



# ROYAL Baking Powder

The only Baking Powder made with Royal Grape Cream of Tartar—made from grapes—

Insures healthful and delicious food for every home—every day

Safeguards your food against alum and phosphate of lime



local, 50c@1.00; hothouse lettuce, \$.1.25@1.50 box; cucumbers, \$.1.50@2.00 dozen; celery, 85c@1; artichokes, 50c doz.; asparagus, 80c@9c lb.; beans, 20c lb; egg-plant, 20c lb; head lettuce, 40c doz; rhubarb, \$2 crate.

Apples—Select, \$2.50 box; fancy \$2.00; choice, \$1.50; ordinary, \$1.25.

Fresh fruits—Oranges, \$2.00@2.75; lemons, \$2.75@3.50; strawberries, 20@22c lb.

Tropical Fruits—Lemons, \$2.00@3.50 box; limes, 75c per 100; oranges, new navels, \$1.75@2.50 box; grapefruit, \$3.50@4.00 box; bananas, 5c lb.; crated, 5c lb.; tangerines, \$1.40@1.50 box; pineapples, \$4@5 dozen.

Butter, Eggs and Poultry.

Butter—Extras, 27c; fancy, 26c; choice, 25c; store, 16c.

Eggs—Loss off, 16@16c.

Cheese—Full cream twins, 15c; cream brick, 20c; swiss block, 20c; limberger, 22c.

Poultry—Mixed chickens, 13c lb.; fancy hens, 14@17c; roosters, old, 8c; fryers, 20c; broilers, 22@25c; dressed poultry, 1c per lb.; higher; geese, old, 9c; turkeys, live, 15@16c; do dressed, 17@18c.

Groceries, Provisions, Etc.

Sugar (sack basis)—D. G., \$5.65; XX, \$5.45; beets, \$5.45; Golden C, \$3.50; extra C, \$5.15; powdered, \$5.80; boxes, 55c cwt. advance over sack basis; fruit or berry sugar, \$5.65; boxes, 55c cwt. advance over sack basis (less 1c if paid for in 15 days).

Coffee—Mocha, 24@28c; Java, fancy, 25@28c; Java, good, 20@24c; Java, ordinary, 17@20c; Costa Rica, fancy, 18@20c; Costa Rica, good, 16@18c; Arbuckle, \$16.63 cwt.; Lion, \$15.88 cwt.; Colombia coffee, 14c lb.; Salvador, 11@14c.

Rice—Imperial Japan, No. 1, \$6.25; Southern Japan, \$5.25@5.75; broken, 5c; head, fancy, \$6@6.75.

Sago and Tapioca—6c.

Provisions—Hams, large, 13c; small, 13c; picnic, 9c; boiled hams, lbs., \$6; Olympias, per gallon, \$2.25.

Dried Fruits—Apples, 9@10c per pound; apricots, 27@29c; peaches, 11@13c; pears, 11@14c; Italian prunes, 5@6c; California figs, white, in sacks, 7c per pound; black, 6@7c; bricks, 75c@2.25 per box; Smyrna, 16@17c per pound; dates, Persian, 6@7c per pound.

22c; boiled picnic, 28c; breakfast, bacon, fancy, 22c; English, 15c; dry salted short clears, 10c; backs, 10c.

Lard—Kettle-rendered tierces, 11c; tubs, 12c; 50s, 12c; 20s, 12c; 10s, 12c; 5s, 12c. Standard pure: Tierces, 1c less; compound, tierces, 8c; leaf, 13c.

Raisins—Loose muscatels, 3-crown, 7@7c; 4-crown, 7@8c; bleached seedless Sultanias, 9@12c; unbleached seedless Sultanias, 8@8c; London layers, 3-crown, whole boxes of 20 pounds, \$2.00; 2-crown, \$1.75.

Canned salmon—Columbia River, 1-lb talls, \$2.10; 2-lb talls, \$3.00; fancy, 1-lb flats, \$2.25; 1-lb flats, \$1.40; fancy, 1-lb, ovals, \$2.75; Alaska talls, pinks, 95c; red, \$1.40; nominal, 2s, talls, \$2.25.

Spices—Cloves, 25c lb; chillies, 13c lb.

Salt—Bales of 75-2s, bale, \$2.15; bales of 60-3s, \$2.15; bales of 40-4s, bale, \$2.15; bales of 15-10s, bale, \$2.15; bags, 50s, 1ne, ton, \$16.50; bags, 50c; genuine Liverpool, ton, \$18; bags, 50s, 1-ground, \$13.50; 100s, ton, \$13; R. S. V. P., 20 5-lb cartons, \$2.25; R. S. V. P., 3-lb cartons, \$1.75; Liverpool, lump, per ton, \$20.50.

Nuts—Walnuts, 15@20c per lb; filberts, 16c; Brazils, 20c; pecans, 14@20c; hickory, 8c; Virginia peanuts, 6c; Jumbo Virginia peanuts, 7c; Japanese peanuts, 6c; chestnuts, Italian, 10c; Ohio, 25c; coconuts, dozen, 90c @ \$1.00; pine nuts, 17c lb.

### Brain Workers

have special need to keep the digestion strong, in order that the food may renew, through the stomach and bowels, the supply of nervous energy. Use

### Beecham's Pills

Sold Everywhere. In boxes 10c. and 25c.

Oils, Lead, Etc.

Coal Oil—Union and pearl and astral oil, cases, 18c per gallon; water white, iron barrels, 11c; cocene and extra star, cases, 21c; headlight oil, cases, 19c; iron barrels, 12c; Elaine, cases, 28c.

Linseed Oil—Raw, 5-barrel lots, 30c; cases, 37c. Engine Distillate, bbls., 10c; cases, 17c.

THIS MAY INTEREST YOU.

No one is immune from Kidney trouble, so just remember that Foley's Kidney Cure will stop the irregularities and cure any case of kidney and bladder trouble that is not beyond the reach of medicine. T. F. Laurin Owl Drug Store.

When the doctor is called he asks: "How are the bowels?" They are generally wrong. His visit might have been saved by a timely dose of Lane's Family Medicine.

### MEDICAL FALLACIES.

Some Fanciful Notions About Boils and Fevers.

"The fanciful notion that a breaking out of boils, pimples or other eruptions rids the system of poison is firmly rooted in the minds of ninety-nine of every hundred persons," said a physician the other day. "When any one has a large boil or carbuncle his friends tell him it is good for him because 'it lets out all the bad blood.' There is as little reason in this as there is in the remarks attributed to a tenement house mother to her instructor in the hygiene of children. 'Miss Brown,' she said, 'well, seem' that I've buried ten, I don't see as no one has any call to tell me how to raise up babies, 'specially some one as never rared up any of her own.'

"As a matter of fact, boils, carbuncles and similar eruptions are collections of germs and pus and not blood diseases, whose origin is usually at the location found. A sweat gland becomes clogged with germs and dirt, a hair turns in with its numerous bacteria, or, as is the case of the so called 'bone felon,' the germs are scratched in with the point of a file or by chipping the matrix of the finger nail. Wherever there are swelling, redness, heat and pus you may be sure there germs will be found.

"Boils do not mean impoverished blood and are not a blood disease, although popular opinion, fostered by some medical men, would so indicate. Infections on the skin such as those mentioned, eczema, the itch, barbers' infection, ringworm and many others have absolutely no connection with the blood or internal conditions. They are skin infections, pure and simple, and as a rule do not influence one's general health favorably or otherwise. Here once more the popular supposition of 'better out than in' is illogical and unsupported by the facts.

"Mothers who give children with measles and other eruptive diseases home remedies to 'bring out the rash' do harm in many unseen ways. The worst and most fatal cases of measles, scarlatina and smallpox are those with the dark red eruptions—the well named 'black' measles, scarlatina and smallpox.

"There are very few today who still cling to the old method of withholding water from the burning, dry, parched lips of the fever stricken. Yet who of us still living fails to recall the tortures inflicted upon the thirsty sufferer with pneumonia, typhoid or other burning malady?

"It has been finally demonstrated as a perpetual truth that water internally and externally is the best antipyretic known. Cold water administered internally in unlimited amounts is the ideal fever reducing agent. It is harmless, desired by the sufferer, reduces the temperature, dilutes the toxins, replaces the destroyed fluids and washes out the bacteria and accumulated waste products. The antipyretic drugs, however, are all depressant to the heart, destructive to the blood cells and injurious to the other organs."—Baltimore Sun.

### DEATH WAS ON HIS HEELS.

Jesse P. Morris, of Skippers, Va., had a close call in the spring of 1906. He says: "An attack of pneumonia left me so weak and with such a fearful cough that my friends declared consumption had me, and death was on my heels. Then I was persuaded to try Dr. King's New Discovery. It helped me immediately, and after taking two and a half bottles I was a well man again. I found out that New Discovery is the best remedy for coughs and lung disease in all the world." Sold under guarantee at Charles Rogers & Son drug store. 50c and \$1.00. Trial bottle free.

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## PORTLAND MARKETS

Quotations in the Portland Market.

Complete Market Reports Corrected Each Day Giving the Wholesale Prices of Commodities, Farm Produce, and Vegetables.

PORTLAND, April 24.—Offers posted at the Board of Trade today indicated a weaker butter market. One trader offered 500 pounds of butter at 16c, which found a taker, and another offered 2000 pounds of fancy creamery at 22c. In the city creamery trade the market was considered about steady, while in the Front street market it was conceded that stocks were piling up. Dealers in country brands were bullish in their views of the market. A further decline is likely to take place soon.

Poultry arrivals today were not large but the demand was not sufficient to take all offerings readily and the market wore a rather weak appearance. Some shipping orders that came in helped to move stocks to some extent but the local inquiry was not strong. Sales for the most part were made at yesterday's prices.

There was a slightly firmer falling in the egg trade today. Receipts were comparatively light and there was a fair demand for Oregon goods on the Sound. On Front street 16c to 17c were the general quotations. At the Board of Trade an offer to buy 20 cases at 17c found no sellers.

Grain, Flour, Feed.

Wheat—Club, 82c; Valley, 82c; bluestem, 84c; red Russian, 80c.

Oats—Producers' prices: White, \$28; gray, \$26@27.

Flour—Hard wheat, patent, \$4.80; straight, \$4.00; graham, \$4.50; rye, \$5; whole wheat flour, \$4.45; Dakota, \$6.40@6.60; Eastern rye, \$6.60; Pillsburg, \$7; Corvallis, \$4.40.

Rye—\$1.40 per cwt.

Corn—Whole, \$32.50; cracked, \$33.50 per ton.

Hay—Wholesale selling prices; Valley timothy, \$17@18; Eastern Oregon, \$20@21; clover, \$14@15; alfalfa, \$12@13.

Grain bags—Domestic, 8c; Calcutta, 9c.

Millfeed—City bran, \$24.50; country bran, \$25.50; city shorts, \$26; country shorts, \$27; chop, \$22; middlings, \$30.50.

Barley—Producers' prices: Brewing \$28.50; feed, \$27; rolled, \$28@29.

Buckwheat—\$36 per ton.

Cereal Foods—Rolled oats, cream, 90-lb. sacks, \$7; lower grade, \$6.50; oatmeal, steel cut, 45-lb. sacks, \$8; 9-lb. sacks, \$4.25 per bale; oatmeal (ground), 45-lb. sacks, \$7.50 per barrel; 9-lb. sacks, \$4.00 per bale; split peas, \$4.50 per 100-lb. sacks; 25-lb. boxes, \$1.25 per box; pastry flour, 10-lb. sacks, \$2.75 per bale.

Fresh Meats and Fish.

Fresh Meats—Veal, fancy, 100 lbs., averag, 9@9c; 100 to 150 lbs., 8@8c lb.; large and coarse, 5@7c; hogs, fancy block, 7@7c; heavies, 6@7c; beef, bulls, 3@4c; cows, 4@5c; steers, 5c@6c; muttons, medium size, 10@11c; large and coarse, 8@9c.

Oysters—Shoalwater Bay, per gallon, \$2.25; per sack, \$4.50; Toke Point, \$1.60 per 100; Olympias (120 Clams—Little neck, per box, \$2.50; razor clams, \$2.00 per box.

Fish—Halibut, 6c; black cod, 8c; black bass, per lb, 20c; striped bass, 13c; herring, 5 1-2 cents; flounders, 6c; catfish, 11c; shrimp, 10c; perch, 7c; sturgeon, 12c; sea trout, 18c; tom cod, 10c; salmon, silversides, 9c; steelheads, 11c; chinooks, 10c; fresh, 12c; lobsters, 25c lb.

Fruits and Vegetables.

Potatoes—Select (sell), 70c cwt.; Willamette Valley (buy), 45c; East Multnomah (buy), 55c; Clackamas (buy), 55c.

Onions—Jobbing price, \$4.75@5.00 cwt; buying price, \$4.25@4.50; garlic, 15c lb.

Vegetables—Turnips, \$1.00 sack; beets, \$1.25; parsnips, \$1.25; cabbage, \$1.75; tomatoes, Florida, \$4.50@5.00 crate; do Mexico, \$2.75 crate; cauliflower, California, \$1.00 dozen; do

## April Official Tide Tables

Compiled by the U. S. Government for Astoria and Vicinity.

APRIL, 1908.					APRIL, 1908.							
High Water.		A. M.		P. M.		Low Water.		A. M.		P. M.		
Date	h. m.	ft.	h. m.	ft.	Date	h. m.	ft.	h. m.	ft.	Date	h. m.	ft.
Wednesday	1	0:55	9.0	1:15	8.8	Wednesday	1	7:15	0.5	7:35	0.6	
Thursday	2	1:35	9.1	2:00	8.6	Thursday	2	8:00	0.1	8:08	1.1	
Friday	3	2:08	9.1	2:45	8.1	Friday	3	8:42	-0.1	8:50	1.7	
Saturday	4	2:45	9.0	3:32	7.6	Saturday	4	9:26	-0.1	9:28	2.4	
SUNDAY	5	3:20	8.6	4:20	7.1	SUNDAY	5	10:12	0.1	10:08	3.0	
Monday	6	4:00	8.2	5:20	6.5	Monday	6	11:00	0.5	10:56	3.5	
Tuesday	7	4:46	7.8	6:26	6.8	Tuesday	7	11:54	0.8	11:58	3.9	
Wednesday	8	5:44	7.1	7:40	6.5	Wednesday	8	12:50	1.2	12:50	4.2	
Thursday	9	6:50	6.7	9:00	6.5	Thursday	9	1:48	1.4	1:55	4.4	
Friday	10	8:04	6.5	10:20	7.2	Friday	10	2:40	1.6	2:58	4.5	
Saturday	11	9:10	6.6	11:40	8.2	Saturday	11	3:48	1.6	3:56	4.6	
SUNDAY	12	10:08	6.8	13:00	9.7	SUNDAY	12	4:40	1.5	4:48	4.5	
Monday	13	11:05	7.2	14:20	11.0	Monday	13	5:38	1.2	5:46	4.1	
Tuesday	14	11:40	7.6	15:40	12.0	Tuesday	14	6:30	0.8	6:38	3.5	
Wednesday	15	0:02	8.4	17:00	13.0	Wednesday	15	7:20	0.5	7:06	2.6	
Thursday	16	0:33	8.6	18:15	13.1	Thursday	16	8:05	0.1	7:42	2.0	
Friday	17	1:05	8.8	19:30	12.8	Friday	17	8:55	-0.3	8:18	2.4	
Saturday	18	1:38	8.9	2:02	12.2	Saturday	18	9:45	-0.5	8:56	3.0	
SUNDAY	19	2:10	8.9	2:38	11.7	SUNDAY	19	10:35	-0.5	9:45	3.4	
Monday	20	2:40	8.7	3:18	11.0	Monday	20	11:25	-0.2	10:40	3.8	
Tuesday	21	3:05	8.4	4:00	10.2	Tuesday	21	12:15	0.1	11:34	4.0	
Wednesday	22	3:30	8.0	4:45	9.2	Wednesday	22	1:05	0.4	12:20	4.0	
Thursday	23	3:55	7.4	5:35	8.3	Thursday	23	1:55	0.8	1:10	3.8	
Friday	24	4:20	7.0	6:30	7.6	Friday	24	2:45	1.1	2:00	3.3	
Saturday	25	4:45	6.5	7:25	7.1	Saturday	25	3:35	1.4	2:50	2.8	
SUNDAY	26	5:10	6.0	8:20	6.6	SUNDAY	26	4:25	1.6	3:40	2.3	
Monday	27	5:35	5.5	9:15	6.1	Monday	27	5:15	1.8	4:30	1.8	
Tuesday	28	6:00	5.0	10:10	5.6	Tuesday	28	6:05	2.0	5:20	1.3	
Wednesday	29	6:25	4.5	11:05	5.1	Wednesday	29	6:55	2.2	6:10	0.8	
Thursday	30	6:50	4.0	12:00	4.6	Thursday	30	7:45	2.4	7:00	0.3	