see the array SUFFERED 20 YEARS, CURED IN 30 sewerage. It goes to your face in the form of pimple-poison and breaks out this benefactor of mankind who answers the Boston, Mass., writes that he had been goes to your brain and makes you drown the standard of the standard makes you drown the standard makes you dro of letters that are received daily by this benefactor of mankind who answers

to the Readers

of The Journal

this benefactor of mankind who answers
all letters sent to him and asks no Boston, Mass., writes that he had been charge for the advice which he freely troubled with constipation for 15 or gives. These letters are from worn-out, pill-ridden patients who have tried to market. He cured himself in one the "Midgley way" as a last desperate month, the "Midgley way."



A Wonderful, Clean, Straight Talk on the Folly of Using Cathartics for Trying to Cure

Constipation, and How to Stop it Absolutely Without Pills, Potions or Medicines.

For the Benefit of Our Readers, Prof. T. H. Midgley Gives a Remarkable Talk on How His Idea Has Worked Remarkable

"You Simply Can't Cure Constipation with Pills, Powders or Potions. Force Is Folly.. I Tell You How to Cure Youself at Home Without Medicine. Forever."

effort, and have been cured as easily as though they had but a mere cold.

For the benefit of our readers we have taken the trouble to pick out at random a few of these letters and publish them. For instance, Mr. F. G. Jackson, who had almost become a mere skeleton and had suffered for 10 years, cured himself in a few days.

MAKES LIFE WORTH LIVING. Mrs. Chas. Dobler, of Papoose, Cal., says: "I feel that life is worth living for. My case has been about the worst that could come before you. Everybody ought to send for your book."

belladonna and other acids and drugs which only physicians know about, cause reaction in the bowels, and result in chronic constipation.

"It is not necessary to take an atom of any one of these sinful drugs, and just as sure as you do, you help to paralyze your own bowels. You can have them move every day regularly without taking any of these paralyzers if you will only follow out my idea which has already proved successful in hundreds of cases."

RESULTS OF CONSTIPATION.

"When a train is stuck in the tunnel and cannot be dislodged, it stops traffic. With the body it is worse, because when there is a blocking-up somewhere in your 30 feet of bowels, the poison from the blockade is going to be scaked up by the little capillaries on the inside lining of the bowels, and all this poison is rushed right through the blood. "If goes to the brain naturally, and in every part of the body, every organ being fed on this polluted blood, or

goes to your brain and makes you drowsy, it weakens the stomach and causes dyspepsia, and bad breath, it goes to the liver and causes biliousness, it goes to the kidneys and eventually gives rise to Bright's Disease, it goes to the heart and makes it thump, it goes to the eyes and they lose their lustre, it makes your nerves flabby and weak and out-o-sorts, and this is the advance agent of all kinds of disease, which you couldn't get at all if there was purerich red blood flowing in your vains and your whole body was in prime condition."

The Chief Clerk of the Pennsylvania Railroad company, located at New Brunswick, New Jersey, says: "I have suffered from chronic constipation for the past six years, taking most all of the pills and potions I ever heard off At one time I became so bad I decided to give up my position with the railroad, as I felt my days were sumbered. "One physician told me that he as well as others were powerless to cure constipation with drugs, saying, that the purgatives inflame the bowels and eventually paralyze them. I followed your advice, have not spent a penny for drugs of any sort, and I am cured." The Chief Clerk of the Pennsylvania

There is hardly anything which restores the nerves as quickly and surely as regular bowels. Most people who have weak nerves and are run down are chronically constipated. It is surprising in how short a time a man or woman can build up a strong body by being absolutely regular and taking Professor Midgley's advice.

Our readers can be positively certain of results if they will but send for Professor Midgley's book and follow his advice. He is known all over the country as the "Constipation Wizard." His method is all so wonderful, and se simple, that it has been said by a great many to be a positive pleasure to adopt the Midgley way of getting cured right at home.

There is probody also in this constant. LOOK OUT FOR YOUR MERVES!

many to be a positive pleasure to adopt the Mildsley way of getting cured right at home.

There is nobody else in this country who has given this disease such deep professional study, as Professor Midsley. His advice to you will be worth hundreds of dollars, and you will have saved years of misery, bad health, and danger of disease.

You will realize within a few hours what it is to really live and have that exquisite feeling of perfect health cheerful spirit, good digestion, clean mind, quick memory, energy, courage and ambition, to a degree which you probably never before could understand or experience—and all this, by merely following the simple advice of a man by whose advice hundreds have been cured in a most remarkable manner.

EOW TO GET THE ADVICE.

"Aloes, calomel, croton oil, cascara sagrada, jalap, gamboge, blue mass, colosynth, assafoetida, senna, epsom saits, laxative mineral waters, podophylin, castor oil, nux vomica, hyoscyamus, belladonna and other acids and drugs which only physicians know about right at home, the "Midgley way." without pills, potions or powders—forever,
He will also send you by letter his expert advice upon any point relating to
your case on which you may ask information. Mail the coupon today.

FREE COUPON

Fill in your name and address on dotted lines below and mail to Professor T. H. Midgley, 1841 Midgley block, Kalamasoo, Michigan, and by return mail he will send you free his illustrated book, showing the simple way of curing constipation without medicine.

OPEN AN ACCOUNT! Prices as Low or Lower Than Cash Prices at Some Stores

Our Spring Goods are arriving daily, and in order to make room for our new importations we will hold a

15 Day Sale

When all ladies' wearing apparel-Coats, Cloaks, Skirts, also Furs, will be cleared out at

One Half Regular Price

And all Men's and Boys' Clothing will be sold at One Third off Regular Prices.

AN INVITATION is extended to all to inspect our new goods, which show the latest creations in fine Wearing Apparel, Millinery, Laces, etc.



Just a little down and just a little at a time makes it convenient to dress well.

public prejudice, which is certainly justified in a measure by the recurrence of past events, is found to have had its origin in the past conduct of unscrupulous dentists in Portland who have advertised and offered inducements to the people and made promises which they had no intention whatever of fulfilling thereby deceiving an unsuspecting public and hoodwinking it to such a degree that now they look upon the advent of a new firm as the shadow of the past and are just as ready to condemn unheard, a new advertisement in advance now as they were to accept one in advance formerly. But there is no reason why we should be a link in the chain of shortcomings of former operators. . The Oregon public can no longer be gulled and deceived by unreliable goods. In placing our truss before the men, women and children of the west, we want to be understood regarding the reerators.

"Our advertisement neither expresses nor implies any mystery whatever. It means no deception; it is our advance agent—our silent representative and it tells the absolute truth. But it can not argue the case with the one who views it with suspicion. We must meet that person face to face and convince him or her by the submission of cold facts.

"We take pride in honest assertion; we rest secure in the consciousness that we can and will do exactly what we promise to do in our advertisement.

"We have come to Portland to build up a business upon a foundation strong and deep of honest work at honest prices—the only foundation that will stand the test of time, therefore, are willing to offer reasonable concessions to our patrons. The most effective concession we have to offer is to divide our profits with each patient, thereby making a friend. You may not realize it, but it is a fact that every patient whom the dentist works for is either a friend or a foe—there is, there can be, no middle ground." liability of our trusses.

rupture perfectly. Why suffer longer with Hernia or Rupture when you can wear the "PERFECT" Truss and find relief and comfort each day. Measurements taken at your home or hospital free of

THE GINNEVER & WHITTLESEY MNFG. CO.

64 SIXTH STREET

PORTLAND, OREGON

The G. & W. "Perfect" Truss

The "Perfect" truss is made to order; it will wear longer and give more complete satisfaction than any other truss on the market. This truss relieves and gives comfort to the wearer. It supports the body where support is most needed. It never slips from its position, but adjusts itself to the movements of the body and is guaranteed to hold the

WRITE OR CALL FOR CATALOGUE