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 "Fighting the Beef Trust"
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Have your teeth out and plate and bridge work done. For out-of-town patients we finish plate and bridge work in one day if necessary.

PRICES.
 Metal Crowns.....\$5.00
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 Silver Fillings.....50c
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 Best Rubber Plate \$7.50
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 Painless Extractions Free when plates or bridge work is ordered. Consultation Free. You cannot get better painless work anywhere, no matter how much you pay.
 All Work Fully Guaranteed for Fifteen Years

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Out-of-Town People
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 Full Set of Teeth.....\$5.00
 Bridge Work or Teeth without Plates \$3.50 to \$5.00
 Gold Crowns.....\$3.50 to \$5.00
 Porcelain Crowns.....\$3.50 to \$5.00
 Gold or Porcelain Fillings.....\$1.00-1.50
 Silver Fillings.....50c to \$1.00
 Best Plate Made.....\$7.50
 No charges for Painless Extraction when other work is done. 15 years' Guarantee with all work.
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 The Chinese Doctor
 This wonderful man has made a life study of the properties of Herbs and Barks, and is giving the world the benefit of his services.
 No Mercury, Poisons or Drugs Used. No Operations or Cutting.
 Guarantees to cure Catarrh, Asthma, Lung, Stomach and Kidney troubles, and all Private Diseases of M. and Women.
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 If you cannot call, write for symptom blank and circular. Inclose 4 cents in stamps.
CONSULTATION FREE
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Vain Attempt to Show Off.
 A youthful masculine, scarce three years old, was listening to a story by his mother, but despite his devotion to her stories, kept making unaccountable excursions to a clear space on the park lawn and solemnly airing his sole physical accomplishment of a neat somersault. The mother wondered, but asked no questions. Presently, however, the mystery was explained. Another boy, seated near the open space with his parents, rose and walked away. The little acrobat sighed sadly. "I guess he never even saw me," he remarked.

Red, Weak, Watery Eyes.
 Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. Be at Your Druggists. Write For Eye Book. Free. Murine Eye Remedy Co., Chicago.

Where Addison Was Married.
 St. Edmund's, Lombard street, London, the rectory of which is venerated by the death of omniscient Canon Benham, had previously possessed literary associations. The register records the marriage of Joseph Addison to the dowager countess of Warwick on August 9, 1716. Dr. Johnson grimly remarks that this match resembled the marriages in which a sultan gives his daughter a man to be her slave; and Addison used to escape from the uncomfortable splendor of Holland house to a coffee house at Kenilworth.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Rubber Planted on Waste Land.
 The wide reaches of waste lands on the island of Singapore, which have been of no use since the culture of gambier, coffee, and pepper was given up, are now the scenes of great activity. Rubber plants are being set out over these wastes and soon to do well. In the suburbs of Singapore city a considerable area of swamp land has been drained and converted into a nursery for Para rubber plants, which are sold at a good profit to the planters.

Strong Winds and Sand Storms
 cause granulation of the eyelids. **PRYTT'S EYE SALVE** soothes and quickly relieves, 25c. All druggists or Howard Bros., Buffalo, N. Y.

French Woman's Long Sleep.
 A curious case is that of a woman in the hospital at Alencon, France, who has been asleep for 80 days, and, unlike most patients who fall into a lethargy, this patient has a perfectly normal temperature. Her teeth are rigidly set, and she has to be fed through a tube, which was introduced with great difficulty, and has been left between her teeth.

How He Knew.
 "Love is blind," said the pessimistic looking man, quoting this worn-out cheery axiom with as much fervor as its originator could have done. "How do you know?" questioned the severe-looking woman with the high cheek bones. "I'm married," said he.

MUNYON'S PAW-PAW LIVER PILLS
 We want any person who suffers with biliousness, constipation, indigestion or any liver or blood ailment to try our Paw-Paw Liver Pills. We guarantee they will purify the blood and put the liver and stomach into a healthful condition and will positively cure biliousness and constipation, or we will refund your money.
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W. L. DOUGLAS, Boston, Mass.

HERE THE IDEAL LUNCHEON

Diet of Italian Laborers Has Given a Valuable Idea to One Housekeeper.

"Watch the luncheons of Italian laborers if you want pointers on ideal hot weather meals," said a domestic science teacher whose windows overlook a street where many Italians have recently been employed. "Every day at noon I settle myself at a window and watch each man as he opens his lunch package.

"One out of ten of these luncheons are made up of some fresh green thing like lettuce or radishes or perhaps tomatoes, with brown bread and cheese. What could be better than this viewed from a scientific standpoint? The brown bread and cheese give nourishment and the fresh, green vegetables provide the refreshment."

"The tomato is bitten into as you would eat an apple or a pear. In the other hand the luncher holds his slice of brown bread spread with cheese, but alternates bites from each hand. The melon he cuts in crescent shaped pieces with his pocket knife and gnaws the pulp of each piece close down to the rind. Of course, it isn't cold, but what does he care?"

"The lettuce is not separated into leaves and eaten little by little, not at all. The young Italian workman bites into the head of lettuce just as he did into the raw tomato and munches the leaves slowly, as he takes occasional mouthfuls of the brown bread in his other hand.

"Once in a great while the care of some mother, sister or wife is evidenced by a little bowl or cup of cold macaroni or spaghetti, but this is a great exception. The rule is fruit, fresh green vegetables and brown bread and cheese."



Small paper-mache tubs are the best "dishpans," if you have fine china to be kept without a chip.

If a turkey or chicken is rubbed inside and out with lemon it will make the meat white, juicy and tender.

A strip of emery cloth tacked to a small square board will be found useful for quickly sharpening the carving knife.

Be sure to iron garments with the straight of the goods and thus prevent stretching of the bias seams.

All woodwork and furniture to be treated to a coat of white enamel should be sanded first, that a streaked effect may be prevented.

If you have splashed ink on a mahogany desk try this: Dilute half a teaspoonful of oil of vitriol with a tablespoonful or more of water and apply with a feather or soft brush. Then wipe the spot with a damp cloth after the stain has been taken out.

Patches to Which Boys Won't Object.
 To mend the knees of little boys' trousers so they will look as well and wear as well as when new, rip the seams as far up as worn, cut away the worn part, take a piece of cloth like the garment, sew straight across the front, carefully matching goods; press the seam well, then shape by the piece cut off, sew up the seams and hem across the front.
 If the pressing is well done one would not tell they had been mended.

Chicken Golloach.
 Cut into dice two medium-sized raw potatoes. Put into a frying pan two tablespoonfuls olive oil, and when hot add the potato dice. Stir to keep from burning and cook five minutes. Then add a dash of paprika, a cupful of boiling water, a crushed clove of garlic, a cup of cold chicken chopped fine, or a can of boned chicken, and salt to taste. Cover and cook until the potatoes are done, stirring frequently.

Peas With Eggs.
 Peas are delicious when served as a filling for an omelet, but they are also palatable when they are combined with scrambled eggs. To cook them in this way, reheat the peas, seasoning to taste, and adding a tablespoonful of minced parsley in addition to the butter, pepper, and salt. When thoroughly hot pour all the liquor from the peas, and over the latter pour two well beaten eggs, stirring continuously until they are properly scrambled. Serve on toast as quickly as possible.

Nice for Luncheon.
 A cheese and rice dish that is nice for luncheon is prepared by cooking rice in equal parts of water and milk, and when tender adding some grated cheese. For a cup of rice measured before cooking use about half a cupful of the cheese, or enough to give the dish a strong cheese flavor. To make the dish more substantial the rice and cheese may be spread in a thick mass over the bottom of a platter and poached eggs nicely seasoned with pepper and salt may be pinched upon it.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA
 Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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 At the end of thirty days the Piano *ITSELF* will convince you of the following facts:
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 Please send me full particulars concerning this unusual Piano offer.

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Educational Discipline.
 Most persons will find difficulties and hardships enough without seeking them; let them not repine, but take them as a part of that educational discipline necessary to fit the mind to arrive at its highest good.—Charles Bray.

Biliousness

"I have used your valuable Cascarets and I find them perfect. Couldn't do without them. I have used them for some time for indigestion and biliousness and am now completely cured. Recommend them to everyone. Once tried, you will never be without them in the family."—Edward A. Marx, Albany, N.Y.
 Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Grip. 25c, 50c, 1.00. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back.

Tenant's Reward.
 A certain landlord called on a tenant one day and said: "Jones, I'm going to raise your rent." "What for?" Jones asked, anxiously. "Have taxes gone up?" "No, not at all," the landlord answered, "but I see you've painted the house and put in a new range and bathtub. That, of course, ought to make it bring more rent."

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Ayer's Hair Vigor, new improved formula, is a genuine hair-food. It feeds, nourishes, builds up, strengthens, invigorates. The hair grows more rapidly, keeps soft and smooth, and all dandruff disappears. Aid nature a little. Give your hair a good hair-food.
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 Formula with each bottle show it to your doctor.
 Ask him about it, then do as he says.

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 Clear as crystal, beautiful as liquid amber, smooth, mellow and satisfying to the taste; Dole's Pure Hawaiian Pineapple Juice is as much an appetizer as a cocktail, which in fact it can easily replace. Non-alcoholic of course.

Where to Find It
 Ask the man at the soda fountain for a glass or a bottle; or ask your grocer for quarts, pints or smaller bottles. If you should not easily find Dole's Pure Hawaiian Pineapple Juice, write us for booklet and directions where to get it. Send for this useful menu booklet anyway.

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