



The Hopper

of a concrete mixer has a good appetite and a great capacity at the top.

But all that goes into it must pass easily through the narrow outlet at the bottom. If the man on the job goes away and leaves the mixture to harden in the hopper—he gets fired—that's all.

And the machine is put out of working order for a time. It's easy for you to satisfy your appetite with food. But if you neglect yourself, and the food waste dries out, hardens and stagnates in your lower bowel—if you become constipated—your body machinery will suffer; and if you try to get rid of the mass by taking castor oil, pills, salts, mineral waters, etc., to force the bowels to move, you will only make matters worse.

You can't fire yourself for neglect. And you can't cure constipation by forming the habit of taking medicine every time you want your bowels to move. But you can overcome the trouble by taking Nujol.

Nujol brings about the habit of easy, thorough bowel evacuation at regular intervals, because Nujol is not a drug, does not act like any drug. Nujol brings about a return to Nature's methods by supplying necessary lubrication of the bowel contents, by facilitating intestinal muscular action, by absorbing poisonous matter, and thus securing necessary cleansing of the intestinal canal.

Nujol makes you regular at clockwork—use it, and you'll not have to worry about the size of your appetite or the ability of your body machine to get rid of dangerous food waste.

Get a bottle of Nujol from your druggist today, and send for free booklet "Thirty Feet of Danger."

Warning—Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. At all druggists. Insist on Nujol. You may suffer from substitutes.

Nujol Laboratories
STANDARD OIL CO. (NEW JERSEY)
50 Broadway, New York

Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York. Please send me free booklet "Thirty Feet of Danger"—constipation and auto-intoxication in adults.

Name _____
Address _____

"Regular as Clockwork"



1918 WHEAT CROP WAS 15 MILLION BUSHELS

The total 1918 wheat crop for Oregon is estimated by the U. S. Bureau of crop estimates at 15,228,000 bushels. Receipts from farms, as tabulated by the Grain Corporation indicate that 83 per cent of the total estimated crop had been delivered to mills and warehouses by February 7, 1919. The reports also show that about two-thirds of the wheat delivered to mills and ware-

houses was still in the state on March 1, 1919. Only a very small part of the grain in the country warehouses is still owned by the producers, however.

A rather surprising feature of the situation is the small movement of oats and barley. The records indicate that only a small portion of the total crop was delivered to mills and warehouses, and of the amount so delivered nearly 90 per cent of the oats and 89 per cent of the barley remained in storage or as mill supplies on February 28, 1919.

Additional Local

Have a fit at Orres. Darling's for Cameras and Supplies.

Master Mechanic Beecher Danford will arrive home tonight from Virginia where he had been stationed ever since returning from France with the 69th regiment.

Special prices on tailored suits to returned soldiers at Orres.

The sale on groceries at the Ashland Trading Co. is making quite a hit with people that want to lay in their spring supply.

Zenas Moody, who has been serving in the navy and stationed at Pensacola, Florida, is home, and will spend a vacation here before taking up employment in civilian life.

William C. Holmes and Frank T. Homes were the latest arrivals of the 69th to return. They came in this forenoon on train No. 13. Others are expected tonight and tomorrow.

Don't forget that L. S. Brown at the Ashland Trading Co. is quitting business and closing out the groceries.

Gerald Wenner, who has been in the employ of the Southern Pacific company since returning to civilian life after his discharge from the army, has received a government appointment and will leave for Chelan, Wash., tomorrow morning.

TALENT NEWS

Frank Elliott left Monday for Portland.

Mrs. Bickerdike and Mrs. Crosby were visitors at the school Tuesday.

Mr. Porter has rented the Waterman place and took possession Saturday.

An evangelistic service was held at the Baptist church Tuesday evening.

George Kerby has rented the Dozier property and moved out the first of the week.

Delbert Goddard has purchased a new saw outfit to assist him in clearing his homestead on Yank Gulch.

This residence of F. O. Hollbaugh was destroyed by fire Saturday afternoon, the house and most of the furniture being completely destroyed.

Mr. Yeo, Mr. Gregg, Mr. Billings of Ashland occupied the pulpit in the Methodist church last Sunday morning in the absence of Mrs. Reed who has been spending the week in San Francisco.

Several members of the I. O. O. F. lodge here attended the lodge in Medford Monday evening, it being the occasion of a visit from the Grand Master at the Medford lodge.

A telegram was received by Marion Tryer from his son, Serg. Major Charles Tryer, that he had arrived from over sea and would leave Monday for Camp Kearney, Calif., where he would obtain his discharge. Serg. Tryer is in the Coast Artillery.

Church services as usual next Sunday. Sunday school at 10 a. m. Preaching at 11. Prayer meeting on Thursday evening at 7:30. Teachers Study class from 8 to 8:30 immediately following the prayer meeting. A cordial invitation is extended to all.

Forty-five years have passed since the Central Pacific Company performed the feat of building ten 17x24 8-wheel locomotives at Sacramento. The close of February, 1918, saw 23 modern super-heater locomotives turned out in the same shops during 12 months. The old engines were pygmies compared with the new giants whose trial trips have been very successful. Also 25 10,000 gallon tenders of the "Made in California" brand are under construction at Sacramento.

Bend—760 acre ranch and 2300 ewes sold for \$75,000.

S. O. Champions

Take Third Place

The Ashland HI school team took third best place in the interscholastic state basket ball tournament at Eugene last week.

Ashland drew Hood River for opponents in the fourth game of the series and won from them with a score of 49 to 12. Coach King's men showed by far the best team work in this game than was exhibited by any other team during the meet.

Saturday morning the local team met Salem in the semi-finals and lost to them, 37 to 17. The Salem center, Latham, spoiled the Ashland team work by out jumping "Bill" McMillan. The Ashland boys' inexperience of playing a different game caused their defeat.

Lincoln High of Portland won from Salem in the final game, thus giving them the state championship.

The Kappa Sigma fraternity entertained the Ashland players, and better treatment would have been impossible. It gave them a taste of fine college life that will not be forgotten.

The series of games and scores were as follows:

Friday, March 14, 4:00 p. m.—Lincoln 23; Eugene 10. 5:00 p. m., Silverton 20; Astoria 17. 7:00 p. m., Salem 44; Marshfield 16. 8:00 p. m., Ashland 49; Hood River 12.

The line-up and individuals scores for the game follows:

ASHLAND	HOOD RIVER
Bryant (23)	F Gassoway (12)
Clary (10)	F Penderfast (4)
McMillan (16)	C Slavens (2)
Burnett	G Vonder Ahe (2)
Long	
Fraser	G Samuels
Young	

Referee—Shy Huntington
Umpire—Eddie Durno.

Saturday, 10:00 a. m., Lincoln 33; Silverton 16. 11:00 a. m., Salem 37; Ashland 17.

SALEM ASHLAND

Staley (4)	F Bryant (13)
Gregg (5)	F Clary (4)
Latham (20)	C McMillan
	Young
Gill (8)	G Burnett
Ashby (2)	G Fraser

Referee—Eddie Durno.
Umpire—Dean Walker.

7:00 p. m., Lincoln 26; Salem 12.

The Oregon all star High School basket ball team was picked by the

On Savings Accounts

4%

Interest

A Dollar Starts an Account.
STATE BANK OF ASHLAND.

six lettered men of the U. of O. basket ball team, and is as follows: Gill of Salem, Forward (Captain); Wright of Lincoln, Forward; Latham of Salem, Center; Cole of Lincoln, Guard; Burnett of Ashland, Guard; McMillan, Clary and Bryant of the Ashland HI were given honorable mention for the all star team.

The winning team of the tournament was awarded a large cup, and a gold medal for each player and the coach of the team. Each member of the all star team received a gold medal.

Millions For National Forest Roads

The development of the National Forest road systems in Oregon and Washington is given great impetus by the terms of the Post Office Appropriation Act, which the President has just signed. Besides increasing by \$200,000,000 the total fund available under the Federal Aid Roads Act, the new law makes available for expenditure by the Secretary of Agriculture \$9,000,000 for roads and trails within or partly within the Forests.

The law also authorizes the Secretary of War to transfer to the Secretary of Agriculture material, equipment, and supplies suitable for highway improvement and not needed by the War Department. While most of this will be distributed among the highway commissions of the states for use on federal aid projects, not to exceed ten per cent may be reserved by the Secretary of Agriculture for use in building Na-

The Modes of Spring

Everybody wants to be dressed up this year

The boys are home or coming home

All This Week

Big display of the Season's Newest

Styles in Suits, Coats, Capes

Dolmans, Skirts, Blouses

Petticoats, Dresses

McGee's
DRY GOODS

tional Forest roads or other roads constructed under his direct supervision.

The \$9,000,000 fund may be used for maintenance as well as survey and construction. The new legislation, like the Federal Aid Roads Act, makes the building of roads and trails necessary for the use and development of National Forest resources or desirable for the proper administration, protection, and improvement of any Forest contingent upon local contributions; but in addition to this it contains a new feature of much importance.

This new feature permits the Secretary of Agriculture, without the cooperation of local officials, to build and maintain "any road or trail within a National Forest which he finds necessary for the proper administration, protection, and improvement of such Forest, or which in his opinion is of national importance." In the view of forestry officials this law is the most important step ever taken for rapid development of a National Forest roads system, and will be of inestimable benefit to the local public.

"This measure gives us much broader scope for a fully developed program than we have had before," says Henry E. Graves, chief of the Forest Service, in commenting on the new law. "Under the Federal Aid Roads Act we had available, for roads within or partly within the Forests, one million dollars a year, available until expended. Owing to the war, which practically halted the work, we have an accumulated balance of \$2,500,000 unexpended and another \$1,000,000 which will become available July 1.

"Of the new appropriation \$3,000,000 is immediately available, and \$3,000,000 will become available July 1. There will also be available \$400,000 or more from the ten per cent of National Forest receipts. Altogether, therefore, we have in sight for the coming year about \$10,000,000, if we can use it advantageously. Whatever we can't use advantageously will be added to the \$4,000,000 of new money that becomes available the following year.

"We already have our plans for approved road projects sufficiently shaped up so that a prompt start will be possible as soon as the weather permits. In some cases, however, these plans must necessarily be suspended on account of pending proposals for the creation of National Parks affecting National Forest lands. It would be obviously improper to expend the funds intended and voted by Congress for the development and protection of the National Forests on areas which may soon cease to be National Forests.

"This legislation will not only make it easier to protect the Forests without costly expenditures to fight bad fires in inaccessible localities, but will also help enormously the many small communities and scattered settlers in and near the Forests who now suffer for lack of roads. It will also enable the construction of important trunk line roads crossing the mountains, with suitable provision for subsidiary

roads. One result will unquestionably be a marked development of recreational use of these great national playgrounds, with their wealth of too little known attractions. Altogether, the opening up of the Forests to more complete and varied use by the public, which is the fundamental object of their administration, will be tremendously advanced."

Under the law preference is given to the employment of honorably discharged soldiers, sailors, and marines for the required labor.

A few sizes in men's collars to close out at half of what they are worth at Ashland Trading Co.

Verily there is a use for everything. Noting that no vegetation grows around Owens Lake, California, because of the chemicals contained in the water, the Southern Pacific Railroad has hit upon the scheme of filling oil cars with the lake water and sprinkling it along the right of way on the San Joaquin Division, thereby effectually and inexpensively killing the weeds which are the bug-bear of the maintenance expert.

Classified Advertisements TOO LATE TO CLASSIFY

LOST—Last Thursday evening at Armory, envelope patent leather purse, containing papers. Finder leave at Tidings office and receive suitable reward. 13-11"

FOR SALE—Three mules, one horse, wagon, disc and spring-tooth harrows, harrow cart, eight and ten inch walking plows, fifty gallon metal barrel. Paul Williams, 303 N. Main St. 13-31"

NOTICE OF SALE OF IMPOUNDED STOCK NOTICE is hereby given that I will on Friday, the 28th day of March, 1919, at the hour of 2 o'clock, p. m., offer for sale to the highest bidder for cash one gray mare, weight about 1100 pounds, no visible brand. I further state that said mare was impounded in the city of Ashland, Ore., on the 15th day of March, 1919, and will be sold to pay the expense of impounding and keeping her since the above date. Dated this 17th day of March, 1919.

J. W. HATCHER,
Chief of Police.
Ashland, Ore.

OF LOCAL INTEREST Some People We Know, and We Will Profit by Hearing About Them. This is a purely local event. It took place in Ashland. Not in some faraway place. You are asked to investigate it. Asked to believe a citizen's word; To confirm a citizen's statement. Any article that is endorsed at home

Is more worthy of confidence Than one you know nothing about. Endorsed by unknown people. Mrs. E. E. Heath, 855 B St., Ashland, says: "When I have used Doan's Kidney Pills for a dull ache across my kidneys, I have always been relieved of the trouble. I am glad to recommend Doan's to my friends for I know they are very reliable and can't be equalled for kidney trouble."

Price, 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Heath had. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

Another Carload of Dodge Brothers Touring Cars Just In

If you are in the market get your order in now. If you don't get a Dodge let us show you the Oldsmobile

Geo. L. Treichler Motor Co.
Medford, Oregon