

RESCUED TO DIE.

Brooklyn Workman Buried Under Collapsed Sewer Structure.

Brooklyn, Nov. 11.—It took a hook and ladder company, police reserves and many workmen to rescue Tony Majone in a dying condition from the new Bay Ridge sewer at Sixtieth street and Fourteenth avenue yesterday afternoon.

The structure caved in, and Majone was buried under tons of bricks.

It took a long time to locate Majone. Then ropes were passed under his arms and 50 men tugged away and finally freed him. His legs, arms and ribs were broken, and he will die.

QUIT THEIR JOB.

Women Who Make Leggings Strike for Rights.

New York, Nov. 11.—A strike has been declared by 15 women employed in a Grand street shop in manufacturing leggings for the army and navy. The strikers oppose a reduction of wages and want to enforce the eight-hour work day.

Why the Jap is Strong.

The Japanese are allowed to be among the very strongest people on earth. They are strong mentally and physically, and yet practically they eat no meat at all. The diet which enables them to develop such hardy

frames and such well-balanced and keen brains consists almost wholly of rice, steamed or boiled, while the better-to-do add to this Spartan fare fish, eggs, vegetables and fruit. For beverages they use weak tea without sugar or milk and pure water, alcoholic stimulants being but rarely indulged in. Water is imbibed in what we should consider prodigious quantities—to an Englishman, indeed, the drinking of so much water would be regarded as madness. The average Japanese individual swallows about a gallon daily in divided doses.

The Japanese recognize the beneficial effect of flushing the system through the medium of the kidneys, and they also cleanse the exterior of their bodies to an extent undreamed of in Europe or America.

Another—and perhaps this is the usage on which the Japanese lay the greatest stress—is that deep, habitual, forcible inhalation of fresh air is an essential for the acquisition of strength, and this method is sedulously practiced until it becomes part of their nature.

He Was Only the King.

King Leopold of Belgium, who has been at Biarritz, taking a vacation from the worries of kingship in general and Congoland troubles in particular, was the central figure in an amusing incident which set that fashionable French watering place laughing.

The democratic monarch bathed there as did every other man, privately and unostentatiously. One morning as he came out of the water, he chanced to collide with a portly man, who evidently did not know a king in a bathing suit.

"What do you mean, sir?" he snorted savagely. "Be more careful. I would have you to know I am a member of the Paris city council.

"Then I offer a thousand apologies," replied Leopold at once. "I am only the king of the Belgians."—New York Tribune.

Monkeys and Magpies.

Monkeys and magpies are bad mathematicians. Neither can count beyond four, and the men who make it their business to catch them profit by this knowledge. Five or six men march openly toward the animal and then hide themselves. A short time after four men come out into the open and go away. The animals, believing all have gone, are readily caught by those who remain.

SUGGESTIONS FOR TOMORROW'S MENUS

MENU SUNDAY

Our self made men are the glory of our institutions. — Wendell Phillips.

BREAKFAST.
Cereal with Cream.
Scrambled Eggs with Bacon.
Hot Biscuits, Marmalade.
Coffee.

DINNER.
Consomme.
Roast Beef.
Escaloped Sweet Potatoes.
Corn, Peas.
Green Peppet Salad.
Frozen Pudding.
Coffee.

SUPPER.
Sardines on Toast.
Escaloped Carrots.
Four Fruit Jam.
Cake, Tea.

FOUR FRUIT JAM.—Take two pounds each of raspberries, currants, gooseberries and sweet blackberries, cook them, strain through a sieve, add five pounds of sugar and cook until it jellies; seal in jelly glasses.

GOING TO THE FAIR.

What to Do if You Desire Practical Information.

If you contemplate visiting the St. Louis Exposition, to secure reliable information as to railroad service, the lowest rates and the best routes, Ais- as to the local conditions in St. Louis hotels, etc., etc.

If you will write the undersigned, stating what information you desire the same will be promptly furnished. If we do not have it on hand, will secure it for you if possible, and with out any expense to you. Address

B. H. TRUMBULL,
Portland, Ore.

Every Woman

is interested and should know about the wonderful **MARVEL Whirling Spray**. The new Tasted System. Japanese and American. Best—Safe—Most Convenient. It Cures Instantly.

Ask your druggist for it. If he cannot supply the MARVEL, except no other, but send stamp for illustrated book—value, 10 cents. Full particulars and directions invaluable to ladies. **MARVEL CO.**, 63 Park Row, New York.

Sold by Chas. Rogers, 459 Commercial

When you have a good thing **Advertise It.**

We do good commercial printing. Bring your printing to the **ASTORIAN Office.**

World's Record Breaking Prices

Dinner Sets
China
Crockery
Glassware
Ornaments

Prices never so cheap
Need the room for
New Holiday Goods
Come early just to look.

Great American Importing Tea Co.
Money Saving Store.
571 Commercial Street, Astoria.

The Effective Remedy

WASHINGTON, IOWA, April 4, 1904.

I was troubled for over a year with so scanty a flow that it was virtually suppression. A heavy cold superinduced this condition and nothing I could do seemed to help me.

The only effective remedy I ever found was Wine of Cardui. Within two weeks I felt the good effects of the medicine and after I had used 12 bottles in all I was as healthy and regular as any woman could wish to be.

My sister used it while expecting to become a mother and found that it made childbirth comparatively easy and after the child was born she found that it helped her to regain her strength.

Jamee Root

GRAND WORKY ASSOCIATE, SONS OF TEMPERANCE.

WINE OF CARDUI

Wine of Cardui cures nine out of every ten cases of the disorders of menstruation. These cures are permanent, whether the trouble is complicated or not.

Wine of Cardui cures the sickness of young girls, relieves the weakness of adults, banishes leucorrhoea, headaches, backaches and nervousness and eases the crisis attendant on the change of life.

Thousands of mothers besides Miss Root's sister have found grateful relief from the pains of childbirth and have had a quick and happy recovery from its use. You cannot afford to suffer when \$1.00 bottles are sold by all druggists.

Famous Trains

The Southwest Limited Kansas City to Chicago, The Overland Limited to Chicago via Omaha, The Pioneer Limited St. Paul to Chicago, run via

Chicago, Milwaukee & St. Paul Railway

Each route offers numerous attractions. The principal thing to insure a quick, comfortable trip east is to see that your tickets read via the Chicago, Milwaukee & St. Paul Railway.

H. S. ROWE,
General Agent. 134 Third Street, Portland

When You Are Buying Coal

Why not get the best there is? If you want a good steady heat, no clinkers or dirt and but little ash, be sure you get

AUSTRALIAN COAL

It is the most economical and convenient fuel and is by far the best coal on the market.

ELMORE & COMPANY
Free Delivery. - - Phone 1961.