

## Catarrh

Whether it is of the nose, throat, stomach, bowels, or more delicate organs, catarrh is always debilitating and should have attention.

The discharge from the mucous membrane is because this is kept in a state of inflammation by an impure condition of the blood. Therefore, to cure, take the best blood purifier,

### Hood's Sarsaparilla

In usual liquid form or chocolate tablets known as Sarsatabs. 100 doses \$1.

#### Juvenile Reasoning.

"Tommy, aren't you going to get up and offer your seat to that lady?"

"No, mamma; if she's a real lady she won't take it 'cause I'm a little boy, and if she ain't a real lady I don't want her to have it."

In case of pain on the lungs Hamlin's Wizard Oil acts like a mustard plaster, except that it is more effective and is so much nicer and cleaner to use.

#### Accounting for It.

Imogene—Why is it that so many weddings happen on Wednesday?

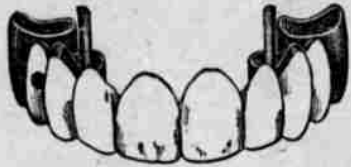
Esmeralda—Well, on Sunday everybody wants to sleep, you know; Monday is wash day, and Tuesday is ironing day. Wednesday is the first day in the week when there's really any time for marrying.

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**A Pet Anyhow.**  
The family lived in the suburbs of the city and, much to the joy of Lulu, a little pig was given a home in the stable cellar. A few days later the little pig was calling at a neighbor's, where he showed great interest in the bird.  
The lady said, "Don't you keep a bird at home?"  
"No," said Lulu, "we keep a pig instead." —Delineator.

Eng and had to pay \$565,000 to have Czar Nicholas visit London in 1844. Of this \$565,000 was spent in redecorating Buckingham palace.

#### AN EXCELLENT REMEDY.

Will Break Up a Cold in Twenty-four Hours and Cure Any Cough That Is Curable.

The following mixture is often prescribed and is highly recommended for coughs, colds and other throat and bronchial trouble: Mix two ounces of Glycerine, a half ounce of Virgin Oil of Pine compound pure, and eight ounces of pure Whisky. These can be bought in any good drug store and easily mixed together in a large bottle. The genuine Virgin Oil of Pine compound pure is prepared only in the laboratories of the Leach Chemical Co., Cincinnati, and put up for dispensing in half-ounce vials.

A new London library has a room set apart for talk on literary matters.

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**PISO'S CURE**  
THE BEST MEDICINE FOR COUGHS AND COLDS  
Gives instant relief when little throats are irritated and sore. Contains no opiates and is as pleasant to take as it is effective.  
All Druggists, 25 cents.

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The following produce of good, fat quality, and will pay as follows. He pays promptly and he does not charge commission.  
Ship immediately.  
Dressed Pork.....9c  
Dressed Veal, up to 130 pounds.....10c  
Large Veal Less.....  
Live Chickens.....14c  
Address  
**FRANK L. SMITH MEAT CO.**  
"Fighting the Beef Trust"  
Portland, Oregon.

### MOUNTAINEER'S SAVINGS.

Mostly in Gold, and Some of It Had Been Buried for Fifty Years.

The First National Bank of Logan, W. Va., has received a deposit to-day which has an interesting story behind it, the Roanoke correspondent of the Baltimore Sun says. The amount is \$8,020, of which \$5,000 is in gold coin, some of which is fifty years old. Twenty dollars is in silver and there are fifty \$20 bills. The money had been accumulated by Milton Mullens and represents the savings of a lifetime.

Mullens began hoarding his savings when a young man. This was before the civil war. All his surplus he converted into gold, which he buried in the yard. A few years ago, when gold coin was scarce and almost out of circulation, Mullens began to exchange his smaller money for \$20 bills.

These were hidden in a safe place in his barn. It was believed for many years that he was hoarding his money and on numerous occasions marauders have endeavored to force him to reveal its hiding place, but without success.

A few days ago his wife died and believing that he would not live long he called his grandson, J. M. Perry, and told him where to search for the treasure. The young man, after digging for some time, found the treasure, and this snug little fortune went into the bank to the credit of the now aged and infirm mountaineer.



#### Short Breath.

Respiration in health and under normal conditions of rest or moderate exercise is an unconscious act, almost as much so as digestion or the beating of the heart, but it is very easily disturbed, even in health, and in certain diseases its disturbance is often one of the most distressing symptoms. The short breath following violent exertion, such as running or hill-climbing, is familiar to every one. It is due to the increased call for oxygenation of the blood and the temporary inability of the heart to pump the blood in sufficient volume through the lungs.

When shortness of breath is brought about by moderate exercise or mental excitement, it is due to some abnormal condition, such as anemia, obesity, a weak heart or indigestion. This tendency is relieved by attention to the weak point, whatever it may be, and a judicious system of exercises—a sort of modified training.

Permanent shortness of breath, or dyspnea, as it is technically called, is a more serious affair, and is usually due to some actual disease. What the disease is of which this dyspnea is a symptom can often be discovered only by a careful and thorough medical examination of all the organs of the body.

It is often called asthma, and treated at home by inhaling the fumes of burning niter paper or by some other of the ordinary remedies. But asthma is a distinct disease, although its true nature is not yet definitely determined. It occurs in paroxysms, usually at night, in the intervals of which the breathing is generally easy and quiet. Permanent dyspnea is another matter, and is an indication of something wrong.

It may be due to a great variety of causes, only a few of which can be mentioned here.

Anemia, or poverty of blood, may give rise to permanent dyspnea, as well as to shortness of breath on exertion. The symptom is a regular accompaniment of diminished lung capacity, either through consolidation of more or less of the lung tissue in tuberculosis or pneumonia, or through compression of the lungs by an accumulation of fluid or air in the chest.

Anything that interferes with the free action of the heart, such as weakness of the cardiac muscle or disease of the valves of the heart, pressure by fatty deposits, an enlarged liver, or gas in the stomach, will produce shortness of breath.

Short breath in children is commonly the result of obstruction in the air passages, caused by enlarged tonsils, the presence of glandular tissue in the pharynx, called adenoids, or a swollen condition of the mucous membrane of the larynx.

Persistent shortness of breath is a symptom that should not be neglected.

#### Dating Her Far Back.

Miss Passeigh—I have had my picture taken once every year since I was 10.

Miss Youngthing—Oh, do let me see one of those old daguerrotypes. They're so quaint.—Boston Transcript.

### Snaken Roman Galleys.

Beneath the waters of Lake Nemi, in Italy, lie buried two pleasure galleys. They belonged to the Emperors Tiberius and Caligula, and it is said they contain art treasures that have been covered for many centuries. Systematic efforts were made to recover the contents of the old hulks by Signor Borgh in 1895. Divers were engaged, and the two galleys located, measured and carefully examined, and from both bronzes, pieces of wood, anchors and ornaments of all kinds were collected. The larger vessel measures about 230 feet in length and 80 feet in beam, and the smaller 200 feet in length and 65 feet in beam. Some pieces of lead pipe were found in the vessels. They bear the inscription, "Caesaris Aug. Germanice," the official name of Caligula.

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that gives instant relief to eyes; irritated from dust, heat, sun or wind. All druggists or Howard Bros., Buffalo, N. Y.

**Not So Simple.**  
"Are you leading the simple life while your family is away?"  
"No, indeed! I'm not so simple! I have that kind of a life to lead when they're at home."—Houston Post.

**Decision.**  
Algy—Well, I've decided one thing, anyhow. I'm not going to be either a lawyer or a preacher.

Archib—Huh! Nature decided that for you about the time you were born.

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The best medicines in the world cannot take the place of the family physician. Consult him early when taken ill. If the trouble is with your throat, bronchial tubes, or lungs, ask him about taking Ayer's Cherry Pectoral. Then take it or not, as he says.

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**Ayer's**  
We banish alcohol from our medicines  
We urge you to consult your doctor

Bilious attacks, sick-headaches, indigestion, constipation, dizzy spells—these are some of the results of an inactive liver. Ask your doctor if he endorses Ayer's Pills in these cases. The dose is small, one pill at bedtime.  
—Made by the J. C. Ayer Co., Lowell, Mass.

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Made of tough stock, heavy soles, solid counters, double leather toes, double seams. Made solid and will last longer than any other shoes you can buy.  
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are made for working men of all classes and are "built on honor." You can save money by wearing them. Will outwear any other make.  
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