





and yet had seemed to take no care except in the matter of hygienic living. and some did not even take that precaution, yet looked younger than your-

self. What is the cause? Have we been paying too much attention to externals and forgotten the things that really count? Forgotten that looks are gov-erned to a great extent by the feelings, and cultivated the nonessentials at the expense of the essentials? Men pay little attention to the approach of wrinkles, and therefore do not worry them into appearing so early—they do not think so often of time and its ef-fect on their appearance, and conse-quently time forgets them. We mistake causes and effects; we think that faded looks are a cause when they are the effect of other more vital things. Men live in the outside, rushing, wide-

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not, and the same may be said of man; but the woman who holds optimistic views of life and who realizes that the passing of time means progression and that the present and future are of necessity better than the past, will live long and be young as long as she lives. . . .

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cape, the hood part of which is cut in develop a satisfactory demand. oval shape and shirred with ribbon. It is a difficult matter to see

develop a satisfactory demand. It is a difficult matter to secure the oorreot shade in brown, and certain goods on hand have been returned to the mill to be dyed black. The same is true of broadcloths, where the brown is perhaps most in evidence. The Textile Manufacturers' Journal says that agents claim they are selling twice as many blacks, as browns. In fact, black is coming to be more and

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them with a small sponge with oil of turpentine; wet the sponge only suffi-cient to take all the dirt and fly marks the result is simply wonderful. Old bed spreads make good table pads, trim them off to fit the table off, then allow the frames to dry and hem. If you have to use lard in a cake in place of butter always add a elves.

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