The Unending Struggle Betw
the Sea and the Shore. the Sea and the Shore.

Sometimes the Ocean Lashes its W
Through Rocoky Clifita timos the Wind and Land Commi
to Beat the Dillows Eack to Defoat. It is a tracelecss war that the waters
of the worlia are waminy agalinat it cilitor of tee Nattomal Geographic
cety, llis prepared for that thist between the earth and the sea with
shores Hhes of the worid as the
fumg theater of wer. hung theater of wis After calling atteation to the f
that the processes which buve than that the processes which have tran
formed the polar regions from dey
 brought the tops of moviutalns to
botom of the sea and the lottom
the sea to the tons of mount still g ging on. ulthough the taind
uppon the foce of the clock of grolog? move so slowly that we caungot percel
tueir movelvent. Mr. LatGore
tivues:


|  |
| :---: |
| the sea back foot by foot, always with the ald of the wind: there the sea mar |
|  |  | stals a great drive aund eats to ta win

landward slowly and inboriously, b "The varying fortunes of this rele
less and age long war whilet nelt
truce nor treaty will exer bring to end can be reed in the shilting sands
of the seastore. At manyy points sulung
the coast of the northeastera states are found Dold elifrs, and the clarrying seen
nittacks them with the sto nad shel
of loose shingle. Some of them, how ever, are adamant and impregabible
their frontal fortifcations and hold o agidnst the sorest niege, but betweeu
them have vecurred stretches of sotter ed to dust by be ocean's benry artil
lery, thus permiting flank attacks on the hitherto un conpuered defenses.
Along the sutheastern coast. how.
ever, the rock bound clif is the excep. ton and the long stretches of glitteriny
sand the rule. Here the sand beede
reaches out frother and farther int
the sea, and the the witer ts to penetrate farthee and farther
the land because the attack of the of the land rrequently a wedze ntta Evilit on the other.
"The formation of the
and
 case only a few miles on eftuer side be
cause of its somewhat thon, oue to the many sand berted or reets
far out from siope first trenches, serve to break the charge of the white horses of Father Neptrtuch
ns they dash in from the ocean. and
because of this knowledee of it is plain to be seen that a good quare. by the defender since the obe ll atded wed erected.
Rockaway beach, Long Island,
grows westward at the rate of

 Bowditch proppred a chart of Solem
nnd Martilehead harbors, giving the
soundings over various soundings orer various ledges of rock
Ninety years hater similiar soundings
were taken, and in all cases the water was found to be considerabty deperer.
once agnin telling the tule of endess once agnin telling the tule of endess
wartings
"On the shore of Cape cod, near Chathim, the land is rettreating, at the
rate of a foot a year, and on the south rate of a foot a year, and on the son
eru shore of NMarthas Vineyard it
giving up the Ifght to the ensmy at k living up the fight to the enemy at th
rate of three feet every twelve month rate of three feet every twelve monthss.
White on the southern face of Nas.
twecket the tucket the retreat has seen as much as "In ts fncessunt warfare against the
tand the sea literaly talies its captured hosts and makes them do battue
under its commund
 hanin, hammering others loose, the
whine being worn round and suboth
us the projectile of big guns must be. us the projectile or bis guns must be.
As the process gove ou these thage
shells are worn down aud crumblea un. tit there remains notisng to tell the
story of fored figatinng ugginst thelr
own stronghold save own stronghold sarve grains of sand on
some distant beaci or thie soft carpet
spread tupan the spread dypan the thoor of tie sea many
fattioms deep.
"How rapily this process goes ou t sometines strikingly stown. A sclioon. some bare shore to to $n$ storuc. Thice
bricks bricks are rolled and tumbled a dise
tance of five multes or so in the course
of a year, and by that tite has usunily completed tits work. Au.
thorities suy that on the shores of
Cape Ann a frament of stone as as a nall keg has been wora complete
1 y round by its constant turning during A propensty to hope and joy is reel
riches, oue to fear and borrow real
poserts.-Hume.

So Do the Dollars That Are Spent In Town


When you spend your dollars in this town you profit immediatel

Prosperous Merchants Mean a Prosperous Community.

A prosperous community mean prosperous individuals
The home merchant spends his dollars here in wages, rent and Spend Your Dollars Withlim Pass Along the Home Dollar


When you pay a dollar for somethin this town, that dollar, nine times out
f ten, comes back to you. The of len, comes back to you. The
butcher, the baker, the dry goods nan, the grocer, the druggist, all employ help. They pay rent and
taxes. In turn, the home merchants pay out their dollars. Some of them re sure to come your way. When you send a dollar out of town it takes hat dollar out of circulation here
Trade With the Home Merchant



 the name of a famous street in Bagdin
which used which used to be the great marke
tor silks. A tabby cats cont was
thungt to be the thought to be illi
of watered sill.


The time elapsing between a que
ton and an answer is nimost as impo
ant as the answer ttelf. It may
wisely long or short, but the longer
the wiser must be the answer.
Manipulating Bones.
"Pop, what's osteopathy?" "The art of manipupalating bones, my
son."
"Then is an osteonath a minstrel end
Thee is an osteopath a $m$
man $?^{2}$-Baltimore American.
The Diappointing Movie. "' E gets 'ung, do -Loodon PumelL

## 

## With Yale lock and suit case clasps. Size $22 x 9 x 7$ <br> $\$ 2.50$

## We Pay Express Anywhere

## C. E. Gates

MEDFORD,

 before. Camp Wa-hu-da was created There are, however, many instances James Ferguson and tamily have set- needed improvements which, when
tled near the Hendicks piencer- made. more than ofsset the expense
Stinson camp, and several solitary
and Induce a condition which results Stinson camp, and several solitary
tents dot the woods near at a hand.
tin large profitition which results
Just they lays a foundaDavis' settlement, and the Rose camp,
leading toward the lively larger camp
things which, if we coalize that thecomplifht, at the rock crusher. No getting lone-
ly up here.
would
give to our town tincreased
growt and progress, enabiling us to larhide ranch.
Antone Bonderson returned Satur- $\begin{aligned} & \text { difficulty. We have an instance at } \\ & \text { our doors: Ashland voted } \$ 175,000\end{aligned}$ Yor tts mineral springs and park en-
terpirie. Many people could see nothing it tit yet its recent celebration,
profit by
induced wholly by this srent enterinduced wholiy by this great enter-
prise, is conservatively estimated left
in in that city not loss than $\$ 150,000$.
and this before the money of the bond Issue had been fully expended. Many
other advantajes have already relmbursed the eity, and
this in less than two years atter the
tud Mrs, Libibe G. Black of Portland is in Ashland on business and is con-

sidering trading Portland property | $\begin{array}{l}\text { frainage plans to } \\ \text { dres of Malheur lake. }\end{array}$ |
| :--- |

## The Call

## To Breakfast

Has a new appeal for those who awake to a breakfast of

## New

Post Toasties


These new corn flakes bear a unique deliciousness because of their selfdievere new corn flaver form. The flaver essence of choice, ripe developed flavor and improved "rm. Thaees," the New Toasties do not depend upon cream and sugar for their palatability.

Try some dry-they're good that way and the test will demonstrate their flavor. Then try some with cream or rich milk. Note that New Post Toasties are not "chaffy" in the package; and that they don't mush down when cream is added.

New Post Toasties are know by the tiny "bubbles" on each flake, produced by the quick, intense heat of the new process of making. They come in a waxsealed package that preserves their oven crispness and delightful flavor-the most perfect corn flakes ever produced.

For Tomorrow's Breakfast--New Post Toasties

Sold by Grocers everywhere.

