

## The Secretary of War for the United States has pubbicly deccared the unpreparedness of this country for war. This is ity, fact and peril.

sert our resources, to say that we
have men and money and factories, skill and credit and patriotism; if we
have not TTME, which is the fundamental basis of all preparecness, then

## The count

romen an engagement, which, had in and better equipened than moden, remain to us from that war.
What scheme of preparation shal that the Pacific Coast must be in diate degree, and that the mouth of the Columbia must igure largely as
one of the potent integrats of that program. The quiesence of the year harbor out of the running; butt a wa on the Paciic will make it indisper
sable and the goverment MUST make it impregnable. Time is of the contracts and when Uncle Sam begin Pacific war he will not be ikely verlook so stragetic a point as this, lerritory and millions of peopie an er milions of property.

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The whole country, including A other political season, and the tur
moil, jealousies, realigments and bi ernesses, always unescapabie, ambitions, fresh aspiratons; tricks, ounter-schemes, eld bed-eellows,
dark-horses," new leaders and old ounsellors; all the hub-bub, confu sanry, that make for dirt and disaste act ation but a fraction, if any, ahead o interminable game. This is what hrough, subscribe to ve swear wor Ame satisfied with. ay, has but little to inspire grea he personal niit are the diliar, an om large in the cult; and while are not without great national end
oo be served, and conserved, we ar miserably minus the honest stimulus hardy purpose and high resolves in But the dulsery meat be wor. spensed, with as good grace as fra nly compensation to be relied on lecesses at the polls of the year some great and good man will fin etter thought and healthier activit the nation.

## ONE QUART PER DAY.

48 years after drinking one quart whisky per day for the past 20 years. This is a side-wipe to the good ol
theory that one must drink corn or 100 years of hardy, jolly, and no
scandinavian-american
savinos
BANK

| HAS |
| :---: |
| MONEY TO LOAN ON <br> GOOD SECURITY |

candinavian-american BANK GOOD SECURITY

| torious existance. According to the old argument that whisky, used moderately and regularly, that is, daily and in rational quantities, contributes to longevity, this Missourian should have lasted just 50 years longer. But the truth of the matter is that whisky, a good thing in its way and place and unabused, has but mighty little bear ing on any man's life, if that life be clean and wholesome and sanitary and honest. These elements have far more to do with ripe old age than any guzzling habit ever heard of. Whisky, as it is known and used in this age, is a worse curse than anything else, because it leads to all other desperate evils and habits. <br> GOLD FROM OCEAN SANDS. <br> From Shasta to San Diego, all the way along the shores of the Pacific Ocean there is gold in the black sand which, for the greater part of the length of the state, underlies the gray and yellow sand of the beach. This has been known to mining men for since they found it out they have been completely baffled in all efforts at getting it. So writes Harry H. Dunn | years ago the various mixed drinks in which gin figured had a great run and there was a famine in limes, caused by the consumption of gin rickeys. great demand for Scotch whisky, coincident with the spread of the highball habit. Now the barkeepers in the big hotels and other places of liguid refreslment along the Great White Way report that the highball bute it to the adulteration of Scotch whisky which robbed it of its attrac- tion for the man who drinks for taste rather than for intoxication. Rum to these same authorities who have the best opportunities for observing the changes of fashion in drinks. fathers and more remote ancestors for all be renewing is popularity reason given is that this is drinks. The only form of spirits that has not been and adulteration. Men who bay been frightened away from whisky by the exposure of Dr Wiley pure food agitators have taken rum in the belief that it is chemically pure and have found it highly agree- |
| :---: | :---: |

for novelty it is interesting as an
example of the fact that fashions
change frequently even in the matter
of drinks.
For Consumptives.

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& \text { tives the following formula at the } \\
& \text { cown formula for consumption: }
\end{aligned}
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\begin{aligned}
& \text { Mix two ounces of glyerine with } \\
& \text { ighat ounces of good whiskey and add } \\
& \text { abe }
\end{aligned}
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\begin{aligned}
& \text { eight ounces of good whiskey and add } \\
& \text { one half ounce of Concentrated oil of } \\
& \text { vine. Take a teasoonful or }
\end{aligned}
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\begin{aligned}
& \text { ine. Take a teaspoonful } \\
& \text { poonful every four bourne } \\
& \text { Care abould be taken to }
\end{aligned}
$$

Care should be taken to get the real
Concentrated oil of pine, which comes
only in one-half ounce vials sealed in
ound air-tight screw top cases The in
gredients can be procured at any drug
store. The above formula will aliso eure
ad coughs and colds very quiekly.

THE ODOR OF SANCITY.
French Writer's Theory of How
May Be Exuded by Man. Dr. Georges Dumas is the author of
article is the Revue de Parin or "The Odor of Sanctity". The writer instances of salnts and mystrcs of the
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emitted peeculiarly pleasing odors
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\text { great } \\
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great variety of perfumes-clonnamon
clove, orange ons

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man boyy can produce odoros com.
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actds, butyrle, formic, acetce, etc. If
the process of combustion is normal all these constituents are burned up, com
pletely oxidized, and glve as a residue pletely oxldized, and give as a restdve
water, carbont acid and urea. But let
some slackening occur in the inmost some slickening occur in the inmosi
nutrtithon of the tlissues and the same
constltuente will constituents will escape through th
breath, persplration and the sklin."

COFFEE
There is a time for good tea, and a time for good coffee; there is no time for poor either.



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