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I have given the Training Table to the Cornell University for five years very satisfactorily, and am certain that much of the success has depended upon the quality of articles used. In baking powder, I use the Royal, for it is undoubtedly the best. I have occasionally given others a trial, and have demonstrated to my satisfaction that there is but one always reliable, always making perfect, delicious and wholesome food, — The Old Reliable "Royal."

(Mrs.) Amelia Morey Atkins.

EXPLOSION AROUSES TOWN.

Bandits Try to Rob Woodburn Post-office But Are Frightened Away.

Woodburn, Ore., April 27.—An attempt was made at 1:30 this morning by two men to burglarize the Woodburn postoffice, but they were frightened off by Captain Henderson and J. H. Zimmerle and failed to secure any booty. Zimmerle was awakened by the noise made by the explosion at the safe, and proceeded to the end of the alley, where he saw that burglars were at work in the postoffice. He awakened Captain Henderson, and the two opened fire on the man outside. Zimmerle with a 44-caliber revolver and the captain with a Krag-Jorgensen rifle. The latter could easily have killed his man, but shot high, considering the circumstances did not warrant the taking of human life.

Both men escaped and went north. Each carried a hand satchel. One of the bandits was tall and heavy set, with a full two-inch beard, the other a head shorter and smooth faced. They had drilled through the safe door, blowing the front plate almost off, but did not succeed in getting the door open. Entrance was gained through the front door. While one worked at the safe the other watched outside.

When the bullet from the Krag-Jorgensen crashed through the building the one inside hurriedly passed out through the rear door. One of the robbers dropped a revolver in his flight.

Efforts are being made to capture the men. They were seen early this morning under a trestle this side of Aurora.

ORATORS SPOUT

(Continued from Page 1.)

tion and the nations of the world have been passing the party of Lincoln and Grant and Blaine and McKinley and Roosevelt, is still faithful to duty and manifests the wisdom and statesmanship necessary to meet every emergency and wisely disposes of all questions with an eye single to the welfare of the people, the stability of union and the good of mankind.

"I believe I voice the judgment both of the people and our administration when I say they are for peace with all the nations and are not in favor of a

"NOT VERY WELL"

Is the experience of everybody at one time or another. Your skin becomes yellow, the tongue coated, and you have severe headaches. You're Bilious,—that's all. The liver needs attention at once. A few doses of Hostetter's Stomach Bitters is all that is needed to set you right again. Get a bottle today and try it. It is also unequalled for curing Indigestion, Dyspepsia, Constipation, Insomnia, La Grippe, Colds and Malaria.

HOSTETTER'S STOMACH BITTERS

EDUCATORS IN SESSION

First Day of Institute Opens With Large Attendance of the County Teachers.

ABLE ADDRESSES DELIVERED

Enthusiasm and Good Fellowship Mark Beginning of What Promises to Be an Excellent Convention.

The Clatsop county teachers' annual institute opened a three days' session in the McClure school building yesterday at 9 a. m., with a large attendance of teachers. Much enthusiasm and good fellowship marked the opening hour. Organization was effected by the election of City Superintendent of Schools Clark, president; G. A. W. Russel, secretary; Miss Powell assistant secretary, and the appointment of Mrs. Busey Prof. Stupp and Mr. Wilcutt as press representatives.

After the singing of "America," and the enrollment of teachers, Chairman Clark announced a slight change in the program as already mapped out. State Superintendent Ackerman's lecture on "History" occupying the time, much to the edification of all. The principal thought that Superintendent Ackerman tried to enforce was "How to Teach the Pupil How to Study." This he did in a most effective way, by constituting the teachers into a class of beginners, for whom he had laid a series of skillful traps and from which they emerged with much good natured merriment.

After a short recess Miss Maud Ross delighted the teachers with a fine rendition of an arrangement of "El Trovatore" on the piano.

H. D. Sheldon, professor of economics at the university of Oregon, gave a valuable address on "Growth of Elementary Curriculum." He objected to too much current criticism on the ground that it underestimated the improvement in the teaching of the formal subjects during the last 20 years. The main aim of the school and consequently that of the curriculum, the speaker pointed out, is to create interest in the different vital issues of life. The American people, he said, thoroughly believe in this policy. To the original curriculum of reading, writing and spelling there has been added arithmetic, grammar, geography, history, English classics and nature studies. This growth has placed a largely added responsibility on the shoulders of the teachers. Mr. Sheldon dwelt at some length on this subject, of always vital interest to the progressive teacher, and was applauded vigorously when he concluded.

This lecture was followed by L. R. Traver, superintendent of the Salem schools, on "Primary Reading." The superintendent elucidated the different methods of teaching primary reading in a clear and comprehensive manner by means of a well prepared phonic chart and board outlines.

Afternoon Session.

The program of the afternoon opened with the spirited singing of "Oregon, My Oregon" and the "American Flag," followed by a sweet vocal solo by little Miss Gracie Simpson, "When We Two Were Boys."

Superintendent Ackerman again held the attention of the institution on the subject, "The Recitation." A neat little leaflet in which the subject was presented in a concise manner was given to each teacher and greatly aided in the discussion.

Superintendent Travers enlivened the next period by a unique and original demonstration in "numbers." Recess was followed by the violin solo, "Hearts and Flowers," by Miss Maja Frederickson, accompanied on the piano by Miss Eva Holmes. The last feature of the afternoon session was an address by Professor Sheldon on the subject, "Modern Nature Study Movement."

The institute will convene today at the same hour as yesterday and in the same place. Miss Shively, who has charge of the music, has arranged for an excellent program for all of the sessions. This feature yesterday was particularly good and brought forth rounds of applause.

The Teachers Present.

Following is the full list of the teachers whose names were enrolled at the opening sessions
Astoria—Miss J. Gertrude Hulse, Miss Ethel Bilan, Mrs. A. L. Fulton, Miss Mary Dealey, Miss May M. Utzinger, Mrs. Josie McCormack, Miss Annie M. Powell, Miss Maud Bayles, Miss Anna S. Olsen, Miss Florence

Turner, Miss Mary Garner, Miss Anate C. O'Neill, Miss Lillie Lewis, Miss Dora Badollet, Miss Maud Stokton, C. F. Willcutt, Mrs. Belle Huden, Neal Stupp, Miss Kathryn G. Shively, George William Eyre, Miss Alice Gray, Miss Mary Fosset, Miss May Morgan, Miss Kate Sinnott, Miss Helen M. Dickenson, Mrs. Mary E. Lemon, Mrs. Jennie Busey, Miss Ida A. Gustafson, Miss Clara E. Barker, Miss Laura Fastabend.

Warrenton—Miss Edna Morrison, Miss Cora L. V. Johnson, Miss Mary Dawson, J. H. Bond.
Seaside—Miss Josie Buchanan, Mrs. C. F. Yergen, G. A. W. Russel.
Hammond—V. A. Davis, Mrs. R. A. Blevens, Miss C. A. Hughes.
Knappa—Miss Lucy B. Morton, Miss Lois Bain.

Districts represented by one teacher, together with the teacher, follow: Push, Miss Gertrude L. Bradley; Melville, Miss Sophie M. Anderson; Battle Creek, Miss Nellie A. E. Anderson; Svensen, Miss Mary O'Connor; Clatsop, Miss Catherine Powell.

Today's Program.

9:00—Opening Exercises.
Lecture and Discussion.—
"Primary Reading"—L. R. Traver
9:45—Lecture and Discussion.—
"The Recitation"—
J. H. Ackerman
10:30—Recess.
11:15—Lecture and Discussion.—
"Practical Work In—
Nature Study"—H. D. Sheldon
Lecture and Discussion.—
"Numbers"—L. R. Traver
12:00—Noon Intermission.
1:30—Opening Exercises.
Lecture and Discussion.—
"New Methods in History"—H. D. Sheldon
2:15—Lecture and Discussion.—
"School Room Decorations"—
L. R. Traver
3:00—Lecture and Discussion.—
"Program for Rural Schools"—J. H. Ackerman
4:00—Dismissal.

Adjournment Today.

Washington, April 27.—After a conference tonight with the president Senators Allison and Aldrich stated that they thought final adjournment would occur tomorrow.

Famous Author Weds.

New York, April 27.—John K. Bangs and Miss Mary Blakney Gray were married today in this city.

ESCAPE OF GAS

(Continued from Page 1.)

facts clearing, they started to work with a will and had a majority of the victims so restored that they were able to take part in the performance.

Not so, however, with the featured European specialty performers, Percy Lee and brother, head and hand balancers, who until early this morning were still unconscious, their hearts dangerously feeble. It is problematical if they will recover.

The others seriously affected were Dave and Jule Walton, Tony Odell, Aldo Mignani, Frank Minch, Tommy Hyde and Tommy McKenna, all of whom were pronounced out of danger and able to accompany the troupe to Vancouver.

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Ladies who have thin hair and whose hair is falling out, can prevent the hair falling out, and thicken the growth, with Newbro's "Herpicide." Besides, Herpicide is one of the most agreeable hair dressings there is. Herpicide kills the dandruff germ that eats the hair off at the root. After the germ is destroyed, the root will shoot up, and the hair grow long as ever. Even a sample will convince any lady that Newbro's Herpicide is an indispensable toilet requisite. It contains no oil or grease, it will not stain or dye. Sold by leading druggists. Send 10c. in stamps for sample to The Herpicide Co., Detroit, Mich.

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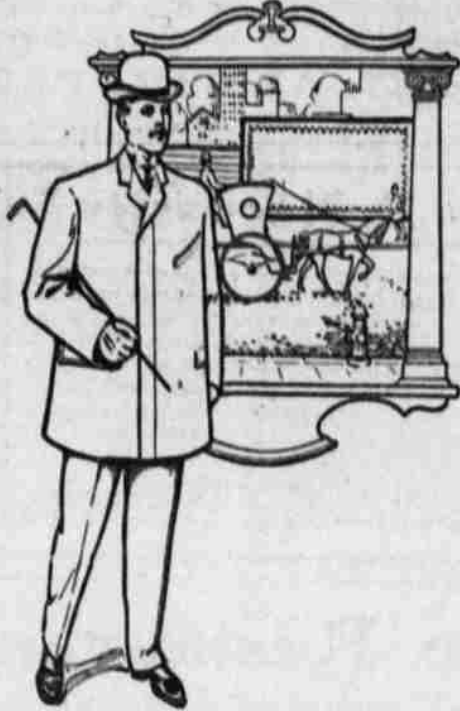
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