

PORTLAND, OREGON, SATURDAY EVENING, NOVEMBER 21, 1903.

WOMEN'S CLUBS EDITED BY MRS. SARAH A. EVANS. WOMEN'S WORK

One of the most effective philanthropies in Portland is that of the Visiting Nurse association. And to form an adequate idea of its workings, one must accompany the nurse on her rounds. Day after day, from one end of town to the other, she goes on her errand of helpfulness. Very often the condition of her patient is such that she does not leave him, and the night, as well as the day, is spent in caring for him. Or if the case can be left in the hands of an experienced nurse, not a trained nurse, the association provides one.

The mother, the older sister, as the case may be, is the sick one, and that with the nurse to care for the patient, someone is needed to look after the family and do the scrubbing, the washing and the cooking. It has been impossible in many cases to find someone who is willing to do that work. In time, the funds of the association will be sufficient to keep this class of help on staff, but at present it is obliged to depend on opportunity.

It is found on investigation that the closets are overflowing, that the halls and stairways are seldom swept, that the landlord continues to bury the garbage in the back yard, in spite of repeated warnings from the health department. The nurse feels justified in ordering her patient to the county hospital. And this brings to the front the absolute necessity for a public hospital other than that on top of the hill, three miles from town. That a city of the size and the wealth of Portland should so inadequately provide for its sick is little short of disgraceful. St. Vincent's and the Good Samaritan have been most generous in placing their hospital accommodations at the command of the Visiting Nurse association, but even with all this assistance more is needed, and in the same paragraph to note the needs of a children's hospital would, I am sure, call forth gasps of astonishment. What is needed in our city is a free hospital, easy of access, with a separate building—not a separate ward—for children. Coming in contact with cases, day after day, whose improvement is retarded by lack of proper care and treatment, the Visiting Nurse association has fully demonstrated the inadequacy of hospital service in the city.

PRESIDENT OF THE NEIGHBORHOOD CLUB



MRS. RACHEL E. WORSTELL, President of the Neighborhood Club of La Grande.

The board of health in its public-school work, as is being done so effectively in New York, Philadelphia, Buffalo and Los Angeles, where nurses are on the permanent staff.

Public sentiment in Portland is making rapid strides. A year ago—nay, only last March—the idea of medical inspection of our public schools was scoffed at, and now we find those same scoffers applauding the efforts of the state board of health in that direction. In The Journal of a week ago was published an article giving an account of the work of the medical inspectors and the nurses in the New York schools.

Work of Busy Art Guild

California Women Adopt a Unique Constitution—It Is Thorough and Systematic.

From California comes a notice of the annual exhibits of the Guild of Arts and Crafts, which will be held at the Palace hotel, San Francisco, December 10, 11 and 12. This society is of such an unusual character on this coast and its work so beneficial and far reaching, in the hope of stimulating a like endeavor, and for the instruction of women who may feel inclined to organize a similar association we give their constitution in full.

vote of the members present at a regular annual meeting. "Article IV. There shall be the following standing committees appointed: 1. On finance. 2. On membership. 3. On exhibition and sale. 4. On judging articles submitted for exhibition. 5. On library. Special committees may be appointed at any time, either by the president or by a majority of the members present at meeting of the association. "Article V. There shall be a regular annual meeting held in the fall of each year, at which officers shall be elected, and the principal business of the association shall be transacted. Special meetings may be held at the call of the president at any time. "Article VI. An annual exhibition shall be held in San Francisco during the month of December. Articles for exhibition and sale shall be received under the following rules: 1. Only craftsmen members of the association shall be allowed to exhibit. 2. All articles for exhibition shall be judged by a committee, appointed for the purpose, who shall reject such work as does not reach the minimum of minimum excellence determined upon. 3. All articles submitted for exhibition shall be numbered and accompanied by a list, giving description of work and selling price. The council shall have the right to alter prices in such cases as seem advisable, but shall always give notice to the contributor in case of such change. On a refusal to concur in such a change, the article or articles must be withdrawn from the exhibition. 4. A commission of 10 per cent shall be charged by the association on all sales. 5. Each craftsman member of the association shall be obliged to offer at least one article at each exhibition, until he shall have been a member three years, when he shall be exempt from this obligation. No contributor shall be permitted to exhibit more than three articles which are not for sale. 6. These exhibitions shall be free and open to the public. "Article VII. It shall be the aim of the association to establish permanent places for the exhibition and sale of work, a library and other means of advancing the interests of its members that may seem advisable. "Article VIII. This constitution may be amended by a two-thirds vote of the members present at any regular meeting of the association."

next program of the Portland Woman's club, Friday, November 27. From the manner in which the calendar, the social and the decorating committees have been holding "close communion" of late, something out of the ordinary is anticipated. Many of the members have been besieged for invitations, and a large attendance is expected. The members have the privilege, under certain conditions, to invite any or as many members as they desire to bring. Aside from the "Japanese Garden," which has excited so much curiosity, a very fine program has been prepared. The topic will be "Home Life in the Orient." Japan by Mrs. Denny; India by Mrs. P. J. Mann; The Philippines by Mrs. Wynne Johnson. There will also be some fine musical numbers. Altogether, a most interesting program is being prepared for the club year.

CARLETON CLUB. The Carleton Ladies' Social club met at the residence of Mrs. Charlotte Brinkerhoff Thursday evening, November 12. Ten members were present. The usual routine of business was transacted. Afterwards the election of officers for the coming year was held, which resulted as follows: President, Miss Alice Kidder; vice-president, Mrs. Esther H. Strong; secretary and treasurer, Mrs. Aggie M. Roberts; librarian, Miss Lena Paenigrop. After election the reading of "The Conquest" by Mrs. Eva E. Dya was commenced. The meeting adjourned, to meet with Mrs. Brinkerhoff the following Thursday.

STUDY CLUB, ASHLAND. The Study club of Ashland is one of the clubs that goes quietly to work, accomplishing much for themselves and always ready to respond to any progressive or popular work for the benefit of the state. The club this year is confining itself to the Bay View reading course and has very wisely stipulated that no papers be required of the members. The president, Mrs. V. Carleton, was in Salem last winter and was both interested and helpful in having the amendment to the library law passed and also in the passage of the child labor law.

DR. MARTIN'S LECTURE. The federated clubs of Portland have engaged Dr. Martin of Tacoma to deliver a lecture on "Rabbi Ben Ezra," December 7. It will be given in the afternoon at an hour that will suit the convenience of as many of the club members as possible. The place of holding the meeting will probably be in the Selling-Hirsch hall, but the time and place are to be definitely announced later. This early notice is given in order that there may be no excuse of a "previous engagement" offered for non-attendance by club women. This will be the first lecture of the winter arranged by the lecture committee of the city federation and upon its success or failure very largely depends future endeavor of this kind. Dr. Martin is so well known that his lectures do not need the widest advertisement and there should be no question about a crowded house if the club women of the city do their duty. Poor attendance would be a reflection upon the intelligence of Portland's literary people.

TUESDAY AFTERNOON, PORTLAND. The club met at the home of Mrs. O. P. Jamison, 410 Jefferson street. The topic for the afternoon was "Demigods and Heroes." Mrs. J. A. Lees, gave a very able talk on "The Creation of Man." Mrs. W. B. Hall read a paper on "Demigods and Heroes." Longfellow's "Masque of Pandora" was given by different members of the club. The afternoon was a most delightful one, full of entertainment and instruction. The next meeting of the club will be with Mrs. G. M. Gilnes, 687 Water street, November 24. The subject will be a "Comparative Study of Grecian and Northern Mythology."

CURRENT LITERATURE AT PEN-DLETON. "Current Events in Germany" was the main topic for the club at the last meeting, when it enjoyed the hospitality of Mrs. Sidney Carmine and Mrs. G. I. La Dow. A club history review was given, for which Mrs. Johnson was given. Interesting papers were given on "Frederic Barbarossa" by Mrs. Starkweather, and "Parsival" by Mrs. J. A. Fee. Mrs. Kunkel gave a delightful piano solo. Guests of honor were Mrs. N. E. Despain and Miss Hexter, former members of the club.

SACAJAWEA. An adjourned meeting of the executive board of the Sacajawea Statue association was held at the home of Mrs. Cartwright Tuesday. Forty dollars was turned into the treasury. Thirty-five of this was the appropriation amount sent by the Lewis and Clark Woman's club of Independence, notice of which appeared a few days ago in the Portland papers. This gives Independence the third prize, which will be

the flag which will drape the statue. It also will entitle the club to three autograph copies of "The Conquest" and the five over will be credited to future contributions for more copies of the book, the association having offered an autograph copy with every \$10 sent. There could be no easier way to get a few copies for a library for a club, for, of course, all clubs will be anxious to contribute to the statue, and in this way may find a benefit to themselves as well.

The board decided to make no active canvass among the wealthy women of Portland until the state at large shall be heard from, when they will be expected to "fall in the breach" and make up the full amount. The board received a message from McClurg & Co. of Chicago that they had shipped 250 copies of "The Conquest" to be used in the prize giving. While this seems quite a large number, when a small town like Independence can secure three copies by return mail from receipt of the notice, it can almost be said the book prize is limited.

CLUB PERSONALS. The Lewis and Clark club of Oregon City entertained Mrs. William Galloway at the home of Mrs. George Harding; a few evenings ago. It was a farewell reception to Mrs. Galloway, who goes to McMinnville to reside. Lillie Hamilton French has fresh

women of the town. She has held several executive positions in the Neighborhood club and is now its president. Mrs. Worstell is the mother of Dr. Willard W. Smith of La Grande.

from the press a book entitled "Homes and Their Decorations." It deals principally with the decoration of the homes of people of small means. People, she says, who can travel and bring from all parts of the world expensive bric-a-brac need but little instructions as to how to place it. But it is to those who must depend on the carpenter and cheap fabrics, with an occasional piece of furniture, to make home attractive, her book has to do.

Mrs. Ada Wallace Unruh, who made such a strong plea for scientific purity teaching before the national W. C. T. U. convention in Cincinnati, is a member of the Portland Woman's club. Miss Clara McKennon was in charge of the program of the Tuesday Musical club of La Grande at the last meeting. It was an unusually fine day. Mrs. Barton entertained the Self-Improvement club of McMinnville at its last Thursday meeting. Mrs. M. L. Spaulding, president of Sorosis, The Dalles, was the guest of Mrs. Clara Lyle, president of the Tuesday Musical club of La Grande, last week. Miss Mirlan E. Benjamin, a colored woman of Boston, has received a patent on a gong signal and a pinking apparatus. These are the only patents on record obtained by a colored woman, though many of our most useful inven-

tions have been patented by colored men. As a result of a course of study, examination and thesis, Mrs. J. S. Yates, president of the National Association of Colored Women, has recently had a degree conferred upon her by the National University of Illinois.

Favor Jane Addams Plan

No new idea has ever spread so rapidly in the clubs all over the country than the plan advocated by Miss Jane Addams and by the chairman of the child labor committee in the general federation of giving scholarships to children of widows. It would otherwise be unable to attend school. The New York City federation declared in favor of it, and appointed a committee to consider ways and means for bringing it into practice. In Chicago the plan has been outlined and discussed by nearly all the clubs, and there is much enthusiasm over the idea. A query has brought forth the fact that there are not nearly as many widows requiring the industrial assistance of their children as the opponents of child labor legislation have insisted. Miss Addams counted 2,500 working children in one industrial center, only 65 of whom were children of widows, and only a proportion of these children of very poor widows. Apparently, the club scholarships will not have to be very numerous. The moral effect of their establishment will probably be just as strong, however.

Idea of Scholarships for Children of Widows Takes Well With Philanthropists.

have found children under age and prohibited conditions at work. Legally, their responsibility would rest there, but morally they do not feel it does, and a great effort is being made to compensate them for the loss of work, by securing scholarships and other advantages for their education and future welfare. There is a large field for generous and systematic benevolence in this way. If any of the clubs of the state wish to practice this kind of advanced philanthropy—that of helping others to help themselves—and have no subjects at hand, many opportunities can be pointed out by the women on the child labor commission. The commissioners have also been gathering statistics and find few children whose labor is required for the family support, but do find a great many who would have such poor advantages through home environments or poverty that they do require assistance to prepare them for future usefulness.

Oregon club women are fortunate in that they have a child labor bill, but even in this they are not satisfied. The members of the state commission, who are club women, do not rest after they

president, Mrs. Spaulding, that the club had no money to buy a club flower, and she at once suggested the Oregon grape, which was adopted.

RAILWAY CHIEFS MEET IN PORTLAND

General Manager J. D. Farrell of the Great Northern railway, arrived in Portland Thursday morning in his private car from Seattle, and left that night on the midnight train for the sound. During the day he had a conference with Assistant General Passenger and Traffic Director Campbell of the Southern Pacific. That the topic of discussion was the shortage of freight cars, is the opinion of those who are familiar with traffic conditions. The Great Northern and the Southern Pacific systems are confronted with the same problem, and freight on both lines in the East is far in excess of the facilities for handling it, while in the West traffic is light. The situation is a serious one for the railways, more especially on the Great Northern, as they haul to the East hundreds of cars of lumber and shingles, with the result that many cars must be dead-headed back to the coast.

PARK THEATRE BURNED.

(Journal Special Service.) Butler, Pa., Nov. 21.—The Park theatre burned this afternoon with a loss of \$200,000. Several firemen were injured by a falling wall but none were fatally hurt.

CHOOSE OFFICERS AT BURNS.

At the last meeting of the Burns Ladies' Afternoon club the election of officers resulted as follows: President, Mrs. J. C. Polley; secretary, Mrs. H. C. Levens; treasurer, Mrs. N. W. Carpenter. The following program was given: "Sketch of Joaquin Miller's Life," Mrs. Thompson; "A Shoshonean Myth," Mrs. Arsen; "Debutante," Mrs. Dr. Marcus Whitman Saved Oregon to the Union; affirmative, Mrs. Irwin; negative, Mrs. Waters; music was rendered by Mrs. Farre and Mrs. Waters.

RECEPTION BY CLUB WOMEN.

The reception to Governor and Mrs. Chamberlain and the Governor and Mrs. Geer, arranged by the Woman's Club of Pendleton, was one of the most notable social affairs ever undertaken by the club women of the state. Music hall was magnificently and appropriately decorated in alfalfa, wild rose, sage brush and bunch grass. Gorgeously colored Indian blankets were used to cover the seats which lent a richness and glow to general effects. A very handsome screen, created of American flags with a huge stuffed eagle shielded the musicians. The center of the hall was made attractive by beautiful palms about which were placed couches covered with Indian robes. Here the receiving party stood in the following order: Senator C. J. Smith was first in line introducing Governor Chamberlain, followed by Mrs. T. G. Halley, who presented the guests to Mrs. Chamberlain. Then came Mrs. G. A. Hartman, introducing Mrs. T. T. Geer, followed by Mrs. C. B. Wade, Mrs. Walter Pierce, Judge and Mrs. Ellis. At the close of the reception a line was formed for the grand march, which was led by Governor Chamberlain and Mrs. Halley. At the table in one corner sherbet was served and in the lodge room adjoining light refreshments were to be had.

MRS. E. B. MILLER IN SEATTLE.

The friends of Mrs. Ellen R. Miller will be delighted to know of her success in Seattle, where she has been conducting a School of Domestic Science under the auspices of the Young Woman's Christian Association. In a letter recently received Mrs. Miller says: "Our cooking school is both growing and prospering. We have an enrollment of almost a hundred members with new ones entering all the time. There are nine different classes a week, including six different courses, besides a public demonstration once a week. Our demonstration work this year includes a course in marketing, in which a butcher is present and cuts up meat before the class. It is the course outlined by Mrs.

Ellen H. Richards (Boston Cooking school) last summer during her visit to Seattle, and is proving a most thorough course in the selection, cooking and serving of meat. The financial outlook of the school is most encouraging, the tuition alone being sufficient to meet all the expenses, a fact which gives no little satisfaction to the directors of the school in the selection of Mrs. Richards the accomplishment of this end."

"AFTERNOON IN A JAPANESE GARDEN."

"An afternoon in a Japanese Garden" is the wonder-provoking subject for the club women of the city. The club met at the home of Mrs. O. P. Jamison, 410 Jefferson street. The topic for the afternoon was "Demigods and Heroes." Mrs. J. A. Lees, gave a very able talk on "The Creation of Man." Mrs. W. B. Hall read a paper on "Demigods and Heroes." Longfellow's "Masque of Pandora" was given by different members of the club. The afternoon was a most delightful one, full of entertainment and instruction. The next meeting of the club will be with Mrs. G. M. Gilnes, 687 Water street, November 24. The subject will be a "Comparative Study of Grecian and Northern Mythology."

THE VALUE OF CHARCOAL. Few People Know How Useful it is in Preserving Health and Beauty. Nearly everybody knows that charcoal is the safest and most efficient disinfectant and purifier in nature, but few realize its value when taken into the human system for the same cleansing purpose. It is a remedy that does the more you take of it the better; it is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and purerness and carries them out of the system. Charcoal sweetens the breath after smoking, drinking, or after eating onions and other odorous vegetables. Charcoal effectually clears and improves the complexion, it whitens the teeth and further acts as a natural and emollient for the skin. It absorbs the injurious gases which collect in the stomach and bowels; it disinfects the mouth and throat from the poison of catarrh. All druggists sell charcoal in one form or another, but probably the best charcoal is the most efficient disinfectant in Stuart's Absorbent Lozenges; they are composed of the finest powdered Willow charcoal, and other harmless antiseptics in tablet form, or rather in the form of large, pleasant tasting lozenges, the charcoal being mixed with honey. The daily use of these lozenges will soon tell in a much improved condition of the general health, better complexion, sweeter breath and purer blood, and the beauty of it is, that no possible harm can result from their continued use, but, on the contrary, great benefit. A Buffalo physician in speaking of the benefits of charcoal, says: "I advise Stuart's Absorbent Lozenges to all patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath, mouth and throat; I also believe the liver is greatly benefited by the daily use of them; they cost but twenty-five cents a box at drug stores, and although in some sense a patent preparation, yet I believe I get more and better charcoal in Stuart's Absorbent Lozenges than in any of the ordinary charcoal tablets."

"Look at the Faces Upon the Street!"

Dermatologists notice every one of them. But OTHERS notice them, too. IF YOUR COUNTENANCE IS DISFIGURED it does not escape observation. Your friends notice it with pity, possibly with indifference; others too often with cruel derision. HAVE YOUR FACE CARED FOR



It is just as easy to have it smooth and youthful in appearance, as that it should be pitted from smallpox, wrinkled from age or disease, or marred from any other of the causes that make for blemishes upon the human physiognomy. It is for this purpose that our institute exists. It is to take the face that is apparently unruined, and to give it a new and better appearance. It is to give to the girlhood and give to its owner the unspeakable joy that can only be imparted by this restoration of the charms of early life. AND WE DO THESE THINGS, TOO. We take that haggard look away. Those "crow's feet," branching out in every direction from the corners of the eyes, have no business there. Those drooping eyebrows are not necessary. Birthmarks are quickly eradicated. Blisters or eruptions of the skin cured without inconvenience to the sufferer. Our face massage will make anybody young in appearance. It has done it for thousands. It will do it for thousands more. It will do it for you—if you will give it a trial. \$1,000.00 REWARD If we do not fulfill every promise. NO RECURRENCE OF THE AFFLICTIONS! THIS WE GUARANTEE! Come to headquarters for this sort of work. As well come here first as to be forced to do so when it is discovered that a bad job is to be remedied. WE DO THINGS RIGHT. WE WILL NOT DO THEM ANY OTHER WAY. MADAME SAXE PRINCIPAL Saxe INSTITUTE OF DERMATOLOGY, 417 ABINGTON BUILDING. Telephone 2882. Office Hours—10 a. m. to 5 p. m.