BILIOUS


High Praise from Insurance Commissioner

s.ant iece


Continental Life Insurance \& Invesiment Company
W. H. Cunningham, General Manager.
Home Ofice, McCornick Block, Salt Lake City C. J. KLITGAARD, Agency Superviver,
Park-Hartis Apartmeats, Portland, Orego. BLEIWEISS \& MOORE, General Agenti,

| 434 Harrioon Street, Portind, Oregoo. |
| :--- |
| English Walnuts for America. |

The secretary of agriculture d that bears the English walnut would do well in thls country. It spreads
like an oak and has a fine feathery like an oak and has a fine feathery follage that fill
rance.

## Throat Coughs

Ask your doctor about these throat coughs. He will tell you how deceptive they are A tickling in the throat often
means serious trouble ahead. Better explain your case carefully to your doctor, and ask him about your taking Ayer's Cherry Pectoral.
Ayers $=$ Who makes the best liver pills? The
C. Ayer Company, of Lowell, Mass. hey have been making Ayer's Pills for
ver sixxy years. If you have the slight
st doubr about using these pills, ask er sixty years. If you have the siight-
t doubt about using these pills, ask
our docior. Do as he says, always.

Domestic Duties Never Appear to Bo
Mere Drutgery When the House Mere Drudgery When the HouseProper Spirit.
The dullness of domestic life is one the commonest complaints uttere man. She chafes at the dally task, the common round. To her it seems that the four walls of her home par
take of the character of a prison house nd that all the romance, the pleasure nd the interest of life He outside. Within she finds only drudgery and sordid conditions. She awakes in the
morning with a sigh, contemplating morning with a sigh, contemplating
the dreary duties. She seeks her rest at night, bored and weary with the
tedime edium of a day's domestic toll. She envies the woman who work
in the wider world who mixes with in the wider world, who mixes with
men in the mart, who carves for her self a career, and who is free from
the endless irritations and annoyances that be
home.
Such thoughts as these increase he discontent. The monotony agalns
which she murmurs grows more griev ous. She acquires a chronic querul ousness that communicates itself to al
who come under her influence. The husband feels it and files for comfort
to his club. The children are conschous
scenes.
Inability to detect the romance domestlecty is more often than not the
reasons why the miseries depicted reasons why the miseries depicted en
ter presently into many married live that had openes
sing auspices
But what is the romance of domestic
Hife? Whereln does it Whereln does it lie? Onl
those who are unconsclous of it will ask the question. Is there not, in the first place, ro
mance in the very name of "family? is it not one of the most profoundl
interesting culminations of ages of 8 . clal evolution? A microcosm of th
state, It should possess, in little, all the interest of a state. Whether 11
be an autocracy, a limited monarchy or a republic of two, it has foreign
relations which require the exercise of the utmost tact. It has or should
have an annual budget, which. may have an annual budget, which may
cause much consternation in certain
quarters of the domestic menage. is concerned with commerce. Th quality and quantity of its imports,
although figuring under the mundane names of bread and meat and grocer
les and such like are of ies and such like, are of as great im-
portance to it as its forelgn trade to the most populace state. with foreign lands. Even the humble currant that adorns Wednesday's roly poly pudding grew on the sunny slope dropped into the cup brings with it
measure of troplc heat of the south ern sun.
The in the home is, In proportion, as far
reaching in its effects or dwindiling of its people to the
greatest nation. It sends forth emis saries to form fresh colonles, and
more often than not, it malintinns
defensive force in the shape of defensive force in the shape of a do
to guard it from the invasion of hostil intruders. It may seem trivial, absurd, to draw
such parallels between the tome the nation. But a deep truth under
lies such fancles. And were the bors of housekeeping and the respo sibilities of family life looked at
the light of their true Importance, th monotony and tedium with which, to
some minds, they are invested woul some minds, they are invested would
fall from them as the chrysalis husk butterfly, permitting it to soar tnto the higher, brighter element for which it
is ftted.
 crown
liggue
egg.

Beat Cream Cake. which the solk of four eggs, of powdered sugar for five minutes. Then add the whites, which have been
beaten thoroughly, one cup of beaten thoroughly, one cup of flour
with one teaspoonful of bakcing pow.
der, and lastly add one thale der, and lasty add one tablespoonful
cold water. Fliling: Two cups of
milk into whlch has been beaten the yolks of two eggs, two tablespoonfuls
cornstarch, onehalf cup sugar,
teaspoonfuil vanill teaspoonful vanil
three layer tins.



Dr. Pierce's Golden Medical Discovery




 Dr. Pierce's Command Dr. Pierce's Common Sense Medieal Adviser is sent free on reeeipt of
stamps to pay expense of wrapping and mailing only. Send 31 one-cent stamps
for the French cloth-bound book. Address: Dr. R.V. Pierce, Bufalo, N. Y.

Fiow haut torkid or ot


anything,"
Weekly.

BE CURED

KODAKS =ivypuw


CANADIAN FARMS





The Dawn of Scientific Knowledge Learn a Profession where the de
mand is greater than the supply.
 ${ }_{409}^{\text {write }}$ Commont pariculumeath Bldg. Portland, Or
 Plan,


Retur maped Ret,
Reduces for Land-Seekers.
IDE-M'CARTHY LAND COMPANY
Canadian Panicic A.gantioy, Alberta
Land Depariment.
2 Lumbermens Bldg. PORTLAND, ORE
The Oniy Authorities.
One preacher decilares that chid
less wive ocesht to be s.
Lose wives ought to be shinped out of
the country then wh would write
tor the newspapers, tolling mother


BETTER FOR MEN, WOMEN AND CHIIDREN THAN CASTOR OII,
SYRUPof FIGSandELIXIRof SENNA IT GIVES SATISFACTION TO ALI, IS ALWAYS BENEFICLAL IN IT EFFECTS
AND PERFECTLY SAFE AT ALL TIMES. AND PERFECTLY SAFE AT ALL TIMES.
NOTE THE NAME CALIFORNIA FIG SYRUPCO. on every Pachage of the Genuine. ALL RELABLE DRUGGISTS SELL THE ORIGINAL AN
CENUINE WHEN CALIED FOR, ALTHOUGH THEY COUL CENUINE WHEN CALLED FOR, ALTHOUGH THEY COULD MAKE A LARGER PROFIT BY SELLING INFERIOR PREPRRA.
TIONS, YET THEY PREFER TO SEL THE GENUINE, BECAUSE. IT IS RICHT TO DO SO AND FOR THE OF THER CUSTOMERS WHEN IN NEED OF MEDI...ES, sUCH DRUGGISTS ARE THE ONES TO DEAL WITH, AS YOUR
LIFE OR HEALTH MAY AT SOME TIME DEPEND UPON thein skil and relabitry

## Note trie Farf Name of the Company CALIIORNIA FIG SYRUP CO.




 (wformed familess who khow of tri value from prronal use to cet ma CALIFORNIA FIG SYRUP CO.

