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With a thousand
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All sizes
SOLD BY THE
**Overland
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Think!

Nearly everything that a man can lose in this world has increased vastly in price, while insurance itself, protecting him against these losses, has hardly increased at all.
What would it cost you to repair and refurnish your house if damaged by fire?
Do you know how little it will cost you to protect you from loss?
If your home is worth having, it's worth insuring.
All kinds of Good Insurance—Fire, Life, Accident and Health, Automobile, etc.

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REAL ESTATE AND REAL INSURANCE
Established 1883

AMERICANS FREE TO TRAVEL IN CANADA

American tourists traveling in Canada during the summer will be subjected to as few inconveniences as possible with the enforcement of those regulations.

Senator G. D. Robertson, chairman of the Canada registration board, officially denounces as without foundation reports circulated in Canada and in the United States to the effect that visitors to Canada from the United States will be compelled to register at a post office before being able to secure hotel accommodations or transportation, that women visiting Canada will be detained, and that Americans traveling in Canada will require passports.

He says that neither in the law, in the regulations for Canadian registration, nor in any instructions issued or contemplated, is there anything that would indicate desire or intention to impose restrictions upon Americans or allied or neutral aliens entering, traveling in, or leaving Canada.

The registration act applies only to people permanently resident in Canada and does not affect anyone living in the United States. No registration at a post office is necessary for Americans, and no passports are required.

On entering Canada, visitors give assurance that their usual place of residence is not Canada and are supplied with identification cards by the Canadian immigration officials, which enable them to travel freely where they wish without any interference.

I GET THE BEARD BUT LEAVE THE ROOTS

I'm not after the "pound of flesh"—I leave the roots to continue their growth.

"You are next."

Buckhorn Barber Shop
Clyde Costolo

INTERURBAN AUTOCAR CO.

Leave Ashland for Medford, Talent and Phoenix daily except Sunday at 9:00 a. m. and 11 a. m., and 1:00, 4:00 and 5:15 p. m. Also on Saturday night at 6:30. Sundays, leave at 9:00 a. m., 12:30, 4:30 and 6:30 p. m.

Leave Medford for Ashland daily except Sunday at 8:00 and 10 a. m., and 1:00, 4:00 and 5:15 p. m. Also on Saturday night at 10:15. On Sundays 10:30 a. m., 1:30, 5:30 and 9:30 p. m.

Fare between Medford and Ashland, 30 cents. Round trip 50 cents.

CHILDREN MUST PLAY TO BE STRONG AND HEALTHY

A children's recreation drive is on to continue during July and August, under the auspices of the children's bureau, department of labor, and the woman's committee of the council of national defense. It will culminate in "patriotic play week," September 1-7, in which the work of 11,000,000 women in organizing recreation in 10,000 communities will come to an end.

"To be strong for victory the nation must let her children play," said C. F. Weller, associate secretary of the Playgrounds and Recreation association of America. No time nor money can be spared from war-winning activities, but the winning of the war depends on man power, and man power can not be sustained in any nation without health and wholesomeness in the children.

Far worse than exhausting America's financial capital would be the exhaustion of child life, which is man-power capital.

"England and France began as the United States has been tempted to begin—by letting the children pay too heavily for the war in child labor, increased delinquency, overtaxed nerves, weakened bodies, and premature deaths, but England and France turned to life war burdens from the children by giving them a chance to play. There is urgent need to give our boys and girls an American square deal—their safety valve of play."

SOLDIERS IN FIELD AND CAMP GET BOOKS

The war service committee of the American Library association reports that 435,000 books were shipped to American soldiers in France up to July 1. The books went in tonnage space granted at the request of General Pershing on the decks of transports, where they were used by the men on the voyage and repacked for use in France; and in Red Cross tonnage for the hospitals in France and England.

A total of more than 2,500,000 books have been supplied by the American Library association to the camps and stations in the United States and overseas. Approximately 500,000 of these books were purchased, the others having come as gifts from the American people and through the public libraries of the country. Nearly 40 library buildings have been erected, and 600 camps in America alone have received collections of books.

Two hundred librarians, including leaders in their profession in this country, are giving their time to library war service. Most of these are serving as camp librarians, assistants, and organizers in the field; others are in dispatch offices for the shipment of books to France.

SCHOOLMEN ARE WANTED IN NEXT SUMMER CAMP

Principals and superintendents of schools attending the summer session of the University of Oregon are sending out a letter to the school boards of the state urging that some member of the high school faculty or the city superintendent be delegated by the board to attend the August military training camp at the university.

The letter, written at the unanimous request of a largely attended meeting at the Hotel Osburn, points out, in explanation of its request, that "next year will be a war year. . . . The schools will be an increasing agency for efficient organization of the community forces. Military training will be desired next year by many of the high schools; militia companies will desire to organize; home guards will be wanting leaders and drillmasters. . . .

"Further, if this military training is not provided for the schools, there will be a great tendency on the part of high school boys to enlist untrained. The suggestion is therefore in line with the appeal, the government is making to keep our boys in school, to the end that the supply of trained men may not be depleted."

TRAINING SCHOOLS ARE OPENED FOR OFFICERS

The war department has established five central officers' training camps, at which civilians and enlisted men will be trained for commissions in the officers' training corps. Infantry training camps are located at Camp Lee, Petersburg, Va.; Camp Gordon, Atlanta, Ga.; and Camp Pike, Little Rock, Ark.; field artillery at Camp Taylor, Louisville, Ky.; and machine gun at Camp Hancock, Augusta, Ga.

These training schools will be run continuously, a new class being admitted monthly. The course of training will be four months at the infantry and machine gun schools and three months at the field artillery school. The schools are open to quality enlisted men in all branches of the service except coast artillery, signal corps, and labor units. The number of civilians admitted will be limited.

To be eligible for admission candidates must be between 20 years 6 months and 40 years; citizens of the United States, and not born in any of the countries with which the U. S. is at war or allies of such countries. Enlisted men must have the moral, educational and physical qualifications required of an officer. Civilians must be graduates of a high school or have pursued an equivalent course of instruction, be of good moral character, and have the required physical qualifications.

In addition to the above qualifications, candidates for the field artillery must possess a thorough understanding and working knowledge of arithmetic, algebra to include quadratic equations, and plain geometry. Trained civil, mechanical, electrical, mining and architectural engineers are desired. Civilian applicants will be certified by the army officer on duty as professor of military science and tactics at an educational institution nearest the residence of the applicant.

ARMY OPENS SCHOOL FOR BLIND FIGHTERS

Returning blinded soldiers, sailors, and marines are being received now for vocational instruction and rehabilitation at Hospital Training school, General Hospital No. 7, the former home of Mrs. T. Harrison Garrett, at Baltimore, Md. The hospital is outfitted to accommodate 250 men and has large recreation fields and an extensive acreage in gardens.

Col. James Bordley, of the surgeon general's office in charge of the re-education of the blind, has announced the appointment of O. H. Burritt, of the Pennsylvania institute for the instruction of the blind, as the educational director of this army hospital training school, with Miss Jenny A. Turner, formerly designer for the Massachusetts commission for the blind, as a reconstruction aide. Miss Turner has been working with the returned wounded soldiers at the Walter Reed hospital, Washington.

The blinded soldiers from overseas will be discharged from the hospital after they have been taught a practical self-supporting trade, have been put in good physical condition and taught to read standard printing in raised type. The men will be sent to their own home communities and placed in the trades for which they have been trained. Red Cross workers will watch after their welfare.

Co-operating with the army medical department, the Red Cross institute for the blind is now making a national survey of industries open to blinded soldiers. Instructions will be made to conform with preparations for these industries. The federal board for vocational education is arranging a plan for the economic and social supervision of all wounded and maimed soldiers.

WAR DEPARTMENT PLANS TO KEEP MEN IN COLLEGE

The war department is definitely on record against youths rushing into the military service before availing themselves of the training facilities afforded by the high schools, colleges and universities of the land.

The 60-day camp now being held at the Presidio is one of three in the country at which instructors for this new corps are to be trained. The war department's announcement follows, in full:

The boy who enlists in the students' army training corps will be a member of the army of the United States. He will be provided by the war department with uniforms and equipment, but will be on furlough status and will not receive pay. He will undergo regular military training as a part of his course during the college year, and will attend a military camp for rigid and intensive military instruction with private's pay, and will be subject to the call of the president for active service at any time should the exigencies of the military situation demand it.

The policy of the government, however, will be to keep members of this corps in college until their draft age is reached whenever their work is such that the needs of the service, e. g., for doctors, engineers, chemists and the like, are such as to make that course advisable.

The students' army training corps will be administered by the committee on education and special training of the war department, which will function as a section of the training and instruction of the general staff. Competent officers and non-commissioned officers will be assigned to the various institutions to carry on the work of military instruction.

MORE OF CLASS ONE MEN OF 1918 ARE FIT

Differences existing between the opinions of the various draft board officials as to what proportion of the men of the class of 1918 who registered on June 5 last will be eligible to unlimited duty as class 1 men. Local board No. 5 which has finished its physical examination of the men of this class is optimistic over the outcome and says that only a very small percentage will be placed in the limited or the totally unfit grade. The estimate of this board is that 95 per cent of the registrants placed in class 1 will be fit for military service.

Local board 2 throws a shadow over the field by estimating that not 50 per cent of the registrants of the class of 1918 will pass the unlimited service tests. According to J. Thorburn Ross, of this board, the majority of the men are either under weight, under height, or deficient in vitality. This is attributed to their extensive use of cigarettes, alcohol and other forms of dissipation.

All the boards report that they are kept busy changing the addresses of the men who are continually moving. In some of the local boards as many as 25 per cent of the June 5 registrants have already shifted their residence and one man who registered on that date has since lived in Hood River, Pendleton, Bend, Burns and is now en route to another abode.

CAMP LEWIS WANTS MUCH CANDY FOR ITS SOLDIERS

That the government realizes the usefulness of candy in the diet of our soldiers is shown by the immense order for \$200,000 worth of candy, which has just been placed for the men at Camp Lewis.

Half of this order will be filled by a Seattle manufacturer and half by a Tacoma candy manufacturer. It is the largest candy order ever placed in the northwest and probably the largest yet authorized by the government for the soldiers.

It is estimated that it will take three months to fill the order and that the supply will be sufficient to last the five exchanges at Camp Lewis for a period of three or four months.

The war has done more than anything else to demonstrate that candy is of tremendous food value. A soldier after a hard day's work needs candy; his system craves it. Likewise, shipyard workers, loggers, men and women doing all kinds of heavy work crave candy because it supplies the need for something sweet to supply bodily fuel. Growing children require the sugar in candy to supply them with carbohydrates.

The candy which is being made today is manufactured with the sugar authorized for this purpose by the food administration. You can patriotically eat the candy which you now see on sale. If you wish to forego it, you can send it to your soldier. A comparison of the food value of candy with other articles of diet tell an interesting story. Chocolate creams have a value of 2092 calories per pound. Compared with this are:

Whole milk	315
Cream	881
Whole eggs	695
Beefsteak	1090
Corn	1685
Rice	1620
White bread	1180
Corn bread	1175

Many people used to wonder what would be the substitute for drinking to supply heat for the system. People have found that sugar is the real source of bodily fuel, supplying carbohydrates—sugar is most enjoyed by many people when made up into a food product, mixed with fruits, nuts, etc.—all high in food values.

We recognize sugar as a food product, and milk as a food product, and cocoa as a food product, and nuts and fruits and raisins as food products, those are the chief ingredients of candy—then, logically is not the combination of all these products bound to be a wholesome, nutritious food?

Phone job orders to the Tidings.



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PEARL
OIL

A New Perfection Oil Cook Stove means kitchen comfort and convenience. Ask your friend who has one. Used in 3,000,000 homes. Inexpensive, easy to operate. See them at your dealer's today.

Makes Cooking a Pleasure

A New Perfection Oil Cook Stove takes all the drudgery out of cooking. Lights at the touch of a match and heats in a jiffy. Bakes, broils, roasts, toasts—all the year round.

No smoke or odor; no dust or dirt. Economical—all the convenience of gas.

In 1, 2, 3 and 4 burner sizes, with or without ovens or cabinets. Ask your dealer today.

STANDARD OIL COMPANY
(California)

NEW PERFECTION OIL COOK STOVE

Provost Bros., Hdwre, Thos. Simpson, Hdwre
Ashland, Oregon

FOREST NOTES

Most forest fires are due to ignorance, carelessness or maliciousness.

Lookout men, whose sole business is to detect and report forest fires, live on many of the high peaks of Oregon and Washington during the dry season and have within their range of vision most of the timber land of these two states.

The forest service maintains 4,350 miles of trail in Oregon and 4,506 miles in Washington for fire protection purposes.

A forest service standard lookout house will be placed on the summit of Mount Adams about August 1. The ready-cut material is now being transported over the last two thousand feet of the ascent. When in position this will be the highest forest-fire lookout house in the country.

The net receipts from the national forest of Oregon, Washington, and Alaska for the fiscal year ending

June 30, 1918, were \$633,700.30. Of 11 forests of the district the receipts were greater than the costs of administration. In amount of receipts from all sources, the Whitman national forest led the district with \$97,668.61. The Tongass with \$86,619.74, and the Crater with \$85,025.67 stood second and third respectively.

According to foresters, most of the annual loss from forest fires might be prevented by a little care on the part of everyone using fire in the woods. "Be sure your fire is out before you leave," is good advice and not hard to take.

American soldiers engaged in the French forests write, "There have been no fires in these forests for years."

The hazel hoe is considered by forest-fire fighters as the best single tool for digging fire line or trench. It is a strong broad-bladed hoe suitable for cutting weeds and small brush as well as digging in the soil.

Comply With the Law

AND USE

Printed Butter Wrappers

ACCORDING to the ruling of the Oregon Dairy and Food Commission all dairy butter sold or exposed for sale in this state must be wrapped in butter paper upon which is printed the words "Oregon Dairy Butter, 16 (or 32) ounces full weight," with the name and address of the maker.

To enable patrons of the Tidings to easily comply with this ruling this office has put in a supply of the standard sizes of butter paper and will print it in lots of 100 sheets and upward and deliver it by parcels post at the following prices:

100 Sheets, 16 or 32 ounces	\$1.75
250 Sheets, 16 or 32 ounces	\$2.50
500 Sheets, 16 or 32 ounces	\$3.75

Send your orders to us by mail accompanied by the price of the paper and it will be promptly forwarded to you by parcel post, prepaid.

We use the best butter paper obtainable, and our workmanship is of the best. Let us have your order and you will not regret it.

Ashland Tidings
Ashland, Oregon

A Continuous Chain of Boiling Points

—gives easy starting, quick and smooth acceleration, power and mileage, in Red Crown gasoline.

STANDARD OIL COMPANY
(California)



The Gasoline of Quality