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THE GAME OF FOOTBALL

The prejudice that formerly existed against football is rapidly dying out, and today the game is quite as popular as baseball. It was decried in past years because it was rough sport, regarded by many as quite as brutal as prizefighting. It is, however, just what the players make it, and its growing popularity can reasonably be attributed to the general desire of participants to obliterate slugging and other rough tactics which have served to bring it into disrepute

Football is a game that has taken with students, and the school that is without its eleven is the exception. It is a sport that calls for vigorous exercise and constant practice, and it builds up the growing boy as no other sport will. Nowadays too much of the average boy's time is devoted to mental exercise and not enough to his physical wellbeing. Without good health mental training counts for little. The 15year-old boy who takes up with football is a man of brawn at 20, and has during his early life laid the solid foundation of health. There are other forms of physical development for boys who are not physically able to engage in football, but for the lad of sturdy build it is a training that could not well be improved upon.

Recently President Roosevelt made Philadelphia high school, and his remarks to the boys on the occasion were of particular interest. Himself used to hard knocks and resultant good health, he was not loath to advise vigstudents. Said the president:

Boys, it was perfectly easy for me to you, and will sum it up with a bit dent displays excellent judgment in of advice with which I think those concerned in the development of your team will agree. You are here to study, and while you are at it study hard. outside play hard. Don't forget this: \$1000 bonds of a Portland water comthat in the long run the man who pany. Well, that's presty tough-on shirks his work will shirk his play.

I earnestly believe in each of you having as good a time as possible, but making it come second to doing the Take Laxative Bromo Quinine Tablets. best kind of work possible; and in your studies as in your sports here in school. fails to cure. E. W. Grove's signaand afterwards in life-in doing your work in the great world-it is a safe



The man who can hardly crawl, and out of sight and sound of everybody. What a difference between such a man and the healthy, hearty man, who romps with his children and rides his laughing baby to "Banbury Cross." What makes the difference? Usually

disease of the stomach, involving the entire digestive and nutritive system. Dr. Pierce's Golden Medical Discovery curs discuses of the stomach and other organs of digestion and nutrition. When these diseases are cured the hindrance to the proper nourishment of the body is removed and strength comes back again.

"I am happy to say I am getting to feel fine." writes Mr. A. J. Vanderwater, of 873 West Division Street, Chicago, Ili. "In all I have taken six bottles of Golden Medical Discovery' and four or five vials of the little 'Pelleta.' They have done me worlds of good. These medicines have brought the great change in me from a slow mope of a man that could hardly crawl, tired and six all the time, and could do no work. Now I can work, sleep, eat, and feel time, and that tired feeling is all going away. I am very thankful that I wrote to Dr. Pierce. His 'Golden Medical Discovery' and his little liver 'Fellets' have almost made a new man of me. I feel young as I did at thirty years. No other doctor for me, only Dr. Pierce."

Dr. Pierce's Common Sense Medical the proper nourishment of the body is

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plan to follow this rule-a rule that I heard preached once on the football field: Don't flinch, don't foul, and hit the line hard.

Professor Clark of Northwestern untversity was credited with saying that \$300 a year was sufficient to enable a man to support his family in comfort, and educate his children. He denies indignantly that he ever said anything so foolish. His assertion was that a single young man or woman, with nobody else dependent for support, could get along reasonably well with this sum. In this position, says the Tacoma Ledger, there will be no impulse to attack the profes-

son in domestic service receives food you should arrive at your destination, the stipulated wages. The person who what it will cost you, an itinerary for works for \$30 a month and board is in reality receiving at least twice the better off and more capable of saving in Portland; agents in Portland and the tace of the older man who has Central R. R., 142 Third street, Portreached the \$100 a month stage he will land, Ore. come to grief. Professor Clark has

President Roosevelt's rebuke to the South Carolina politician who objects federal affice will strike a popular decided thrust at those schemers who living in communities that will never help the republican party or contribute in any way to its success in national or state elections, seek only to graft the from Rheumatism as few could endure fat salaries that attach to public posi- and live. But a wonderful change foltions. The negroes who have been lowed his taking Electric Bitters. "Two places are better men in every respect to see by my reception today that you than the designing carpet-baggers who burify the blood and cure Rheumatism felt happy over the football game of are crying for enforcement of the color Neuralgia, Nervousness, improve divesterday. I have but a word to say line in southern polities, and the presi- gestion and give perfect health. Try

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and we will elaborate it for you; tell you the time you should start, when the trip, and will do everything we possibly can to make your journey pleasant and comfortable. That's what we amount of the wages paid and is often are here for. We have headquarters me six cents to pay postage. D. R.

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