

Food.

The various matters which an animal eats consists of pure food-stuffs and of useless concomitant bodies; just as coal consists of pure fuel and of the useless mineral matter known as ash.

Milk and Lime Water.

In a paper on "Milk with Lime Water as Food and Medicine in Nervous Disorders," presented by N. E. Chapman to the Medical Society of the State of New York, at its recent annual meeting, the author deprecates the warfare of drugs against disease which is now being waged by specialists more vigorously and systematically than ever before.

A True Romance.

The following very romantic story, says the Troy Press, is but the substance of what happened in our city many years ago. The characters that appear as principals have passed away, but their descendants yet live among us and occupy honorable positions in society.

If we would have powerful minds, we must think; if we would have faithful hearts, we must love; if we would have strong muscles, we must labor.

Truth from goodness, is soft and gentle; falsehood from evil is hard and fierce; hence the origin of hard and bitter speeches.

A Substantial House

Attention is called to the advertisement of the M. Hood Agricultural Implement House. This is one of the most substantial and popular houses on the Pacific Coast, and carries a line of machinery not equaled by any other.



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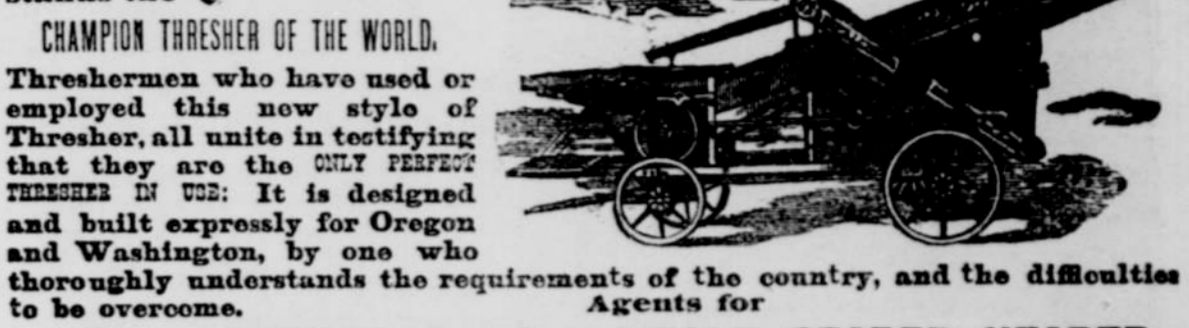
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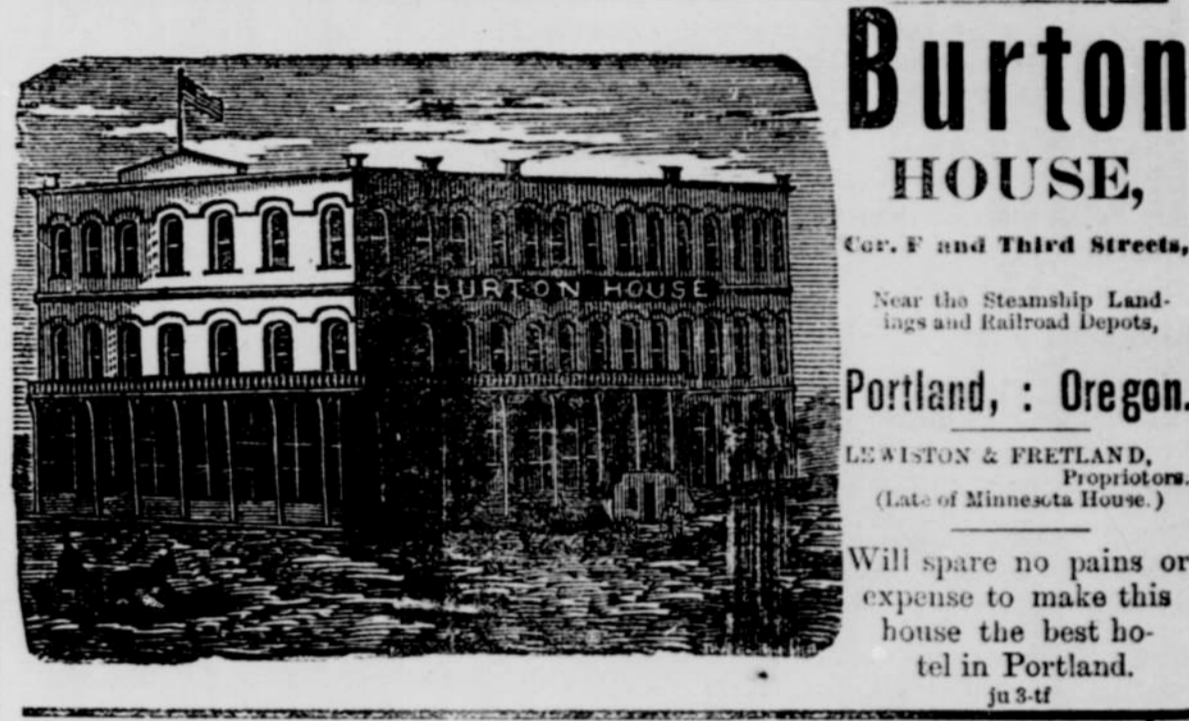
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BUCKEYE MOWER REAPER, The Leading Harvesting Machine of the World.

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65 CENTS Sent to our Office, we will send The San Francisco WEEKLY CHRONICLE FOR THREE MONTHS.

THE WEEKLY CHRONICLE IS AN EIGHT PAGE PAPER, 64 COLUMNS, Containing the entire news of the week.

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Mrs. Sprague's Triumphs.

Writing of Mrs. Sprague's triumphs, and the fact that last week General Sherman accompanied her into court, recalls a social strategic movement, in which she was successful, at the wedding of his daughter in October, 1874.

Afghan Towers and Huts.

These towers are structures about thirty feet high, and the same in diameter. The first ten feet are of solid structure; the upper half, and capable of holding fifteen or twenty men; the whole loop-holed and roofed in; above the roof is a look-out balcony.

Jenny Lind in Old Age.

And before I quit the theme of song and of singers, let me mention a glimpse that I caught before leaving London of the celebrities of the past.

Spontaneous Combustion.

E. Bing, of Riga, has experimented with different materials wadding, raw flax, hemp, the waste from silk, wool and cotton spinings, as well as sponge, and finally wood-stuff as found in any cabinet-maker's shop.

Proverbs Concerning Noses.

We have no fewer than fourteen English proverbs relating to this important feature of the human face divine. They are as follows: Follow your nose. 2. He cannot see beyond his nose. 3. An inch is a good deal on a man's nose. 4. He would bite his own nose off to spite his face.

LIFE IN A BOTTLE!

The Most Valuable Medical Discovery Known to the World—No More Use for Quinine, Calomel or Mineral Poisons—Life for the Blood, Strength for the Nerves, and Health for All.

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