

EXPLOSIVES.

Dangerous Substances That Are in Almost Constant Use.

Among the many things in almost constant use are some that are more or less dangerous from their explosive properties...

For examples, chloride of potash lozenges if accidentally brought in contact with an unlighted phosphorus match are dangerous...

Iodide of nitrogen is highly explosive and is often combined with other drugs. Its use by those ignorant of its danger is a menace.

Sal volatile and chloral hydrate are, under certain conditions, as dangerous as dynamite.

Tincture of iron and dilute aqua regia when mixed, as they often are in medicine, throw off a highly explosive gas, which has frequently shattered the bottle in which the mixture was kept.

One often finds bottles of medicine in which the cork has not been tightly pushed minus the latter or has had a cork pop out of a bottle while held in one's hands without any attempt to remove it on the part of the holder.

Danger in combs. Every now and then one reads of celluloid articles, from fancy hair curlers combs down, catching fire and serious burns or accidents resulting.

It would seem that every one should by this time know that celluloid contains in its composition gun cotton and also camphor, both highly inflammable. No woman wearing celluloid combs or hair ornaments should place her head near an uncovered gas jet or other unprotected light...

TRAVELERS ABROAD.

A Document That Should Be Carried in One's Pocketbook.

Replying to an inquiry about the disposition of the body of an American dying in London, our consul general offers some advice to citizens of this country traveling abroad.

"If a citizen of the United States is traveling abroad unaccompanied it would be well for him to carry in his satchel or pocketbook written instructions as to what he desires should be done in the event of anything happening to him.

The envelope containing such instructions should be headed, 'Instructions in the event of my death.' Inclosed he should give his home address or the address of a friend in the United States...

In its rage and disappointment the serpent darted forward to destroy the swallow. But the bird was too quick; the serpent succeeded only in biting some feathers out of the middle of the swallow's tail.

During the wash I can rub myself well all over my skin. Having used the warm water and soap and warm water again, I can dip my hands in cold water and then give my skin a capital friction with the palms of my hands.

When I go out into the street, and indeed whenever I go out, I can take two extra deep and full breaths of fresh air in through the nostrils. And I can repeat this wonderfully healthy practice whenever I wait at a crossing, whenever I wait at all, and just before I go into any building from the street...

"Bredren an' sisters," he said. "I want to warn you against one thing, an' dat is 't'lek'n' ebry man dat don't hab jes' de same views you got is a no-count religious."

"I don't want to hear so much talk about 'wolves in sheep's clothing' as I bene hearin'. You don't want to settle it in yo' minds dat a man's a wolf in sheep's clothin' jes' because he don't h'at exactly like you do."

Gout the Foe of Consumption. Sir Dyce Duckworth in his address to the faculty of medicine said that many persons were constitutionally predisposed to rheumatism and gout...

Relic of the Past. "So, woman, you treasure another man's photograph?" "Don't be foolish, Henry. This is a portrait of yourself when you had hair."

Powerful Explosives. "What are the most powerful explosives known?" queried the young man. "Two prima donnas in one opera company," replied the ex-theatrical manager.

ANIMAL LEGENDS.

The Buzz of the Mosquito and the Swallow's Forked Tail.

In Palestine, where several religions exist side by side, legends have crossed and intermingled in such a way as to make a distinct folklore. A collection of stories from "Folklore in the Holy Land," by the Rev. J. E. Hanauer, contains many Bible legends in new forms and with humorous additions.

After the fall of man the serpent missed the reward which the evil one had promised him—namely, the sweetest food in the world. An angel was appointed to assign to every creature his food and dwelling place. The serpent asked for human flesh. But Adam protested and pointed out shrewdly that as nobody had ever tasted human flesh it was impossible to maintain that it was the most luscious of food.

Meanwhile the mosquito was sent round the world with instructions to taste and report upon the blood of every living creature. At the end of twelve months it was to report in open court the result of its researches.

Now, Adam had a friend in that sacred bird the swallow, which annually makes a pilgrimage to Mecca and all holy places. This bird shadowed the mosquito all the twelve months until the day of the decision. Then as the insect was on its way to the court the swallow met it openly and asked what flesh and blood it had found sweetest.

"Man's," replied the mosquito. "What?" asked the swallow. "Please say it again, for I am rather deaf." On this the mosquito opened its mouth wide to shout, and the swallow darted in its bill and plucked out the insect's tongue.

They then proceeded to the court, where all living creatures were assembled to hear the decision.

On this the mosquito opened its mouth wide to shout, and the swallow darted in its bill and plucked out the insect's tongue. They then proceeded to the court, where all living creatures were assembled to hear the decision. On being asked the outcome of its investigation the mosquito, which could now only buzz, was unable to make itself understood, and the swallow, pretending to be its spokesman, declared that the insect had said that it had found the blood of the frog the most delicious.

In its rage and disappointment the serpent darted forward to destroy the swallow. But the bird was too quick; the serpent succeeded only in biting some feathers out of the middle of the swallow's tail. This is why swallows have forked tails.

EASY PHYSICAL CULTURE.

How One May Promote Good Health Without Expense.

First of all, there is the sensible use of the odd moments of the day. For example, I must get out to my work in the city; I must get up from my chair after or at intervals during my work; I must go upstairs. Here are the opportunities.

During the wash I can rub myself well all over my skin. Having used the warm water and soap and warm water again, I can dip my hands in cold water and then give my skin a capital friction with the palms of my hands. This will afford excellent exercise for the arms and shoulders and, when I stoop, for the trunk muscles.

When I go out into the street, and indeed whenever I go out, I can take two extra deep and full breaths of fresh air in through the nostrils. And I can repeat this wonderfully healthy practice whenever I wait at a crossing, whenever I wait at all, and just before I go into any building from the street...

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NOTICE OF PUBLICATION.

Notice is hereby given that the State Land Board of the State of Oregon will sell to the highest bidder, at its office in the Capitol Building, at Salem, Oregon, on the 1st day of September, 1908, at 2 o'clock p. m. of said day, all the State's interest in the tide and overflow lands hereinafter described...

Being an accretion outside the original meander lines of section 29, T. 9 N., R. 6 W. of the Willamette Meridian, situated in Clatsop County, State of Oregon, beginning at a point on section line between sections 29 and 30, 1497 feet N. 1 deg. 04 min. E. of quarter corner between said sections 29 and 30.

Course, N. 88 deg. 33 min. E.; distance, 1410 feet; description, following low water line of slough.

Course, S. 88 deg. 22 min. E.; distance, 550 feet; description, following low water line of slough.

Course, S. 85 deg. 00 min. E.; distance, 1485 feet; description, following low water line of slough.

Course, S. 71 deg. 57 min. E.; distance, 420 feet; description, following low water line of slough.

Course, S. 58 deg. 39 min. E.; distance, 350 feet; description, following low water line of slough.

Course, S. 49 deg. 10 min. E.; distance, 1386 feet; description, to the meander corner between sections 28 and 29, said corner being 174.24 feet north of quarter corner between said sections.

Course, S. 46 deg. 00 min. W.; distance, 764 feet; description, following the United States meanders.

Course, S. 23 deg. 00 min. W.; distance, 132 feet; description, following the United States meanders.

Course, S. 61 deg. 30 min. W.; distance, 330 feet; description, following the United States meanders.

Course, S. 76 deg. 30 min. W.; distance, 297 feet; description, following the United States meanders.

Course, W.; distance, 99 feet; description, following the United States meanders.

Course, N. 43 deg. 30 min. W.; distance, 1353 feet; description, following the United States meanders.

Course, N. 75 deg. 14 min. W.; distance, 911 feet; description, following low water line.

Course, N. 83 deg. 07 min. W.; distance, 1240 feet; description, following low water line.

Course, S. 78 deg. 42 min. W.; distance, 905 feet; description, to section line between sections 29 and 30.

Course, N. 1 deg. 04 min. E.; distance, 1015 feet; description, following sectional line to place of beginning containing 144.4 acres.

Also in section 30, beginning at the same initial point.

Course, S. 73 deg. 30 min. W.; distance, 1425 feet; description, following low water line.

Course, S. 89 deg. 50 min. W.; distance, 440 feet; description, following low water line.

Course, S. 54 deg. 12 min. W.; distance, 680 feet; description, following low water line.

Course, N. 89 deg. 24 min. E.; distance, 1151 feet; description, following low water line.

Course, S. 79 deg. 20 min. E.; distance, 1210 feet; description, to section line.

Course, N. 1 deg. 04 min. E.; distance, 1015 feet; description, following line between sections 29 and 30 to the point of beginning, containing 25.0 acres.

Applications and bids should be addressed to G. G. Brown, Clerk State Land Board, Salem, Oregon, and marked "Application and bid to purchase tide lands."

G. G. BROWN, Clerk State Land Board. Dated this 9th day of June, 1908.

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YOUNG JAPANESE WANTS SITUATION as porter in saloon and to help bartender; can speak good English. Address, Kubota, 415 Yamhill, Portland. 8-9-7t

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WILL PASTURE YOUR HORSE for \$2.50 a month. A. E. Kinney, Lewis and Clark. 8-11-11

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HOWARD M. BROWNELL Attorney-at-Law Deputy District Attorney 420 Commercial Street

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