SATURDAY, DECEMBER 10, 1904.

BREAKFAST IN ENGLAND.

The Evolution From Ale and Wine to the Modern Meal.

According to the Oxford Dictionary, 463 is the date of the earliest mention of breakfast, but until a century ago it consisted only of a draft of ale or tea or chocolate. There were only two meals a day-dinner, ranging from 9 o'clock in the morning in the fifteenth century to noon in the seventeenth. and supper, which similarly advanced from 5 in the afternoon to 7 o'clock. Pepys, for instance, went down to the admiralty at 4 and 5 in the morning on no other breakfast than half a plat of wine or a dram of cordial. But in the eighteenth century dinner was gradually postponed until 5. or 6 o'clock in the afternoon. When it passed midday breakfast became a necessity and a meal. Before this hunger had demanded the addition of bread and some such relish as radishes to the morning draft.

But when, a hundred years ago, cold meats and fish began to be served at breakfast the utmost surprise was expressed. Its novelty made it fashionable and led to the giving of breakfast parties. Eleven or 12 o'clock was the hour, and it was declared to be par excellence the meal for poets. Tom Moore was an inveterate breakfaster and after the trencher work sung for the company's entertainment.

Breakfast finally became an instituflon, as a necessary oasis in the long stretch between supper overnight and dinner the next afternoon. This acceptance of breakfast a century ago thus made England for the first time a three meals a day nation.

FOOD FOR THE CAT.

Pass Should Get Green Stuff Both In Winter and Summer.

It is a common thing to hear women say that they cannot keep growing plants of any kind in their rooms on account of the cat, who persists in nibbling and biting the leaves and new sometimes destroying in the course of a few weeks some favorite or rare fern or flower.

The reason for this seeming vandalism is perfectly plain or ought to be. The cat requires green food if it is to be kept healthy and happy and takes the shortest road to getting it.

In summer, following this need of its system, a cat will eat grass freely. In winter or in the city, when this supply of green fodder is cut off, common sense suggests that the cat be artificially provided with it.

For its own sake as well as for the safety of the Boston fern and the rubber plant, why not plant a cigar box of soil with some quick growing thing like oats on sorrel and let the cat help itself?

It will soon realize the glad fact that the plants are meant for it, as proved by the fact that indulgence brings no aftermath of slaps or scoldings.

As one crop falls sow another and keep it up till Mother Earth provides a more liberal supply of her own, and your cat will bless you .- New York Tribune.

The Throne of England.

Some authorities hold that the coronation chair in Westminster abbey is entitled to be called the throne, as being the one occupied by the sovereign

A TIGHT PLACE.

How the Speaker Saved a Congress man From a Costly Joke.

It was a gay time in congress one night when there was an all night session on the Mills tariff bill in 1888. It had been difficult to keep a sufficient attendance, and the house had adopted a resolution directing the sergeant at arms to compel the presence of absent members. One by one they were brought before the bar of the house and after making all sorts of excuses and explanations were permitted to go unpunished.

About midnight Congressman Hen derson was brought before the speaker He had, he said, no excuse to offer.

"I was at a theater party," he continued, "when I was arrested and brought here. There is no sort of excuse for absence without leave."

"I move that the gentleman from Iowa be fined \$5,000!" called one of Henderson's colleagues.

"I second the motion!" shouted twen ty or more members, all of them his friends.

"It is moved and seconded," said Speaker Carlisle, "that the gentleman from lows be fined \$5,000. Those in favor of the motion will say 'Aye.' " Two hundred delighted voices shout-

ed "Aye!" "Those opposed will say 'No.' "

Henderson's agonized voice was alone in yelling "No!"

There was but one way to slip out of the joke and prevent the motion from being carried, and that was for Speaker Carlisle to overrule the house. "The mays have it," said he gravely. "The gentleman is excused."

CONTROL THE UNIVERSE.

Opposite Forces of Nature That Hold All Things In Balance.

Gravitation, if considered as a force of attraction only, is a force which balances its opposite, repulsion. The attraction of the sun balances the momentum which would otherwise project the earth on a straight line into space. buds as they make their appearance. This balance holds the earth steadily in its course around the sun. Opposite forces of attraction and repulsion, been taken. centripetence and centrifugence, exist in the world in its greatest and smallest parts, alike in constellations and in atoms. Science is compelled to recognize repulsion as being as universal as attraction. To account for these contrary forces has so far baffled investigation, Newton's great discovery accounting only in part. Science knows only this-that these forces exist, that and relief. they meet, offset, neutralize and regulate each other, sometimes mildly or imperceptibly, sometimes violently and ing at once. with fearful convulsions, and that in

their influences, contacts, struggles and wars they hold all things in balance,-From "Balance: The Fundamental Verity," by Orlando J. Smith.

Why Men Hunt and Fish.

preparation. It has been said that every man has within him something of the savage, indicated by longings to return at Gured of Terrible Cough on Lungs. times to primal conditions of life. Certainly to many there come irresistible yearnings for the haunts of nature, for the searching of forest and stream for the dainty food, depending on one's prowess for his dinner. In the gratification of this desire there is a zest which makes of a vacation a rejuvenation. If the appetite for this sort of thing be lacking or dormant it should

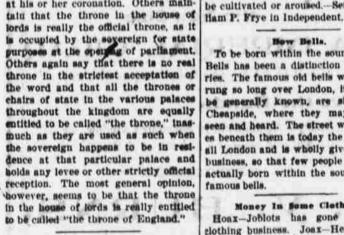




For a Time

reer unchecked.

Contains no opiates.



Pluck and Success.

An argument against discouragement after repeated failures is offered by the life of George Frederick Watts, the great English painter.

That he was quite the most important of Great Britain's artists is now everywhere admitted, yet his merit was not generally recognized until after he had passed his sixtleth birthday. Before he died he said, with a smile, that he had never been discouraged once in spite of all the unjust criticism and, more maddening still, the utter indifference with which his pictures were received until after he had begun to descend the hill toward the valley of old age.

IT IS FOR LADIES, TOO.

They Can Stop Their Hair Faliing Out With Herpicide.

Ladies who have thin hair and whose hair is failing out, can prevent the hair failing out, and thicken the growth, with Newbro's "Herpicide." Besides, Herpicide is one of the most agreeable hair dressings there is. Herpicide kills the dandruff germ that eats the hair off at the root. After the germ is destroyed, the root will shoot up, and the hair grow long as ever. Even a sample will con-vince any lady that Newbro's Herpicide is an indispensable toflet requisite. It contains no oil or grease, it will not stain or dye. Sold by leading druggists. Send 10c. in stamps for sample to The Herpl-

Eagle Drug Store, 351-353 Bond St., Owl Drug Store, 549 Com. St., T. F. Laurin, Prop. "Special Agent."

be cultivated or aroused.-Senator Wil-

Bow Bells.

To be born within the sound of Bow Bells has been a distinction for centuries. The famous old bells which have rung so long over London, it may not be generally known, are situated in Cheapside, where they may still be seen and heard. The street which passes beneath them is today the busiest in all London and is wholly given over to business, so that few people today are actually born within the sound of the famous bells.

Money In Some Clothes. Hoax-Joblots has gone into the clothing business. Joax-He ought to to well. There's money in clothes. Honx-There's never any in mine .-Philadelphia Record.

