

# A DEPARTMENT FOR WOMEN

## Homemaking Requires Study.

Many women make the mistake of thinking that the calling of homemaking needs no preparation, and the result is disappointment on both sides.

Every girl should be taught plain cooking and sewing and have some knowledge of every branch of domestic work; it will prove a valuable asset in whatever line of business she may engage, and should she marry, the duties of keeping house will not be nearly so difficult.

Some do not marry, many late in life; others still are left widows, often with dependent families, and for such a practical education is desirable; but each one should select the work that she thinks she would like to do, and not for the reason that others have succeeded in it.

A grammar school education, at least, is necessary for any one who would enter an office. A high school education is desirable, and even one year of this latter is of great advantage as a general preparation.

I agree with one of your correspondents that stenography is a good business for a bright girl; it does not require as long a time as some other branches for study and brings quicker returns than almost any other. I speak from experience, as the widowed mother of two daughters, both stenographers, who took care of themselves, assisted the family and always had a snug account to their credit in the bank.

Girls, whatever you do, do with all your might, and you will be sure to "make good."

## Woman Judge in Denmark.

A woman has lately been made a judge in Denmark, and the Danish women are reported to be much excited, as they think it is the first and only case of the kind in the world. To say nothing of Mrs. Esther Morris of Wyoming, Mrs. Catherine Waugh McCulloch of Illinois, and Mrs. Mary Cooper of Kansas, do not our Danish sisters read their Bibles? Have they forgotten Deborah, the wife of Lapidot, who judged Israel for forty years, sitting under a palm tree, and led out the forces of the chosen people to battle because the general refused to march without her? Mr. Blackwell was very fond of quoting Deborah to those who claimed that the Bible teaches the subjection of women, and he emphasized the fact that Deborah was a married woman.—Woman's Journal.

## Passing of the Puff



This beauty's masses of hair were wound tightly around her head and held in place by huge jade-headed pins, and long jade earrings dropped from her ears. The effect was startling, but undoubtedly picturesque. Another new and unusual fashion, which will be of interest to girls, is that of trying a kerchief around the head. A three-cornered silk or satin scarf is tied around the head, the bows coming at one side just above the ear. These are worn in London even with evening gowns. To some girls they are extremely becoming, especially if a few curly locks escape around the edges of the kerchief.

## Rule of the Corset.

If Cleopatra wore corsets she may rank as a royal champion of them with Catherine de Medici, who is credited with having introduced the busked corset in France from Italy. Male monarchs have been less friendly. Joseph II. of Austria tried to discourage the corset by making it part of the costume of a convicted woman of bad character. Napoleon, shaking his head over the tight lacing of his day, told Dr. Corvisart that he saw in it a sign of frivolous tastes and a menace of coming decadence. The restoration kings, Louis XVIII. and Charles X., were equally hostile. Formerly, said

## ATTRACTIVE COSTUMES FOR YOUNG GIRLS.



The figure on the right shows a street costume of King's blue wide wale cheviot with narrow skirt and long coat fastened with large buttons covered with the material and braided buttonholes. There is one revers similarly trimmed with smaller buttons. The turban is of panne velvet in King's blue and the furs are lynx. The figure on the left shows a gown of amethyst satin finished cloth elaborately trimmed with cross-stitch embroidery in amethyst and silver. The square yoke and lower sleeves are of net. The hat is of black moire, trimmed with an immense wired bow of white Chantilly lace. The turban at top is of black Ottoman silk, banded with panne velvet and trimmed with a gold gull and a twist of cloth of gold. The figure at the bottom shows a graceful house gown of silk cashmere in apricot yellow, with an overskirt effect, bordered with band of embroidery. The bodice is collarless, with a yoke of chiffon cloth run with designs in silk floss. The sleeves are loose and are in one piece with the bodice, with an under sleeve of chiffon cloth. Bands of embroidery also trim the bodice.

the latter, France had been full of Venuses, Dianas and Niobes, but now there were only wasps. The revolution alone temporarily put down the garment that has triumphantly defied kings.

## Staining Floors.

When carpets become worn and must be renewed, it is a good time to change to a bare floor and a few rugs. The finishing of the floor is a very simple matter. It may be painted, stained, oiled or waxed. In any case it should be cleaned thoroughly, all stains removed and given a coat of filler. If the floor was made for a carpet there will probably be cracks which will need filling. Putty colored like the wood is very satisfactory for this. If the boards are knotty, they should be painted. Otherwise a transparent finish may be used. Stains made by paint or varnish are easily removed with ammonia, but it should be put on with a brush. The whole floor may be cleaned in this way. The ammonia darkens the wood somewhat. Merely oiling with a crude oil, linseed or kerosene gives a good finish, provided a very small quantity is used and that it is thoroughly rubbed in and no superfluous oil is left on the floor.

## Fads and Fancies in Dress

The jet button craze already shows signs of waning.

Rough homespun is intended for motor coat and for outing wear.

Bullet-shaped buttons are more in use now than lozenge shapes.

The toque still reigns supreme for walking in Paris and is seen in wide variation.

Kimono silks that have large watered silk blotches of blurred tints are fashionable.

Fur is to be generously used on many of the afternoon as well as undress tailor-mades.

The roll that has been removed from the pompadour allows hats to sit

more firmly and they will be worn low on the head.

Smart tailored suits are being made of the new diagonals, which are very rich in coloring.

The newest fur muffs are finished with dangling heads and tails that almost sweep the ground.



The Princess Stephanie, daughter of King Leopold, has taken out a patent for a new kind of gas stove.

A 10-year-old girl named Minna Weisbein has astonished the United States immigration authorities by her ability to speak and read Russian, Polish, French, German, Italian, Spanish and English.

Two hundred women employed by a firm of hatters at South Norwalk, Conn., went on strike because their employers wanted to know their ages in order to promote the three oldest to the positions of inspector.

There is at Kaiser Wilhelm's Berlin palace at Oberhofmeisterin a lady who has been described as a court chamberlain in petticoats, who has to make personal acquaintance with every lady before she attends a court.

## Stained Table Cloths.

Table cloths, as every housekeeper knows, have a disagreeable habit of getting something spilled on them, particularly after the table has been set. The best way to treat such refractory cloths is to place a bowl under the spot and pour boiling water upon it. Then place a dry napkin over the spot and iron it dry.

## Washing White Ribbons.

White ribbons washed with pure soap and soft water and rolled about a wide card or piece of pasteboard, draped in muslin, and placed under a heavy weight, look fresher than when ironed.

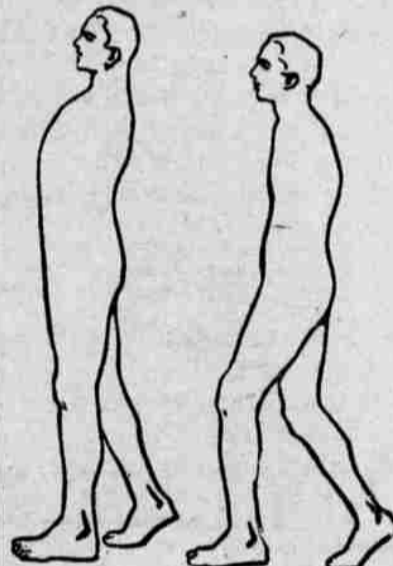
## ATHLETIC TRAINING.

To Acquire an Excess of Muscle May Prove Injurious.

Nothing could be more elusive than the idea that by a period of athletic training a man can lay in a stock of health and strength upon which he can draw later while engaged in a sedentary occupation. The truth is that the big muscles and hypertrophied heart of the athlete are perilous possessions for the man who no longer has the time or the inclination for using them. When he stops the exercises by which he gained them, instead of simply returning to their original size they suffer one or another of the many forms of degeneration and become incapable of performing their original services.

It is not quite true that all exercise for its own sake is harmless, for it is well to be prepared for the meeting of life's little emergencies as well as its ordinary and daily demands, but it probably is true that, the emergencies apart, every man does enough in going about his customary business and pleasure to keep himself in the condition which that business and pleasure demand and that anything besides is superfluous or injurious. That athletics take one into the open air is less a commendation of athletics than an indictment of our houses, offices and stores for lack of adequate ventilation. If all the air we breathe was pure air we could get along well enough without any open air at all. Any man who has the muscle he needs for doing the things he wants to do and should do has all the muscle he ought to have. To acquire more is a silly waste of time and perilous besides. — New York Times.

## WALKING AS A FINE ART.



CORRECT WALK. INCORRECT WALK.

Of all the physical acts of the human being, walking is one of the most common. And yet no accomplishment is more rare than the ability to walk correctly. Not one person in 500 walks properly. They stagger, they totter, they swagger, they zigzag, with resonant heels they kick the unoffending sidewalk as if it were their deadliest enemy. And then at the end of a short walk they wonder why they are so tired out.

Now as a matter of fact to walk correctly, which means easily, gracefully and without fatigue—to walk in such a way is not difficult if one will pay a little attention to the matter. To walk properly only two things are necessary: First, an erect carriage of the body; second, flexibility of the joints and muscles. The erectness of carriage and the bodily flexibility of the joints can be gained by any one through persistent practice.

## Self-Control.

The self-control of the Japanese, even in times of the utmost stress, and their courtesy, which begets quietness and discretion, are both brought out by a writer in St. Paul's Magazine.

"Cry. It will do you good," I said once to a poor Japanese woman, who, crouching beside her dying husband, was controlling herself with an effort that would, I feared, make her ill.

She laid her little slim brown finger upon her trembling red lip and shook her head, then whispered, "It might disturb him."

"Cry. It will do you good," I said the next day, when the man was dead, and she seemed almost prostrate with grief and over-enforced self-control.

"It would be most rude to make a hideous noise before the sacred dead," came the soft reply.

## Which Is Why.

It is an honest girl who tells her young man that he won't think she's an angel when he knows her better.—Toledo Blade.

But, of course, she knows he won't believe her.—Boston Globe.

Which, of course, is why she never says it.—Cleveland Plain Dealer.

## The Cause.

She (who is romantic)—Look, dear, the moon is under a cloud.

He (who has been there)—Yes, darling, probably because she has got to her last quarter.—Baltimore American.

## Declaration Amended.

Arabella—Lil is going to marry Dick, is she? Isn't that just too ridiculous to talk about!

Estella—I should say not. It's too ridiculous to keep still about.

## Calling Her Down.

The little boy's mother had accidentally dropped a book on his head. "Mamma," he said, after waiting a moment and hearing no apology, "you should say 'excuse you!'"

## Putting the Action.

"When you talk about the ultimate consumer," said Uncle Jerry Peebles, filling his pipe with the remnants in his tobacco pouch and lighting it, "I'm him."

E. B. U. Bookkeeping course, the most practical, in-division office desks, Personal help, 629 Worcester Building, Portland, Oregon

Best for Baby and Best for Mother

# PISO'S CURE

THE BEST MEDICINE FOR COUGHS AND COLDS

Is fine for children and adults, very pleasant to take and free from opiates. It soothes and heals the aching throat and assures restful nights to both mother and child.

All Druggists, 25 cents.

THE CLEANEST THE LIGHTEST THE MOST COMFORTABLE

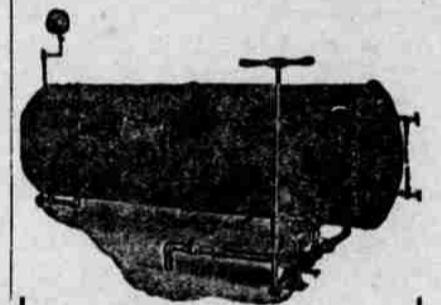
TOWER'S FISH BRAND

# POMMEL SLICKER

and cheapest in the end because it wears longest \$3.00 EVERYWHERE

EVERY GARMENT GUARANTEED WATERPROOF

A. J. TOWER & CO. BOSTON, U.S.A. TOWER CANADIAN CO. LIMITED TORONTO, CANADA



## A LEADER WATER SYSTEM IN YOUR HOME

Means an unending water supply. It means that you will have the most practical Domestic water supply system now in use. No elevated tank, no frozen pipes in winter, no stagnant water in summer, no water supply troubles of any sort. Tank placed in basement, out of sight and way, made of pressed steel, will not rust and will last a lifetime.

You will be pleased with the LEADER system of furnishing Domestic Water Supply. Ask for our catalogue and free booklet, "How I Solved My Water Supply Problem."



LEWIS & STAVAR CO.  
Portland, Ore.  
Spokane, Wash.  
Boise, Idaho.

## THE SAFE WAY

To travel East is via the

## Oregon Railroad & Navigation Company's NEW FAST TRAINS

Oregon-Washington Limited  
Portland to Chicago

Chicago-Portland Special  
Chicago, St. Louis, Etc.

Soo-Spokane-Portland  
"Train de Luxe" to St. Paul

Latest equipment, Pullman, Tourist and Dining Cars, electric lighted and up-to-date. Block Signal System Portland to Chicago. For literature, rates, reservations, etc., call on or write to any O. R. & N. agent, or to

WM. McMURRAY  
General Passenger Agent  
Portland, Oregon