

HINTS FOR WOMEN

A London paper says that the health of people in fashionable society is being dangerously threatened by a new drug which is popularly regarded as a substitute for sleep. This dangerous substitute for sleep is a chemical compound. When used was first introduced into Europe it was commended for the same virtues, and it was believed that it would no longer be necessary to waste seven or eight hours in sleep. But extended experience has shown the disastrous results of cutting short the period of natural rest and keeping awake by the help of tea, and there is no reason to suppose that chemists will ever be able to devise any substitute for sleep which will not in the long run bring nervous breakdowns.

Really-but it should be told secretly, lest it discourage some one who has differently planned a long cloak-the big bell sleeve is the one that the Paris cloak makers are favoring. And they like the sleeve that is tight as far as the elbow and which ends in a full bell below the elbow, so as to show the lining. The inner sleeve is, of course, visible by this arrangement, and must be very nice.

Sweet peas should be sown early in the season at least six inches deep. Make a trench of that depth and scatter the seed in the bottom of it about an inch apart. Cover to the depth of an inch and press the soil down firmly. When the plants are two inches high draw in more soil about them, and continue to do this until all the soil taken from the trench has been returned. In this way roots deep in a moist soil are secured, and such plants stand a hot season better than those

LANDS WITHDRAWN Government Means Business.

WASHINGTON, April 12.-According to the directions of the President, the Secretary of the Interior has withdrawn from sale and entry nearly 2,000,000 acres of public land in Chouteau County, Mont., west of the Fort Assiniboine military reservation. The withdrawal was made at the suggestion of the geological survey, in view of the probability of irrigation legislation, which contemplates the reclamation of this and adjoining tracts by means of water from the St. Mary canal. The withdrawal holds until "otherwise ordered."

The department asserts that in view of the probable reclamation of this tract, it is advisable for the government to secure title to this large area now rather than be forced to purchase it from private owners after the project has been undertaken. The geological survey first asked that a much larger tract be withdrawn for this purpose. The department says that it is almost certain that this project will be undertaken, either by special act or under the general bill if it passes.

W. C. T. U. Mrs. Helen D. Harford of Newberg, the state president of the Woman's Christian Temperance Union of Oregon, has been visiting the local unions in Multnomah County during this week, in the interest and encouragement of temperance reform.

THE EVENING JOURNAL ALFRED D. BOWEN, PUBLISHERS

The Journal desires to call attention to the "Journal Junior," a pertinent making its first appearance in this issue. It is to be conducted by and for the benefit of the boys and girls of the Portland public schools. It will contain all the school news of Portland, such as personal items, notices of debates in the various schools, educational topics, etc.

LET US NOT GO SLOW. delivered an address, the other day, before a farmers' meeting at Clatsop County, in the course of which, speaking of the proposed canal in this city, he said: "We do not go slow. Let us not go slow. We do not yet know what we are doing, but we understand what is contemplated by a public market."

Journal is happily different from other newspapers with which the people of Portland are familiar. It prints the news regardless of corporations or trusts. It has no friends to "boast" and no enemies to punish. If it finds it will from time to time any public wrong that should be righted: if it finds a people's cause in any particular being trampled upon by office-holders, trusts or corporations, the Journal's readers may rest assured that this will always be found upon the page of right, honesty and of all the people.

arrangements have been made for the Civic Improvement Association, which has been organized for the purpose of promoting the general improvement of town and country. The officers of this organization have cleared all bicycle racks off of the sidewalks and the grocers have cheerfully complied with the request to keep their displays of fruit and vegetables within the two-foot limit.

editor of the Jacksonville Times would like to have had a Nickell ticket-at least, in spots. It is high time that those repairs in the street pavements should be intended.

THE JOURNAL JUNIOR

A WEEKLY CHRONICLE OF SCHOOL NEWS OF PORTLAND.

Meeting of the players held last Monday it was decided to purchase only three, or four new suits this year. This will leave more money in the treasury of the Athletic Association, with which to meet the numerous little expenses which will be constantly coming up throughout the season.

WAIVES EXAMINATION.

Dr. Lee Fo Tal, the alleged murderer of the Chinese woman, Lin Heng, has waived examination in the police court, and was held without bail to appear in the Circuit court for trial.

ADVISORY ASSOCIATION.

The committee for the organization of the Non-Partisan Advisory Association is composed of the well-known labor union men G. Y. Harty, Ed. McPherson, N. H. Bird, W. P. Hutson, C. C. Loucks, Chas. Mickley, W. C. Booth, J. H. Lange and Sterling Hill. A meeting is called for next Sunday in Union hall.

debate between the Vancouver High School and the Tololigon was held at the Portland High School Assembly Hall on Saturday evening, April 28. The Tololigon team, composed of Nathan Blackburn, Walter Edwards and Herbert Clark, will support the negative side of the question.

Class Organizations. The Literary Class of W. organized Wednesday afternoon and elected the following officers: Ralph Holman, President; Walter Bauer, Vice-President; Gene Goddard, Secretary; Chas. Henderson, Treasurer; and Fred Zimmerman, Sergeant-at-Arms.

A Social Evening. About 50 of the members of the Philocean Society and their friends were entertained at the home of the Misses Waltrath last Wednesday evening. Games of crokinole and hearts were the feature of the evening.

High School Baseball. More interest in baseball is being shown at the High School this year than has been for several years. A short time ago a subscription was made at the school and chose William Black last year's star

OFFICE MUST SEEK THE MAN

(Journal Special Service.) CINCINNATI, O., April 12.-A two-day's session of the House of Bishops of the Protestant Episcopal Church will be held in this city next week.

ARMY BEAUTY WILL GRACE CORONATION

WASHINGTON, Miss Katherine Wilson, daughter of General James Wilson, United States military special representative to the coronation, is one of the handsome women who will sail for Europe on the 5th of May in the same steamer with the special envoy.

FOR RIVERS AND HARBORS.

WASHINGTON, April 12.-The Senate committee on commerce has completed the river and harbor bill, numerous amendments being added and the appropriations increased \$9,000,000 to \$70,297,499.

CAT AND EAGLE DUELISTS.

(Journal Special Service.) SUSQUEHANNA, Pa., April 12.-Engineer Gardner has a big black cat, named Bob, which is his constant companion on his engine. Winter finds the cat snuggled up upon the cushions of the cab, and the running board in his sitting quarters.

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nothing small about him. There is an exhibition at the Oriental Shooting Gallery, 37 Third street, a veritable giant, whose height is 7 feet 10 1/2 inches and whose weight is 367 pounds.

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