

The Market Basket

A prominent physician of this city recently gave a patient the singular advice to never eat a meal without using some cheese. According to other doctors, the idea of eating cheese for health purposes is not a new one, but one that is growing year by year and day by day. This idea brought the doctor back to the place of manufacture of the best and healthiest cheese.

"Oregon," he says, "produces the best cream cheese in the world. There is no place on earth that can manufacture a quality as good. Of course there are spots that produce better cream cheese than others. Tillamook is the best of all, and practically all the cheese that comes from there is first class."

A few years ago the idea prevailed in this city as well as some other Pacific coast markets, that Wisconsin and other eastern cheese was far superior to that made in Oregon, but recently with the great influx of easterners into this territory, it is found that these people say they never tasted such good cheese as when they came to Oregon.

Recently there was sold in the New York market a full car of pears that came from southern Oregon. These were sold at \$3 a box by the car lot, and were in turn sold to jobbers at a profit of about 15 per cent. They in turn sold the pears to the retailers at \$1.50 a box, but the consumer at the price that went close to \$1 a box. Out here in Portland these same pears are selling in the markets by wholesalers at about \$1.50 a box while you could buy them at retail and have them delivered to your home at about 50 cents advance.

There is a great surplus of apples in the market at this time, and prices are very low. Very good eating apples can be purchased in the retail markets at \$1.50 and \$1.75 a box, this being about the top limit for the fruit usually sold here.

There are but scant supplies of peaches in the market at this time, but the public seems to be getting rather tired of them and demand is not extra heavy. Prices are no higher.

Strictly fresh Oregon ranch eggs are now selling in the retail markets as high as 40 cents a dozen. A few are still offering them to the public as inducement to trade at 25 cents a dozen, but at this price their profits are practically nothing. Just at this time local eggs are not showing the best of quality, and eastern eggs are being purchased more freely. Only one creamery is charging 75 cents a dozen, and still for the best butter, others still holding at 70 cents because of the latter supplies. The higher price is hav-

ing the effect of causing larger sales of second-class product.

Profits of fancy quality are now booming in price, and some slight addition has been made to the value of ordinary grade stock. This is due to the smaller crop in California, and growers have become excited. It is said, however, that the price will not likely move much over the present one because of the larger supplies in the east. These can almost be shipped to the Pacific coast with profit, so low are values in Minnesota and other producing centers.

Onions remain very cheap and dealers seem in no hurry to buy, as they say they will not likely go very high.

A few retail prices for you:
Berries—Huckleberries, 12 1/2 pound; strawberries, 25c box.
Fruit—Bananas, 25c dozen; lemons, 25c dozen; limes, 25c dozen; apples, 75c @ \$1.50 box; plums, 25c basket; pineapples, 25c @ 40c each; gooseberries, two pounds for 25c; raspberries, 15 @ 20c basket; cranberries, 40c each; peaches, 11.25 box; cantaloupes, 5 @ 10c; cactinuts, 25c pound.

Vegetables—Eggplant, 12 1/2c pound; peppers, bell, 10 @ 12 1/2c pound; peas, telephone, 5c pound; string beans, three pounds for 25c; cucumbers, 25c dozen; summer squash, 25c pound; new California onions, 1c pound; cauliflower, 10 @ 15c head; tomatoes, 5 @ 7 1/2c box; green corn, 25c dozen; mushrooms, 25 @ 50c pound; celery, three heads, 25c; sweet potatoes, 3 pounds for 10c.

Fish—Halibut, 15c pound; salmon, 10 @ 12c; sturgeon, 15c; striped bass, 20 @ 25c; sole, 12 1/2 @ 15c; black cod, 12c; perch, 15c; flounders, 10c; shad, 12 1/2c; sea trout, 20c; crabs, 15c each; salmon, checks, 25c dozen; shad roe, 25c pound.

Butter and Eggs—Best creamery, 65 @ 70c per two-pound roll; cooking, 40c roll; fresh ranch eggs, 25c; eastern, 30c dozen.
Poultry—Chickens, 30c pound; ducks, 75c @ \$1.25 each; squabs, 75c pair; spring chickens, 25c pound.

Fairbanks.
Saturday evening between 8 and 9 o'clock at E. B. Colwell's grocery, Third and Jefferson streets, a special offer of 20 bars of Fairbanks soap will be sold for 25 cents. There are many other bargains to be had at this modern and up-to-date store in the grocery and fruit line. It will pay you to save your Sunday orders for this sale and get double the amount for your money.

THE OLD RELIABLE
Dalles Diamond Flour
has never failed to please. It has always been the standard for family use. Ask Your Grocer For



The Original Diamond Brand.
R. H. GUTHRIE
Portland, Rep., 213 Abington Bldg.
Phone Pacific 2251.

Don't Worry
About Your Sunday Dinner. Let "The Central Market"

Do all the worrying. We will supply you with a most excellent line of Fresh Meats, Poultry, Fish and Oysters. We make it our business to carry only the freshest of eggs as well as other table supplies.

130 GRAND AVENUE
Kindorf Bros
PHONE EAST 412

Special Tomorrow!

Large size best Cream, 4 for... 25¢
New crop Italian Prunes, lb... 5¢
Malta Vita, pkg... 30¢
1 lb. best Mocha and Java... 30¢
Laundry Soap sold everywhere at 5¢ straight, 7 for... 25¢
Compare these with what you are paying and act accordingly.

Burroughs & Gault
321 Third St. Main 1441.

OUR BIG SATURDAY SALES

THE TALK OF THE TOWN

People's Market & Grocery Co.

First and Taylor Sts. Portland's Cut Rate Supply House Phone Main 1412

22 lbs. Sugar \$1.00
WITH FIVE DOLLAR ORDERS

WE CARRY THE LARGEST ASSORTMENT OF

Government Inspected Meats

IN THE CITY

We will give a free demonstration of famous Monarch Blend Coffee all day Saturday!

Good Creamery Butter, roll 50c

Dalles Diamond Flour, best on earth, per barrel... \$4.40
2 pkgs. Gold Dust... 35c
10 lbs. Yellow Cornmeal... 25c
10 lbs. White Cornmeal... 25c
1 gallon Syrup... 40c
1 lb. U. C. Japan Tea... 25c
1 lb. Gunpowder Tea... 25c
1 lb. E. B. Tea... 25c
1 lb. Army and Navy Coffee... 15c
1 lb. Town Talk Coffee... 20c
1 lb. Monarch Coffee... 25c
50 lbs. Table Salt... 40c
1 can Eagle Milk... 15c
1 pkg. Scotch Oats... 10c
1 bottle Blueing... 5c
1 bottle Ammonia... 5c
3 lbs. High Tea Fancy Crackers... 25c

SPECIAL DELIVERY TO ALL PARTS OF THE CITY

A Typical Maid.
Mrs. Sarah Platt Decker of Denver said recently that all men as soon as they had acquired moderate fortune, should retire from business and devote their lives to the state.

"Then," said Mrs. Decker, amplifying her views the other day, "politics would be pure. Then there would be no graft in public contracts. Every vote would count. There would be no graft-protected crime."

"As to graft-protected crime, have you heard the latest?"

"A police captain was about to raid a gambling den. At midnight, taking his place at the head of a squad of stalwart men, he looked them over closely, and then said to his lieutenant:

"Is everything in readiness for this raid?"

"Yes, sir," replied the lieutenant, answering. "Our arms are in first-rate order, have you the reports, there are the flashlight camera men, and I notified the proprietor of the place this afternoon."

The circulation of The Journal in Portland and in Oregon exceeds that of any other Oregon newspaper.

Chickens, 17c

Fresh Ranch Eggs... 30¢
Eastern Eggs... 25¢
Best Creamery Butter... 65¢
Good Creamery... 55¢
Dairy Butter... 40¢ and 45¢
Best Sugar Cured Ham... 16¢
Breakfast Bacon... 17¢
Cream Brick Cheese, lb... 20¢
Limburger Cheese, each... 35¢

LAGRANDE CREAMERY
204 YAMHILL STREET.

Rainier Market

Fresh meats always on hand and prices within the reach of all.

Fresh Ranch Eggs, doz... 30¢ and 35¢
Best Apples, box, from... 50¢ to 75¢
Sourknot, quart... 10¢
Cranberries, quart... 25¢
Vinegar in bottles, large size, per bottle... 10¢
Dew Drop Wash Powder, package... 5¢ 10¢ 20¢
Wash and Bath Soap, regular price, King's Naphtha, 6 bars for... 25¢
Fresh Fish Every Wednesday-Friday.
Fresh Dressed Chickens Saturday.
Butter, Eggs and Cheese.
G. 25072.


17th and Savier Sts.
Main 1022.

THE HIGHEST GRADES OF COFFEE ROASTED IN THE NORTH-WEST

AT YOUR GROCERS.



M. F. CASH GROCERY
AT CITY MARKET, THIRD AND MARKET. PHONE MAIN 1725.
Sub Postoffice Applied for.



M. F. CASH GROCERY
At City Market, 304 Third St. Phone Main 1725.
BRANCH STORE AT 675 FIRST STREET.

We sell retail at wholesale prices. Watch this space for special prices. You are invited to inspect our store. We are open nights. We defy competition. We are agents for Jersey Creamery Butter and Denmark's Best Flour, for Saturday only \$1 per sack—nothing better. Fresh ranch eggs our specialty and only 35c per dozen. Every egg guaranteed. Why pay 40¢ Poultry, 14c per pound.

WAX CARTONS



Why buy Butter exposed to dust and climatic influence when you can obtain

White Clover Butter

IN CARTONS

Which seal it from all bacteria and germs. You can obtain it from your grocer at no greater cost to you.

T. S. TOWNSEND CREAMERY CO.
44-46 SECOND STREET, PORTLAND BRANCHES—ASTORIA AND SEATTLE

LIPTON'S CEYLON TEAS.

DIRECT FROM THE GARDENS
The Great Hit of the Portland Fair



The Cheapest Tea to Buy One Pound Equals Three

No. 1 Ceylon and India 1-lb. can, 75¢. No. 2 C. and I., 1 lb., 65¢
No. 3 Ceylon and India 1/2-lb. can, 40¢. No. 2 C. and I., 1/2 lb., 35¢

SOLD BY ALL GROCERS

TOWNSEND & VAN SCHOONHOVEN
Wholesale and Retail Grocers 147 FIRST STREET

Study our prices then you will see why our trade has increased. Our goods are of the highest quality and we challenge a comparison with the finest that can be found in any store.

Fresh Creamery Butter 65c & 70c
Fancy Creamery Butter... 55c
Oregon Ranch Eggs, dozen 35c
Good Eggs... 30c

We get our eggs from the farmer, but from the creameries—middlemen, Cross & Blackwell Laces Oil, qt., 65¢
Cross & Blackwell Chev., 9 pint, 20¢
H. O. Oats... 10¢
One good Peach or Apricot... 15¢
Sunday Tomatoes... 10¢
8 cans Corn, Peas or String Beans... 25¢

Evaporated Cream, 2 cans for... 15¢
1-lb. can Baked Beans... 5¢
1-lb. pkg. Arm and Hammer Soda... 5¢
Naphtha Soap, 4 for... 25¢
6 bars Baby Elephant Soap... 25¢
1 lb. English Breakfast Tea... 15¢
1 sack Gunpowder Tea... 25¢
1 sack Best Valley Flour... \$1.00
1 sack good Hard Wheat Flour... \$1.00
1 sack best Hard Wheat Flour (patent)... \$1.15
1 bottle Worcestershire Sauce... 15¢
1 lb. Whole Nutmeg... 10¢
East Side delivery Tuesday and Friday.
PHONE MAIN 1282.

MEATS GROCERIES

Fellows Grocery Co.

349-351 Oak St. Phone Main 2596. 348-350 Ankeny St.

Quality the Best and Quantity the Most

Do you know that the big new store on Oak street, near Seventh, is the best and cheapest place to buy your meats and groceries? Fellows buys only the very best meats and groceries and the prices are always right. A trial order will show you that this is the place to save money.

We Are Selling for Saturday

SUGAR, best dry granulated, 20 lbs. for... \$1.00
BUTTER, best fancy creamery, per roll... 60¢
CRANBERRIES, per quart... 10¢
2 cans Corn... 15¢
2 cans Table Peaches... 25¢
1 dozen Star Cream... 60¢
1 lb. Corn or Gloss Starch... 5¢
4-lb. pail Cottolene... 50¢
1 square New Honey... 15¢
1 can Baker's Cocoa... 20¢
1 lb. Baker's Chocolate... 35¢
1 pkg. Ghirardelli's Chocolate... 25¢
3-lb. box Crackers... 20¢
8-lb. box Crackers... 50¢
15c pkg. Scotch Oats... 10¢
FLOUR—ROSE CITY—best on the market, per sack... \$1.15

A. H. Willett & Co.
Wholesale and Retail Grocers
"THE HOUSE OF QUALITY"

REMEMBER OUR MOTTO: "PROMPTNESS AND QUALITY"

Some people fancy promptness as well as quality. We are looking for those people. Our greatest effort is to please our customers. You can therefore depend upon us for QUANTITY, QUALITY and PROMPTNESS. We cater to family trade. Try us and we are sure you will be one of our steady customers.

128 GRAND AVENUE
NEAR EAST MORRISON PHONE EAST 283

Albina's Up-to-Date Table Supply House
Phone East 460

Our Longest Lived Advertisement
IS THE PEOPLE WHO BUY OUR GROCERIES MEATS AND PROVISIONS—THEY THRIVE UPON THEM

Albina's Up-to-Date Table Supply House
Phone East 460

NEW YORK MARKET & GROCERY
477-479 Williams Avenue

3 packages Humpty Dumpty for... 25¢
Regular 2 for 25c. Special Saturday

4-lb. pkg. Olympic P. C. flour... 20¢
4-lb. pkg. Olympic Pastry... 20¢
Flour... 20¢
Postum or Fig Prune Cereal, per package... 20¢
Arm and Hammer Soda, pkg... 5¢
McLaren's Club Size Cheese... 15¢
7-lb. box Macaroni... 40¢
1 gallon can Columbia Table Syru... 45¢

New York Blended Mocha and Java Coffee. The coffee that makes friends wherever it is served; per lb... 25¢

Breakfast Bacon, per lb... 15¢
Fancy P. N. Ham, per lb... 12 1/2¢
5 lbs. C. P. Lard... 45¢
3 lbs. Halibut, sliced... 2 1/2¢
Fancy Columbia River Salmon, sliced Cutlets, per lb... 10¢
New Cod Fish, 2 lbs. for... 15¢
Dressed Chickens, per lb... 17¢

19 lbs. pure cane Granulated Sugar—Saturday only... \$1.00
100 lbs. pure cane Granulated Sugar, Special... \$5.15

3 pkgs. Cleaned Raisins or Currants 2 for 25c. Special Saturday

6 bars Gasene or Fel's Naphtha Soap—Saturday only... 25¢
75 feet wire Clothes Line... 15¢
12 bars Savon Laundry Soap... 25¢
1 pint bottle Pacific Castile... 10¢
3 cans Sugar Corn... 25¢
3 cans Early June Peas... 25¢
3 1-lb. cans S. A. Pork and Beans... 25¢
50-lb. sack K. P. Flour... \$1.10
Town Talk Bread Flour

2-lb. roll Fancy Creamery Butter—Saturday only... 60¢

WOODLAWN AND PIEDMONT DELIVERIES TUESDAYS AND FRIDAYS.

Chickens 17c lb.

Best Butter 65c Roll

Ranch Eggs 35c Dozen

COLUMBIA FISH CO.
Third and Ankeny. Phone Main 8.

All kinds of Fresh and Salt Water Food.

Oysters, Fish, Shellfish and Poultry

Get for your Sunday Dinner: Fresh Dressed Chicken, Duck, Goose or Turkey. No cold storage stock.

G. Covach & Co.
Phone Main 625. 475 First St.

FRANK L. SMITH MEAT COMPANY
222 ALDEN ST. BETWEEN 1ST AND 2D STS.
We Are "Fighting the Genuine Beef Trust"

By giving the people of Portland the purest, freshest, cleanest of Oregon meats. Every pound in our establishment is Oregon's own. We never touch the Eastern cold storage article.

VEAL	PORK
Leg Roast... 12 1/2¢	Shoulder Roast... 12 1/2¢
Rump Roast... 12 1/2¢	Leg Pork... 12 1/2¢
Shoulder Roast... 10¢	Shoulder Chops... 12 1/2¢
Rib Cutlets... 12 1/2¢	Loin Chops... 15¢
Shoulder Cutlets... 10¢	
Breast Veal... 8¢	Shoulder Roast... 8¢
Stew Veal... 8¢	Leg Mutton... 12 1/2¢
Veal Shanks... 4¢	Loin Roast... 12 1/2¢
	Mutton Stew... 5¢
	Shoulder Chops... 10¢
	Loin Chops... 12 1/2¢
	BEEF
Prime Rib Roast... 10¢	Sausage... 10¢
Rolls Roast... 10¢	Hamburg... 10¢
Pot Roast... 7¢ to 8¢	Corned Beef... 5¢
Short Ribs... 5¢	Liver... 5¢
Beef Tongues, fresh, each... 50¢	Best grade Ham... 17¢
Beef Tongues, salted, each... 50¢	Our own brand Breakfast Bacon... 17¢
Prime Rib Steak, short cut... 12 1/2¢	Our own brand Pure Lard, 5 pounds for... 60¢
Sirloin Steak... 12 1/2¢	
Round Steak... 10¢	
Chuck Steak... 8¢	
Shoulder Steak... 8¢	
Stew Steak... 5¢	
Boiling Beef... 4¢ and 5¢	
Beef for Mince Meat... 5¢	

PATRONIZE HOME INDUSTRY. THROW DOWN THE TRUST.