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WEATHER.

Oregon and Washington - Partly cloudy with light rain or snow at intervals.

THE BONDING QUESTION.

In the proposed amendment of the charter of Astoria there should be included a provision for the utterance of local bonds upon the home-loan plan. The plan that invites the investment of Astoria capital. The plan that gives the poor man with a nest-egg a chance to put it where he can have definite and continuous knowledge of it. The plan that operates upon an interest-basis of four per cent per annum, or perhaps, three per cent, and saves the city the exactions of a foreign and indifferent market in this respect.

It is no new thing in the State of Oregon. There is a city in her confines that adopted the system six years ago and has netted her thousands of dollars by reason of its installation.

The bonds are issued in low denominations, say from \$20, upwards. The bonds are subscribed for, for a given period of time; and the subscribers are allotted the sum of their subscriptions, beginning with the lowest amounts called for, and when the bonds are issued they go out in the order of the lowest sums asked for. The first subscriber for a \$20 bond gets the first bond, the next \$20-man gets the second, and so on until that denomination is exhausted; then the first man asking for the next highest figure on the list gets his, and that demand is filled; and then the next highest and so on, always beginning with the first to subscribe for a given amount, and continuing through the series.

This plan bars the banker, the wealthy broker, the money manipulator, or any corporate concern from absorbing the whole output, and diversifies the ownership of the issue among hundreds of hands right at home who will have a new and fixed interest in good government, and are inspired to oversee the future conduct of affairs in order to preserve their equities in the matter.

Of course all banks are expected to array themselves against the policy, and they are not to be blamed for the opposition; but as their resistance is founded upon the mere selfish basis of business gains, and not upon anything inherently wrong, or technically bad, in the plan, it is needless to worry about it.

Cities and counties and school districts in Oregon are pursuing the practice with excellent results and the issues of municipal bonds and county and school district notes that have been uttered in Oregon, along these lines, have invariably been over-subscribed two or three times, before the date of issuance.

It is a matter that will repay the most deliberate and extended thought and inquiry, and its application is

amenable to all the rules of safe and legitimate money usage. President Cleveland introduced the custom and it would, in all likelihood, be one of the fixed governmental policies of the country today, were it not for the influence of Wall Street against it.

WHIPPING TOO GOOD.

In view of the several assaults upon women in Oakland recently, by men apparently bent upon robbery, and one or two others for a more infamous purpose, a whipping post would seem to be desirable. There is a class of malefactors who are not impressed with the ordinary punishments for crime—who, indeed, count upon evading punishment altogether through technical and other loop holes. This class would be deterred by the prospect of the lash. Wife-beaters, those who neglect or are cruel to children, and those of the kind to assault women, are in this class.—Alameda Argus.

ROOFS, NEXT!

Stealing skylights is positively the latest wrinkle of the predatory. The fact that it is rather unseasonable to remove skylights does not seem to affect the thieves, who show more boldness than cunning in the choice of plunder. Four men who got on the roofs of a row of fifteen new houses on Schenck avenue on the pretence of repairing them, had actually loaded thirty-six skylights on two wagons before discovered, Saturday afternoon. It will strike many as a whimsical theft, for surely skylights cannot be detected and to attempt to dispose of them in any other way would be likely to excite suspicion. This must be set down among the eccentricities of crime.—N. Y. Exchange.

INCONGUITTY RAMPANT.

A bill has been introduced in the Kentucky Legislature to place statues of Henry Clay and William Goebel in the niches set apart for the Blue Grass State in the hall of fame of the National Capitol. Why should Henry Clay be yoked up with William Goebel? Mr. Clay's presence would detract something from the eminence in statecraft achieved by Mr. Goebel. Kentucky has produced such men as George Rogers Clark, John J. Crittenden, Richard M. Johnson, G. D. Prentice, John C. Breckenridge, and James R. Beck, who might be deemed worthy of Mr. Clay's company, but they are hardly fit to rank with William Goebel. Strangers seeing Mr. Goebel's statue in the hall of fame would be tempted to ask what page of Kentucky history was made glorious by Mr. Goebel. A comparison instituted between his record and Henry Clay's would be both odious and odorous. A statue of Colonel Jack Chinn would be more appropriate as a companion piece to a bust of William Goebel.

EDITORIAL SALAD.

A tainted name is worse than tainted money.

It begins to look like old times in Russia.

Ned Harrigan, Lew Dockstader and the Slocum case are on trial again.

Congress, which has done most of the digging for the Panama canal so far, is requested to "dig up" again.

Whatever they make of Datto Bryan in Borneo, they should understand he has been tame for some years.

The tunnel habit has its drawbacks. One is the incessant danger to the tunnelers.

The point is that Governor Higgins may be run over and crushed by the investigation if he doesn't get off the track.

The "Kennebec Journal" says there is a sure lynching in store for that man in India who is said to have discovered a new remedy for snake bites if he tries to introduce it into Kentucky.

The new painters' union formed in Massachusetts which "declines to be dictated to by ignorant, illiterate leaders" is just what might have been expected of Massachusetts.

A Kansas judge has decided that newspapers are a necessity of life. "A Daniel, a Daniel come to judgment." The best decision any court has handed down in a long time.

Massachusetts furnishes a fresh text for sermons on race suicide. The birth rate in the Bay State last year was smaller than it has been before at any

time since 1870, and is almost on a level with that of France.

Morales has left Santo Domingo, and his farewell despatch to one of his leaders intimates he left his country for his country's good. That makes him a true patriot, according to one of the old poets.

The President says he wants to shoot elephants and tigers. The insurgents make him feel that way—and they better watch out. First thing we know Congress will be handed a big bill by some damaged circus.

Meantime the revolution in Morocco goes merrily on, just as if it made any difference which side won, with that conference at Algiers preparing to serve the country up at an international dining.

Representative Longworth says it is impossible to translate into the Filipino language the sentence "A public office is a public trust." Evidently the poor Filipino has not yet reached the Cleve-lanque stage of political development.

The statement that the rise in the Salton Sea, in Southern California, is due to the construction of a canal from the Colorado River for irrigation purposes is more credible than the theory that earthquakes opened an underground channel from the Gulf of California.

An old bill, twice defeated by manufacturers of adulterated foods, has been reintroduced in Congress by Representative Hephurn, of Iowa. Possibly, owing to the recent access of moral courage in politics, the bill this time may become a law despite the strenuous efforts of those who profit by the processes of adulteration.

Planters have been advised by the Southern Cotton Growers' Association to hold their unsold product until the price goes up to 15 cents, or 34 cents higher than its present level. If only the remnant of the crop of 1905 needed to be considered, the scheme might work. But fortunately, or unfortunately, there was an excess of about two million bales left over from the year before.

According to dispatches from Berlin, Chancellor von Buelow has reported to the Reichstag that duels are "necessary." The Emperor, however, has forbidden them in the army; so that there is a clash between "necessity" and imperial authority. The Emperor has right and reason on his side, and it is to be hoped that he will lay at last in Germany a superstition that should no longer be tolerated in the civilized world.

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CHANGE OF TIME

The Baltimore & Ohio Railroad Commencing Sunday, November 19, train No. 6, the Royal Blue Limited, will leave Grand Central passenger station, Chicago at 5 p. m., instead of 3:30 p. m. and will arrive in Pittsburgh at 6:35 a. m., Washington at 4:40 p. m., Baltimore 5:50 p. m., Philadelphia, 8:19 p. m. New York 10:40 p. m. the same as with the old schedule, thus reducing the time one hour and thirty minutes. No excess fare will be charged on this fast limited train. All other trains will arrive and depart the same as formerly. Stop-over is allowed at Washington, Baltimore and Philadelphia, not to exceed ten days, at each place, on all first-class through tickets.

BREAD BEST OF FOOD.

Said to be More Valuable Than Meat as a Provider of Energy.

According to Dr. Robert Hutchinson of the London hospital, who supplied evidence regarding food supply to a royal commission, bread is the most important of all the common foods of the people. As a provider of energy a pound of bread is more valuable than a pound of meat. Its chief deficiency, however, is its poverty in nitrogenous matter, and it therefore has to be supplemented with articles that remedy this defect. Life could be sustained for long periods on a diet of bread, with a few beans or a little cheese.

A man in time of scarcity of general food could subsist upon two pounds of bread a day, says Dr. Hutchinson. He would begin to suffer from lack of energy if he got less, but could go considerably below the two pounds for a bare subsistence in times of great urgency, such as garrisons undergo in time of siege. Under these conditions it is disease that carries men off rather than starvation.

One interesting point on which Dr. Hutchinson insists is the value of ordinary white bread. Rye, he states, is lower in nutritive value than wheat.

The next most important article of diet as a source of energy is sugar. In commenting on this Dr. Hutchinson makes an interesting statement on the duties of food.

"The unfortunate thing about sugar is that it contains no nitrogenous matter at all," says the expert. "Bread does contain some. Without nitrogenous matter one cannot get on at all. It is absolutely necessary."

There are two sorts of food. The two things that food does are, first, it keeps the body in repair; and, second, it supplies it with energy. Some foods can supply it with energy, but cannot do anything to keep it in repair. Bread can do both, but it is better as a source of energy than as a repairer.

Among nitrogenous foods lanced as good adjuncts in supplying the defects of bread are beans, cheese and fish. The white of an egg is stated to be a very essential element of food. If no meat is available at any time bread, sugar and eggs are all that is wanted for "a very respectable support for the body." Under conditions of comparative scarcity if a child is given its slice of bread with molasses "we are doing as well as we can for the child."

Another illustration of the marvelous value of bread as a food is given by Dr. Hutchinson. "One pound of beef," he states, "is only about half as valuable as a source of energy as an equal quantity of cheese, while a given weight of bread yields a third more energy than its equivalent in beef."

The amount of food required by an ordinary person is somewhat remarkable when comparison is made with an engine. A man requires to be supplied with about 4,000 foot tons of energy a day. That is to say, his food, if consumed in an engine, would raise 4,000 tons weight one foot high every day. This does not allow for waste.

"The human body is rather a wasteful machine," says Dr. Hutchinson. "That is to say, an enormous amount of energy is not turned out as work, but is lost in heat." Considered as a heat machine, the human body is described as being more effective than the best engine.—New York Mail and Express.

LICK

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