THE OREGON DAILY JOURNAL, PORTLAND, FRIDAY EVENING, SEPTEMBER 14, 1908



Figures Show That Men Are Healthier if They Continue Their Exercises.

MAN'S FULL STRENGTH COMES ABOUT FORTY

List of Prominent Athletes Who Are Now Vigorous and Active, Attributing Their Health to Judicious Participation in Athletics.

Professor Alibut of Cambridge has cutetly made a sensation by remarking that a man should not play goif before be is 55. This implies that the more

te is 35. This implies that the more iclent sports may be indulged in up to ut not after that age. Now a table has een compiled by students in England-ndicating the various ages at which fa-orits sports should be abandoned. Ac-rcing to it, we may row until we are by play football up to 30; howkey must a bandoned at 35; cricket at 40, and we tennis by women at 45, and by en at 66.

 As is bandoned at 35, cricket at 80, and awn tennis by women at 45, and are special speci at 60.

have many remarkable instances

their maturity. We have many remarkable instances is strength and endurance in old men. To have the case of the pedestrian Wes-m, who recently walked 96 miles in as time than he made the same dis-tating long, fast walks when 25. J. Furnival, how 35. still sculls on to Thames for exercise. When 100 enry Jenkins swam the Torkshire wate with ease. Look at our baseball hyers. Jim McGuire, catcher of tho layed professional baseball for 24 mar. Willie Keeler, Tron Man" Mo-linnity and Bill Dahlen have played or 16 or 17 years, and they are now s good as ever. Beinle Peits is over all our best players are over 46. That in the writer's opinion, accounts great measure for the long lasting ball players is that they do not diet. Bither in their food nor in their aleap they restricted. They eat what they at and alsep as much as they like. The preposterous to assume that na-re has intended any animal, when in prime, to adjure hard work. Can it denied that an old wolf is stronger d more enduring than a young wolf?

function redevelops the sense to do so biently to enable him once more to do so It is the belief that no exercise apart should be given up at any pa-ticular time of life, but the exercise its intensity and amount should its intensity and amount should to intensity and amount should be iminished as ons's feelings prompt. Fus, an old man may row, though not o hard as a younger man. He may day baseball or cricket or lawn tennis mill he tires. He may swim casily, raik, ride a bicycle or run slowly. But hat he must eschew all active games imply because he is past 35 is blatant omannes. Football is to Be Resumed This

RACING RESULTS AT SHEEPSHEAD AND DOUGLAS

(Journal Special Service.) New York, Sept. 14.—Sheepshead Bay

Five and one half furiongs-Vaquero won, Eldorado second, Gargentus third; time, 1:08 1-5. Mile-Cotiontows Endeavor Will Be Made to Arrange -Cotiontown won, Fish Hawk Water Grass third; time. 1:39 3-5.

second, Water Grass third; time, 1:39 2-5. Mile and one quarter—Jennie McCabe won, Our Sister second, Sonoma Belle third; time, 2:07 4-5. Seven furiongs, Flight stakes—Rose-ben won, San Fara second, Deutschland third; time, 1:28 1-5. About two miles and one half, steeple-chase—Phantom won, Pote Dailey sec-ond, Faller third; time, 5:14 2-5. Five and one half furiongs—Knight of Ivanhoe won, James Crawford second, Gild third; time, 1:09. Mile and one half, on turf, the Russell handicap—Outcome won, Orly II second, Entree third; time, 2:35 2-5. gridirons, gathered at the S. A. A. C. Tuesday evening and took the prelim-inary steps looking to the organization of an eleven to represent the Athletic

At Louisville. (Journal Special Service.) Louisville, Ky., Sept. 14.-Douglas

amoker. The first practice of the season will be held Sünday morning, and it is ex-pected to get the men together of evenings Saturdays and Sundays during the remainder of the season. They will schedule games with the two crack athletic clubs of the cosst. Multnomab and Seattle, and expect to meet the University of Idaho, Whitman collage and the local High school team. Other games will be arranged as soon as work is begun on the schedule in excess. Sunday's practice will be limited to run-ning signals, catching pusts and falling on the ball. Bright Ontlock for Team.

Bright Outlook for Team. That a team can be organized that will provide an interesting session for any eleven that can be found in the northwest is apparent at a glance at the abundance of experienced players who can be drawn from. John Middle-ton, captain of Idaho's championes of last season, is counted upon and will be supported by a former teammate of his High school days, F. G. Kennedy, who has been employed to coach the High school team. Others who are ex-pected to join the squad are: New-meyer, formerly of the University of Minnesota; Sturgeon, Harvard; Weeks,



(Journal Special Service.) Syraouse, N. Y., Sept. 14.—Grand cir-cuit aummary: 2:08 class, pacing, two in three, purse \$2,000—Doris E. won two straight heats and the race in 2:06%, 2:08%. 3:13 class, trotting, three in five, purse \$1,200—Belle Bird won the third, fourth and fifth heats and the race in 2:10%, 5:12%, 2:13. Totars won the first and second heats in 2:11%, 2:10%, and was distanced in the fifth. 2:06 class, piceing, two in three, purse \$1,300—Baron Grattán won two straight heats in 2:07%, 2:05%. 3:19 class, trotting, limited to five heats, purse \$1,200—Budd won the sec-ond, third and fourth heats and the race in 2:11%, 2:10%, 2:13%. Autobon Boy want to beat the pacing record of 1:59% and falled; time, 2:00. meyer, formerly of the University of Minnesota; Sturgeon, Harvard; Weeka, Dartmouth; Epply, High school; Har-rington, High school; Fancy, Blair, Beit, High school; O'Toole, High school, and a dosen other High school and eastern college graduates who have shone on the gridiron. The S. A. A. C. has had no football

team for five seasons. Athletic Director Cook is ambitious to develop enthusiasm this season that will guarantee a con-tinuation of the organization year after year. To that end he will permit none but bona fide members of the club to participate.

At Detroit.

LARGE CROWDS WITNESS AMERICAN LEAGUE. THE SALEM RACES Won. 78 78 78 78 78 Lost. 49 51 57 56 60 68 New York . hitago Philadelphia Cleveland St. Louis

.0 4

Harness and Running Races **Prove Good Attractions at** the State Fair.

Season in Well Known

Athletic Club.

Games With Whitman, Idaho, Se-

attle A. C. and the Winged M

Former football stars, with enviable

ecords as pigskin warriors on eastern

club this season, says the Spokans Spokesman-Review. It was easily ap-

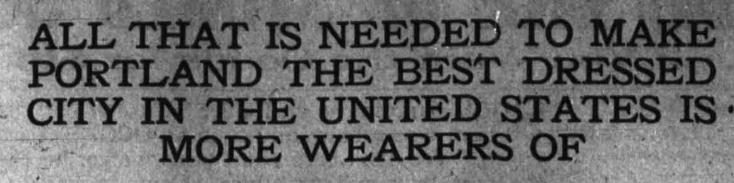
parent that material was easily ap-parent that material was available for an aggregation of chacks and it was announced that the final touches on the movement will be perfected at a meat-ing to be hold this evening following the amoker.

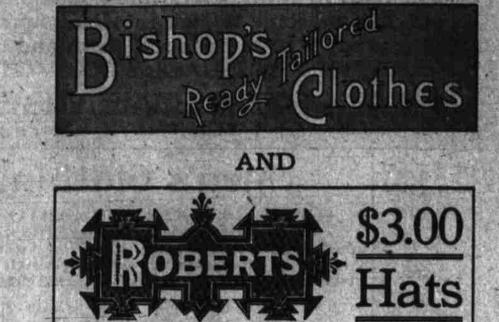
Bright Outlook for Team

Eleven of Portland.

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its prime, to adjure hard work. Can it be denied that an old wolf is stronger and move enduring than a younge wolft Then why should not must be more capable physically at 35, which is not ald, than be is at 257 We know that the brain is subjected to more severe and constant use than is any other organ, yet the brain lasts longest. If we accept the conclusion that no man abould do hard physical work after he is 35, then we should urge that after that age he make no severe mental sflort.

### The Wrong Dootrine.

Such a doctrine is subversive to prog-ma. The body, one day, desplie all our frorts, becomes incapable; let us not, herefore, basten our encoming helpless-mas by refusing to do while we are yet ble. Structures can so an parterna ass by refusing to do while we are yet ble. Structures can go on performing heir functions only so long as the unctions are regularly demanded of hem. Let the demand diminish, and trat the function and then the structure still diminish. If one remains in bed or but one month his power of locomo-ion is nearly lost, and the structures secessary for locomotion, the legs, greatly diminish. It is only when the



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and the second second

## Won, Lost. 101 33 55 45 56 45 56 75 56 75 51 78 42 93 Chicago . . New York . Pittsburg Philadelphia Cincinnati . Brooklyn . St. Louis . . P.C. .759 .654 .631 \*\*\*\*\*\*\*\*\*\* .........

oston . . . . At Boston.

Philadelphia R. H. E. Boston S 1 Batteries—Duggleby and Dooin; Dor-ner, Cameron, O'Neill and Needham. Umpires—Carpenter and Johnstone. At Pittsburg.

First game-Pittaburg 5 4 1 Cincinnati 5 10 4 Batteries-Leever and Gibson; Weim-er and Schiel. Second game-Pittsburg 6 0 Cincinnati 0 7 8 Batteries-Leifield and Phelps; Frazer and McLean. Umpire-Klem. First game Leever and Gibson; Weim-

### At St. Louis.

St. Louis Chicago Batteries — Karger and Marshall; Brown and Kling. Umpires—Conway

# PACIFIC COAST LEAGUE.

	Portland Won. San Francisco	42727779
B	Fresno	82

(Special Dispatch to The Journal.) Seattle, Wash., Bept. 16.—Jones the whole show yesterday against Tigers. Score: WAS

Fopkins Wins Mis Game. (Journal Special Service.) Oaktand, Cal., Sopt. 14.—Young Hop-kins managed to get away with his game yesterday from the Angels. The score:

(Brecis) Dispatch to The Journal.) Salem. Or., Sept. 14.—The largest crowd that has yet gathered to see the races at Lone Oak track gathered yes. terday afternoon. The harness contests were good and the gallopers performed in fine style considering the heavy track track. The 2:17 trot was won by Satin Royal The 2:17 trot was won by Sath Royal in one of the best contested races seen on the local track. In the 2:20 pace Dell and Flaxy McGregor strove for supremacy, but the sorrel mare was victor. The one half mile had eight entries and Amssa performed creditably to 9:5014 At Philadelphia. Boston R. H. E Philadelphia R. H. E Philadelphia . Philadelphia . Philadelphia . Batteries Tannehill and Armbruster: Plank, Dygert, Holmes, Coombs, Powers and Schreck. NATIONAL LEACUE. Won Lost Do 100 Jassed him, and they fin-ished neck to neck. 2:17 trot, three in five, \$2.000 purse-Satin Royal won in three straight heats, Athasham second, Lady Jones third; time 2:33 %. in 0:50 %.

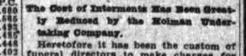
Athasham second, Lady Jones third; time, 2:33¼. S:20 pace, two in three, purse \$83-Flaxy McGregor won, Major Dell sec-ond; time, 2:43%. Running, one half mile, selling, purse \$156, of which \$30 went to second and \$20 to third, for 4-year-olds and over-Amasa won, Dr. Rowell second, Wade Hampton third; time, 0:50%. Running, one mile, selling, purse \$200. Running, one mile, selling, purse \$230, of which \$30 went to second and \$20 to third-Beachwood won, Mimo sec-ond, Legal Form third; time, 1:45%, Running, five and one half furlongs, purse \$200-Pinkim won, Dave Roland second, Titus third; time, 1:10%.

### SPORTING GOSSIP.

Rain again prevented Portland and San Francisco from meeting at Recre-ation park yesterday. During the wet spell the Giants may play any games they wish excepting baseball. Mitchell and Sweeney are star pinochle perform-ers, while Jud Smith and Pete Lister play a very good game of dominoes. . .

At St. Louis last evening C. M. Dan-iels of the New York A. C. swam 100 yards in one minute flat at the national outdoor swimming championships. This is the world's record.

### **A NEW DEPARTURE**



taking Company. Heretofore it has been the custom of funeral directors to make charges for all incidentals connected with a funeral. The Edward Holman Undertaking com-pany, the leading funeral directors of Portland, beginning July I, 1606, will depart from this old custom. When the casket is furnished by us its cost will include all charges, such as conveying the remains to our chapel, outside box, embalming, hearse to cemetery and all services which may be required of us except clothing, cemetery and carriages, thus effecting a saving of \$26 to \$75 on each funeral.

the ends funeral each funeral THE EDWARD HOLMAN. UNDERTAK-ING COMPANY, 230 Third street, corner Salmon.

Los Angeles ... 10000001-27 3 Lakland ...... 10000104 5 7 3 Batteries Nagle and Buckley; Hop-kins and Hackelt. Umpirs-Parrins.

to the Sound. WILL TRY TO UNRAVEL NORTHERN TANGLE Officials Assert the Organization Is in Good Standing and That League Will Come Out All Right—Two Portland Games Thrown Out. Edward F. Bert, president of the Pacific Coast league, arrived this morning en route to Seattle, where he will try to straighten out the tangle started by the Backers of the Seattle elub. This is Mr. Bert's first visit of the Hang It! That good old Ň Straw Hat is a dead one. Time now for a

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HATS, SHOES AND FURNISHINGS

and the second second

season to the north. It has been his custom to visit each city in the circuit several times a year, but owing to the serifuquake and the threatened disruption of the league, he was unable to make his northern trip until this time. Now that rumors are issuing from Seattle at a lively rate regarding the heat of the tranguility of the league." League is opporting and other backers of the club not to send the team distress has developed into a year of good baseball and a generous ahare of receipts. Mr. Bert says that is league is opporting and may result in the ironing out the troubles after the "Big Magnate" arrives and learns the status of affairs.
Mr. Bert Beert Snow.
In speaking of the Seattle trouble

87 THIRD STREET

IS IN

ing. which will be held in Los Angeles in the early part of December. **Portland to Loss Fortelts.** . When asked about what he will do regarding the game that was protested by Oakland in this city, when McCredle ordered Donahus, who was acting um-pirs, to go in to bat for Portland, Pres-ident Bert said: "Thave not yet decided that point, but I think McCredle was in the wrong in removing an umpire, and if I were pressed to an opinion now I would throw out that game. I had an umpire ordered here, s Mr. Hodson, but in my absence in Los Angeles Judge McCredie discharged Hodson. "Mahaffey was wrong also." said Mr. Bert, "when he declared a game forfeli-ed to Portland on Saturday last, because Capain Dillon would not pay Randolph's fine and remove him from the grounds. The league rules state that a player when fined, may not again take part in a game uniess the fine is paid. He may warm up with his team, sit on the bench if he wishes, but may not play nor coach."

coach." According to these statements Port-land will lose two games in the stand-ing of clubs that have been counted in Portland's favor, as Oakland's protest will stand and the game will be thrown out, as will also Dillon's protest against Mahaffey forfeiting a game hast week. Mr. Bert will spend two days in Portland, leaving tomorrow evening for Seattle.

**DISPLAY SUGAR BEETS** 

WESTON NORMAL HAS

AT PENDLETON FAIR

tration.

PREPARE FOR HOME

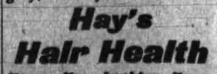
(Special Dispatch to The Journal.) Baless, Sept. 14.—Bids returnable October 22 have been called for by the state board for the purchase of land for the seablishment of an institution for the feeble minded. George W. Jones, superintendent of the blind school, has been authorised to investigate the work of similar institutions in other states and to ascertain what is required. (fine-tal Dispatch to The Jonenal.) Pendleton, Or., Sept. 14.—In order to timulate an interest and inform the sople on the various processes in the anufacture of sugar beets the La rande sugar factory will have a fine isplay of sugar beets in all stages at he Morrow and Umatilla county dis-det fair rict fair. Field Manager F. S. Bramwell of the

Grande factory was in the city yes-day arranging for this exhibit and promises to be one of the best ever Mrs. Stoble Insame.

(Special Dispatch to The Journal.) Pandleton, Or., Sopt. 14.—Mrs. Grace Steele, who has been in charge of the State hotel is this city for some time, has been adjudged insans. She has labored under the impression that vari-ous forces were in league against hay and that her life was in danger. She was taken to Salem Wednesday night. shown. The La Grande factory is one of the argest and best in the northwest, there being over 5,000 acres in sugar beets in the Grand Ronde valley this season.

LARGE ENROLLMENT DiscourageD?

because your hair keeps falling ont, breaks off, feels harsh, turns gray, makes you LOOK OLD ?



ediately Stops Falling Bair at tores Youthful Color and Beau aded and Gray Bair. Not Grean Bys. Fullo RAT CO., Newar, N. J. Ant a Dyn. PHIL DRUG

(Apacial Dispatch to The Journal.) Weston, Or., Sept. 14.—The Weston normal has 105 pupiles registered up to this time and President French states hat when the list is completed next bonday he expects a larger list. Union contry has a larger number of students than any county in eastern Oregon, 15 bins of S00 people. La Grande and union are also well represented. Tresident French is very enthusiastic for the prospects of a successful year and the future of the chosing of the porter the french is entrest whatever on the future of the school. Both the boys' and girls' dormitories are full and a maner year is appended.

norship.

COLORADO REPUBLICANS TO

NAME STATE TICKET

Convention Meets on Friday-

TOP

(Journal Essential Service.) Denver, Sept. 14.-Not to be influ-enced by any thought of the proverbial ill luck of Friday, the Republicans of Colorado assembled in convention in Denver today to name a state ticket, which they are sure will be successful at the polls in November. A total of nearly 900 delegates were in their seats when the convention was formally called to order in the Broadway theatre at 10 o'clock this morning. The forenoon was taken up with the opening ad-dresses, roll call, 'committee appoint-ments and other business of a perfunc-tory nature. The nominations will hard-ly be reached before late this afternoon or evening.

or evening. The nominations to be made are for one congressman-at-large, two justices of the supreme court, governor, lieu-temant-governor, secretary of state, aud-itor, treasurer, attorney-general, super-intendent of public instruction and two regents of the state university. There is air open field for the gubernatorial nomination, with a number of names mentioned. Among them are John A. Holmberg, the present state treasurer, Frank C. Goudy of Denver and Philip B. Stewart of Colorado Springs. The resolutions will deal chiefty with state issues. National questions will be dismissed with a hearty indorsement of President Roosevelt and his adminis-tration. The nominations to be made are for

