You Can Help Yourself

Back to health by assisting the stomach in its work of digestion and assimilation --- by keeping the liver active and the bowels open. For this particular work there is nothing quite so good as

HOSTETTER'S STOMACH BITTERS



Double Rigged. The most modern typewriters are rigged for billing-and some of them for cooing.-Philadelphia Record.

SAVED FROM AN OPERATION

How Mrs. Reed of Peoria, Ill., Escaped The Surgeon's Knife.

Peoria, Ill.-"I wish to let every one



Compound has done for me. Fortwoyears I suffered. The docbought me Lydia E. Pinkham's Vegeta-

Wash relieved me. I am glad to tell scene of many interesting religious anyone what your medicines have done ceremonies. Something of George for me. You can use my testimonial in any way you wish, and I will be glad to answer letters."- Mrs. CHRISTINA REED, 105 Mound St., Peoria, Ill.

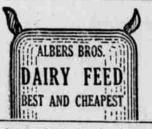
Mrs. Lynch Also Avoided Operation.

Tourth child, I had severe organic inflam- \$180 for the pew upon which his fancy mation. I would have such terrible pains had fallen and which he regularly octhat it did not seem as though I could cupied on almost every Sunday therestand it. This kept up for three long after. This pew is marked with a silmonths, until two doctors decided that an operation was needed.

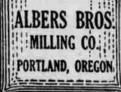
Lydia E. Pinkham's Vegetable Compound and after taking it for two months Virginia and which was occupied prior I was a well woman."-Mrs. JOSEPH A.

LYNCH, Jessup, Pa.

Women who suffer from female ills federacy. should try Lydia E. Pinkham's Vegetable Compound, one of the most successful remedies the world has ever known, before submitting to a surgical opera-



Ask your dealer for it. If he does not handle it drop us a postal card and we will furnish you the name of a dealer who does





was a church-goer in the true sense of the vord. There have been public men in the

history of the nation who went to church far more regularly after they were elected to high official positions-or at least after they were nominated for such places of distinction—than they ever did before. However, it would seem that no such fluctuation in church devotion can be charged against George Washington. He was naturally and instinctively a religious man and he made every effort to attend divine worship every Sunday, no mat-he might happen to be. This was the case even in the trying days of the War for Independence.

However, Washington was enabled to be most regular In attendance at church when in his home state of Virginia. And yet, even in the Old Dominion, church-going required much more of an effort on his part than is ex-

acted of the average public man today, Washington made his home, as is well known, on the vast estate known as Mount Vernon, and there was no church on the estate or in the immediate vicinity. Attendance at divine worship involved, therefore, a journey of greater or less length by coach, and this was not always pleasant, as any person may readily surmise who has had experience with the "red mud" of old Virginia in winter or following heavy rains. That he was as persistent as he was in church-going under such circumstances casts an interesting sidelight upon the character of Washington.

The state of the s

George Washington attended, from time to time, various churches located within driving distance of his home at Mount Vernon, but the place of worship to which he most frequently repaired was and is located in the town of Alexandria-for, be it explained, the historic edifice stands to this day in a perfect state of preservation. know what Lydia E. Pinkham's Vegetable This structure. Christ church,

to give it its proper title, has for more than a century been known as "George Washington's church," not tor said I had a tumor only because he attended its services and the only remedy | more regularly than those at any othwas the surgeon's er church, but because he was a memknife. My mother ber and a pew-holder at this church. It was, indeed, while Washington

was a member that the congregation ble Compound, and in the year 1767 built the stately today I am a well and house of worship which has not only healthy woman. For defied all the ravages of time but is in months I suffered regular use to this day and has been, from inflammation, and your Sanative even within very recent years, the Washington's interest in the new church may be surmised from the fact that when it came to assigning pews in the new edifice he outbid all other members in the competition to win first choice of location and subscribed Jessup, Pa .- "After the birth of my the record-breaking price of nearly ver plate bearing a fac-simile of Washington's autograph, and it is interest-Then one of my friends recommended ing to note that just across the alsle is the pew long held by the Lees of to the Civil war by Gen. Robert E. Lee, the military leader of the Con-

The pew which George Washington bespoke when Christ church was first opened and for which he agreed to pay a yearly rental of five pounds sterling (equivalent to nearly \$25) in addition to the thirty-six pounds, ten shillings which he subscribed for it at the outset is now reserved for the use of strangers, and this is a much appreciated courtesy on the part of the present congregation, for, of course, every stranger who visits Alexandria longs to sit in the great square pew which was once occupied by "His Excellency, the General," and to gaze up at the high pulpit from exactly the viewpoint of the Father of His Country in the days when he was the most conspicuous participant in the church services.

George Washington's pew in the old church remains to this day exactly as it was when he occupied it each Sunday morning, and this preservation is a matter of congratulation inasmuch as all the other pews in the church were somewhat changed in style in the year 1860. The Washington pew is in reality a double pew, or two pews, bearing the numbers 59 and 60. This pew, which is located on the left side of the church, has two seats, one facing the other, and there is a third cross seat against the wall, so that there was supposedly ample room its first Bible and church service, the over camp at night,



lan to church. In the vestry room of the church may be seen the original official record of Washington's purchase of his pew upon the completion of the church, which, by the way, had been under construction for sev

And, speaking of the vestry room, it may be of interest to explain that George Washington was himself a vestryman of Christ church. Indeed, the young landed proprietor, then but 33 years of age, was among the first vestrymen chosen when Fairfax parish, to which the town of Alexandria belongs, was created about the year 1765. It was a couple of years later that the congregation decided to build a church and the edifice was not finished to the last detail until a few years before the firing of "the shot heard round the world." From that day to this the exterior of the church has undergone practically no alteration. At one time some alterations were made in the interior, but later this was wisely decided to have been a mistake and the church was restored to the style of Colonial days. Some of the original fittings, notably the sounding board and the wine-glass pulpit, had disappeared in the course of the transition, but these were replaced by fac-similes of the originals. Many of the most interesting objects in Christ church are the gen-

uine originals which were here in Washington's time. For instance, there is the elaborate crystal chandelier of solid brass with its twelve candlesticks typifying the twelve Apostles. Nor, indeed, is this the only reminder of the days when the church was lighted by candles, for on the pillars one may yet detect under the paint the marks of the tinder boxes. The chancel rail and mural tablets of the Lord's Prayer and the Apostles' Creed, which always arrest the attention of visitors, are relics of the days when George Washington was a leading member of the congregation, and so likewise are the communion table, reading desk and chairs. After all, however, perhaps the most curious of these mementoes of a by gone age are the long-handled purses which were used in Washington's time to receive the offerings of the

congregation. The baptismal font, which is much admired, is not a relic of the Washington period, although it was put in place nearly a century ago. However, the church boasts the possession of STONE THAT BURNS ITSELF

East of the Jordan Lime is Made From Rock That Contains Its Own Fuel.

While making a trip through the Hauran district recently the writer's attention was attracted to a curious stone which might be described as a "self-burning limestone." Our party came upon some natives burning it and was enabled to see the operation.

This district is south of Damascus, east of the upper Jordan. At this place the rock lay in a stratum between ordinary limestone; it was of grayish black color, and when freshly broken had an odor of petroleum. Near by were outcrops of what looked like the same material many rods long and 20 to 30 feet thick.

Quarrying is easily done with primitive picks and other tools, as the rock is quite soft and full of seams. The stone is broken into small pieces with hammers and piled up against the bank of rock.

A wall of the same material about two feet high is roughly laid up around the pile on three sides, making a pile of small stone eight to ten feet long and nearly as wide, and two feet at the front, rising to nearly three times hat height at the back, where it lies against the bank.

In building the wall around the pile small holes are left for draft and in which to start the fire. When the kiln s ready to burn a few small bunches of straw are placed in the holes mentioned. It with a flint and steel and m a short time the whole pile has igalted. The men then begin working on a new kiln while the other burns and cools.

HISTORIC CHRIST CHURCH AT ALEXANDRIA, VA.

Bible having been print-

ed in Edinburgh in the

year 1767. Of the latter-

day contributions to the

contents of the historic

ward Lee. These various objects are

of sufficient interest to attract a con-

tinual stream of visitors to the old

church, and while (unlike historic

churches abroad) the edifice is not

officially open on week days, the sex-

ton can usually be found on the prem-

ises and will obligingly open the doors

Quite as interesting as old Christ

church itself or any of its historic

contents is the graveyard which well

nigh surrounds the edifice and is en-

closed by a quaint wall and fence.

Here are buried many of the close

personal friends and neighbors of

General Washington-men and women

whose names are well known to his-

tory-and the inscriptions on the an-

cient tombstones seem decidedly odd

in the eyes of modern visitors. Christ

church is not located in the most fre-

quented section of the ancient town

of Alexandria, but its lofty spire, or

rather tower, renders it easy for the

stranger to identify and find his way

to the time-honored brick edifice and

on Washington's Birthday anniversary

he has, indeed, but to "follow the

To Join Black and Caspian.

Russian government that it is per-

fectly feasible to bore a tunnel

through the Caucasian mountains near

Tilflis, in order to join the Black and

Caspian seas. This will be a tremend-

ous undertaking, as the tunnel will be

about sixteen miles in length, and the

Russian government had practically

decided that it was beyond the limit

of reality. However, the Swiss experts

have reported that the tunnel could

be built within seven years without

much difficulty, but at a great ex-

pense. A Paris firm of bankers, it is

understood, is supporting the enter-

prise which will be put into execution

Valuable Dog-Some Day.

Brother Jimpson says he owns a

dog that not only points and retrieves

but he has taught him to spin on his

tail like a top when he smells gaso-

line. Brother Jimpson says he's try-

ing to develop a breed of dogs that

about the early part of 1913.

Swiss engineers have convinced the

abroad.

crowd.'

similar institutions

After about two hours of burning the stone has all become converted into lime, except the stones in the wall and the very top layer, which are only about half burned. When cool the lime is air-slacked and sifted to remove any pieces not thoroughly burned, which are thrown into a new pile to be fired again.

The workmen told us that it made a very black smoke with a bad odor like kerosene burning. The lime is white and said to make a very strong plas-ter, superior to the ordinary lime burned with brush. This stone is so located that, should it prove to be of commercial value, it could be easily transported.-Consular Reports.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Novelty Brings Profits.

A New York grocer has combined edifice there may be menan advertising novelty and a source tioned the silver plate of profit in a butter churn, which is in almost constant operation in his store. The churn is driven by a small electric motor and the scheme is to sell a patron a quantity of cream and George Washington and Robert Edthen, for a small charge, churn it into butter. The operation takes but a few minutes.

Revolutionary General's Uniform. A Continental uniform more than 100 years old, which was once the property of General Christie of Revolutionary war fame, was one of the on request and without demanding interesting relics of the estate of the the inevitable "tip" which is besought late Margaret C. Benjamin of Ithaca, The uniform is of white broadcloth, with silk and satin waist, knee breeches and satin stockings.

BEST BLUING MADE.

Twenty years' experience back of RED CROSS BALL BLUE. Every housewife that uses it will have no other. It is the only blue that is all blue.

Liquid bluing is discarded forever after RED CROSS BALL BLUE is tried. Makes clothes clear and white. Large package 10 cents. AT ALL GROCERS.

Evils of Underwear.

An Ohlo citizen, eighty years old, claims that he never has worn any underwear. Many a citizen of Africa has done the same thing and yet failed to get his name in the papers.

Selfishness Universal.

A Kansas City judge announces as an original discovery that selfishness is the chief cause of divorce. Of course it is. It is also the cause of most of the other troubles of humanity. Eliminate selfishness from the nature of man and the millennium would be with us.

If you use Eye Salve use the best. PETTIT'S EYE SALVE is the standard, is reliable and costs no more than inferior goods that are unknown. Used by Physicians and Oculists, helps where all others fail. It is not the Tube or Box that cures, it is the Salve that does the work. Guaranteed by Howard Bros. under the Government Food and Drugs Act. Don't be deceived or misled. The only really antiseptic Eye Salve that has been in the market for years. Sold by Druggists throughout the known world.

Employed a Substitute.

Two small city boys, visiting the country, were afraid of a horse which was quietly grazing near. They made no movement toward driving the horse away, but it was evident that they desired its absence. At last another boy hove in sight, "Oh, Billy," one of the will be invaluable in warfare, to point waiting boys called to him, "just throw fighting aeroplanes trying to sneak a stone at that horse, will you? We're Band of Mercy, and we can't."