OUR DAILY BREAD.

How many things that go to make up "our daily bread," are made from flour? So many things that they can scarcely be counted. Of course bread is the principal thing but there are others so widely used as to rival this daily offering in public favor. There's macaroni and spaghetti for instance. Both of these are made from the richest flour and their use is being daily widened.

Macaroni is a staple article of diet in many countries, and is becoming more and more popular in America. The strain of wheat known as durum or macaroni wheat, providing more glutten than starch in its flours, is being largely cultivated in the United States for the sole purpose of giving a flour suitable for the manufacture of macaroni.

Owing to the demand for macaroni the processes of making are much improved and the most rigid cleanliness is observed in the factories where the best of materials are used.

Macaroni, spaghetti, vermicelli and noodles are all from the same material, the different names simply describing the different forms. All may be made delicious in the cooking and all may be ruined and rendered unpalatable by a careless process. The low cost of these materials should commend them. Even the small family of two can have its dainty dish and the larger family of 10 have another equally good cooked at the same time.

An Italian cook, known for his spaghetti feasts, raises his hands in horror at the suggestion of soaking or cooking macaroni in cold water. Fill a pan with two quarts of water, heat to the boiling point and when boiling rapidly break into it the contents of a package of macaroni or spaghetti. When boiled 30 minutes an inventive housewife can arrange a new dish for every day of the month by using canned tomatoes, mushrooms, prunes, cheese, onions, celery or catsup or sauces that may occur to her.

The home style may be familiar. Break the contents of a 5-cent package of macaroni or spaghetti in half and boil in two quarts of well-salted water for 30 minutes; drain in colander and pour warm water over it to blanch. Pour into shallow baking dish and cover with the following sauce: For sauce put two tablespoonfuls of butter in a granite saucepan and stir until it melts, being careful not to brown it; add to this one tablespoonful of flour and stir until thoroughly mixed. Bring one and a half cups of milk to the boil and add it to the flour and butter; stir all thoroughly until it thickens and becomes smooth, pepper and salt to suit taste, then pour macaroni or spaghetti as described above. Mix two-thirds of a cup of fine cracker crumbs with one-half cup of grated cheese, one-third of a cup of melted butter and sprinkle over top of macaroni or spaghetti. Bake until brown and serve hot.

Butter always goes hand in hand with bread, so the tactics of the butter market may be here considered. Yesterday the price reached a new high record for this part of the country, several of the most prominent brands being advanced to 90 cents a two-pound square. This is 5 cents higher than any prices reached here since the creamery business became prominent. Of course, there are all sorts of prices in the butter market—more of them, in fact, now than usual. Most of the makers claim that supplies are still very liberal, and they are showing no disposition to dig deeper into the pockets of housewives. This season has been a most unusual one in the butter market, and for this the average consumer can thank her lucky stars. The average butter-buyer does not purchase supplies just because it has a fancy name. It is quality that counts, and sometimes in the most obscure places the best quality can be secured, and at prices that are materially reduced from what fancy-named ones are asking.

Eggs are getting down to bedrock prices and retailers report more liberal purchases in consequence by housewives. Those who buy one dozen a week when values are up are now purchasing two or possibly three dozen. Eggs are getting so plentiful that prices are dropping almost every day and will likely continues to do so unless there is a sudden cold snap. It is getting very close to the time of year when egg production is increased. Already are larger supplies in California and the trade of that state is endeavoring to sell some in this market at lower values. As everyone here has all the eggs wanted the lower prices are sure to come unless the long-expected cold snap materializes.

Once upon a time and not so long ago that most people have forgotten, the Portland fish markets were crowded with supplies of sturgeon. This famous Columbia river fish was so plentiful 15 years ago that it was too cheap to use by many. It was not until some eastern people came out here that the fish was "discovered" but since that time the demand for sturgeon was very heavy. The call for supplies became so heavy that fishermen stayed out in the river day and night in order to supply the demand. This resulted in fishing out of nearly all the stock and the once despised food was soon commanding a premium but the price is very firm, around 15 and 20 cents a pound.

Columbia river smelt are so cheap now that they have supplanted almost all other fish on the bill of fare. Quality is now at its best. The fish are larger than the latter run; being composed mostly of the male variety, and are firmer than the run which follows.

The Best Way

To cut down your household expenses is to purchase at wholesale prices. No inconvenience. It will save you 15 to 25 per cent on your bills every month.

RICHET COMPANY

WHOLESALE GROCERS, 112-114 FRONT ST.

Phones: Main 758; Home A1758 Corner Washington

BAY CITY MARKET

FOR CHOICE CUTS

SATURDAY SPECIALS

SUGAR CURED EASTERN HAMS	12½c	Rib Steak	10¢
10-lb. pail Lard	$1.20	Sirloin Steak	12 1-2¢
5-lb. pail Lard	60¢	Pot Roast	6¢, 8¢
Bacon, per lb	17¢	Boiling	5¢, 6¢
Corn Beef	5¢	Prime Roast	12 1-2¢
Tongues, each	50¢	Lamb Stew	5¢

Call Early and Avoid the Rush

SPATH & KOEHLER

Phones: A2830; Main 2830 Cor. Fourth and Yamhill Sts.

RESTAURANTS--MARKETS--HOTELS

And families, dissatisfied with quality, quantity and prices of native or transplanted eastern oysters, will find that there is no dealer in the city who has facilities for furnishing their wants so satisfactorily as the

ROUTLEDGE COMPANY

WE GROW OUR OWN OYSTERS AND ARE HOT AFTER THE WHOLESALE BUSINESS of the CITY

West Side Store Phones: MAIN 4500; A5164 | East Side Store Phones: EAST 952; B1122

"CLEANLINESS OUR WATCHWORD"

DRESSER'S

THE steady, healthy expansion of every department of the greater Dresser store is proof of the people's appreciation for a food market where quality and purity are first considerations. Some items of interest for tomorrow

Meat Specials

Please consider "Dresser quality" when making comparisons; we do not claim to quote lowest prices on meats, but we guarantee that meats of similar quality cannot be bought in Portland for less money.

Dresser's Pork Loin Chops, tomorrow ..... 12½¢
Dresser's Rolled Roasts of Beef for ..... 12½¢ to 15¢
Dresser's Sirloin Steak tomorrow at ..... 15¢
Dresser's Shoulder Roasts of Veal tomorrow ..... 12½¢
Dresser's Select Veal Sausage 15¢, 2 lbs. ..... 25¢
Dresser's Pure Pork Sausage, lb ..... 20¢
Dresser's "Imperial" Hams, extra choice, right from the smokehouse, regular 18c lb. ..... 14¢
Dresser's "Imperial" Bacon, similar quality to foregoing, regularly 25c, for ..... 22¢

Apples—Fancy Hood River "Blacktwigs"—special Saturday, box $2.75
Apples—Dandy Northern Spy, box $1.75
Bismark Herrings—4 sizes, per can 35¢ 65¢ 90¢ $1.25.
Worcester — Old English Worcester Sauce, ½-pint bottles ..... 15¢
Salad Mustard—Eddy's Salad Mustard, bottle ..... 10¢
Cheese—Imported Cammembert, in tins each ..... 50¢
Cheese—Imported Genuine English Stilton, lb ..... 75¢
Cheese—Imported English Stilton, earthen jars ..... $1.15 and $2.25
Cheese—Kimmel Kase, the genuine, each ..... 10¢
Sardines—Imported Norwegian Smoked Sardines in oil, can ..... 10¢

Pure Wines and Whiskies

We carry the finest California Wines in glass or bulk, also all the better brands of imported and domestic wines and whiskies for family use. Special tomorrow.

Dewor's "Special Scotch Whiskey, regular $1.25 bottle $1.10
Dewor's "Extra Special" Scotch Whiskey, regular $1.35, for $1.20

Baked Goods and Candies

These goods are made on the top floor of the building in clean, airy rooms. We employ only expert workmen. We give them choicest ingredients to work with, but we demand quality. We guarantee the latter.

Dresser's Nut Loaves, regular 25c ..... 20¢
Dresser's Layer Cakes, regular 25c ..... 20¢
Dresser's Assorted Cookies, regular 10c dozen, 4 dozen ... 25¢
Dresser's Melba Jelly Gums, regular 40c ..... 25¢
Dresser's Cream Caromels, regular 40c ..... 30¢
Dresser's Pinoche, regularly 40c, at ..... 30¢
Dresser's Strained Honey, regular 15c size 10¢—regular 25c size 20¢.

HEINZ' Leading demonstrator is with us this week—Come in and try any of THE WORLD FAMOUS "57 KINDS."

FIFTH AND STARK—BOTH PHONES

19½ Pounds of Sugar $1.00

BUTTER 55, 60, 65 and 70c Per Roll

The PEOPLES

FIRST AND TAYLOR STS.

A 1412 THE RELIABLE STORE Main 1412

EGGS Two Dozen for 45 Cents

CASH BUYERS

Never fail to secure the best the world can provide, and they get more of it for their cash than credit would ever dare to give. No one can afford the luxury of credit—except they can afford to actually give away 25 per cent or more of their income to the credit seller. Just observe the cost, quantity and quality difference when you buy from us for cash.

FLOUR

OUR SPECIAL BRAND

$1.15 Per Sack

$4.50 Per Bbl.

Carnation Cream, 3 for	25¢
Tomatoes, 3 for	25¢
Tomatoes, per doz	95¢
Corn, 3 for	25¢
Corn, per doz	90¢
Salmon, 3 for	25¢
Lye, 3 for	25¢
K. C. Baking Powder, 25-oz. cans	20¢
A. & H. Soda	5¢
Corn Starch	5¢
Codfish, 2-lb. brick	15¢
Force	10¢
Postum	20¢
Egg-o-See, 3 for	25¢
Savon Soap, 12 bars	25¢
Naptha Soap, 6 bars	25¢
Monarch Soap, 8 bars	25¢
Codfish Strips, 3 lbs. for	25¢

MEATS

HAMS

Picnics	10¢
Cottage	11¢
Eastern Sugar-Cured	12 1-2¢
Skinned	12 1-2¢

BEEF

Boiling Beef, per lb	5¢, 6¢, 7¢
Round Steak, lb	10¢
Loin Steak, lb	12 1-2¢
Porterhouse Steak	12 1-2¢
Whole Rump Roast	7¢

PORK

Pork Roast, lb	10¢
Fresh Hams, lb	11 1-2¢
Pickled Pork, lb	12 1-2¢
Pork Sausage, lb	10¢

MUTTON

Leg of Mutton, lb	11¢

COFFEE

We make it a point to supply Coffee of a grade, flavor and aroma that establish our reputation as coffee providers beyond all question of doubt. Our 4½ pounds for $1 cannot be equaled.

Monarch Blend, per lb. 25¢

1 lb. Loaf Sugar free with every pound.

TEA

Our 50c Tea, at, lb. 25¢

Fancy Potatoes, sack 90¢

New Honey	15¢
8-lb. box Macaroni	35¢
5 lbs. pink Beans	25¢
5 lbs. Navy Beans	25¢
2-lb. can sliced Pineapple	15¢

SYRUPS

1 gal. Sunset Drips	45¢
½ gal. Sunset Drips	25¢
Gal. Maple Cane Syrup	75¢

THE - ONLY - LARGE - STRICTLY - CASH - MARKET - AND - GROCERY - IN - PORTLAND

Groceries **Fellows Grocery Co.** Meals

349-351 Oak St. BOTH PHONES 2596 348-350 Ankeny St.

CASH BUYERS ATTENTION

HERE IS SOMETHING OF INTEREST TO THE WOMAN OR MAN WHO PAYS CASH FOR THEIR GROCERIES

SUGAR—Best Dry Granulated, 19 pounds for $1.00
FLOUR—Rose City, highest fancy patent, per sack $1.35
HAMS—Best Sugar-Cured Eastern, special, per pound ..... 12¢
POTATOES—Large sack fancy Burbanks, per sack ..... 90¢

Oregon Ranch Eggs, per dozen	30¢	1 gallon good Table Syrup	45¢
3 cans Carnation Cream	25¢	4 pounds Corn or Gloss Starch	25¢
5 pounds best broken Rice	25¢	25-oz. can K. C. Baking Powder	20¢
12 bars good Laundry Soap	25¢	3 packages Mince Meat	25¢
4 large packages Table Salt	25¢	3 cans Corn or Tomatoes	25¢
1 pound Green or Black Tea	25¢	6 large packages Breakfast Food	25¢

SPECIAL PRICES TO HOTELS, RESTAURANTS AND BOARDING-HOUSES

CHICKENS 16c lb.

Oregon Creamery Butter, roll	65¢
Guaranteed Eggs, dozen	25¢
Oregon Ranch Eggs	30¢
White Clover Honey, comb	15¢
Holland Herrings, keg	$1.00
Alaska Herrings, dozen	25¢
New Anchovies, lb	15¢
Large Eels, lb	20¢
Stockfish, lb	15¢ and 20¢
French Sardines, box	10¢
Large Queen Olives, qt	60¢

COLUMBIA RIVER SMELT

Wholesale and Retail

Columbia Fish Co.

Third and Ankeny

Phones: Main 5; A5556

WE ARE HEADQUARTERS FOR

Cheese Butter Eggs

Iowa Butter, lb	35¢
Creamery Butter, roll	70¢
Dairy Butter, per roll	50¢
New laid Oregon Ranch Eggs, dz.	35¢
Good Eggs, dozen	20¢
One old American Cheese	25¢
Comb Honey, new, 2 for	35¢
Fresh Tillamook Cheese, lb	20¢
Imported Swiss Cheese, lb	40¢
Domestic Swiss Cheese, lb	25¢
Cream brick and Limburger, lb.	25¢
Imported Rocquefort Cheese, lb.	50¢

Try our Golden Cream Potted Cheese, Honey in bottles and in bulk.

WHOLESALE AND RETAIL

THE OREGON CHEESE CO.

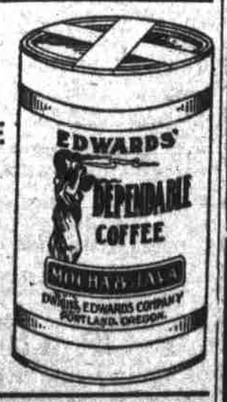
(Inc.)

Fifth St., Opp. Olds, Wortman & King.

Best convenient location in the city.

THE HIGHEST GRADES OF COFFEE ROASTED IN THE NORTHWEST

ASK YOUR GROCERS.



Foster & Kleiser Signs

FOR SATURDAY ONLY **Special** FOR SATURDAY ONLY

Fancy Hood River Spitzenberg Apples	$2.50	12 1s cans Farmside Sifted Peas for	$1.20
Fancy Brkft. Bacon, 4-lb. to 6-lb. pieces, lb.	18½¢	12 1s cans Farmside Extra Sifted Peas for	$1.50
Standard Breakfast Bacon, 10-lb. to 12-lb. pieces, per lb.	17¢	12 cans Farmside Tender Cut Beans for	$1.50
Fresh Finnan Haddies, per lb	20¢	12 3-lb. cans Hawaiian Pineapples for	$2.75
Elgin hard wheat Flour, per bbl.	$4.50	Heinz Catsup, per bottle	15¢
Elgin hard wheat Flour, per sack	$1.20	Pint of Preferred Stock Catsup	25¢
12 1-lb. cans Minced Sea Clams for	$1.65	1 jar imported English Marmalade	20¢
12 1s cans A. & L. Oysters for	$1.40	Durkee Salad Dressing, per bottle	10¢, 25¢, 45¢
2 1s cans A. & L. Oysters for	25¢	3 cans Boneless Sardines, ¼s, for	50¢
12 2s cans A. & L. Oysters for	$2.60	1 can Boneless Sardines, ½s, for	35¢
2 2s cans A. & L. Oysters for	45¢	1 can French Mackerel in oil, ¼s	20¢
12 3s cans J. H. Flickinger Solid Pack Tomatoes for	$1.40	2 packages Seeded Raisins, 16 ozs., for	25¢
12 2½s cans A. & L. Solid Pack Tomatoes	$1.35	1 bot. J. P. Smith Pitted Queen Olives, 32 oz.	$1.25
2 2½s cans A. & L. Solid Pack Tomatoes	25¢	1 bot. J. P. Smith Pitted Queen Olives, 16 oz.	75¢
12 2½s cans Yellow Free Peaches	$1.70	1 bot. J. P. Smith Queen Olives, 16 oz.	50¢
1 2½s cans Yellow Free Peaches	15¢	1 bot. J. P. Smith Queen Olives, 30 oz.	65¢
12 2½s cans Preferred Stock Yellow Peaches	$2.75	1 bot. Spanish Queen Olives, 14 oz.	30¢
1 2½s cans Preferred Stock Yellow Peaches	25¢	1 bot. Stuffed Olives with Sweet Peppers, 14 oz.	35¢
12 cans Country Gentleman Corn for	$1.25	1 bot. Stuffed Olives with Sweet Peppers, 5 oz.	10¢
2 cans Country Gentleman Corn for	25¢	1 quart bottle Maraschino Cherries	75¢
		1 pint bottle Maraschino Cherries	50¢

Our Prices Average Lowest for Ordinary and Extraordinary Quality.

D. C. BURNS COMPANY

210 THIRD ST., BET. TAYLOR AND SALMON Both Phones—Main 616, A1626

Blue Point Oyster Co.

Wholesale and Retail Dealers in Eastern and Olympia Oysters, Staple and Fancy Groceries. General Restaurant Supplies; Eggs, Butter, Cheese.

31 NORTH SIXTH ST.

Phones—Main 1910; Home A1910

Good Creamery Butter 60c Per Roll

Strictly Fresh Oregon Eggs, doz. 30c

A full assortment of domestic and foreign cheese.

Everything bought from us guaranteed or money refunded if goods are not as represented.

Henion-Henley Co.

207 YAMHILL ST. PHONE MAIN 1709

We Are Still the Leaders

In Oregon best Meats, Fish, Poultry and Butter. We are going to make a special cut all day Saturday in our meat department—one well worth your coming to see.

Nothing Saturday Will Be Sold Above 8c per Pound in Beef

Just think of that; we also will sell our

70c Butter at 65c or Two Rolls for $1.25

Fresh Oregon Chickens	18c
Goldenrod Butter, the Very Highest Grade,	75c
Eggs, per Dozen	25c
Strictly Fresh Oregon Eggs, 2 Dozen	55c

Harry Wood Market Co.

THE BIG MEAT SHOP

Don't Forget the Corner—FIRST AND ALDER STS.