# James Bryce on a Free Government SEVEN THINGS NECESSARY TO KEEP IT FREE, AND THE

the people—you must consider the character of its surface.

Another element is found in the capacity of the country for producing wealth; its minerals, its soil, its pasture, its forests and any other element that can produce wealth, and in the occupations which its natural resources and conditions prescribe for the people who inhabit it. These occupations of the people will have a great influence upon the kind of government which they will produce, and which is fit for them.

And then you must consider the conditions, whether by land or sea, by

PRITTUTIONS are intended to work process of beinger, and in our own process of the process of th

Women and Destiny

By MAURICE MAETERLINCK.

one of these is an upright pacific church; that is, a ministry who are fit for their work. The other is ample provision for the stability of the government; that is, the maintenance of public order and due execution of the laws.

If you find that any particular form of government secures all these advantages you may set that government down as safe.

Now let us see how the republics of ancient Greece secured them. You will be thus enabled to discover what are the faults of government. Let me make two preliminary remarks. You will note that if you don't improve a government it will become worse. There are always changes going on and the government must keep up with those than with regard to democratic government to this with regard to democratic government in modern times it has its root this with regard to democratic govern-

are always changes going on and the responsible for his votes must be recorded and known. The official must be responsible for his acts, and it must be possible to bring responsibility or liability home to him, so that he cannot shirk out of it by alleging that he acted for someone class.

Sixth, it is essential that the judiciary be independent and be honest. They must not be displaced at the will of the legislature or executive. It is upon the honesty of the judiciary that reliance is had for the proper enforcement of the is had for the proper enforcement of the is had for the proper enforcement of the is for the proper enforcement of the in the government an adequate system of checks and balance, to secure the people from the danger of acting with too much haste. On the other hand you must have in every free trom the danger of acting with too much haste. On the other hand you must give adequate protection against and two others that are not peculiar to free!

To these seven requisites I might and two others that are not peculiar to free!

To these seven requisites I might and two others that are not peculiar to free!

The freeks port in the tanges going on and the government must keep up with those proposed to democratic government the people. We are especially bound to this with regard to democratic government the hiring of orators to persuade the particular to demonstate government will continue to this with regard to democratic government in the world of government will continue to this with regard to democratic government in the will continue to this with regard to democratic government in the hiring of orators to persuade the propose that this in the world propose that the hiring of orators, to people. In medera times it has its root in the same tendency, namely, "it may we public office for private gain."

This is a danger that we endency, namely, "it may be public office for private gain."

The same tendency, namely, "it may be public office for private gain."

The same tendency, namely, "it may be pu

### How to Keep Young

By REV. DR. BOWARD EVERETT HALE.

(Copyright, 1904, by W. R. Hearst.) NE of the essential points in the problem of how to keep young is for young mothers to be with their children as much as possible. Let them try it, and later they will agree with me that the only possible way for a mother to keep young and fresh is to spend as much time as possible with her children and with young people.

Young people can always be made to associate with their elders. I owe the greatest enjoyment of my life to the fact that I could associate with my father and mother and an elder brother and sister. I have never forgotten what the companionship of older friends has been

When my mother, then over 70, was asked what her chief occupation was, she said that it was talking to young people. And it was always so. When we were children growing up we talked to her and with her about everything we had seen or done. She always made us feel that she was enjoying it all, and I believe she was

lieve she was. Sarah Bernhardt, who I believe is 80

Sarah Bernhardt, who I believe is ever years of age, has a number of young people who take care of her. She understands the art of keeping young, and therefore she always keeps with young people as much as possible.

A great mistake that old people are apt to make is to draw away from the younger generation and live a reserved, lonely life among themselves. Nothing is better for even a young man or woman of 21 or 22 than a company of young is better for even a young man or woman of 21 or 22 than a company of young people younger than himself or herself. It is good for a boy of 15 to have companions among men of 20 or older, and for a man of 30 nothing is better than companions among younger people.

Edward Lambert, one of the great iron men of the country, now about 90 years old, told me that when he first went to England as the agent of a large complete in the open air just as much as you and the young person.

I didn't negd the money, and didn't are in the money, and didn't are in the good.

The gardener who raises a lovely rose to the good. The workman working with God. The workman working with God. The workman working with God. The workman working with God.

Now very few women of that two-mile working with God.

Now very few women of today have so into that habit, but it would be better it is for him and you. It may be a common ground between you and the young person.

old, told me that when he first went to England as the agent of a large company he was 21 or 22. He was correspondent and agent of a large eastern firm before he was 25.

He attended business councils, dinner parties, visited country places with correspondents and agents of other concerns, and he said that he did not dare to tell how old he was, because the older people with whom he was associating people with whom he was associating wouldn't have had the slightest respect for his opinion or for himself had they known his age. He was a mere boy.

That is why I send young men to the west as much as I do. I always say to a

west as much as I do. I always say to a young man:

"You would better go west. Go to the Pacific coast, the islands in the Pacific, and, in fact, get out anywhere in the west and see how they do things. It is always well to see how they do things in other parts of the country. In the west they are learning to depend on the young men in great enterprises."

west they are learning to depend on the young men in great enterprises."

It is said that the battle of Gettysburg was won by an army of boys averaging 23 years of age. If they could trust them to do that much, why not let them do more? When Mr. Bancroft, the historian, describes the setting aside of Artemus Ward by General Washington in the revolutionary war, the reason he gives is that Ward, being 48, was too old.

Lafayette was wounded at Brand dywine when only 19. Knox and Pickers and others were not over 25 when the

If you are to maintain intercours with the young, you must, in certain things, live in their life. You need not things, live in their life. You need not ignore the fact that you are not physically young and make the mistake of playing ball at 60 with boys of 16—unless you want to. Don't pretend that you are a boy.

A certain doctor told me that at 65

years of age a man in good health was in his prime, but he siso said that at the age of 45 physical strength is on the the age of 45 physical strength is on the decline. I remember that he took a piece of paper and drew the semi-circle of a man's life, using it to illustrate the increase of physical powers to their full development, which he said was the middle of the curve, and that the curve declined after 45. But he said that a man's spiritual life was always enlarging.

That is the reason why, when you talk with an older gentleman he knows so much more than you do and is abis to help you there, though perhaps he is in such physical decline that you could throw him out of the window if you wanted to. That person must rely more and more upon the experience of advancing life, for instance, than on his dancing or walking or active exercise.

To make the best of the power thus gained by experience we must use it unconsciously.

think, and deserved causes, of Roose-veit's popularity is that he breathes the health and spirit and youth of the coun-try. He stands for youth and health and energy. think, and deserved causes, of Roosevelt's popularity is that he breathes the health and spirit and youth of the country. He stands for youth and health aid no one approaches the ethics of this question with any expectation of profit unless he has previously applied the earlier directions. It is supposed, for instance, that he has accustomed himself to sleep and eat regularly, and that he takes regular exercise in the open air every day of his life.

A story which one of the most beautiful women I ever knew made to me when she must have been about 48 years old is apropos here. It was in the early days of my ministry and I had been making a parish call. As I came away I laughed and sald:

A molder than you and I know a great deal more." They say that young people are cols and old people are fools and old people are cols and old people are cols and old people are. One should keep that thought out of sight.

We must not be thinking of ourselves all the time. Don't be bothered about the universe without knowing what its life springs from without knowing who makes it and accept the universe without knowing.

The good God will take care of the other things. But nobody ever forgot himself. The way to forget yourself is to think of somebody larger and better than yourself.

Now, as a matter of personal experiment, who had to remember to forget himself. The way to forget yourself is to think of somebody larger and better than yourself.

Now, as a matter of personal experiment, who had to remember the best guides would tell us. I think the study of name or woman wont use the rules.

Very seriously, the way to remain yourself. Now, as a matter of personal experiment, who had to remember the best guides world, who deem't know anything about the world, who deem't know anything about the world, who deem't know anything about the world what its life springs f

takes regular exercise in the open air every day of his life.

"A story which one of the most beautiful women I ever knew made to me when she must have been about 48 years old it is apropos here. It was in the early days of my ministry and I had been making a parish call. As I came away I laughed and said:

"Would you be good enough to give me the secret of beauty?"

"Why, what do you mean?" she said.

"Well," I said. "If you will permit me to say so, you look younger than any of the young ladies I meet, and yet you have a boy of 18."

"I can tell you one thing, Mr. Hale," she replied; "when we were married and came out here to Longwood to live, my husband said to me: "Sarah, the trouble with you will be that you won't take exercise enough, and I will make this promise to you.—I will give you 75 cents a day for every walk you take which a post." Of course, it was nothing but fun. I didn't need the money, and didn't do it for that, but many a time I have put on my India-rubber boots and cloak and taken a mile walk and back because

satisfy yourself with carrying that on as you did 30 years ago. Read and study and observe. Determine that in some one point that ga den shall excel, that it shall be a better garden than it was possible for you to have 30 years ago. That means that, though you are under some disadvantages in being 30 years older, you still have the greater

years older, you still have the greater advantages that belong to your age.

It is a pity for a man of advancing age to "quit business," as the familiar phrase is. He should have some business, aithough, as the doctor whom I have quoted says, a man of 65 should not force himself to his duty.

The title of this article, "How to Remain Young," is the same as that of one which I wrote about 20 years ago. It was really suggested to me by a successful publisher, a great friend of mine. He wrote to me, asking for something on this subject. I said I would, do it and prepared the paper. I hope I shall not on this subject. I said I would do it and prepared the paper. I hope I shall not be misunderstood when I say that I think that was the only thing that was ever returned to me by a publisher.

I said in that article, with perfect simplicity, that a child of God who was at work with his Father, and was in his Father's life all the time, would naturally rely on Omnipotence; that if you allied yourself with God you were almighty yourself and might rely on ens and others were not over 25 when the consciously.

This power as a workman working with the constantly be saying: "I his power as a workman working with

God; that in the morning when you got up you could say, "Well. I am not much myself, but the good God will carry me through."

Well, this paper was returned. The publisher said that he thought he ought to print it, and his wife thought he ought to, but his was not a religious journal and he did not want it to be stamped as such, and, therefore, he could not print the article.

Now, if that is the real test of the literary world, if we are going to try to

As God is eternal, we are immortal.

If we can always bear that in mind we shall remain young.

#### The Continued Story

CHAPTER I.

Before her proud old father stands
The heroine so fair
(A haif a page about her hands,
A page about her hair).
"You shall not wed this man!" growls
(We think we quote the text).
"Dare to defy my rule, you'll be—"
(Continued in our next.)

CHAPTER II. The villain with his cigarette A man so filled with sin. "Refuse meh, gyuri!" he coldly sneers, While she stands there, perplexed, "Then you shall be, through all you (Continued in our next.)

CHAPTER III. The hero meets the villain now;
The hero says, "Aha!"
And wildly mops his furrowed brow;
The villain mutters, "Bah!"
The villain tells the hero he

(Continued in our next.) CHAPTER IV. Proud father, villain, hero, too, Detectives by the score: Proud father: "Ne'er again must you

Proud father: "Ne'er again must you Be darkening my door!" The villain laughs his scornful sneer (Centinued in our next.)

CHAPTER V. The hero languishes in jail; The villain, with a grin, Says that he'll go the hero's bail And wed the heroine. But, ho! the hero's innocence

Proud father melts. (The end.)
—Chleago Tribune. their tearful eyes, cheerless and woebegone faces.

Mothers should remember that their Mothers should remember that their children are destined to become acquainted with grief soon enough in life, and they should never allow them to see signs of sorrow and trouble in their faces. They should teach them the vital importance of cheerfulness by never varying happiness and amiable disposi-tion. How many little ones have first learned there were clouds as well as sun-shine by looking up into the tearful eyes

Even blacksmiths and locksmiths must have technical school educations in the fatheriand. Germany has seven schools devoted to the training of aspirants to these trades, Only graduates of public schools are admitted, and to one of them, that at Rosswein, ere admitted only the graduates of one of the other six blacksmith and locksmith schools. This Rosswein school has a highly advanced curriculum which covers physics, chemistry and electricity, with particular reference to practical construction of machinery. The schools are supported by the blacksmith and locksmith guilds, aided by subventions from the government of Baxony and private beneficence. The course lasts from two to three years, according to the school.

But the driver, Necessity, lashed force, But all the driver, Necessity, lashed forces, and seven they saw that he was shod with the fron Law of Wages, and that Competition presend him down.

So they bound his feet with Unions, lest he should take too long steps, and lest he should take to Even blacksmiths and locksmiths

And therefore it is doubtless that all the incidents in our life in which they take part seem to bring us nearer to the very fountain head of destiny. It is above all when by their side that moments come, unexpectedly, when a "clear presentiment" flashes across us, a presentiment of a life that does not always seem parallel to the life we know of. They lead us close to the gates of our being.

strange, and when love comes to her even the lowest of wantons possesses that which we never have, inasmuch as, in her thoughts, love is always eternal. moments come, unexpectedly, when a come moment come in the come come come to the moments when his dead is possible on a woman's breast that the hero learns to know the strength and steadfastness of his star? And, indeed, will any true sentiment of the future ever come to the man who has not had his reating place in a woman's heart.

Tet again do we enter the troubled circles of higher conscience. Ah' how it is in the sanctuary itself the place reserved for the veritable images of the gods." For it is not the surface that always concerns us—nay, nor is it even the deepest of hidden thoughts. Do you imagine that love knows only of the gods." For it is not the surface that always concerns us—nay, nor is the even the deepest of hidden thoughts. Do you imagine that love knows only of the gods." For it is not the surface that always concerns us—nay, nor is it even the deepest of hidden thoughts. Do you imagine that love knows only of the gods." For it is not the surface that always concerns us—nay, nor is it even the deepest of hidden thoughts. Do you imagine that love knows only of the gods." For it is not the surface that always concerns us—nay, nor is it even the deepest of hidden thoughts. Do you imagine that love knows only of the gods." For it is not the surface that it is dungeon? Do I need to be told whether she whom I take in my arms today is golding soul never emerges from its dungeon? Do I need to be told whether she whom I take in my arms today is golding soul never emerges from its dungeon? Do I need to be told whether she whom I take in my arms today is golding soul were always within call for by day and night is she prepared or un soul, like some provided to give answer to the loftest appeals from the irrelated to give answer to the loftest appeals from the ransom of a queen.

With reverence must we draw near to the forward, down there are she whom I take in my arms today is a control

I am ever standing at the seashore and were I Plato, Pascal or Michael Angelo and the woman I loved merely telling me of her carrings, the words I would say and the words she would say would appear but the same as they floated on the waves of the feel that even in their most trifling actions they are conscious of being up held by the stronge conscious conscious of being up held by the stronge conscious conscious

I would seem that women are more largely swayed by destiny than ourselves. They submit to its decrees with far more simplicity, nor is there sincerity in the resistance they offer. They are still nearer to God and yield themselves with less reserve to the pure workings of the mystery.

And therefore it is doubtless that all And therefore it is doubtless that all who is by my side is my equal.

And therefore it is doubtless that all is said, and I know that she who is by my side is my equal.

Who shall tell us of what consists the first look of love. "that magic wars made of a ray of broken light," the grant made of a ray of broken light," the site of the first look of love. "that magic wars made of a ray of broken light," the site of the first look of love. "that magic wars made of a ray of broken light," the site of your that has issued forth from the eterns home of our being, that has issued forth from the eterns home of our being, that has issued forth from the eterns two souls and given them twenty can be added the surface of the sarth.—A look, a kiss and all is said, and I know that she who is by my side is my equal. But truly this equal is admirable and strange, and when love comes to her even the lowest of wantons possesses hat which we never have, inasmuch as the lowest of wantons possesses hat which we never have, inasmuch as the lowest of wantons possesses hat which we never have, inasmuch as of that first glance. And if you think
you have deceived her, and that her
impression is wrong, be sure that it
is she who is right and you yourself

forward, down there, another is sob-bing, a third sings, and the last sewa, and there is not one of us who under-stands. . . We visit them as one visits pleasant things. We approach them with caution and suspicion, and it is scarcely possible for the soul to en-ter.

Angelo and the woman I loved merely telling me of her carrings, the words I would say and the words she would say would appear but the same as they floated on the waves of the fathomiess inner sea that each of us would be contemplating in the other.

Let but my very loftiest thoughts be weighed in the scale of life or love it will not turn the balance against the three little words that maid who loves me shall have whispered of her silver bangles, her pearl necklace or her trinkets of glass.

It is we who do not understand, because we never rise above the earth level of our intellect. Let us but ascend to the first snows of the mountain and all inequalities are leveled by the purifying hand of the horizon that opens before us. What difference, then, become a pronouncement of Marcus Aurelius and the words of the child complaining of the cold? Let us be humble

### Vital Importance of Cheerfulness

By MRS. JOHN A. LOGAN

perament, physical conditions and cultivation. Scientists have undertaken to locate it in the human body; they insist it is a quality of mind and heart. People are spoken of as being "cheerful and light-heartsd," "cheerful-minded," as having "a cheerful disposition," or as being "cheerless and heavy-hearted." Those possessing the heaven-born quality of cheerfulness are not easily affected by bodily ills or adversities; to them there is ever a sliver lining to every cloud. They, above all others, are the dispensers of happiness. A cheerful face, like the sunshine, banishes the starm clouds. A cheery smile is a benediction that unconsiously drives away the frowns of the angry or depressed. It is not because the possessor of a

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B ULWER LYTTON declared that
"if there is a virtue in the world
at which we should aim, it is
cheerfulness." No wiser axiom
could be uttered. Without cheerfulness
life would be one eternal grind, with
naught to lighten its burdens and brighten its devious pathways.

Cheerfulness is the product of tempperament, physical conditions and cultivation. Scientists have undertaken to
locate it in the human body; they insist
it is a quality of mind and heart. People are spoken of as being "cheerful and

Hospital and prison attendants have
told some touching stories of the effect
of cheerful visitors upon patients and
prisoners. Often inmates of these institutions are so gloomy and depressed
that it seems impossible to arouse them.
Perhaps unannounced some good angel
come to her for sympathy and encouragement in his business worries? He
looks to her for inspiration in all his
inquiring after the health and welfare of
each unfortunate, graciously extending a
hand of greeting or uttering & few words
of encouragement and good wishes which
act like a baim to their suffering souls
and bodies, encouraging them to make
new resolves and efforts to recover from
disease or reform if they have commitsits in quality of mind and heart. People are apoken of as being "cheerful and
disease or reform if they have commitdisease or reform if they have committold some touching stories of the effect of cheerful visitors upon patients and prisoners. Often inmates of these institutions are so gloomy and depressed that it seems impossible to arouse them. Perhaps unannounced some good angel comes in, passes up and down the alelest inquiring after the health and welfare of each unfortunate, graciously extending a hand of greeding or uttering a few words of encouragement and good wishes which act like a baim to their suffering souls and bodies, encouraging them to make new resolves and efforts to recover from disease or reform if they have committed crime.

No matter what position people occupy in life, much of their success depends upon the cheerfulness with which they take hold of their duties. The churlish servant is unsatisfactory, no matter with what precision and dispatch the work may be done. If, on the contrary, an employe is always bright and cheery, innumerable deficiencies will be excused and overlooked.

A morose, disobliging tradesman has few customers that cannot be supplied with their wants elsewhere. The business man who starts with gloomy forebodings and a cheerless countenance will rarely succeed, because he advertises his want of confidence in himself by his melancholy, how can the husband come to her for sympathy and encouragement in his business worries? He itooks to her for inspiration in all his undertakings. They may sometimes be very harassing, and he may be tried almost to desperation, and it has undertakings. They may sometimes be very harassing, and he may be tried almost to desperation, and hemay be tried almost to desperation, and hemay be tried almost to desperation, and he may be tried almost to desperation, and the must go home to a wife whose face is without smiles, and who is gloomy and spiritually and the tried almost to her

SCHOOL FOR BLACKSMITHS.

## Fables of the Day-Labor's Journey

By BOLTON HALL.

A STRONG horse set out on a never-ending journey, and, because the way was steep and the finits sharp and his driver so they plastered them with Expediency, stern he fell lame the very first day, but in the process of time his feet hardened in the process of time his feet hardened to Then they organized a Society for the new Natural Selection he learned to Then they organized a Society for the control of the steep of shine by looking up into the tearful eyes of their mothers, and, though unable to divine the meaning of her trouble, have climbed up to kiss away her tears, and doubtless wender what they meant.

No duty is more obligatory than that of cheerfulness. "What the sun is to nature, what God is to the stricken heart which knows how to lean upon Him, are the cheerful persons in the house and by mill one day come to the end of his journey."

But he passed across the common lands and a great thorn ran up into his hoof, so that he fell lame worse than be-

thorn?'
He said: "Let us take out the thorn."
A Moral Teacher replied: "The Churches have sanctioned that thorn-remember that there is no panacea. I will bandage his foot with Resignation: then I will get upon his back, with the clergyman, and he will go much better."
And for a time the horse did seem is a setting ustill be could stand the au

STRONG horse set out on a tented still, and great blotches broke no longer. Then he bucked off even the Clergyman. \*
The Clergyman said that was Original

and he checked his fever with Drink. Necessity lashed him only the harder. Then they organized a Society for the Prevention of Cruelty and made labor laws; yet he went all the more painfully.

"This," said they. "Is the result of overcrowding in the stables, and we must take measures," they said, "for the suppression of sweating."

But these gave no relief.

A certain Radical looked at him and said: "Let us first take out the thorn, and the Professors said: "You are a parrot, and do not understand Political Economy; we must provide work for him; and the State must own his harmess, so that there will be no lack of straps and no fault in them."

But the Sages answered: "If you take out the thorn there will be no stimulus to work, and Progress will stop."

The Radical said: "The natural condition is the best."

But they answered: "Did you not see that he was lame before he picked up the thorn."

A Moral Teacher replied: "The Churches have sanctioned that thorn."