I'm a newspaper reporter. I want to tell you a story that I heard from a friend of a friend last night.

This is how it happened. A young man, let's call him John, was walking in the park one evening. He noticed a woman, let's call her Sarah, who was sitting alone. She looked very sad and distressed. John felt a surge of empathy and walked over to her. He asked if she needed help.

Sarah told John that she had just lost her job and was feeling very hopeless. John listened intently and offered to lend her some money to tide her over until she found her next job. Sarah gratefully accepted the loan and John left her feeling better.

The next day, John received a call from Sarah. She told him that she had found a new job and was able to pay back the money he had loaned her. John was very pleased to hear this and felt good about having helped someone.

This story is just one example of how small acts of kindness can make a big difference in someone's life. It's important to remember to always be kind and help others when we can.