



Daily Menu. BREAKFAST. Crushed wheat. Shrimp omelet. Boiling potatoes. Rye muffins. Toast. LUNCHEON. Scotch broth. Rolls. Crackers and cheese. Rice pudding. Tea. DINNER. Consomme soup. Salmon steak. Mayonnaise sauce. Roast beef. Macaroni a l'italienne. Feta gratin. Lettuce salad. Charlotte russe.

To make a shrimp omelet, prepare the shrimp and stew in a little butter for five minutes. Make an omelet with six or eight eggs and one-half cup cream, seasoned with one spoonful of fine chopped parsley, salt and pepper. When done lay the shrimp on and fold over. Garnish with parsley.

What the Spinster Says. THE spinster says that she has been reading with much interest the various recipes given to married ladies in the newspapers for making home happy. She has been culling and studying these with much assiduity and weighing them with care and she has made up her mind that the role of the happy wife is one of extreme difficulty.

For look, she says; here is the oft-repeated advice about food. She must study the man's tastes, and she must learn to cook things he likes them; she must never allow the menu to become monotonous or to lack a variety; she must take extreme pleasure, no matter what other contented tasks have to be laid aside, in catering to his lordly palate on all possible and impossible occasions.

Then again, she must give great care to her dress. She must never allow herself to lapse into a comfortable negligence nor allow her hair to come out of curl. Neither must she use any detectable means for improving her countenance nor appear at any hour of the day or night in curl papers, beads, and trim and smugly set up, she must be at all times and in all hazards.

Another matter which is strongly urged, the spinster remarks, is that she must never mention the monthly bills to the man of affairs, because that might make him restless. She must never be ill because men do not like ailing wives; she must, incidentally, never object to his smoking and making himself at home all over the place; she must not—no never—object to his man friends, nor mind if he continues to spend much of his time with them.

Another idea which the spinster says startled her at first, was that the happy wife, knowing herself to be the center of his universe, must not object to his attentions to other women, nor suffer one little incident pang of jealousy if he proposes to pay afternoon calls to other married ladies and send them flowers.

Of course the happy wife will not wish to go out in the evening if the lord of the manor wishes to stay in, nor to stay in if he chooses to go out. I have noticed also," the spinster says, "that this happy wife will carefully refrain from being intellectual, because a man wants always to be wiser than his wife and wants her to look up to his knowledge. She will never read to him, because she might vex him."

Now the spinster admits that she has had visions of her own—just dreams, you know, when, looking through the window into a possible future, she has dared to tread in imagination the roseate path of happy married life. She has thought of a home as a place of refuge from the outer world, of intellectual companionship, of mental stimulus. She admits that she dreamed of comradeship and she has heartily read and that would laugh at trifling ills because they could not affect the real big issues of life.

At night, of sharing a man's life and letting him share hers, even dared to dream of childish forms and trusting hands clinging to both husband and wife and holding them closer still. She had thought of home as a place of heart rest, of peace and joy.

"Now, it seems," says the spinster, "that all of this is beyond the question. In this happy-home recipe, the catching of the husband is only the beginning."

It appears that the wife has merely adopted a big man child who must be spoiled and petted and soothed into good humor. With extreme delicacy only can he be approached on the subject of funds, and he must never on account be interfered with in his avocations, pursuits, pleasures or follies, on pain of being disliked.

To the spinster, you understand, who is not of the initiated band, it looks, frankly, like sheer nonsense. She cannot see why it is not just as such a man's business as a woman's to keep the home happy. She cannot see why if it is a privilege to share his burdens, it may not also be his duty to put his shoulder under a portion of hers.

Being merely a spinster it looks to her as though the tax of looking after one's self is a small matter compared to that of molly-coddling an impatient, selfish husband.

The happy wife will understand that she is only, after all, a spinster.

At It Again. KEEPING everlastingly at it brings success," is a well-known business axiom, and if the Woman's Suffrage society continue as they are now doing they will some day be bound to win. Just when that day will be no one can say, but when the time is ripe the result will come, says the Philadelphia Telegraph. It is a long, slow process to prepare the way, and much must be done before it is an easy, or even a safe, road for womanhood to travel. Not only must the men be educated, but women should shoulder to shoulder with them, but the women must be trained to be fitted for the career. Individually, many of them are ready for it now, even better fitted than many of the men who bar their way to progress; but womanhood en masse needs a lot of work before they can cope with political problems. The day has passed when the "suffragettes" can be regarded as a negligible quantity. Whatever public opinion thinks of them and their principles, it cannot ignore them, and will some day have to reckon with them on a practical basis.

As to Curries. ALTHOUGH a native of India, the curry has become anglicized and fairly cosmopolitan, largely through the agency of the British army. It is essentially a man's dish, and all men like it, which is a good and sufficient reason why all women should know how to make curries. The following recipe was contributed by Prince Ranjhi Smile and is excellent: Curry of Chicken—Put a tablespoonful of butter into a saucepan, let it melt, then add two onions sliced very thin and washed after slicing; roast until a golden brown. Add a tablespoonful of curry powder, which is sufficient for a four-pound chicken. Stir for two seconds; have the meat ready, add two large tomatoes, a little lemon juice, a little salt, and cook 15 minutes. To finish add one half cup cream. Be sure to add this oil to the cream. It is

understood that the chicken is cooked before the curry is made. This curry may be used with any kind of meat. It affords an excellent way to eat. Bake for 45 minutes in a moderate oven. Great care must be taken in washing the hominy, in at least three waters.

Hominy Pudding. FOR a simple, inexpensive and easily made dessert, baked hominy is very good. Pour upon a cupful of fine hominy a pint and a half of boiling water and boil for 20 minutes, then add a tablespoonful of butter, a scant tablespoonful of salt and half a pint of milk. Butter a deep pudding dish, and pour the mixture into it. Bake for 45 minutes in a moderate oven. Great care must be taken in washing the hominy, in at least three waters. A cinnamon sauce goes very well with the above. Put a cupful of sugar and one of boiling water into a small saucepan with one spoonful of cinnamon about four inches long, and boil gently for half an hour. Remove the cinnamon and the sauce is finished. Instead of the stick of cinnamon a quarter of a teaspoonful of the ground spice answers just as well, and gives a stronger flavor and darker color.

AT THE THEATRES

"Quincy Adams Sawyer." A play that will probably tax the capacity of the Marquam the coming week will be "Quincy Adams Sawyer." This play is a dramatization of the book of the same name which was read by several million people a few years ago. The play has been even more popular and successful than the book. It filled the largest theatres in the east for two seasons and now comes west with the same complete company.

"The Land of Nod" Tonight. The attraction at the Hellig theatre, Fourteenth and Washington streets, tonight and tomorrow night will be the big musical extravaganza spectacular production, "The Land of Nod." For an evening's entertainment bristling with tuneful music, "The Land of Nod" will be "It." Seats now selling for the engagement.

"Land of Nod" Matinee Tomorrow. A special price matinee will be given at the Hellig theatre, tomorrow, Saturday afternoon. The musical extravaganza, "The Land of Nod," will be the attraction. Take the children they will enjoy every minute of it.

Matinee Tomorrow. Tomorrow the Primrose minstrels at the Marquam will give a matinee and all the people who cannot attend a theatre at night should attend. The closing performance of the engagement will be Saturday evening. Primrose has always taken the lead in the minstrel business and this year he has a better show than ever before.

George Primrose at the Marquam. The closing performance of the engagement will be Saturday evening. Primrose has always taken the lead in the minstrel business and this year he has a better show than ever before.

"The Three Musketeers." Recall the scene in Dumas' "The Three Musketeers" where D'Artagnan first meets the three, and innocently of lends each one in turn, accepts challenge to fight, and the place being the same the first meeting is to take place at 2, the next 3 and the last 4. And when they all come together and learn that it is one and the same youth that each is to meet, one of the most thrilling comedy scenes ever written is the result.

"The Lion and the Mouse" Sunday. Charles Klein's great American drama, "The Lion and the Mouse," will be the attraction at the Hellig theatre, Fourteenth and Washington streets, for four nights beginning next Sunday, December 15. This interesting play was one of last season's biggest hits at the Hellig. The advance seat sale began this morning.

"Sag Harbor" a Beautiful Play. "Sag Harbor" at the Baker tonight and tomorrow matinee and night is a rare, beautiful story of simple natural village life in the little fishing and resorting hamlet of Sag Harbor on the eastern coast. The Baker company is doing wonders with it. Matinee tomorrow.

"The Holy City" at the Empire. There will be but three more opportunities to see the beautiful religious play, "The Holy City," which has been attracting the attention of all week at the Empire theatre. Tonight, tomorrow matinee and tomorrow night will close the engagements which for beauty and impressiveness is unequalled in the annals of popular price theatres.

"Cumberland '61" Tonight. The most elaborate and pretentious production ever given at the Lyric is "Cumberland '61," which the Allen stock company is presenting this week. It is recognized as the very best civil war drama ever written and the members of the Allen company are winning new laurels by their splendid acting of the various roles. Matinee tomorrow and Sunday.

"Caught in the Web" Next. The sensational detective melodrama, "Caught in the Web," will be the attraction at the Lyric commencing Monday night and the management promises that the show will meet the favor of the public regardless of the critics and the faultfinders. It is one of the greatest shows of its kind ever produced.

Send Youngsters Tomorrow. Tomorrow afternoon send the children to the Grand where they can see two specialties which will give them something to talk about. One is the troupe of tropical birds which is presented by Madame Naynon. This is a beautiful act and there is none other like it in vaudeville.

"Lighthouse" Matinee Tomorrow. "The Lighthouse by the Sea" is drawing to a close at the Star theatre. The last two performances will be tomorrow afternoon and night. It is a great matinee attraction and for cents shows how popular the play is. This is a realistic story of life on the Atlantic coast and the story centers around the people who keep the light tower.

RUGS AT AUCTION. \$80,000 Worth of Rare Oriental Beauties to be Sacrificed. Jabour & Co., Seventh and Washington streets, are compelled to sell their magnificent collection of oriental rugs at auction in order to take care of bills falling due January 1. A Journal representative visited this famous rug house today and found it a veritable beehive, preparing for the sale. The stock comprises an extensive collection of the finest specimens of high art in oriental rug weaving; in coloring, designs and qualities they are unsurpassed on the Pacific coast. Also an assortment of Florentine, Cluny and other choice laces, and beautiful hand-hammered Damascus brass lamps.

Ladies' white kid gloves, the \$1.25 kind, at 90c. Golden Eagle Dry Goods company's wind-up sale.

G. A. R. Election. (Special Dispatch to The Journal.) Astoria, Dec. 13.—Cushing post, G. A. R., held their regular meeting Wednesday evening, when they elected the fol-

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- Velvet Suits \$21.75 for the handsomest \$60 Velvet Suits. \$27.50 for Parisian Modes, \$75 Velvet Suits. \$32.50 for exposition garments, \$90.00 Velvet Suits. \$39.50 for Suits that sell from \$100 to \$125.

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- The Long Garments, also Coverts and Karicul. Up to \$18 Coverts and Karicul Jackets at 75¢. Up to \$25 Long Coats and Raincoats at \$12.50. Up to \$40 Coats of all kinds at \$16.50. Up to \$50 Coats of all kinds at \$19.50. Up to \$60 Coats of all kinds at \$23.75. See the garments—look at their absolute correctness of detail. You will surely appreciate them, for they are the best.

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