PAGE SIX

**RELIEVE YOUR ASTHMA** IN FIFTEEN MINUTES

If Asthmador does not instantly relieve the very worst attacks of Asthma Bronchial Asthma and the Asthmatic symptoms accompanying Hay Fever, we authorize the druggist listed below to return your money. He is selling Dr Rudolph Schiffmann's Asthmador and Asthmador Cigarettes upon these terms No matter how inveterate or obstinate your case, or how often of violent the attacks, Asthmador will instantly relieve you, usually in ten seconds but always within fifteen minutes.

The druggist has been authorized by the Doctor to sell every package of hi Asthmador on a guarantee to return the not give instantaneous relief, or is no found the very best remedy ever used You will be the sole judge yourself and under this positive guarantee you abso Intely run no risk in buying this famou remedy.

Persons living elsewhere will be sup plied under the same guarantee by thei local druggist or direct by Dr. R. Schiff mann, St. Paul, Minn. For sale here by

MCNAIR BROS.

### **Political Announcements** [Paid, Adv.]

For County Clerk. I am a candidate for county clerk, subject to the will of the voters at years is the sole basis of seeking your G. A. GARDNER, support.

Jacksonville, Ore.

### For County Recorder of Jackson County, Oregon.

I hereby announce myself as the democratic candidate for the office of tions that I have held.

LEE L. JACOBS.

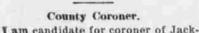
### For Sheriff.

I hereby announce myself as the democratic nominee for sheriff of Jackson county to be voted on at the J. F. HITTSON.

(Present chief of police of Medford.)

### County Recorder,

I hereby announce myself as cancounty recorder. If elected I will slice of eggplant, it is very good. give my undivided attention to the duties of the office. Election November 3, 1914. CHAUNCEY FLOREY.





### WHEN EGGPLANT IS USED.

HIS wholesome vegetable may be prepared in a variety of ways. Fried eggplant is the average

housewife's standby. There are, however, many persons who do not like tried eggplant who would possibly eat it served in some other way. Try some of the following methods and see if this may not be so:

Eggplant Fritters .- Boil eggplant in water with a tablespoonful of lemon juice or vinegar, then mash and drain. To a pint of eggplant add two beaten eggs, a half cupful of flour and salt money in every single case where it doe and pepper to taste. Form into cakes and brown on both sides in hot fat.

#### A Dainty Dish.

Escaloped Eggplant.-The eggplant is combined with tomato in slices and baked escaloped, with oil instead of milk and with other additions to taste, or the cooked pulp, finely broken, is combined with grated breadcrumbs. well seasoned with a little bit of cream and finally a well beaten egg. It must only be heated through in the oven and not dried. No matter how eggplant is cooked it must not be too dry, although we cook it to dry it somewhat.

Baked Stuffed Eggplant .- An eggplant will taste better and give more nutriment baked than fried. Cut eggplant in half lengthwise. Scoop out, leaving a quarter inch shell. Chop up the eggplant and add equal parts chopthe polls on November 3. My service ped ham and toasted breadcrumbs. in this capacity during the last two Add salt, pepper and butter or bacon dripping. Stuff each shell, rounding it over on top. Sprinkle with cracker crumbs. Add a dab of butter and bake.

#### Deliciously Flavored.

Eggplant With Sauce .- Peel and cut the eggplant into dice, place in salted water for one hour, drain; then cook until tender, but not soft. Chop finely a medium sized onion and cook until County Recorder, to be voted on al delicately colored in two tablespoonthe general election on November 3, fuls of butter, blend in one and oneande after frage after for 1914. If elected, I will do my duty half tablespoonfuls of flour, add graduas I have in other responsible posi- ally one pint of well seasoned stock, stir until smooth and creamy, season with pepper and salt, strain over the prepared eggplant, cook gently for ten minutes and sprinkle with chopped parsley before serving.

Pan Fried.-The easiest and quickest way to prepare the eggplant is to fry or saute it in a pan with a little butter general election, November 5, 1914. or oil. Cut the eggplant into one-third inch slices, season with salt and pepper which has been mixed together and then fry in a little oil or butter until soft. It also may be rolled in flour and fried in this way or even dipped in eggs and crumbs. Seasoned with salt and pepper only and then fried with didate on the republican ticket for tomatoes, which are served on the

# **Frederick Hollister**

ASHLAND TIDINGS



The man whose vim has gained business success without resort to suspicious methods, and whose energy and ability will gain advantage for the First District of Oregon from the halls of the United States congress

He is a Southern Oregon Man. and worthy, as he is, should have a solid vote, regardless of politics, from southern Oregon electors.

(This is NOT a paid advertisement. The Tidings prints it for the good of southern Oregon.)

### \*\*\*\*

**Because It Is** MADERITE IN AMERICA



SOLUTELY P

**One Price---Always** 25 cents per pound

OWDER

Sold By All Grocers

**Miss Porter** 

MILLINER

NEAR DEPOT

C. Johnson has opened an up-to-

UP TO DATE.

COMPLETE IN EVERY WAY.

Spring

Always on tap at Grieve's Soda Foun-

Try two glasses each day for that

Kidney or Stomach Trouble.

The Results Will Surprise You.

Fifty cents invested in a Tidings

'For Sale'' ad often sells a \$5,000

property. Did you ever try it?

tain

short notice.

\*\*\*\*\*\*\*\*\*\*

## NEED OF FAT AS FOOD.

No Difference to the System From What Source It is Obtained.

The trees in a Syrian garden are an important and practically necessary part of the nutrition of the people. Combined with grain in the form of coarse bread, the tree products make a balanced and wholesome ration. For large elements of the population, at least one meal a day is commonly composed of bread and walnuts. The walnut is rich in both protein and fat, so that this combination virtually duplicates in nutrition our occidental sand wich of bread, butter and meat.

The oil to which the scriptural writers so lovingly referred is still important in that land, and the olive tree that produces it is almost as useful to the Syrian as the cow is to the American. The cow gives butter and drink, and the olive tree gives butter and food. When the workman on the Mediterranean goes from home for a day's labor, he often takes a pocketful of olives and a piece of bread for his lunch. Remove butter, breakfast bacon and fat meat from our vocabulary, put olive oil in their place and we shall begin to think the thoughts of Mediterranean cooks.

Once cooks and palates are educated, the blood does not know the difference between the rich globules of fat that come to it. It is fat that the human system wants, and it makes no final difference whether it comes from butter, bacon, lard, olive, cocoanut, goose or bear. Fat is fat, once it is in our blood. The source from which we shall get this fundamental of nutrition depends in part upon our bringing up, but eventually our getting it depends upon the ease of winning it from our environment .- Atlantic Monthly.

HOW TURNER FIRED A GUN.

An Impromptu Effect That Startled His Fellow Artists.

Turner's impromptu effects were at times consternating to his fellow painters. Mr. Randall Davies, quoting from Leslie, gives in "Six Centuries of Painting," Constable's experience in 1839, when he exhibited his "Opening of Waterloo Bridge." It was placed beside a gray sea piece, by Turner, which lacked all positive color.

"Constable's picture seemed as if painted with liquid gold and silver, and Turner came several times while take the decorations and flags of the his own picture, and at last brought his palette from the great room where he was touching another picture, and, lead, made more vivid by the coolness



# A TRAGIC EXPERIMENT.

How a Husband Tried to Cure His Wife's Fear of Pythons.

Concerning pythons, the following is a true story: A young lady in England for a long time resisted her lover's entreaties to go out to India with him as his wife. She had a horror of the wild animals she believed she might encounter there, especially serpents. At length, however, after he had issued a sort of ultimatum, she consented to accompany him. She did not, however, leave her fears behind her and he was heightening with vermilion and lived in constant terror of some day meeting what she so intensely feared. city barges. Turner stood behind him Her husband did his best to laugh her looking from the 'Waterloo Bridge' to fears away, but without avail. Then he resolved to try more drastic means A huge python was killed in the neighborhood of his bungalow. Withputting a round daub of red lead, out telling his wife anything about it somewhat bigger than a shilling, on he ordered the reptile to be brought his gray sea, went away without say- into the drawing room and coiled up ing a word. The intensity of his red as if asleep on the hearth rug. Then he went out and called his wife, telling of his picture, caused even the ver- her to go into the drawing room and millon and take of Constable to took that he would join her in a few minweak. 'He has been here,' said Con- utes. Soon after he heard a dreadful stable, 'and tired a gun.' On the op scream. "That will cure her of her piete. posite wall was a picture by Jones of fear of serpents." he smiled to him-Shadrach, Meshach and Abednego in self and purposely delayed his entry. the Furnace. 'A coal,' said Cooper. When at last he went into the drawing



A 340-acre ranch, ideal foothill location, lots of out-range, abundance of water for irrigation. \$18,000.

A beautiful 8-room new modern bungalow for rent to right kind of tenant. Furnished com-

A business block in Ashland

Monday, October 5, 1914

son county, subject to the will of the electors at the November election. If successful at the polls I pledge my W. W. USSHER. best efforts.



Anna Thompson!

This boy's overcoat made in raglan style is one of the newest and smartest. Incidentally it is easy to make, so it must appeal to busy mothers. date shoe shop in the Losher build-The sleeves are made in two pieces, ing, next door to the barber shop on each sleeve seamed over the shoulders, Fourth street, and is prepared to do

# Some Small **ACREAGE TRACTS**

Eight acres; 21/2 acres in bearing fruit, 2 acres of young fruit and berries; 8-room house, nearly new. This pince is two miles from Ashland and micely located. Price \$3,000. Part eash

Ten acres in the city, commanding, a nice view of the upper valley; 61/2 acres of fruit, 1/2 acre of pasture, balance wood timber; 6-room house, karge barn, woodshed, chicken house, some personal property. Price \$4,500. \$2,000 cash.

in berries, % acre of strawberries; good 6-room house, city water and lights; about 1 1/2 miles from Ashland postoffice. Price \$2,800. \$1,000 each, terms on balance.



can be sold by Tidings "For Sale' chrough the regular agent channels. Try It.

Self respect in. next to religion, the Phone news items to the Tidings. chiefest bridle of all vices.

36 SECOND STREET sea. New Shoe Shop

Next time Turner came in he glazed the scarlet seal and shaped it into a St. James' Gazette. buoy.

Glazed Earthenware.

Glazed earthenware was long supposed to be of no more ancient date than the ninth century, but the discov ery of glazed ware in Egypt, of glazed bricks in the ruins of Babylon, of all kinds of repairing and fitting on glazed coffins and enameled tiles in other ancient cities proves that this is not the case. The Arabs seem to be entitled to the credit of baving introduced glazed ware into modern Europe. The Italians are said to have become acquainted with this kind of Lithia Water ware as it was manufactured in the island of Majorca and gave it the name of majolica. The French de Fresh from Ashland's New Lithia rived their first knowledge from the Italian manufactory at Faenza and christened it falence .- London Satur-COLD AND REFRESHING day Review.

Liszt's Rude Host.

High society has its crude personalities, if a story in one of the magazines is true. At a dinner given to the famous planist, Liszt, his host, Count Ludolf, right in the middle of Liszt's most exquisite playing, said in a loud voice, "If any one wishes to have a game of whist there are tables in the other room." Liszt, says the narrator, stopped short, but as no one moved he consented amiably to remain at the piano. The amount of wine that had been consumed by Liszt's nost on this occasion is not stated.

To Test Bread Dough. To test light bread dough and make sure as to whether it has risen sufficiently for baking, press the finger in the dough. If the hole remains the dough is in proper condition. If the dough rises and fills the indeptation this shows that it is in a condition to\_ continue rising .- Exchange.

If It Must Be. After a thorough examination, the physician remarked: "What you need, my dear sir, is an operation." "Very well," replied the patient resignedly. "Which operation are you cleverest at?"-New York Post. Sarcastic. Dr. Pillem-My dear, sir, it is a mira-

cle that you are alive today. Patient-Yes, that's what my friends said when I told them you were attending me .-Life.

The first and worst of all trauds is to cheat oneself.

has bounced across the room from room he saw his wife lying dead on Jones' picture and set fire to Turner's the floor, and colled around her was for trade. another huge python, the mate to the one that lay dead on the hearth rug .-

> New Zealand Oddities. STAPLES REALTY The crow in New Zealand strikes as sweet note as any head in the woodest of rat killers. There is a caterpillar which turns into a plant. These and some other productions of nature have done for New Zealand what the kangaroo and the ornithorhynchus have done for Australia-given it the suggestion of oddity and the marvelous.

land. The robin has no song and no red breast. The native hen is the great-

AGENCY What do you want? A Tidings want ad tells it to more than two thousand people in a day. Twentyfive cents does the business. S. H. BAUMAN B. I. VANGILDER



31 N. Grape, Medford, Ore.

# BUSINESS, SHORTHAND AND ENGLISH DEPARTMENTS

Every boy and girl cannot attend the university or high school for four years; but every boy and girl can attend the Medford Commercial College for six months or a year, and get an education that pays dividends for life. School all year. No term divisions. New students may enter at any time. For further information, telephone, call or write.

