### PHYSICAL CULTURE.

The importance of physical cultur seems to be engaging the attention of thinking people throughout the country more than ever before. In order that one may become as nearly perfect as possible, physical cultivation, as an adjunct to both mental and moral culture is a necessity. In America, the pursuit of business has been indulged in with such spirit and energy that the development of the mind has far outstripped that of the body, and although equal at least to Europeans in mental power, it is doubtless true that, as people, Americans are much inferior physically. "We have lost in a great measure, in the strife for money-making and hastening to become rich, the fundamental principle that to properly enjoy wealth, it is requisite to possess both health of mind and body." How often do we see a business man -a merchant perhaps-so environed by the necessities of business that he feels like he cannot lose an hour from his work. If he chooses to magnify every detail of his business, we see him busy at his counter all through the livelong room at night until the hairs of a young grave" while yet twenty-five or thirty and ten. Inaction will as surely as than we are in the habit of thinking, that particular enterprise; but, after the pathway to the grave.

have made lasting inroads upon their something to belong too, so that health and they fall far too early in the battle of life. Very many of their children are naturally feeble and sink and so did I. I arrived at the top of early, either through the effects of an the mountain just one hour and thirty irrational educational system, or, if they live through their school days, summit I found one inch of snow, are soon lost in the mad current of through which I tramped back and business life. But it is noticeable in forth while I was waiting. When the the signs of the times that a taste for teams arrived, I concluded to walk a physical development-for the system- part of the way down the mountain in atic and judicious culture of the order to get warm. I stopped on my muscle and of robust health is rapidly way down at Byron Cole's and got my growing in America. This is evinced dinner, for which I paid the extravain the attention being paid to the or- gant price of two bits. I could have sexes, and in the discussion of the subject throughout the land. These things display unmistakably that a new departure is being taken in this derection, which cannot but secure the best results and may eventually restore that "admirable balance between muscular and mental power" which we have lost in America through our insane desire to "drive ahead without regard to our physical strength."

### DESERT LAND ENTRIES.

It is stated in a Washington dispatch dated Nov. 12: that the Commissioner of the General Land office has issued an order to the Pacific Coast Land offices revoking the order of the 2nd, which prohibited further reception of appli cations for entries of desert land under the act of last March. He now directs there is certainly good reason for just such a law as that enacted last March. It is true that we have comparatively a small acreage of lands in South East. ern Oregon which can be taken up and secured to settlers through the operation of this law, but the inducements offered for their reclamation will no doubt, if the requirements of the law be conscientiously observed, aid little in the development of the country. But as the greed of man passeth all understanding, our land officers. cannot too carefully guard against the abuse of the law. It will be very difficult to distinguish between sage lands that will produce, under careful cultivation rye, for instance, and those that are altogether too dry for anything excepting cactus, dwarf sage and greasewood. It is to be feared that the law, though a good one if observed according to its spirit, may open the way, in many cases, for expensive and almost interminable litigation.

The ministers of the several denomnations will hold union services at the Academy, on Thanksgiving day.

DAVIS' DIVORCE BILL

The following appears in late dispatches from Washington: The Senate Judiciary Committee have unanimously agreed to report favorably on Davis' bill transferring jurisdiction in divorce cases, from the probate courts in Utah, to the U. S. district court for that Ter ritory. The bill is designed to put a stop to the wholesale and injurious system of granting divorces, which has been so notorious. Copies of records footers. of the probate court of Salt Lake City have been exhibited to the Committee, on the same day that application was made. The supreme courts of Indiana, Illinois, New York and Massachusetts have already declared these probate court divorces to be illegal.

### ON THE WING.

YREKA, Nov. 13th, 1877. ED. TIDINGS:-I can't do it justice and shan't try. It is simply terriblethat mud on the mountain. You have probably heard of on accident at the Mountain House. If you haven't, I will tell you that we broke our square axle off at the hub-no I mean we broke day and domiciled in his counting our hub off at the axle, square. That don't sound exactly right yet, but no man are gray, and "one foot is in the matter; Mr. Given had to go back to Ashland for another bub or axle, one, years short of the allotted three score I forget which. He expected to return that night (Saturday,) and drive up fate, wither the muscles and plant the the mountain next day. I am sorry to germs of decay in the soundest system, say, that I walked up to the Toll House and persistent and long continued for I wished, no less than seven times mental application, without correspond- before I got up, that it had been some ing physical exertion, shortens, more other "feller" that had fallen beir to Comparatively few American women achievment. I laid over at Mr. Dol. names as are already signed, guarantee enjoy the elasticity of spirits which a larbide's on Sabbath and discussed healthy system gives.' The demands theological subjects, as it is generally upon their physical strength made by conceded that such subjects are best the confinement and severe mental suited to that day. On Monday morntraining of the school room, without ing I engaged a passage with a freight due attention to physical development, train. My principal object was to have wouldn't be considered a tramp.

The teams doubled up the mountain. minutes ahead of the wagons. On the ganization of military companies in had all the kay I could stand to for the schools, in the institution of healthful same price. Dinner over, after discussout-door exercises for school girls, in | ing my pipe for a half hour, the teams the opening of gymnasiums for both came up, the wagon wheels loaded each with a tun of "black stickey." Rode one mile and walked two more, which brought me to Rufus Cole's. As I feared I might be a burden to the teams I concluded to stop here and go to Yreka on the stage.

The stage put in its appearance at 11 o'clock, I mounted it and rode down all the hills, only walking up hill. I arrived at Yreka at the time of day that once impelled Thompson to exclaim: "Yonder comes the king of day" but this time his royal highness had a black veil over his face, which hung down to the base of Old Shasta. It was light enough, however, when the stage had rolled before the postoffice door to hear the startling cry of a man found dead in the street. It seems that it was a blacksmith from Fort Jones, by name of Lague-a Canadian Frenchthem to be received, if accompanied by man-who had either inherited or acabsolute evidence of the truth of the quired an excessive taste for the ardent desert character of the lands designated. and thereby impoverished not only his Laud officers are also instructed to treasury, but also his physical and communicate all doubtful cases to the mental machinery, and thereby obtain-General Land officer, with full state ed a passport to the county hospital ment of facts and attendant circum- And it further seems that on last evenstances. As there is a vast acreage of ing he left the hospital and brought up sandy and sage brush lands lying east in a saloon where the saloon keeper, in of the Cascades and Sierra Nevadas, consideration of a few dimes, proceeded which must necessarily be irrigated to relieve the country of the expense before it can be cultivated successfully, of keeping him by administering sundry doses of thousard yard stuff.

Sequel-He died in the street on his way back to the hospital and was found this morning after daylight.

As yet I have had no time to do Yreka, but as I shall be here some two days longer, I will collect a few items to the ground with all its contents.

for my next. yet. It is said that the roads from here to Redding are excellent. As the stage is about leaving, I must stop.

J. M. S.

Steps are now being taken to extend the wagon road from Nick Wright's, on Big Applegate, to the mouth of Elliot creek, a distance of eight miles. On the 19th inst. a large number of workmen, among them ten or twelve employes engaged in digging the ditch which is to carry the waters of the Silver Fork of Elliott and Squaw creeks to the mining property of Klippel, Hanna & Co., commenced grading down the sides of Mule Hill, near Wright's. This extension is greatly needed and will throw open to the publie a good mining and grazing country. of the Lucky Queen.

OUR SALEM LETTER.

SALEM, Ogn., Nov. 15th, 1877. EDITOR TIDINGS:-Your Salem correspondent has been negligent in the performance of his duty, for some time past, and the only apology he has to offer, is a dearth of news.

We have had very little pleasant weather since Oct, 1st, and during that time, have had some of the heaviest rains ever known to the average Web-

The streets of our Capitol City are in as bad condition, as they have been for showing this one court has, during the years, and it is said that the roads, in past three years, granted over 500 di- some parts of the country, are almost vorces, and that in several instances impassable, owing to the farmers decrees were entered granting divorces hauling their heavily loaded wheat wagons to market.

> One of pleasantest affairs of the sea son, with us, was the occasion of the marriage of Mr. Al Croasman to Miss Lannie McCully, both residents of this city, and both exceedingly popular with their young associates. The ceremony was performed at the home of the bride, and the large number of invi tations extended, were gladly ac cepted. The young couple were made the recipients of numerous costly wed ding gifts, and every one in their ex tensive acquaintanceship, wish them long and happy journey through life.

> Several ladies of our city, imbued with a missionary spirit, have organized a Chinese School, which numbers about twenty fivemembers. Consider able interest is manifested by the pu pile in their desire to become acquaint ed with our language and customs.

A petition is being circulated and signed quite generally, by some of our most influential citizens, to have W. R. Dunbar, G. W. C. T., grant a dispen sation for a new Temperance lodge, to had got up, I was truly proud of my be called "The Dashaways." Such

The members of the Chemeketa Lodge No. 1, I. O. O. F., have decided to celebrate the 25th anniversary of the institution of their lodge, and of the order on the northwest coast, next mouth the 6th inst. A large number of invitations have been sent out, to prominent members of the order throughout the State, and also to every lodge in the jurisdiction. The committee who have the matter in charge, are determined to make a success of it.

Our genial and large-hearted friend, Seth R. Hammer, has been making, within the last three months, several surveying expeditions up in the Cascade Mountains, for different mining companies. He is himself, a large owner in what is called the "White Bull Min ing Co.," and lives in great expectations of becoming sometime a proud

The Willamette University, began on the second term of the year, last Monday morning, with an increased list of students. One new feature in the school this year, is the introduction of military tactics. The young men have formed themselves into a company, se lected their Captain, and adopted a neat grey uniform. Their appearance when on the parade ground, is quite novel. Being in close proximity to the State Capitol, they will no doubt act as a body guard to our State officials, in

### STATE NEWS.

[Condensed from Safe Exchanges] Ralph C. Geer raised 3,000 bushels of potatoes on his farm near Silverton

Judge James Walton has formed a University.

Queen mine.

Wheat is quoted at Salem at one dol- over two hundred thousand dollars lar and eight cents per bushel.

There are two hundred students the State University six of whom wil graduate this year.

First Lieut. Frazer A. Boutelle has been ordered to join his company -D 1st Cavalry-at the Presidio San Francisco.

The Bee says that during the October term of the State Circuit Court there was paid for Jaror's and witness fees in State cases, 2,145 dollars and 20 cents. On the 12th inst., the house of Mr. Stillson of Benton county was burned

Some 3,000 people cross and recross There has been but little rain here daily, between East and West Portland, on the Stark Street ferry.

> Mr. Moore of Hillsboro fell a distance of 12 or 15 feet and broke two of his ribs.

Jacob Wagonblast 10 miles east

Vancouver, raised 330 bushels oats from three acres of ground. It is reported that there is trouble

brewing in the Santiam Academy because a Chinese student is attending. The Independent says, Prof. J. M. Tiernan, present superintendent of the Lucky Queen mine, has been in the employ of the Government for the last 12 years, and is a practical miner and

GENERAL NEWS.

[Condensed from Oregonian and Call Dispatches.] New York, Nov. 12.-The Times Waseington special says: C51 Inger sol has arrived and is the choice of the Illinois delegation for Minister to Ger

Galveston, Nov. 12 -A News special report reaches Ft. Clark that Lieut. Bullis with a small party of scouts, crossed the Rio Grande near the mouth of Pecos river, was attacked by a party of 500 Indians and compelled to retreat. Loss not stated. Coi. Young has left Ft. Clark with 200 cavalry to re-enforce Bullis

Washington, Nov. 12 -Booth was appoin.ed chairman of the committee

on privileges and elections. The House, by six majority, adopted the amendment limiting the army to 20,000 meu. Tue army bill has passed the House without division.

San Francisco, Nov. 12 - Dispatches received from various points in the State, north and south, indicate a general rain throughout the State; in some places sufficient for the general wants of the farmers.

New York, Nov. 13 .- Henry Haus man, of 19 Christy street, to-night shot his three children and himself. The intemperance of his wife is attributed as the cause.

Washington, Nov. 13.-The Ways and Means Committee authorizes the Chairman to report concurrent resolution providing for final adjournment of Congress the 22ud at 8 o'clock.

Constantinople, Nov. 12.-Renf Pasha telegraphs the following: Rus sian supports from Galrova enroute to Schipka pass being obliged to pass within our range recently lost 500 kill ed. Our losses were trifling, but in clude Lesman Pasha, commandant of the artillery, killed.

London, Nov. 13 .- Osman Pasha's losses are estimated at two or three hundred men daily, from the concen trated fire of Russian artillery. Osman

is constructing fresh fortifications which seems to point to his holding out as long as possible rather than to attempt a sortie. Prisoners and deserters state that the Turks have six weeks' provision.

Washington, Nov. 13.-The House has passed the paval deficiency bill.

Philadelphia, Nov. 13 .- The agent of the Russian Government is endeavor ing to make a contract for an iron bridge across the Danube to be 2,100 feet long, to have a single span, and to cost \$3,000 000. As the time for its construction is limited to the opening of the Spring campaign, no contract has yet been made.

Omaha Nov. 14-Two Non Perces chiefs Charley and John, arrived in Omaha this morning in charge of a military guard, who left with them last evening for Ft. Leavenworth, where they will be

Washington, Nov. 14 -The S nate has made the following confirmations: Roswell C. Mason, Surveyor General for Mentana Territory; Tipton Lind sey. Receiver of public monies at Vis alia, Cal.; Jas. H. Evans, Register of the Land office, at Lakeview, Oregon.

Chicago, Nov. 14 - The fire origin ated, according to an eye witness of its incipiency, near the stove, and proba bly from it to the north elevator. The building was owned by the Singer Manufacturing Co., and cost, when built some five years ago, three quarters of a million dollars and is worth now at least half a million. The building may be considered nearly a total loss. class in elecution at the Willamette The stock is variously estimated from three quarters of a million to a million Work has been resumed at the Lucky and a half. The insurance on the build ing is not known, but it is stated to be

> New York, Nov. 15 -The case of the people vs. Wm. M. Tweed, to recover nine hundred and thirty-three thous and, six hundred and sixty-four dollars paid by the city on fraudulent bills through a conspiracy with Watson has been decided. Judgment against the defendant was entered by confession in the supreme court to day.

The House committee on foreign affairs has agreed to recommend the passage of a bill providing for American representation at the Paris Exposition, with an appropriatian of about one hundred and sixty thousand dol-

Washington, Nov. 15 .- In the Senate, to-day, Mitchell introduced a bill to establish a rail road and telegraph line from Portland to Astoria, Oregon; referred to committee on rail roads.

London, Nov. 14.-A special dated Starankaleh, Tuesday, says a sharp cannonade continues against Kars. Au a sault is imminent. Erzeroum has refused to surrender.

About 300 Russian Mennonites left Berlin on the 4th inst. for the United

Harrisburg, Nov. 15.-The official vote of Pennsylvania shows Sterrett Rep., for Supreme Judge, received 244. 480; Truckey, Dem., 251,000; Barteley, Greenback, 51,582; Winton, Prohibithorough matalurgist and asserts there tion, 2,899. Trunkey's plurality, 7,520 will be no trouble experienced in reducing the sulphurets found in the ore Other officers' votes were in about the same proportion.

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