

SILVEBTON TO PLAT.

The seaside steamer T. J. Potter will leave Portland, Ash street dock, for Astoria and Ilwaco as follows: July 5, Tuesday, \$:00 a. m. July 5, Wednesday, \$:00 a. m.

horses entered in this race were driven by their owners. Following Spring-stein, was A. C. Lohmire's Swiftwater Bill, A. M. Croin's Buss, F. C. Hage-man's Bessle B., and W. G. Eaton's Easy

bail bounded up and caught James on the chin, almost putting him out of business, while the hard-hitting first sacker reached his base in anfety. This was followed by errors on the part of Miller and Irwin and a hit by Francis, which went through the midget like a shot, which netted the Browns two more runs. Francis' throw and Steelman's wild throw to catch Miller stealing net-ted the Seals their third tally. McCreedle's single, Drennan's sacri-fice, Whalen's fumble of Beck's bunt, and Castro's single brought two more over for the locals. Jimmy led off for the Seals in the sixth with an infield hit. Waldron

sixth with an infield hit. Waldron singled to left and Nadeau juggled long enough to allow Whalen to score. Hildebrand flew to Raymond and Meaney was passed. Then Phil Nadeau redeemed his error by making a superb catch of Irwin's low drive, on which he doubled Hildy at second, retiring the

Reits Goes in at Second. Heiney Reits took Miller's place in the sixth owing to an accident to the midget in sliding to the plate. Belts was hit by one of Roach's shoots in the sixth

In sliding to the plate. Boltz was hit by one of Roach's shoots in the sixth and took third on Townsend's double to right. Leahy flew to Nadsau, but Reitz was held at third owing to the Seals' mighty respect for Phil's throw-ing arm. Whalen hit sto Castro and the side was retired. Nadsau started the swattest in the seventh, and siter him every man on the local team faced Whalen before the side was retired. McCreedie followed Phil with a neat sacrifice. Drennan, Beck and Raymond followed with suc-onesive hits to right, yhich scored Na-deau and the center' fielder, Castro fouled a couple, and then drove out a triple to right field on which Beck and Raymod registered. Ike Francis tapped one gently for two sacks, and Castro walked home. Steelman popped up a little one to Irwin and Roach ended Whalen's troubles by a fly to Waldron. Waldron led off in the eighth by beat-ing out a neatly placed bunt, but a fast double play by Castro, Francis and beek disposed of any trouble, which otherwise might have developed. Madeau and McCreedie started what might have been some more trouble for while how heading off in the eighth while clean singles. Drennan fanned and Nadeau was caught a few moments have no an attempted double steal, head's pop fly to Wallon ended the inter on an attempted double steal, head's pop fly to Wallon ended the inter Sungles ment Collie Druhot in to gust.

With the game practically in his pocket Dugdale sent Collie Drubot in to relieve Roach and the youngster did con-siderably better than the two runs scored against him would indicate, for the boys didn't try to get some of the hances.

Chances Castros' Great Fistding: The spiendid exhibition of fielding by Castro at second was well worth wit-massing without considering the other brilliant fratures of the game. The local team, as a whole, stens. to. have improved 50 per cent since the new prengement whereby Francis is play-ing the position that he has always de-brid to play and Castro has been switched over to second. Little Ray-mond has proved a welcome addition. Not only has he played a creditable third, but his batting has also been a feature of every game he has played with this club. The Butter will oppose Phil Knell this

TACOMA CRICKETERS *BEFEAT PORTLAND*

(Journal Special Service.) Tacoma, Wash., July 2.-Tacoma de-feated Portland today in the cricket match. The first inning Spokane, Wash. July 2.—There has been some talk of late about reducing the number of games in a series from six to five, and have only one ladies' day. President Clyde H. Williams of the Spokane club, who attended the meeting of the league at Boise, says that the clubs will not yote in favor of the reduction. He says Boise alone match. The first inning resulted: Tacoma 89, Portland 70. Portland had three men out for a total of 73 points in the second inning when time whe called. The local team was filled out with three Seattle players. For Portland, the highthat the clubs will not vote in favor of the reduction. He says Bolse alone favors it and that three clubs will have to vote for fewer games before the schedule can be changed. The series between Spokane and Bolse began yesterday, and every indication points to its being the greatest of the season, as both the teams are fresh from overwhelming victories and both have all kinds of confidence. Seattle players. For Portland/the high-est scores were mide as follows: W. G. Smith 16, Rylance 19, Fenwick 21, Middleton 21. For Tacoma, Davidson scored 22 and Dow 19. Clark bowled well for Tacoma, bowling seven wickets for 28 points. Lawrence of Portland bowled six wickets for 30 points. The following was the linearn:

following was the lineurp: Portland - Middleton, W. G. Smith,

Portland — Middleton, W. G. Smith, A. Smith, Rylance, Lawrence, Fenwick, Webb, Jones, Mallett, Keith, Waiker. Tacoma — Dr. Davidson, Gaulez, Dow, Clark, McPherson, Lyon, Wilcox, Drummond, Cameron, White and Waiker (Portland) will play in Seattle Monday, and the return Tacoma-Portland game will take place in Portland in Au-rust. TROMAS WAS IN FINE FORM.

DIAMOND GLISTENINGS

Five straight victories is a splendid record for the locals. Dugdale has them lined up just right at present. Charles Irwin tried to change his luck by switching the batting order, but the

by switching the batting order, but the shakeup brought no results, except that the Seals hit harder. Erve Beck came nearly putting Wha-len out of commission with that swat straight at the pitcher. The ball car-omed up and copped Jirhmie on the jaw, and he was puzzled for a moment or two to know where he was at. Beck knocked Miller down with a drive shortly before (Special Dispatch to The Journsl.) Silverton, Or., July 2.—Tomorrow and on the Fourth of July the Oregon City baseball team will play the Silverton baseball team in this city. The tegmvis not the regular Oregon City team, but is mostly made up from experienced men who have played on their school teams and are home for the vacation. Those who will make the trip are: Boy-land, Wilkinson, Bliss, M. Moores, J. R. Latourette, H. F. Latourette, Cauffeld, McAdam, G. Moores and Califf.

Miller down with a drive shortly before. The Browns' first sacker hits the ball barder than any one in the league. Big Cy Townsend got his first good hit of the series yesterday, a double to right. Cy used to clout them often when with Sacraments.

Castro is playing wonderful ball at EUGENE DEFEATS ROSEEVEG.

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\$60, second \$20; 4 p. m., wheelbarrow race, 50 yards, \$5; sock rake, \$5; ladles' race, 50 yards, \$5; stock rake, \$5; ladles' race, 50 yards, \$5; girls' race, under 16 years, \$2; 50-yard dash for men over 50 years of age, \$5; 50-yard dash for men weighing more than 200 pounds, \$5; 5:30, tug of war, 10 men on side, \$10. Take great care that the foot that reaches the ground first after clearing the hurdle strikes the ground straight forward, otherwise a sprained ankle

may be the result. The arms are a very important factor to a hurdle, and they should be used both for lifting the body at the jumps and also to balance the body while go-P. N. L. CONTEMPLATES CHANGE.

ing over. In practicing over the hurdles it is well to bandage the jumping foot, so as to save scraping if it should touch the hurdle.

Having found out how many strides it takes you from the starting line to the first hurdle, practice starts and take the hurdle in the proper style.

If the crouch is properly performed when going over the hurdles you are bound to land on the other side in such a position that there will be no halt, but

a position that there will be no halt, but the run, jump and the run will be con-tinuous. Unless this is done in a proper style no boy can ever hope to excel in hurdle racing. . As soon as the first hurdle can be taken without hesitation, find out if you can make the distance between that and the next hurdle in the usual seven strides. If not, practice it in nine, until you can negotiate the second hurdle without a halt. The distance being the same between ficial,

The distance being the same between

flights, two feet six inches in height, 20 yards from the start to the first hur-

H. L. HILLMAN. American Champion Hurdler, 1902.

the full distance every day. A race is often won over the first two hurdles. If these are properly taken and you do not tire yourself out in the attempt, the rest of the race is a matter of so many strides and a jump, repeated until the tape is reached.

Speed and condition are the only other factors in such a race. Quarter mile running helps greatly to strengthen a hurdler in making a good finish.

Be careful not to overtrain, as the man who is fit and fresh has an enormous advantage in this event over one who is "stale."

Gymnasium work will be found very beneficial to the hurdler, especially free exercise and pully work, that help to strengthen the abdominal muscles. Smoking must not be indulged in, as it affects the wind.

It affects the wind. For a similar reason pastry and candy should be avoided, as they inter-fere with the condition of the stomach. It is essential for the racer that his stomach be in good condition. With the exception of these two things almost any food can be eaten, and if the runner feels that he needs any stimulant, a raw egg swallowed whole will be very bene-ficial.

On no account take any

The distance being the same between the all the other hurdles as between the first and the second, the flight can them be tried, and improvement becomes a in a 220-yard hurdle race there are 10 flight. On no account take any alconomous ular jumping shoes, with spikes in the beels. This will prevent any slipping after clearing the hurdle.

A boy learning to hurdle is liable to get discouraged at first, but if he sticks to it he will eventually take a die and 20 yards between each hurdle. It is not necessary in training to run great interest in this branch of sport.

> Every year the team holding the tro phy shall meet a challenger at the re-gatta field day. The expenses of the ball teams will be defrayed by the committee, which pays the expenses of all participants who do not compets for cash prizes.

> Secretary Halderman is now en ndeavor ing to arrange for a game of lacross on field day.

On the afternoon of the final day of the regatta the crowd will go to A. F. C. Park. The first event will be the ball game between the Commercial and Multnomah teams. Then will come the foot races—100 yards, 320 yards and a quarter-mile event. The pole vault, hurdles, high fump and broad jump are to be cut out this year. The committee has practically decided that there shall be no barge racing this year. The Californians alone use barges with the result that the bargs races are not participated in by the Portland and British Columbia carmen, who use shells exclusively. The Californians On the afternoon of the final day

shells exclusively. The Californian have been notified that the barge race have been mitted from the program an have been invited to, come with the shells.

that challenges. The committee has decided that the initial game for the trophy shall be played between the Commercial club and Multhomah teams. The winning team must stand ready at all times to de-fend the trophy, the games, except those which must be played during the re-gata, to take place on the grounds of the team in possession of the trophy.





PLANS FOR A BIG CELEBRATION AT WEICH ALL MINDS OF ATE-LETICS WILL BE FURTHERED-A FINE TROPHY CUP OFFERED.

(Journal Special Service.) Astoria, July 2.—A perpetual chal-lenge trophy is to be offered by the re-gatta committee for a baseball tournagatta con gatta committee for a baseball tourna-ment. The first game in the contest is to be played here on the afternood of the final day of the regatta, and there-after at each successing carnival the holder of the silver baseball to be hung up must contest on the local field dur-ing the regatta sports with the team that challenges. The committee has decided that the