

ASSIST YOUR STOMACH

In its work of digestion and assimilation by beginning your meals with a dose of

HOSTETTER'S STOMACH BITTERS

It will prevent

- SOUR STOMACH
- INDIGESTION
- SICK HEADACHE
- HEARTBURN
- DYSPEPSIA
- MALARIA

Try a bottle today

Envelopes for Packing.

Envelopes used in packing small articles will be found better than boxes, as they take up less room. Stout, collapsible envelopes, which may be bought where office supplies are sold, will be found satisfactory. Gloves, handkerchiefs, neck arrangements, etc., may be kept nicely in such envelopes.

SAVED FROM AN OPERATION

By Lydia E. Pinkham's Vegetable Compound

Peoria, Ill.—"I wish to let every one know what Lydia E. Pinkham's remedies have done for me. For two years I suffered. The doctors said I had tumors, and the only remedy was the surgeon's knife. My mother bought me Lydia E. Pinkham's Vegetable Compound, and today I am a healthy woman. For months I suffered from inflammation, and your Sanative Wash relieved me. Your Liver Pills have no equal as a cathartic. Any one wishing proof of what your medicines have done for me can get it from any druggist or by writing to me. You can use my testimonial in any way you wish, and I will be glad to answer letters."—Mrs. CHRISTINA REED, 105 Mound St., Peoria, Ill.

Another Operation Avoided.
New Orleans, La.—"For years I suffered from severe female troubles. Finally I was confined to my bed and the doctor said an operation was necessary. I gave Lydia E. Pinkham's Vegetable Compound a trial first, and was saved from an operation."—Mrs. LILY PEYRON, 1111 Kerlerec St., New Orleans, La.

The great volume of unsolicited testimony constantly pouring in proves conclusively that Lydia E. Pinkham's Vegetable Compound is a remarkable remedy for those distressing feminine ills from which so many women suffer.

DAISY FLY KILLER



placed anywhere, attracts and kills all flies. Neat, clean, ornamental, convenient, cheap. Lasts all seasons. Can't spill or tip over, will not soil or injure anything. Guaranteed effective. Of all dealers or sent prepaid for 25c. HAROLD ROGERS, 150 De Kalb Ave., Brooklyn, N. Y.

Whittemore's Shoe Polishes



GILT EDGE the only ladies shoe dressing that positively contains OIL. Blacks and Polishes ladies' and children's boots and shoes, shines without rubbing, 25c. "French Gloss," 10c. **DANDY** combination for cleaning and polishing all kinds of russet or tan shoes, 25c. "Star" size, 10c. **QUICK WHITE** makes dirty canvas shoes clean and white. In liquid form so it can be quickly and easily applied. A sponge in every package, so always ready for use. Two sizes, 10 and 25 cents. If your dealer does not keep the kind you want, send us his address and the price in stamps for a full size package. **WHITTEMORE BROS. & CO.,** 20-22 Albany St., Cambridge, Mass., The Oldest and Largest Manufacturers of Shoe Polishes in the World.

CARE OF CUT GLASS

HOW LUSTER OF BEAUTIFUL ARTICLES CAN BE PRESERVED.

Require More Attention and Care Than Silverware—Make Wash Water Tepid, Add Ammonia and Use Good White Soap.

It is seldom that the girl who sells the cut glass in the big department stores can tell you precisely what to do in order to preserve these beautiful and expensive articles, but one young lady, who owns several costly pieces and who is overly enthusiastic concerning them, says that with the proper care they are a joy forever and a delight to behold.

As a warning she says that it requires considerable more care and attention than does silverware, as cut glass will not stand any rough handling while being polished. This brittle article is actually the most fragile in the world of the housewife; it seems to await its chance to chatter, and, therefore, if the following rules are adhered to, breakage will be reduced to the smallest percentage.

Keep it in a china closet that has a rail or support that will avert its slipping.

Make sure that the shelf is strong to hold the weight if the pieces are large.

Never rinse under running water. Prepare water for washing in a wooden pan or dish tub, and fold a towel on the bottom so that the pieces can rest on its cushiony layers.

Make the water tepid and add ammonia; use a good white soap, a camel's hair brush (sold for this purpose) and a lintless cloth.

Rinse with water of the same temperature and dry with a soft towel, polishing afterwards with tissue paper that comes for this purpose, or you can use a new clean chamolis.

Do not put grease of any kind in these pieces, not even butter, as grease makes them cloudy and you can never polish them as brightly after so using.

Brushing should always be done with the softest brushes procurable; stiff brushes scratch unmercifully. But a brush must be used to clean the crevices so it cannot be dispensed with.

Never use tacks or buckshot to clean the inside of bottles, jugs and pitchers, but the ground shell of an egg, salt and lemon or a little white vinegar.

A piece of raw potato, soaked in a carafe or any of the deeper pieces will help to make brightening a light task and cleaning still easier.

HOUSEHOLD QUESTIONS

Remove stains or discolorations from tinware by dipping a damp cloth in common baking soda and rubbing briskly.

To remove white spots from varnished furniture moisten a soft cloth with alcohol and wipe the spots, being careful not to rub too hard, or the varnish will come off.

To prevent cakes bursting on top do not allow them to bake too fast. They should not begin to brown or crust until fully raised. A pan of cold water set on the grate above will keep them from browning too rapidly.

Quick Pudding.
Soak and split some crackers, lay the surface over with raisins and citron put the halves together, tie them in a bag and boil 15 minutes in milk and water. Delicious with a rich sauce.

Russian Salad.
Simmer a can of tomatoes, one bay leaf, 12 cloves, blade of mace, slice of onion, six sprigs of parsley, for ten minutes, then strain. Add to hot liquor three-fourths of a box of gelatin dissolved in a little water, two tablespoonfuls of tarragon, vinegar, one teaspoonful salt, one-fourth teaspoonful paprika. Fill a border mold three-fourths full of cold cooked chicken and celery cut fine; then pour in the jelly; set on ice until firm, fill center with blanched lettuce, circle outside with chilled cucumbers.

Grape Juice.
Here is a beverage you may like. Take a long glass and put in some shaved ice and the juice of one lime. The fruit itself may also be left in if desired. Now add a wineglass of grape juice and fill up the glass with apollinaris water.

Don't Cover Hot Chicken.
When closely covered after cooking, before allowing to cool, chicken causes great physical distress to any one partaking thereof, whether cooked shortly after killing or later.

The Difference.

European cities certainly have a laughing, contented air, people seem to take life easily, they have time for pleasures, if it's only a chair hired for two cents on one of the broad, shaded boulevards to watch the crowds pass of a Sunday afternoon, says Orison Swett Marden in Success Magazine. What smiling, care-free faces! One remembers with a shiver the faces in a New York crowd—grim, anxious, frowning, self-centered.

No doubt this atmosphere of joyousness, along with the external beauty and picturesqueness of European cities, has its attraction for our heifers, but, of course, that alone would not make them live abroad and marry foreigners. There are other considerations which bring them to this important decision.

A Lost Art.
Another art has been lost! There was a time when the elegant woman took a legitimate pride in her manner of ascending a stair. In this day of elevators, if there still exist women who have the manner, there are few stairs worthy to serve as a stage on which they may exhibit it.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

In His Power.
"How effusively sweet that Mrs. Blondy is to you, Jonesey," said Witherell. "What's up? Any tender little romance there?" "No, indeed—why, that woman hates me," said Jonesey. "She doesn't show it," said Witherell. "No; but she knows I know how old she is—we were both born on the same day," said Jonesey, "and she's afraid I'll tell somebody."—Harper's Weekly.

Our Life's Work.
We are not sent into this world to do anything into which we cannot put our hearts. We have certain work to do for our bread and that is to be done strenuously; other work to do for our delight and that is to be done heartily; neither is to be done by halves or shifts, but with a will; and what is not worth this effort is not to be done at all.—John Ruskin.

AVOID LIQUID BLUING.

The reason so many housewives prefer RED CROSS BALL BLUE is because it is all blue. Liquid blue contains a large percentage of water. Why buy water when you have it by the tub full? Buying solid RED CROSS BALL BLUE is real economy. Dissolve it as you need it. A large four-oz. package, all blue, for 10c. Used in thousands of homes. FOR SALE AT ALL GROCERS.

Pleasure of the Children.
There should be some time during the day, even in the busiest household, an hour at least, set apart in which the older members of the family should devote themselves wholly to the children. Little object lessons or stories containing practical knowledge told in an interesting way will be sure to hold their attention. The story of the gradual formation of the fruits, flowers and vegetables will delight them and will be eagerly looked forward to and always remembered.

Wealth Not Always Advantage.
Advantage, opportunity, chance, luck! They are all on the side of the boy born in obscurity, brought up in poverty. Provided he be endowed with the will that brooks no obstacle, with the mental ability to conceive great thoughts, to plan great undertakings, the boy is all the more blessed who is not handicapped by wealth.

The Craze for the Weird.
The artistic craving today is for novelty—for new expressions of form and combinations of color, the more strange and weird the better; hence the passing fashion for post-impersonalism and other kindred cults, in which neither truth nor beauty is the inspiring motive.—Connoisseur.

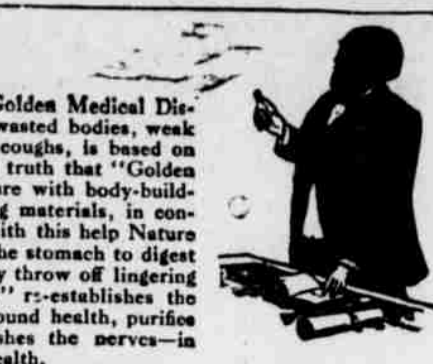
Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

Canadian Heroine.
"Monument to Madeline de Vercheres to be erected at Vercheres—\$15,000." This item, which appears for the first time this year in the estimates of the public works department, marks the tardy recognition by Canada of one of the heroines of French Canadian history—the maid of fourteen, who for one long week in 1692 defended her father's seigniory against the attacks of hostile Iroquois. After two centuries the little heroine of the Castle Dangerous is to have her memory perpetuated by a bronze statue to be erected at Vercheres, P. Q., on the spot made memorable by her exploit.

Your Own Opinion.
Public opinion is a weak tyrant compared with our own private opinion. What a man thinks of himself, that it is which determines, or rather indicates, his fate.—Henry D. Thoreau.

Aids Nature

The great success of Dr. Pierce's Golden Medical Discovery in curing weak stomachs, wasted bodies, weak lungs, and obstinate and lingering coughs, is based on the recognition of the fundamental truth that "Golden Medical Discovery" supplies Nature with body-building, tissue-repairing, muscle-making materials, in condensed and concentrated form. With this help Nature supplies the necessary strength to the stomach to digest food, build up the body and thereby throw off lingering obstinate coughs. The "Discovery" re-establishes the digestive and nutritive organs in sound health, purifies and enriches the blood, and nourishes the nerves—in short establishes sound vigorous health.



If your dealer offers something "just as good," it is probably better FOR HIM...it pays better. But you are thinking of the cure not the profit, so there's nothing "just as good" for you. Say so.

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Victoria Fond of Jewelry.
Queen Victoria, although simple in her tastes, had an almost oriental liking for beautiful and costly jewelry. Even if she rarely wore it, its possession gave her pleasure and she is reported to have spent hours in looking over her collection.

Y. M. C. A. EXPANDS.
New Booklet Just Out Can Be Had for the Asking.

The Portland Young Men's Christian Association is about to enter upon a new era in its work, in extending the advantage of its educational department to the entire state. While a great majority of the 1400 students enrolled in night and day classes are residents of Portland, yet a large and increasing number are now enrolling from towns and cities outside of Portland.

The different courses offered include a full Commercial course, comprising Shorthand, Bookkeeping and related subjects; a college preparatory course, a graded course in elementary subjects for boys and vocational courses such as plumbing, carpentry, sheet metal, bricklaying, electrical work, automobile repair and driving. Many students trained in these classes are now occupying important positions in the business houses of Portland.

An attractive booklet entitled "Activities" has just been issued by the association and contains a statement of all Educational Courses. The Educational Director will mail this booklet to all persons who desire it.

Classes for day school open September 5th, night classes September 25th. From present indications an unusually large registration is anticipated.

Foolish Wager Caused Death.
A workman named Celestin Leroy, aged fifty, died in Paris, France, the other day while trying, for a wager, to eat a large beefsteak at one mouthful.

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on all lines on account

ASTORIA CENTENNIAL PAGEANT

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AUG. 10 to SEPT. 9

Juvenile Misapprehension.
"Papa," whispered Johnny, who was in attendance at the Sunday morning services, "why do the people look so sad when they drop their money in that plate?"

DR. COOPERS COMPOUND DANDELION PILLS
are the safest and most reliable cathartic and system cleanser. The best remedy for Torpid Liver, Biliuness and Sick Headache.
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WRITTEN GUARANTEE—My written guarantee means a cure or no pay. I guarantee to cure certain ailments or refund every dollar you have paid. My services cost you nothing unless I cure your Varicose Veins, Hernia, Piles, Fistula, Blood Poison, or any ailment I guarantee to cure. Terms are reasonable and no more than you are able and willing to pay for benefits. Office hours—9 A. M. to 9 P. M. Sundays, 10 A. M. to 1 P. M.

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Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or if he will send postpaid at 10c package. Write for free booklet how to dye, bleach and mix colors.
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