

Toledo Drug Co.

Kodaks and Kodak Supplies

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COMPLETE HOME FURNISHER
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We Buy, Sell and Exchange New and Second Hand Furniture

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QUALITY

Store

The Best Stocked Grocery Store in Lincoln County

Our Aim is to Give You Quality Merchandise at a Fair Price

You can Always Save Money by Buying at This Store
P. FREDERICK

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Electric Light and Power

ELGIN BRACELET WATCHES



MAKE AN IDEAL GIFT FOR THE GIRL GRADUATE OR THE JUNE BRIDE
DROP IN AND SEE OUR COMPLETE STOCK OF WATCHES, CLOCKS AND JEWELRY

TOLEDO JEWELRY CO.,
H. E. PETERSON, Manager and Watchmaker

NOTICE FOR PUBLICATION
07570

Department of the Interior,
U. S. Land Office at Roseburg, Oregon,
October 8, 1918.

Notice is hereby given that William T. Hader of Aleso, Oregon, who, on October 4, 1911, made Homestead Entry, Serial No. 07570, for the SW 1/4 of Section 8, Township 14 S, Range 8 W, Willamette Meridian, has filed notice of intention to make Final Five-year Proof, to establish claim to the land above described, before The Clerk of the County Court of Benton County, Oregon, at Corvallis, Oregon, on the 18th day of November, 1918.

Claimant names as witnesses:
Otto Dieckhoff of Lincoln County Oregon, Loun Rycraft, of Aleso, Oregon, W. J. Cathcart, of Aleso, Oregon, Clare Frenholm, of Aleso, Oregon.

W. H. Cannon,
Register.

AUTO STAGE

Leaves Toledo each Tuesday, Thursday and Saturday for Ona, Bayview, Linnville and way points.

Special attention given to passengers.
Your patronage solicited.
FRANK HUNTSUCKER, Prop.

SANITARY Barber Shop

An up-to-date place in every thing that constitutes a First Class Barber Shop

Our Bath Room is always Clean and Neat. Try it

Agency for the

ALBANY STEAM LAUNDRY

Basket goes twice a week, Tuesdays and Fridays

BERT M. HOWE, Prop

UNCLE SAM'S ADVICE ON FLU

U. S. Public Health Service Issues Official Health Bulletin on Influenza.

LATEST WORD ON SUBJECT.

(Cont. from last week.)

"In appearance one is struck by the fact that the patient looks sick. His eyes and the inner side of his eyelids may be slightly 'bloodshot,' or 'congested,' as the doctors say. There may be running from the nose, or there may be some cough. These signs of a cold may not be marked; nevertheless the patient looks and feels very sick.

"In addition to the appearance and the symptoms as already described, examination of the patient's blood may aid the physician in recognizing 'Spanish influenza,' for it has been found that in this disease the number of white corpuscles shows little or no increase above the normal. It is possible that the laboratory investigations now being made through the National Research Council and the United States Hygienic Laboratory will furnish a more certain way in which individual cases of this disease can be recognized."

What is the course of the disease? Do people die of it?

"Ordinarily, the fever lasts from three to four days and the patient recovers. But while the proportion of deaths in the present epidemic has generally been low, in some places the outbreak has been severe and deaths have been numerous. When death occurs it is usually the result of a complication."

What causes the disease and how is it spread?

"Bacteriologists who have studied influenza epidemics in the past have found in many of the cases a very small rod-shaped germ called, after its discoverer, Pfeiffer's bacillus. In other cases of apparently the same kind of disease there were found pneumococci, the germs of lobar pneumonia. Still others have been caused by streptococci, and by others germs with long names.

"No matter what particular kind of germ causes the epidemic, it is now believed that influenza is always spread from person to person, the germs being carried with the air along with the very small droplets of mucus, expelled by coughing or sneezing, forceful talking, and the like by one who already has the germs of the disease. They may also be carried about in the air in the form of dust coming from dried mucus, from coughing and sneezing, or from careless people who spit on the floor and on the sidewalk. As in most other catching diseases, a person who has only a mild attack of the disease himself may give a very severe attack to others."

What should be done by those who catch the disease?

"It is very important that every person who becomes sick with influenza should go home at once and go to bed. This will help keep away dangerous complications and will, at the same time, keep the patient from scattering the disease far and wide. It is highly desirable that no one be allowed to sleep in the same room with the patient. In fact, no one but the nurse should be allowed in the room.

"If there is cough and sputum or running of the eyes and nose, care should be taken that all such discharges are collected on bits of gauze or rag or paper napkins and burned. If the patient complains of fever and headache, he should be given water to drink, a cold compress to the forehead and a light sponge. Only such medicine should be given as is prescribed by the doctor. It is foolish to ask the druggist to prescribe and may be dangerous to take the so-called 'safe, sure and harmless' remedies advertised by patent medicine manufacturers.

"If the patient is so situated that he can be attended only by some one who must also look after others in the family, it is advisable that such attendant wear a wrapper, apron or gown over the ordinary house clothes while in the sick room and slip this off when leaving to look after the others.

"Nurses and attendants will do well to guard against breathing in dangerous disease germs by wearing a simple fold of gauze or mask while near the patient."

Will a person who has had influenza before catch the disease again?

"It is well known that an attack of measles or scarlet fever or smallpox usually protects a person against another attack of the same disease. This appears not to be true of 'Spanish influenza.' According to newspaper reports the King of Spain suffered an attack of influenza, during the epidemic thirty years ago, and was again stricken during the recent outbreak in Spain."

How can one guard against influenza?

"In guarding against disease of all kinds, it is important that the body be kept strong and able to fight off disease germs. This can be done by having a proper proportion of work, play and rest, by keeping the body well clothed, and by eating sufficient wholesome and properly selected food. In connection with diet, it is well to remember that milk is one of the best all-around foods obtainable for adults as well as children. So far as a disease like influenza is concerned, health

authorities everywhere recognize the very close relation between its spread and overcrowded homes. While it is not always possible, especially in times like the present, to avoid such overcrowding, people should consider the health danger and make every effort to reduce the home overcrowding to a minimum. The value of fresh air through open windows cannot be over emphasized.

"When crowding is unavoidable, as in street cars, care should be taken to keep the face so turned as not to inhale directly the air breathed out by another person.

"It is especially important to be aware of the person who coughs or sneezes without covering his mouth and nose. It also follows that one should keep out of crowds and stuffy places as much as possible, keep homes, offices and workshops well aired, spend some time out of doors each day, walk to work if at all practicable—in short, make every possible effort to breathe as much pure air as possible.

"In all health matters follow the advice of your doctor and obey the regulations of your local and state health officers."

"Cover up each cough and sneeze, if you don't you'll spread disease."

DID YOU LOOK !!!
MAYBE IT'S HERE?

LOST—A Chatelaine Watch Pin in the shape of a Fleur-de-Lis. Finder return to Leader of office and receive reward.

4 room modern Cottage in Milwaukie. Fruit, lawn, 6 cents to Portland, and \$800 cash for small farm, must have fruit, creek and some bottom land. State full particulars.
E. P. Miller, Milwaukie, Or.

WANTED—Suite of house-keeping rooms, partly furnished or unfurnished. See S. E. Newkirk, The Bootery.

TO TRADE—Sheep, or good Dairy cows, fresh in April, for fresh cows milking now or in the next 30 days. Some one can have a bargain. Write,
O. V. Hurt, Yachats, Oregon.

WANTED—Plain sewing. Children a specialty. Mrs. J. W. Wright.

FOR SALE—At reasonable figure and terms—or would exchange for income property in Corvallis, Salem or Portland—or for small place in Valley—Good farm of 165 acres mile and half of Toledo, Oregon. For full particulars address owner,
W. M. Hill, Box 195, Bend, Or.

LOST—September 27, black and tan hound, both ears cropped. Last seen below the gorge on Drift Creek. Reward. See O. F. Dickson, Toledo, Or.

FOR SALE—Five pigs. See L. A. Hulbert, Toledo, Oregon.

WANTED—Experienced man and wife, wants job, cooking in furnished camp. State wages.
Mrs. Ralph Whitford, Elk City, Oregon.

WANTED—I want to buy a tent fly 16 feet square or larger. Must be in good condition.
Cy Vermaas.

GOOD BUY—Five acres 1 mile from Toledo in Olalla valley. Three acres in cultivation; good house, fine water, family orchard bearing; new barn and chicken house. Price reasonable. Address J. O. Young, Toledo, Oregon.

FOR SALE—Two bull calves five months old, Roan Durham. Andrew Nye, Newport, Oregon.

FOR SALE—A fine 25 foot launch fully equipped with 30 H. P. Smalley engine. Finest model and built of best material. For further information write Mrs. A. L. Commons, Corvallis, Or., R. F. D. 1.

LOST—Gentleman's gold signet ring. Initials engraved thereon, E. M. Return to Mrs. G. L. McCaulau, Merchants Hotel, Toledo, and receive liberal reward.

LOST—No. 1-A Eastman Kodak Special, number 3476, in leather case. Finder return to Graham and Wells, Corvallis, and receive liberal reward.
Dawson Drug Store, Newport, Or.

FOR SALE—Two registered Holstein Bull calves. Can have choice of two. One born in March, one in May. These are fine large calves, with a good deal of white. Write or see, L. C. Mowery, Siletz, Oregon.

160 ACRES—Lincoln county, partly improved stock or dairy; 94 acres Benton county, 60 acres timber, bal. partly improved; \$15 per acre. Address 533 Yamhill st., Portland, Oregon.

WE ARE

Headquarters

FOR SHOES, RUBBERS, RUBBER BOOTS AND GENTS FURNISHINGS AT

Reasonable Prices for CASH

How about a new Suit or Overcoat? We are agents for Chicago Tailoring Co. Prices range from \$16.00 and up.

We have shoes to fit the whole family with quality and prices to suit. Come in and see for yourself. Make this your resting place when down town. Good comfy seats to sit in.

Remember Neihoff's loggers and heavy shoes are guaranteed to give best of service.

Be sure and see those new all brown leather shoes with French and Military heels.



SALEM

S. E. NEWKIRK, M'gr.

TOLEDO

FOR SALE—Or trade, six lots, seven room house. Apply Elmer Ludwig, Toledo, Ore.

FOR FINE SHOE REPAIRING—The parcel post will deliver the goods to A. Peterson, practical shoe maker, Lyons St., Albany Oregon.

FOR SALE—192 Acres Stock and Dairy Farm. Plenty of Bottom Land large house and barn and orchard. 3 miles from town. ALSO

128 Acres Stock Dairy Farm plenty bottom land on good road. 3 miles from Toledo Oregon. Inquire Box 292.

NOTICE OF FINAL SETTLEMENT

Notice is hereby given that the undersigned administratrix of the Estate of Grover O. Davis, deceased, has filed in the County Court of Lincoln County, State of Oregon, her final account as such administratrix of said estate and that Monday the 4th day of November, 1918, at the hour of 10 o'clock, A. M., has been fixed by said Court as the time for hearing objections to said report and the settlement thereof.

Mrs. M. V. Davis,
Administratrix of the Estate of Grover O. Davis, Deceased.
Peter A. McDonald,
311 Fenton Bldg., Portland, Oregon.
Date of first publication, Oct. 4th 1918
Date of last publication Oct. 4th 1918.
Date of last publication Nov. 1st, 1918.

ADVERTISING BY THE

Write the name of J. U. Campbell in the above space and place an X in front of his name.

VOTERS OF OREGON

Justice F. A. Moore of the Supreme Court died last month, too late for the name of any candidate to succeed him to be placed on the Ballot. This condition makes it necessary to write in the name of your candidate.

This is the most important position in the Judicial system of the State. It is essential to choose a man of extensive legal training, of high character, and of broad vision. We commend for your consideration and vote

J. U. CAMPBELL
OF OREGON CITY

Resident of the State 30 years; lawyer for 25 years; veteran of Spanish-American War and Philippine Insurrection, having served with 2nd Oregon Regiment; member of Oregon Legislature in 1907 and 1909 sessions; Judge of the 6th Judicial District 9 1/2 years.

In all these positions he has made good.

His record as a private citizen and public official has been above criticism. Write in his name at the General Election Nov. 5th

For Justice of the Supreme Court to fill vacancy caused by the death of Justice Frank A. Moore.

Vote for One

DESTROY FRENCH FOOD SOURCES



FRUIT TREES OF NORTHERN FRANCE DESTROYED BY RETREATING GERMANS



WHEN the Germans retreated from long held positions in Northern France they girdled every fruit tree that they permitted. Here is such a tree, hacked beyond chance of the tree's surviving unless first aid measures were quickly adopted. In many cases the advancing French troops brought the first aid material and sometimes succeeded in saving the trees. Where the trees were absolutely cut down—as hundreds were—there was, of course, no relief measure to employ. Members of the U. S. Food Administration brought this picture to America. Early in the war the German government introduced a policy of strict food conservation at home and has endeavored to curtail in every possible manner the French and English supply. U boat warfare and destruction of farming property are parts of the same campaign.



GIRDLED FRUIT TREE

America is today the great larder of the allied nations. Out of our food stocks we must save enough to feed our European associates in this war.

EVERYONE MUST HELP.

Wars cannot be fought without money, and upon the Treasury centers every financial demand upon the Nation.

The rich of this country cannot alone meet the needs of the Nation; the men of the country cannot do it alone; the women of the country cannot do it alone; but all of us, the people of the United States, disregarding partisanship, forgetting selfish interests, thinking only of the supremacy of right and determining to vindicate the majesty of American ideals and secure the safety of America and civilization, can do the great and splendid work which God has called upon us to do.

W. G. McADOO,
Secretary of the Treasury.